

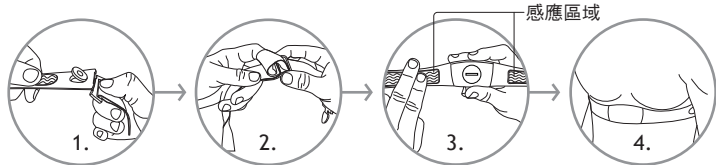
# Instructions Manual for BT4.0 Heart Rate Transmitter (CS010)

## Bluetooth<sup>®</sup> SMART Heart Rate Transmitter - CS010 無線心率傳輸胸帶:

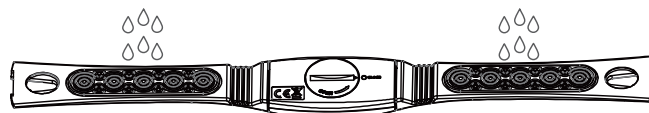
BLUETOOTH 4.0 無線傳輸心率胸帶 (CS010) 可與有藍芽 4.0 接收功能搭配使用，運動時配戴 CS010 可顯示您運動中的即時、平均和最高心跳，有助掌控自身運動強度及自我訓練狀態。

### 配戴方式：

1. 請先將其中一側的鬆緊帶扣與胸帶尾端勾扣固定。
2. 適度調整鬆緊長度，使胸帶可以和身體服貼舒適，即使在運動中也不會鬆脫滑動。
3. 以水充分沾濕胸帶背面兩側的感應區域（如右圖所示）。
4. 將胸帶圍在胸部（胸肌）下緣處，再將胸帶的另一端與鬆緊帶扣上。



注意：使用前請先以水充分沾濕胸帶背後兩側感應區域。



### 配戴注意事項：

初次使用 BLUETOOTH 4.0 無線傳輸心率胸帶 (CS010) 前，請先參閱相關藍芽 4.0 接收產品以及相關運動 APP 的使用和配對說明，以便完成配對。

1. 當 CS010 與手持行動裝置進行配對時，必須與其他感應配件相距 20 公尺以上
2. 請確保運動使用時，CS010 和手持行動裝置間的傳輸接收距離維持在 2 公尺以內。
3. 確認藍芽接收裝置是否開啟。

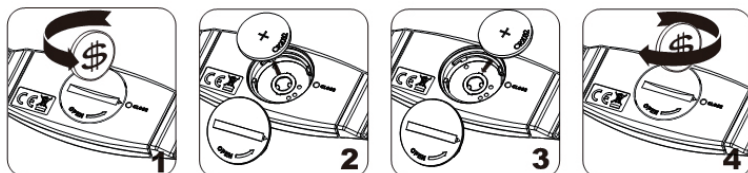
### 電池更換步驟：

步驟 1：取一枚硬幣以 OPEN 箭頭所示逆時針方向旋開電池蓋。

步驟 2：請小心取出舊電池。

步驟 3：以正極朝上方式將新電池 (CR2032) 放入。

步驟 4：蓋上電池蓋並以順時針方向旋轉至關閉 (三角指示對齊 CLOSE)，確認鎖緊。



### 注意：

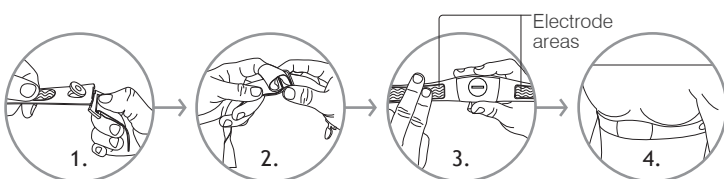
- 不使用時，請將 ALATECH CS010 胸帶保持乾燥以延長心跳感測器之電池壽命。
- 請勿將胸帶放入於洗衣機或烘乾機。

## Bluetooth<sup>®</sup> SMART Heart Rate Transmitter - CS010

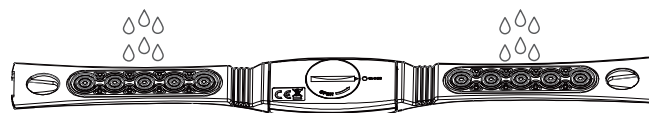
ALATECH CS010 heart rate transmitter strap is compatible with Bluetooth 4.0 devices. It records your heart rate status including real-time and maximum heart rate during exercise and show on receiving device.

### How to wear the transmitter belt:

1. Attach one end of the transmitter to the elastic strap.
2. Adjust the chest strap length to a suitable personal length and snug enough to stay in place during your workout.
3. Moisten the electrode areas of the strap. (as below picture)
4. Tie the strap around your chest, place transmitter (CS010) below the chest and attach the other end to the elastic strap.
5. Check that the wet electrode areas are firmly against your skin and that the ALA logo of the transmitter is in a central, upright position.



Moisten the two electrode area on the reverse of the transmitter with water.



### Pairing

When using the ALATECH CS010 for the first time, you need to pair the heart rate sensor with your receiving device according start up instructions.

### Things to remember...

1. Move away (20M) from other sensors while receiving device is trying to pair with your ALATECH CS010.
2. Keep the receiving device in front of you and ensure the transmission range within 2M from ALATECH CS010 to the receiving device.
3. Please confirm bluetooth 4.0 of your device is on.

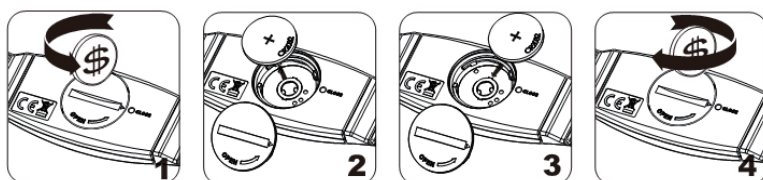
### Battery Replacement:

Step 1: Using a coin, open the battery cover by turning it counterclockwise to OPEN.

Step 2: Remove the battery .

Step 3: Insert the battery (CR2032) inside the cover with positive (+) side against the cover. Press the cover back into the connector.

Step 4: User the coin to turn the cover clockwise to CLOSE.



### NOTE:

- Keep the ALATECH CS010 transmitter strap in a cool and dry place to maximize the heart rate sensor battery lifetime.
- Never put the strap in a washing machine or dryer.



## Federal Communications Commission (FCC) Statement

15.21

You are cautioned that changes or modifications not expressly approved by the part responsible for compliance could void the user's authority to operate the equipment.

15.105(b)

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.*
- Increase the separation between the equipment and receiver.*
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.*
- Consult the dealer or an experienced radio/TV technician for help.*

**This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions:**

1. This device may not cause harmful interference, and
2. This device must accept any interference received, including interference that may cause undesired operation.

### **FCC RF Radiation Exposure Statement:**

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

### **CAUTION**

**RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE.  
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.**