

Microwave Oven

INSTRUCTION MANUAL

Model: ES9P032NA

Read these instructions carefully before using your microwave oven, and keep it carefully.

If you follow the instructions, your oven will provide you with many years of good service.

SAVE THESE INSTRUCTIONS CAREFULLY

PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY

- (a) Do not attempt to operate this oven with the door open since open door operation can result in harmful exposure to microwave energy.
It is important not to defeat or tamper with the safety interlocks.
- (b) Do not place any object between the oven front face and the door or allows soil or cleaner residue to accumulate on sealing surfaces.
- (c) Do not operate the oven if it is damaged. It is particularly important that the oven door close properly and that there is no damage to the:
 - (1) DOOR (bent)
 - (2) HINGES AND LATCHES (broken or loosened)
 - (3) DOOR SEALS AND SEALING SURFACES
- (d) The oven should not be adjusted or repaired by anyone except properly qualified service personnel.

Specifications

Model	ES9P032NA-S00A
Rated Voltage	120VAC 60Hz
Microwave Input	1450 W
Microwave Output	900 W
Grill	1200 W
Convection	1200 W

IMPORTANT SAFETY INSTRUCTIONS

When using electrical appliances basic safety precautions should be followed, including the following:

WARNING - To reduce the risk of burns, electric shock, fire, injury to persons or exposure to excessive microwave energy:

1. Read all instructions before using the appliance.
2. Read and follow the specific: "PRECAUTIONS TO AVOID POSSIBLE EXPOSURE TO EXCESSIVE MICROWAVE ENERGY" found on page 2.
3. This appliance must be grounded. Connect only to properly grounded outlet. See "GROUNDING INSTRUCTIONS" found on page 5.
4. Install or locate this appliance only in accordance with the provided installation instructions.
5. Some products such as whole eggs and sealed containers - for example, closed glass jars - are able to explode and should not be heated in this oven.
6. Use this appliance only for its intended use as described in the manual. Do not use corrosive chemicals or vapors in this appliance. This type of oven is specifically designed to heat, cook or dry food. It is not designed for industrial or laboratory use.
7. As with any appliance, close supervision is necessary when used by children.
8. Do not operate this appliance if it has a damaged cord or plug, if it is not working properly, or if it has been damaged or dropped.
9. This appliance should be serviced only by qualified service personnel. Contact nearest authorized service facility for examination, repair, or adjustment.
10. Do not cover or block any openings on the appliance.
11. Do not store this appliance outdoors. Do not use this product near water - for example, near a kitchen sink, in a wet basement, near a swimming pool, or similar location.
12. Do not immerse cord or plug in water.
13. Keep cord away from heated surface.
14. Do not let cord hang over edge of table or counter.
15. When cleaning surfaces of door and oven that comes together on closing the door, use only mild, nonabrasive soaps, or detergent applied with a sponge or soft cloth.
16. To reduce the risk of fire in the oven cavity:
 - 1). Do not overcook food. Carefully attend appliance when paper, plastic, or other combustible materials are placed inside the oven to facilitate cooking.
 - 2). Remove wire twist-ties from paper or plastic bag before placing bag in oven.
 - 3). If material inside of the oven ignite, keep oven door closed, turn oven off, and disconnect the power cord, or shut off power at the fuse or circuit breaker panel.
 - 4). Do not use the cavity for storage purposes. Do not leave paper products, cooking utensils, or food in the cavity when not in use.

17. Liquids, such as water, coffee, or tea are able to be overheated beyond the boiling point without appearing to be boiling. Visible bubbling or boiling when the container is removed from the microwave oven is not always present.
THIS COULD RESULT IN VERY HOT LIQUID SUDDENLY BOILING OVER WHEN THE CONTAINER IS DISTURBED OR A UTENSIL IS INSERTED INTO THE LIQUID.
To reduce the risk of injury to persons:
 - 1) Do not overheat the liquid.
 - 2) Stir the liquid both before and halfway through heating it.
 - 3) Do not use straight-sided containers with narrow necks.
 - 4) After heating, allow the container to stand in the microwave oven for a short time before removing the container.
 - 5) Use extreme care when inserting a spoon or other utensil into the container.
18. Oversized food or oversized metal utensils should not be inserted in a microwave/toaster oven as they may create a fire or risk of electric shock.
19. Do not clean with metal scouring pads. Pieces can burn off the pad and touch electrical parts involving a risk of electric shock.
20. Do not use paper products when appliance is operated in the toaster mode.
21. Do not store any materials, other than manufacturer's recommended accessories, in this oven when not in use.
22. Do not cover racks or any other part of the oven with metal foil. This will cause overheating of the oven.

SAVE THESE INSTRUCTIONS

GROUNDING INSTRUCTIONS

This appliance must be grounded. In the event of an electrical short circuit, grounding reduces the risk of electric shock by providing an escape wire for the electric current. This appliance is equipped with a cord having a grounding wire with a grounding plug. The plug must be plugged into an outlet that is properly installed and grounded.

WARNING - Improper use of the grounding can result in a risk of electric shock. Consult a qualified electrician or serviceman if the grounding instructions are not completely understood, or if doubt exists as to whether the appliance is properly grounded. If it is necessary to use an extension cord, use only a 3-wire extension cord that has a 3-blade grounded plug, and 3-slot receptacle that will accept the plug on the appliance. The marked rating of the extension cord shall be equal to or greater than the electrical rating of the appliance.

DANGER - Electric Shock Hazard

Touching some of the internal components can cause serious personal injury or death. Do not disassemble this appliance.

WARNING - Electric Shock Hazard

Improper use of the grounding can result in electric shock. Do not plug into an outlet until appliance is properly installed and grounded.

1. A short power-supply cord is provided to reduce the risks resulting from becoming entangled in or tripping over a longer cord.
2. Longer cord sets or extension cords are available and may be used if care is exercised in their use.
3. If a long cord or extension cord is used:
 - 1) The marked electrical rating of the cord set or extension cord should be at least as great as the electrical rating of the appliance.
 - 2) The extension cord must be a grounding-type 3-wire cord.
 - 3) The longer cord should be arranged so that it will not drape over the counter top or tabletop where it can be pulled on by children or tripped over unintentionally.

RADIO INTERFERENCE

1. Operation of the microwave oven may cause interference to your radio, TV or similar equipment.
2. When there is interference, it may be reduced or eliminated by taking the following measures:
 - 1) Clean door and sealing surface of the oven
 - 2) Reorient the receiving antenna of radio or television.
 - 3) Relocate the microwave oven with respect to the receiver.
 - 4) Move the microwave oven away from the receiver.
 - 5) Plug the microwave oven into a different outlet so that microwave oven and receiver are on different branch circuits.

This device complies with part 18 of the FCC Rules.

UTENSILS

CAUTION - Personal Injury Hazard

Tightly-closed utensils could explode. Closed containers should be opened and plastic pouches should be pierced before cooking.

See the instructions on "Materials you can use in microwave oven or to be avoided in microwave oven."

There may be certain non-metallic utensils that are not safe to use for microwaving. If in doubt, you can test the utensil in question following the procedure below

Utensil Test:

1. Fill a microwave-safe container with 1 cup of cold water (250ml) along with the utensil in question.
2. Cook on maximum power for 1 minute.
3. Carefully feel the utensil. If the empty utensil is warm, do not use it for microwave cooking.
4. Do not exceed 1 minute cooking time.

Materials you can use in microwave oven

Utensils	Remarks
Browning dish	Follow manufacturer's instructions. The bottom of browning dish must be at least 3/16 inch (5mm) above the turntable. Incorrect usage may cause the turntable to break.
Dinnerware	Microwave-safe only. Follow manufacturer's instructions. Do not use cracked or chipped dishes.
Glass jars	Always remove lid. Use only to heat food until just warm. Most glass jars are not heat resistant and may break.
Glassware	Heat-resistant oven glassware only. Make sure there is no metallic trim. Do not use cracked or chipped dishes.
Oven cooking bags	Follow manufacturer's instructions. Do not close with metal tie. Make slits to allow steam to escape.
Paper plates and cups	Use for short-term cooking/warming only. Do not leave oven unattended while cooking.
Paper towels	Use to cover food for reheating and absorbing fat. Use with supervision for a short-term cooking only.
Parchment paper	Use as a cover to prevent splattering or a wrap for steaming.
Plastic	Microwave-safe only. Follow the manufacturer's instructions. Should be labeled "Microwave Safe". Some plastic containers soften, as the food inside gets hot. "Boiling bags" and tightly closed plastic bags should be slit, pierced or vented as directed by package.
Plastic wrap	Microwave-safe only. Use to cover food during cooking to retain moisture. Do not allow plastic wrap to touch food.
Thermometers	Microwave-safe only (meat and candy thermometers).
Wax paper	Use as a cover to prevent splattering and retain moisture.

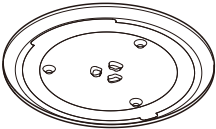
Materials to be avoided in microwave oven

Utensils	Remarks
Aluminum tray	May cause arcing. Transfer food into microwave-safe dish.
Food carton with metal handle	May cause arcing. Transfer food into microwave-safe dish.
Metal or metal-trimmed utensils	Metal shields the food from microwave energy. Metal trim may cause arcing.
Metal twist ties	May cause arcing and could cause a fire in the oven.
Paper bags	May cause a fire in the oven.
Plastic foam	Plastic foam may melt or contaminate the liquid inside when exposed to high temperature.
Wood	Wood will dry out when used in the microwave oven and may split or crack.

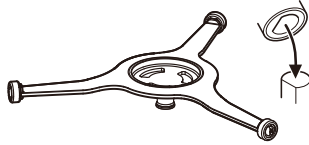
NAMES OF OVEN PARTS AND ACCESSORIES

(In case of any differences between the appliance and the pictures in this manual, the product shall prevail.)

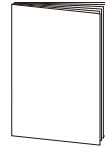
Remove the oven and all materials from the carton and oven cavity.
Your oven comes with the following accessories:



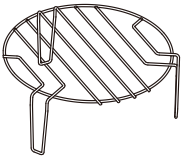
Glass Tray



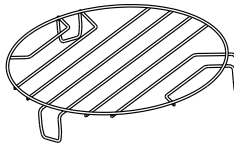
Turntable Ring Assembly



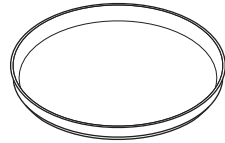
Instruction Manual



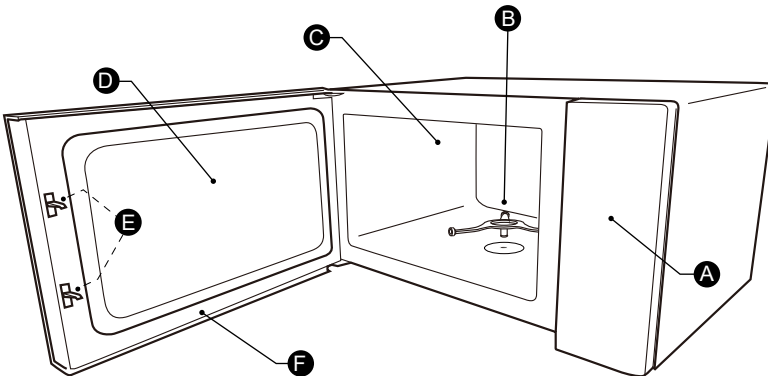
Higher Grill Rack (Can not be used in microwave function and must be placed on the glass tray)



Lower Grill Rack (Can not be used in microwave function and must be placed on the glass tray)



Bake Tray (Cannot be used in conjunction with microwave function and can be placed on the grill rack)

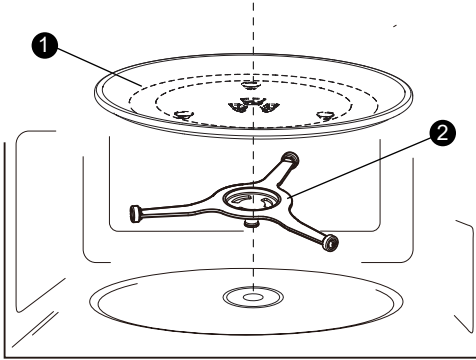


- A) Control panel
- B) Turntable Ring Assembly
- C) Oven cavity

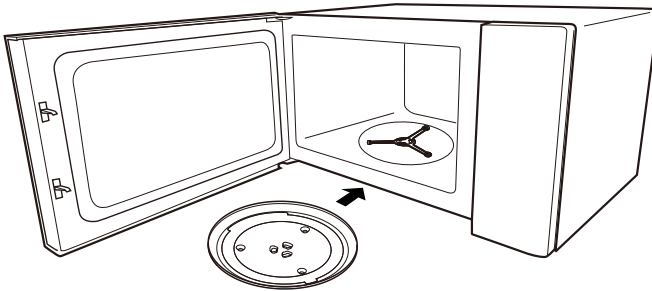
- D) Observation window
- E) Safety interlock system
- F) Door assembly

NAMES OF OVEN PARTS AND ACCESSORIES

Cleaning the cooking compartment and putting the turntable in place. For new installations, make sure all packaging and shipping tape has been removed. Before using the appliance to prepare food for the first time, you will need to put the turntable in place correctly. You must clean the cooking compartment and accessories.



- 1) Glass Tray
- 2) Turntable Ring Assembly



Notes :

- 1. Never use the appliance without the turntable. Make sure that it is properly engaged. The turntable can turn clockwise or anti-clockwise.
- 2. Never place the glass tray upside down. The glass tray should never be restricted.
- 3. Both glass tray and turntable ring assembly must always be used during cooking.
- 4. All food and containers of food are always placed on the glass tray for cooking.
- 5. Never restrict the movement of the turntable.
- 6. If glass tray or turntable ring assembly cracks or breaks, contact your nearest authorized service center.

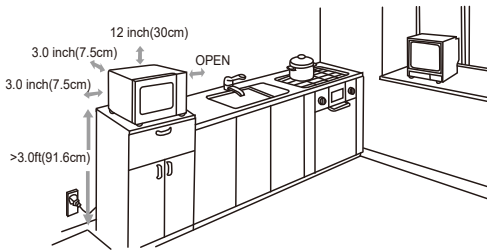
Countertop Installation

Remove all packing material and accessories. Examine the oven for any damage such as dents or broken door. Do not install if oven is damaged.

Cabinet: Remove any protective film found on the microwave oven cabinet surface. Do not remove the waveguide cover that is attached to the oven cavity to protect the magnetron.

Installation

1. Select a level surface that provide enough open space for the intake and/or outlet vents.



A minimum clearance of 3.0 inches (7.5cm) is required between the oven and any adjacent walls. One side must be open. The minimum installation height is 3.0ft(91.6cm).

- (1) Leave a minimum clearance of 12 inches (30cm) above the oven.
- (2) Do not remove the legs from the bottom of the oven.

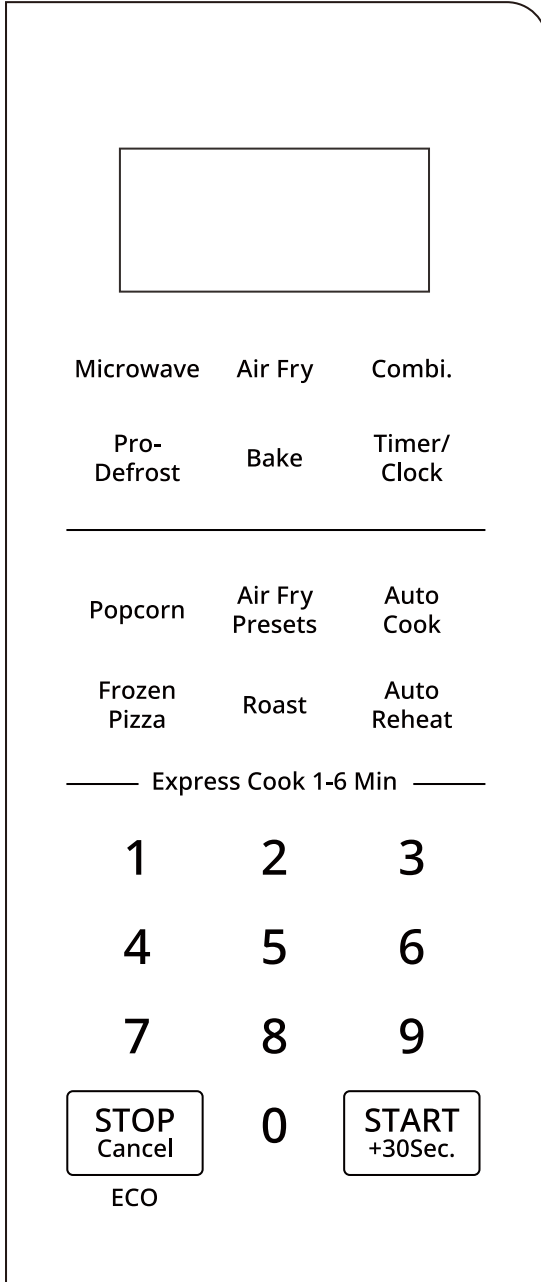
- (3) Blocking the intake and/or outlet openings can damage the oven.
 - (4) Place the oven as far away from radios and TV as possible. Operation of microwave oven may cause interference to your radio or TV reception.
2. Plug your oven into a standard household outlet. Be sure the voltage and the frequency is the same as the voltage and the frequency on the rating label.

WARNING: Do not install oven over a range cooktop or other heat-producing appliance. If installed near or over a heat source, the oven could be damaged and the warranty would be void.

The accessible surface may be hot during operation.



CONTROL PANEL



OPERATION

1. Setting the Clock

- (1) Press “ Timer/ Clock ” twice and then “00:00” will display.
- (2) Press the number keys to set the time.

Example: To set the clock to 12:10, please press “1,2,1,0” in turn.

- (3) Press “ Timer/ Clock ”, the clock is set.

Notes:

- (1) To reset the clock, please repeat step 1 to step 3.
- (2) The clock is a 12-hour display. If the clock is not set, it would not work when powered.
- (3) During the process of clock setting, if “ Timer/ Clock ” is not pressed or if there is no operation within 5 minutes, the setting is invalid.

2. Setting the Kitchen Timer

- (1) Press “ Timer/ Clock ” once and then “00:00” will display.
- (2) Press the number keys to set the desired time. The maximum time value is “99:99”.
- (3) Press “

START +30sec.

 ” to confirm. The timer starts counting down.


Note: The kitchen timer is a timer and any other program can't be set during the kitchen timer.

3. Power Level


11 power levels are available.

Level	10	9	8	7	6	5	4	3	2	1	0
Power	100%	90%	80%	70%	60%	50%	40%	30%	20%	10%	0%
Display	PL10	PL9	PL8	PL7	PL6	PL5	PL4	PL3	PL2	PL1	PL0

4. Microwave Cooking

- (1) Press “**Microwave**” once and then “PL10” will display.
- (2) Press “**Microwave**” repeatedly to set the power level. The 11 power levels are available.
- (3) Press the number keys to set the cooking time. The maximum time value is “99:99”.
- (4) Press “  ” to start cooking.

5. Grill Cooking and Combination Cooking

- (1) Press “**Combi.**” once, and “G-1” will display. And press “**Combi.**” twice or three times, then “C-1” and “C-2” will display.
- (2) Press the number keys to set the cooking time. The maximum time value is “99:99”.
- (3) Press “  ” to start cooking.




Grill and Combination instructions

Instructions	Display	Microwave	Grill	Convection
1	G-1		●	
2	C-1	●		●
3	C-2	●	●	



6. Convection Cooking with Preheat Function (Bake & Air Fry)

Air Fry is suitable for fast cooking of all kinds of fried food.



Bake is suitable for baking food such as pastry.

- (1) In standby mode, press “**Air Fry**” or “**Bake**”, the oven will display “100°F”.
- (2) Press “**Air Fry**” or “**Bake**” repeatedly to set the temperature.
“100°F, 150°F, 250°F, 275°F, 300°F, 325°F, 350°F, 375°F, 400°F” are available.
- (3) Press “  ” to confirm.
- (4) Press “  ” again to start preheating.
- (5) When preheating is completed, the oven will beep. Open the door and place food in the oven. Then close the oven door.
- (6) Press the number keys to set the cooking time. The maximum time value is “99:99”.
- (7) Press “  ” to start cooking.

7. Convection Cooking without Preheat Function (Bake & Air Fry)

- (1) In standby mode, press “ Air Fry ” or “ Bake ”, the oven will display "100°F".
- (2) Press “ Air Fry ” or “ Bake ” repeatedly to set the temperature.
“100°F, 150°F, 250°F, 275°F, 300°F, 325°F, 350°F, 375°F, 400°F” are available.
- (3) Press "  " to confirm.
- (4) Press the number keys to set the cooking time. The maximum time value is “99:99”.
- (5) Press "  " to start cooking.



8. Defrost by Weight

- (1) Press “  ” once and then the screen will display “dEF1”.
- (2) Press the number keys to set the weight of food. The range of weight is 4 to 70 Oz.
- (3) Press “  ” to start defrosting.

Note: The buzzer will sound to remind you to turn the food over during defrosting.



If no operation, the oven will continue working.


9. Defrost by Time

- (1) Press “  ” twice and then the screen will display “dEF2”.
- (2) Press the number keys to set the desired defrost time. The maximum time value is “99:99”.
- (3) Press “  ” to start defrosting.

Note: The defrost power is PL3 and it cannot be changed.

10. Speedy Cooking



- (1) In standby mode, press “  ” to cook food with 100% power level for 30 seconds. Each press on the same key can increase 30 seconds and the maximum time value is “99:99”.
- (2) In standby mode, pressing number keys 1 to 6 lets you quickly select a cooking time from 1 to 6 minutes. Then you can press “  ” to increase the cooking time. The maximum time value is “99:99”.

Note: In microwave cooking state, airfry state, bake state, defrost by time state, combination cooking state and grilling state, each one more press on “  ” can increase the cooking time by 30 seconds.

11. Multi-stage Cooking

- Notes: (1) Two cooking stages can be set in multi-stage cooking.
- (2) If you set defrost function, it will work automatically in the first stage.
- (3) Kitchen Timer, Auto menu, speedy cooking and convection cooking with preheat cannot be set as one of the multi-stage.

Example: Defrost food for 5 minutes and then cook with 80% microwave power for 7 minutes.

- (1) Press “  ” twice, and then “dEF2” will display.
- (2) Press the number keys to set the desired defrost time of 5 minutes.
- (3) Press “ **Microwave** ” and then “PL10” will display.
- (4) Press “ **Microwave** ” repeatedly to set the power level of PL8.
- (5) Press the number keys to set the cooking time of 7 minutes.
- (6) Press “  ” to start cooking.

12. ECO Function

To enter ECO mode:

In standby mode, press “  ”. The screen will turn off.

To cancel ECO mode:

In ECO mode, pressing any key, or opening and closing the door will cancel it.

13. Lock Function for Children

You can use this function to prevent children from accidentally turning the oven on.


To activate the lock:

In standby mode, press and hold “  ” for three seconds. A beep sounds and the locked icon will display.



To deactivate the lock:

In locked state, press and hold “  ” for three seconds. A beep sounds.

14. Inquiring Function

- (1) If the clock has been set, the current time will display for three seconds by pressing “  ” in the cooking state.
- (2) In the microwave cooking state, press “ **Microwave** ” to inquire the power level. It will display for three seconds. In grilling state, combination cooking state, bake cooking state and airfry cooking state, the inquiring way can be done by pressing corresponding key .

15. Popcorn, Frozen Pizza

- (1) In standby mode, press the corresponding key once, and then the default weigh of food will display.
Example: Press “  ” once and then “4.0Oz” displays.
- (2) Press the corresponding key repeatedly to set the weight of the food.
- (3) Press “  ” to start cooking.

Menu	Weight	Display	Power
Popcorn	1.75Oz	1.75Oz	PL10
	3.5Oz	3.5Oz	
Frozen Pizza	4.0Oz	4.0Oz	PL8
	8.0Oz	8.0Oz	
	14.0Oz	14.0Oz	



16. Auto Cook

- (1) In standby mode, press “ **Auto Cook** ” once, “AC-1” will display.
- (2) Press “ **Auto Cook** ” repeatedly to select the auto menu. 5 auto menus are available.
- (3) Press “ **START +30Sec.** ” to confirm.
- (4) Press “ **Auto Cook** ” repeatedly to set the weight of the menu.
- (5) Press “ **START +30Sec.** ” to start cooking.

Auto menu Chart

Menu	Weight(g)	Display	Power
AC-1 Beverage	1 Cup(120ml)	1	PL10
	2 Cups(240ml)	2	
	3 Cups(360ml)	3	
AC-2 Fresh Vegetable	4.0Oz	4.0Oz	PL10
	8.0Oz	8.0Oz	
	14.0Oz	14.0Oz	
AC-3 Frozen Vegetable	4.0Oz	4.0Oz	PL10
	8.0Oz	8.0Oz	
	16.0Oz	16.0Oz	
AC-4 Oatmeal	1 Package	1	PL10
	2 Packages	2	
	3 Packages	3	
	4 Packages	4	
AC-5 Potato	1 (8Oz)	1	PL10
	2 (16Oz)	2	
	3 (24Oz)	3	

17. Roast






- (1) In standby mode, press “ Roast ” once, “r-1” will display.
- (2) Press “ Roast ” repeatedly to select the roast menu. 4 roast menus are available.
- (3) Press “  ” to confirm.
- (4) Press “ Roast ” repeatedly to set the weight of the menu.
- (5) Press “  ” to start cooking.

Note: For menus “r-1” and “r-2”, the buzzer will sound to remind you to turn the food over during cooking.

Roast menu Chart

Menu	Weight(g)	Display	Power
r-1 Pork Loin	32Oz	32.0Oz	C-1
	48Oz	48.0Oz	
r-2 Pork Tenderloin	16Oz	16.0Oz	C-1
	32Oz	32.0Oz	
r-3 Roasted Potatoes	4Oz	4.0Oz	400°F
	10Oz	10.0Oz	
	16Oz	16.0Oz	
r-4 Salmon Filet	4Oz	4.0Oz	400°F
	12Oz	12.0Oz	
	20Oz	20.0Oz	

18. Auto Reheat




- (1) In standby mode, press “  ” once, “AH-1” will display.
- (2) Press “  ” repeatedly to select the auto menu. 8 auto menus are available.
- (3) Press “  ” to confirm.
- (4) Press “  ” repeatedly to set the weight of the menu.
- (5) Press “  ” to start cooking.

Auto reheat menu Chart

Display	Menu	Weight	Display	Power
AH-1	Chilli	4Oz	4.00z	PL10
		8Oz	8.00z	
		16Oz	16.00z	
		24Oz	24.00z	
AH-2	Dinner Plate	8Oz	8.00z	PL10
		16Oz	16.00z	
		24Oz	24.00z	
AH-3	Frozen Entree	8Oz	8.00z	PL10
		16Oz	16.00z	
		24Oz	24.00z	
AH-4	Mac and Cheese	4Oz	4.00z	PL10
		8Oz	8.00z	
		16Oz	16.00z	
		24Oz	24.00z	
AH-5	Mashed Potatoes	4Oz	4.00z	PL10
		8Oz	8.00z	
		16Oz	16.00z	
		24Oz	24.00z	
AH-6	Pasta	4Oz	4.00z	PL10
		8Oz	8.00z	
		16Oz	16.00z	
		24Oz	24.00z	
AH-7	Rice	4Oz	4.00z	PL10
		8Oz	8.00z	
		16Oz	16.00z	
		24Oz	24.00z	
AH-8	Soup/Sauce	4Oz	4.00z	PL10
		8Oz	8.00z	
		16Oz	16.00z	
		24Oz	24.00z	

19. Airfry Presets

For air fry cooking you will need to select & confirm the type of food, please refer to the chart below.

- (1) Press “  ” once and then “AF01” will display.
- (2) Press “  ” repeatedly to choose the menu. 11 auto menus are available.
- (3) Press “  ” to start cooking.

Note:

- (1) For menus “AF03”, “AF05”, “AF06”, “AF08”, “AF09”, and “AF11”, the buzzer will sound to remind you to turn the food over during cooking.
- (2) Please prepare Bake tray or Bake basket for air fry cooking.

Airfry Presets Menu

Menu	Display	Weight	Power
Frozen French fries	AF01	10Oz	AirFry 400°F
Frozen Steak Fries	AF02	10Oz	AirFry 400°F
Frozen squid Rings	AF03	10Oz	AirFry 400°F
Frozen Chicken Nuggets	AF04	10Oz	AirFry 400°F
Chicken wings	AF05	10Oz	AirFry 400°F
Chicken legs	AF06	28Oz	AirFry 400°F
Frozen Fish Sticks	AF07	10Oz	AirFry 400°F
Frozen fish fillets	AF08	10Oz	AirFry 400°F
Frozen cheese sticks	AF09	10Oz	AirFry 400°F
Vegetable	AF10	10Oz	AirFry 400°F
Spring rolls	AF11	10Oz	AirFry 400°F

MAINTENANCE

Troubleshooting

Check your problem by using the chart below and try the solutions for each problem. If the microwave oven still does not work properly, contact the nearest authorized service center.

TROUBLE	POSSIBLE CAUSE	POSSIBLE REMEDY
Oven will not start	<ul style="list-style-type: none">a. Electrical cord for oven is not plugged in.b. Door is open.c. Wrong operation is set.	<ul style="list-style-type: none">a. Plug into the outlet.b. Close the door and try again.c. Check instructions.
Arcing or sparking	<ul style="list-style-type: none">a. Materials to be avoided in microwave oven were used.b. The oven is operated when empty.c. Spilled food remains in the cavity.	<ul style="list-style-type: none">a. Use microwave-safe cookware only.b. Do not operate with oven empty.c. Clean cavity with wet towel.
Unevenly cooked foods	<ul style="list-style-type: none">a. Materials to be avoided in microwave oven were used.b. Food is not defrosted completely.c. Cooking time, power level is not suitable.d. Food is not turned or stirred.	<ul style="list-style-type: none">a. Use microwave-safe cookware only.b. Completely defrost food.c. Use correct cooking time, power level.d. Turn or stir food.
Overcooked foods	Cooking time, power level is not suitable.	Use correct cooking time, power level.
Undercooked foods	<ul style="list-style-type: none">a. Materials to be avoided in microwave oven were used.b. Food is not defrosted completely.c. Oven ventilation ports are restricted.d. Cooking time, power level is not suitable.	<ul style="list-style-type: none">a. Use microwave-safe cookware only.b. Completely defrost food.c. Check to see that oven ventilation ports are not restricted.d. Use correct cooking time, power level.
Improper defrosting	<ul style="list-style-type: none">a. Materials to be avoided in microwave oven were used.b. Cooking time, power level is not suitable.c. Food is not turned or stirred.	<ul style="list-style-type: none">a. Use microwave-safe cookware only.b. Use correct cooking time, power level.c. Turn or stir food.