RF Exposure Evaluation

Limits

The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency (RF) radiation as specified in 1.1307(b)

Limits for Maximum Permissible Exposure (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm^2)	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposures				
0.3–3.0	614	1.63	*(100)	6
3.0–30	1842/f	4.89/f	*($900/f^2$)	6
30–300	61.4	0.163	1.0	6
300–1500			f/300	6
1500–100,000			5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3–1.34	614	1.63	*(100)	30
1.34–30	824/f	2.19/f	*($180/f^2$)	30
30–300	27.5	0.073	0.2	30
300–1500			f/1500	30
1500–100,000			1.0	30

f = frequency in MHz

$eirp = pt \times gt = (EXd)^2/30$

where:

pt = transmitter output power in watts,

gt = numeric gain of the transmitting antenna (unitless),

E = electric field strength in V/m, --- $10^{((dBuV/m)/20)}/10^6$

d = measurement distance in meters (m) ---3m

Antenna gain is 2.69dBi, So gt=1.86

$eirp = (10^{((92.34dBuV/m)/20)}/10^6 * 3)^2/30 = 0.514mw$

Transmission formula: **$Pd = (Pout*G)/(4*pi*r^2)$**

Where

Pd = power density in mW/cm^2, **Pout** = output power to antenna in mW;

G = gain of antenna in linear scale, **Pi** = 3.1416;

R = distance between observation point and center of the radiator in cm

LoRa:

Pd=(Pout*G)/(4*pi*r^2)=0.514/(4*3.1416*20*20)=0.000102mw/cm^2

WiFi:

Maximum conducted output power=15.10dBm, Antenna Gain=2.0dBi

Pd=(Pout*G)/(4*pi*r^2)=(32.359*1.58)/(4*3.1416*20*20)= 0.0102mw/cm^2