

RF exposure

According to FCC part 1.1310 : The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency (RF) radiation as specified in § 1.1307(b)

Limits for Maximum Permissible Exposure (MPE)

Frequency range (MHz)	Electric field strength(V/m)	Magnetic field strength (A/m)	Power density (mW/cm ²)	Average time
(A) Limits for Occupational / Control Exposures				
300 – 1 500	--	--	f/300	6
1 500 - 100000	--	--	5	6
(B) Limits for General Population / Uncontrol Exposures				
300 – 1 500	--	--	f/1500	6
1 500 – 100 000	--	--	1	30

f= frequency in MHz

Friis transmission formula: $P_d = (P_{out} \times G) / (4 \times \pi \times R^2)$

Where,

P_d = power density in mW/cm²

P_{out} = output power to antenna in mW

G = gain of antenna in linear scale

π = 3.1416

R = distance between observation point and center of the radiator in cm

P_d the limit of MPE, 1 mW/cm². If we know the maximum gain of the antenna and the total power input to the antenna, through the calculation, we will know the distance where the MPE limit is reached.

Results

<Wireless Lan>

Operation mode / Data Rate	Frequency (MHz)	Peak output power (dBm)	Antenna gain (dBi)	Power density at 20 cm(mW/cm ²)	Limit (mW/cm ²)
802.11n(HT20) / MCS1 (2 412 MHz ~ 2 462 MHz)	2462	19.394	0.9	0.021 29	1
802.11n(HT40) / MCS2 (2 422 MHz ~ 2 452 MHz)	2422	18.904	0.9	0.019 02	1

<Bluetooth BDR & EDR>

Operation mode / Data Rate	Frequency (MHz)	Peak output power (dBm)	Antenna gain (dBi)	Power density at 20 cm(mW/cm ²)	Limit (mW/cm ²)
GFSK/ 1Mbps	2480	6.40	0.9	0.001 07	1
8-DPSK / 3Mbps	2480	6.15	0.9	0.001 01	1

WLAN(2 412 MHz ~ 2 462 MHz) : Power = 19.394 dBm, Antenna Gain = 0.9 dBi, Power density = 0.021 29 mW/cm²

Bluetooth(2 402 MHz ~ 2 480 MHz) : Power = 6.40 dBm, Antenna Gain = 0.9 dBi, Power density = 0.001 07 mW/cm²

Maximum simultaneous MPE is $0.021\ 29\ \text{mW/cm}^2 + 0.001\ 07\ \text{mW/cm}^2 = 0.022\ 36 \times 100\% = 2.236\%$ which is less than 100%.