

#### Pack contents



scale









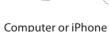
batteries

4 feet for use on carpet

# Hardware requirements









Wifi Internet access point (router)

# Important advice regarding security



This product is not suitable for people with a Pacemaker or other cardiac stimulator.

- 2. The Withings scale data must be considered purely as reference values and not as a medical opinion.
- 3. A doctor must be consulted before making any decision regarding a change in diet or physical activity.
- 4. Do not use the scale on a wet floor or with wet feet; you risk slipping and falling.
- 5. Do not stand on the edges of the scale but well to the centre.



accept any interference received, including interference that may cause undesired operation.

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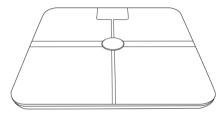
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# **Getting started** Withings connected scale



Congratulations on your purchase! With the Withings connected scale, you are going to control your fitness over the long-term, by simplifying your life. All of your measurements will be available in your personnel Web screen. This guide to getting started will enable you to avail of all its advantages in a few minutes.

#### Withings

INEN04



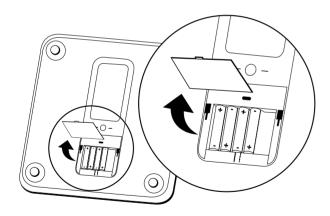




#### Start-up

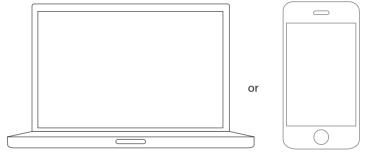
Inserting the batteries

- First turn the scale upside down and place it on a flat surface, being careful not to scratch it.
- 2. Open the cover on the underside of the scale and insert the 4 batteries supplied, taking care to respect the polarities.



#### To connect the scale to the Internet

via your Wifi network



# http://start.withings.com

Enter the address in the explorer bar of your computer or safari of your iPhone and follow the instructions.

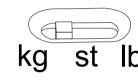
### Settings

If using on a carpet,

To change the display units:



add the 4 feet provided.



use the adjustment button situated in the battery compartment.

## Any questions?

Advice regarding the installation and use of the Withings scale is available on-line at:

http://support.withings.com





