

Maximum Permissible Exposure calculations

The MPE distance will be calculated for the worst case of a 100% transmitter duty cycle. For an isotropic radiator the surface area of a sphere can be used to determine the area over which the transceiver energy is radiated.

$$\text{Surface area of a sphere} = 4 * \pi * \text{radius}^2$$

In the case where there is an antenna gain, the worst case energy density is increased by the antenna gain. In this case, the exposure level for a controlled environment can be calculated as follows:

$$\text{MPE distance} = ((\text{output power} * \text{duty cycle} * 10 * (\text{antenna gain}/10)) / (4 * \pi * \text{Exposure Limit} [\text{mW}/\text{cm}^2]))^{1/2}$$

In the case of -2.0 dBi trace antenna

FCC Requirement of 1mW/cm²

$$\begin{aligned} \text{MPE distance} &= ((163 \text{ mW} * 1 * 0.63) / (4 * 3.14 * 1))^{1/2} \\ &= 2.9 \text{ cm} \end{aligned}$$

IC Requirement per RSS-102 of 2.7mW/cm²

$$\begin{aligned} \text{MPE distance} &= ((163 \text{ mW} * 1 * 0.63) / (4 * 3.14 * 2.7))^{1/2} \\ &= 1.7 \text{ cm} \end{aligned}$$