

Instructions for Use

What's in the Box:



V100 Heart Rate Monitor
with soft elastic strap

How to Use

- Wet the electrodes (the smooth rubber-like surfaces located at either end of the elastic strap).
- Undo one snap and wrap the strap around your chest.
- Wear the monitor centered at your breastbone with the logo right side up.
- Adjust the strap for a snug, comfortable fit.
- Viiiiva will automatically turn on when worn (and automatically turn off a few minutes after removal).

Pairing with ANT+ Displays (such as Garmin/Timex/Adidas watch/computer)

Your Viiiiva heart rate monitor has a unique device ID that allows it to be paired to a ANT+ display device. Please refer to the display device's instructions for pairing, as these operations are unique to each device.

Pairing with Bluetooth Smart Display (such as iPhone/iPod)

Your Viiiiva heart rate monitor has a unique device ID that allows it to be paired to a Bluetooth Smart display device. Please refer to the display device's instructions for pairing, as these operations are unique to each device.

Pairing with ANT+ Sensors (such as foot pod, bike speed/cadence, power meters)

The Liiiink Communication Module in Viiiiva acts as a bridge so that your ANT+ sensor data can be transmitted to Bluetooth Smart devices. After Viiiiva is paired with a Bluetooth Smart device, refer to your app instructions for pairing to Bluetooth sensors.

Maintenance and Care

- Replacing the Battery: Use a coin to remove the cover on the back of the heart rate monitor to reveal the battery (CR2032). Be careful not to damage rubber seal when reassembling.
- Cleaning: For best results, rinse strap with water after each use, and hand wash strap in cold water with a mild detergent after every 6 uses. Do not put monitor or strap in the washer or dryer.

Regulatory Compliance

FCC Compliance Statement

FCC ID: ZZNV100

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

15.21

Any changes or modifications of this product, not approved by manufacturer will void the user's authority to operate the equipment.

15.105(b)

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Industry Canada Compliance Statement

IC: 9896A-V100

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.”

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes: (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.