

It's Sound

MobiFren Healing Fit (MFB-HC7700)

Manual



We make our products by dreaming that all the users are happy with
MobiFren's products.

Premium stereo sound perfected by MSTSTM Technology MobiFren's
own specialized tuning technology.

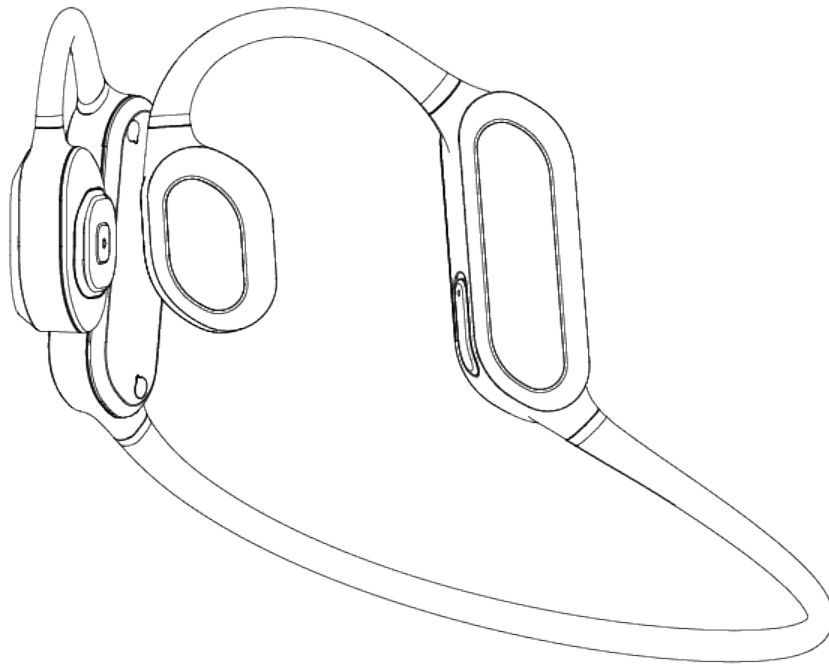


MSTSTM is a Sound Tuning Technology of MobiFren Co.,Ltd

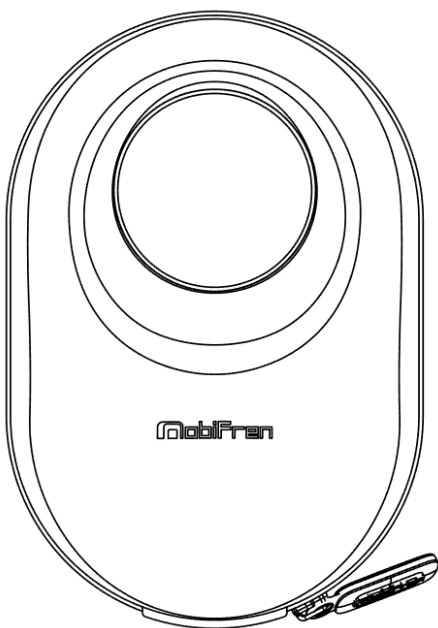
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Components



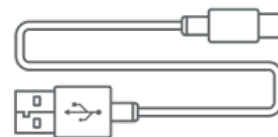
Healing Fit Main Body



Leather Pouch



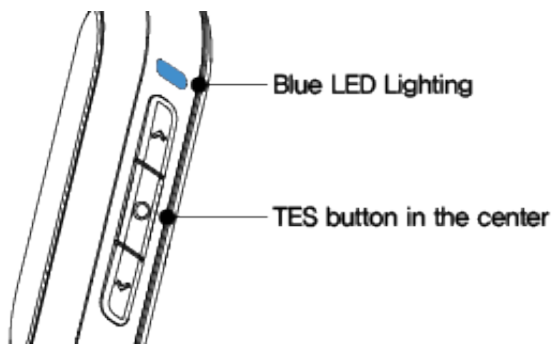
User Manual



Charging Cable (C-Type)

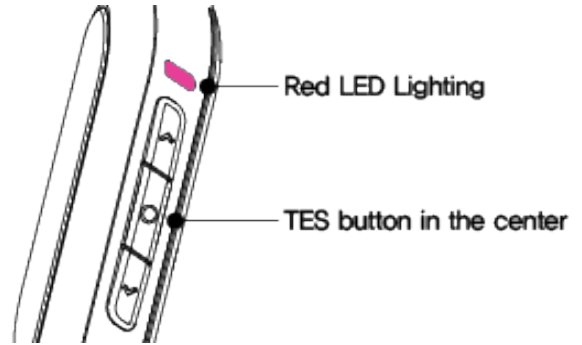
※ Images marked are intended to help understand the product and may differ from the actual product.

Turn On / Turn Off



< Turn On >

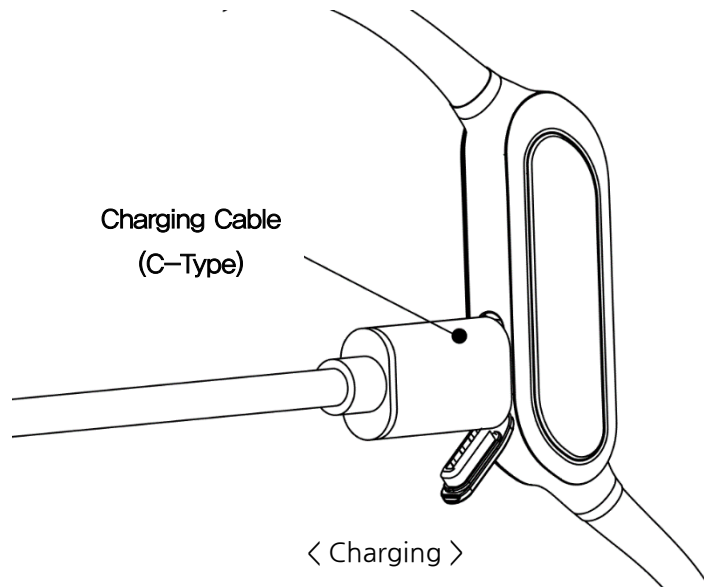
If you press the central TES button on the back of the left body for three seconds while the device is off, the blue LED turns on and the product turns on with the voice command "Power On."



< Turn Off >

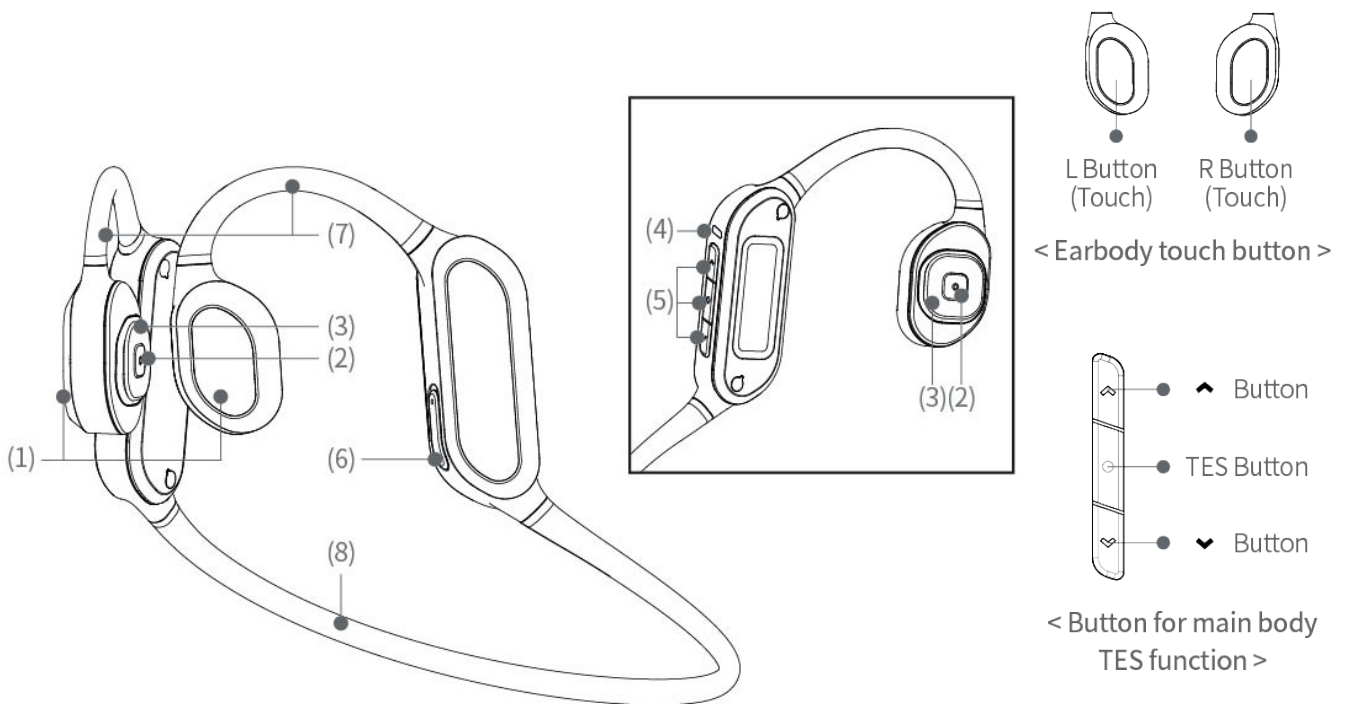
If you press the central TES button on the back of the left body for three seconds while the device is on, the red LED turns on and the product turns off with the voice command "Power Off."

Charging



- You can charge your Healing Fit with the enclosed C-Type cable.
- You can charge it by removing the silicone cover from the main body of the left device that has the button and then connecting the cable, and a 5V 1A charger is recommended for charging.

Names and Functions of the Parts



(1) Touch Button	Capacitive touch button to control the volume, next song, etc. in the product
(2) Electrode plate	Transfers TES microcurrents to the human body
(3) Silicone Unit	Transmits the sound of the bone conduction unit
(4) LED	Checks the product status
(5) Exclusive TES Button	Controls the TES function
(6) USB Charging Port (C-Type)	C-Type charging terminal cover
(7) Ear Band	Flexible band with built-in shape memory alloy (ear)
(8) Main Band	Flexible band with built-in shape memory alloy (neck)

Before Use

- Charge HEALINGFIT for a minimum of 10 minutes with the C-type USB charging cable before first use.
 - When connecting with a new device (mobile phone), please confirm that this HEALINGFIT is not connected with another device.
 - If there are any other equipments already paired to Healing Fit beforehand, Healing Fit is automatically connected to the device paired beforehand, so unable to be paired with another device.
 - When battery alarm appears while using wireless, use after recharging by connecting it with the recharging cable.
 - MobiFren HEALINGFIT is comprised of four functional types of TES (transcranial electrical stimulation) therapy, sound therapy, Bluetooth, and MP3 player.
- ※ **Dry your skin of any sweat or moisture before using TES therapy.**
- ※ **When using a charger that is not connected to a PC, please use an approved charger of rated voltage 5V/1A.**
- ※ **This product is not a medical device.**

Terminology


- Therapy Mode: Activates three different modes of sound therapy (Healing, Study, Sleep) and TES.
 - Bluetooth Mode: Connects to a device by Bluetooth for making calls and listening to music.
 - MP3 Mode: Plays music saved in the internal memory (MP3 player).
- ※ **Music saved in the internal memory can be played without connecting to a mobile device..**
- ※ **If you accidentally delete the sound therapy content in any of the default folders (Healing, Study, Sleep), it can be downloaded from the healingfit website (<https://healingfit.info>)**


How to use

※ Put HEALINGFIT on as shown in the image below.



MobiFren Healing Fit is so simple to use that anyone can use it easily.




 Let's watch a video that introduces a healing fit.

 Let's watch a video about how to use a healing fit.

Therapy Function (TES + Sound)

HEALINGFIT combines TES and sound therapy to give you revitalizing rest.

(MobiFren recommends around 30 minutes of TES therapy a day.)

- Start/End Therapy 
 - Tap the TES button once quickly to start, and tap it again quickly to end.
 - Tap the TES button while on standby to start TES and sound therapy (Healing/Study/Sleep).
- Change Sound Therapy Tracks 
 - When sound therapy is running, touch the R button for about two seconds and release it when a beep is heard to skip to the next track of healing music.
- Change Sound Therapy Modes 
 - When sound therapy is running, touch the R button for about four seconds and release it when a beep is heard to change sound therapy modes in the order of Healing → Study → Sleep → Healing.


* Healing Mode : Turns on TES and Healing Sound for physical relaxation.

* Study Mode : Turns on TES and Study Sound for a physical state conducive to improved performance at work or study.

* Sleep Mode : Turns on TES and Sleep Sound for use before bed to help with a good night's sleep.

※ **Please use the sleep mode before going to sleep (After use, please take off your Healing Fit before you sleep.)**


● Use TES With Music

- When music from a connected device or the internal memory is playing, press  Button to turn on TES after a voice message indicating its start.
- Tap the TES button to stop TES. When music stops, TES also stops after a voice message indicating its end.

※ Save music to your liking in the Healing, Study, and Sleep folders.


※ When saving music, do not change the folder names (Healing/Study/Sleep).


※ In Sleep Mode, the volume will gradually decrease in the last 10 minutes of therapy before its end.

※ When music from a connected device or the internal memory is playing, touch the  button for about one second to turn on TES.

※ Please refrain from using the TES therapy while charging.

● **Adjust TES Intensity (Levels 1 to 10; works only when therapy is running)** 


: When TES is running, touch  for one second to increase TES intensity by 1 level.


: When TES is running, touch  for one second to decrease TES intensity by 1 level.


※ **When TES is running, touch and hold  or  to increase or decrease TES intensity to a desired level.**

※ **Starting at a lower level and gradually increasing is recommended.**



※ **Using TES at a mild intensity or at one level below a noticeable intensity is recommended.**

※ **If TES becomes uncomfortable at any point during therapy, touch and hold  to decrease TES intensity. (Minute changes in the skin's contact with the gold pins may intensify the TES felt when TES intensity has not been changed.)**

● **Change TES Time (Default: 30 minutes, set five to 50 minutes in increments of five minutes)** 

: When TES is running, quickly tap  once to increase TES time by five minutes.

: When TES is running, quickly tap  once to decrease TES time by five minutes.

※ **Default therapy time is 30 minutes. When therapy is running, tap  or  quickly to add or subtract TES time from what is remaining, in 5-minute increments. Therapy stops automatically when a set TES time ends.**

※ **Keep the gold pins polished with a soft cloth for best performance.**

※ **Repeated contact of the gold pins with one area of the skin may cause adverse skin reactions. If this happens, use HEALINGFIT again once fully recovered.**

Connecting to a Device by Bluetooth

Connect HEALINGFIT to a smartphone or another device as follows.

① Pairing and Connecting the Device

- When HEALINGFIT is off, touch and hold the TES button. After about two seconds, the voice message "Powering on" will be heard. After about four seconds, when the voice message "Find HEALINGFIT on your mobile device and connect" is heard, release the TES button (pairing mode ON).
- In the Bluetooth settings of your device (smartphone), find and connect "MobiFren HEALINGFIT." The voice message "Device connected" will be heard once connected.

② Use After Connection

- Once HEALINGFIT has been paired with and connected to a device, touching and holding the TES button for two seconds to power HEALINGFIT on automatically connects it to the device.
- ※ **Touch and hold the TES button for four seconds to activate pairing mode to connect to a different device.**

Using a Device by Bluetooth

When HEALINGFIT is connected to a device by Bluetooth, you can listen to music and make calls wirelessly.

① Play Music

- Tap the R or L touch button of the ear body part twice to play and stop music.
- Tap the R or L touch button of the ear body part to control the volume. (L: Volume DOWN, R: Volume UP)

② Take Calls

- Tap the R or L touch button twice to take an incoming call.
- Touch and hold the R or L touch button for two seconds to reject an incoming call.
- Tap the R or L touch button twice to end a call in progress.

③ Use a Virtual Assistant (Bixby, Siri, etc.)

- Tap the R or L touch button quickly three times to activate a virtual assistant on your device.

Using the Built-in MP3 Player

When HEALINGFIT is not connected to a device, tap the TES button to use it as an MP3 player. Save your favorite music in mp3 or wav format in HEALINGFIT's internal memory, so you can listen to music without carrying a heavy smartphone during exercise and other activities.

① Save Music

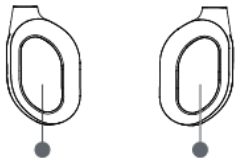
- Connect HEALINGFIT to a PC by USB cable and transfer music to the internal memory.
- Remember to save music in locations other than the default folders HEALING, STUDY, and SLEEP.

※ **DO NOT rename the default system folders HEALING, STUDY, and SLEEP.**

② Listen to Music

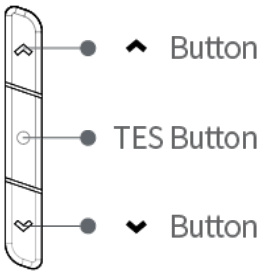
- When HEALINGFIT is not connected to a device, tap the R or L touch button twice to turn on the MP3 player.
- ※ **User-saved music in folders other than the default folders is played in a random order.**
- ※ **When HEALINGFIT is connected to a device, music on the device will be played**

Button Controls



L Button (Touch) R Button (Touch)

< Earbody touch button >



< Button for main body TES function >

Power and Connection	
Power ON	When OFF, touch and hold the TES button for two seconds
Power OFF	When ON, touch and hold the TES button for four seconds
Pairing Mode	When OFF, touch and hold the TES button for four seconds
Calls	
Take a call	Tap L or R twice to take an incoming call
End a call	Tap L or R twice to end a call in progress
Reject a call	Touch and hold L or R for two seconds to reject an incoming call
Play Music (Device or Internal Memory)	
Play	Tap L or R twice
Pause	Tap L or R twice
Volume UP	Tap R at a one-second interval
Volume DOWN	Tap L at a one-second interval
Next track	Touch and hold R for two seconds
Previous track	Touch and hold L for two seconds
Next folder	Touch and hold R for four seconds
Previous folder	Touch and hold L for four seconds
TES	
TES On	Tap the TES button
TES Off	Tap the TES button when TES is ON
TES time UP	Tap ▲ when TES is ON
TES time DOWN	Tap ▼ when TES is on
TES level UP	Touch and hold ▲ for one second when TES is ON
TES level DOWN	Touch and hold ▼ for one second when TES is ON
Change Mode	Touch and hold L or R for four seconds when TES is ON
Next track	Touch and hold R for two seconds
Previous track	Touch and hold L for two seconds
Music+TES	Tap ▲ when music is playing
Voice Command	
Activate a virtual assistant (Bixby,Siri etc.)	Tap L or R three times on standby

Charging and LED Indications

Open the jack cover on the TES controls and connect the USB C charging cable to the charging port to charge.

LED Indications	
Charging	Red LED on
Full	Blue LED on
Power ON	Blue LED on for one second
Power OFF	Both blue and red LEDs on for one second
Pairing complete/Device connected	Blue LED blinks five times and turns off
Pairing Mode	Blue LED on
Battery low	Red LED blinks every five seconds
TES ON, Play	Blue LED blinks every five seconds for the first 30 minutes

※ Only the key LED indications are listed above.

FAQ

Q. What is the proper time to use Healing Fit per day?

A. Maximum usage time is 50 minutes per session(30 minutes recommended). Recommends 1 - 3 times a day.

Q. Are there any side effects of long-term use?

A. According to many researches Micro-electric stimulation under 2mA has no side effects. Therefore our product has developed flow a microcurrent of 0.2 - 1 mA, you can use it in safe range.

Q. How should user adjust and use the TES(Micro Electrical Stimulation) intensity level?

A. Some users may not feel any stimulation in the first few minutes of therapy. Please increase the intensity of level from 1 to 4 slowly and once you hear the voice message indicating Level 4 is on, wait about three minutes. If you do not feel proper stimulation after three minutes, increase the intensity one level more slowly. Contrariwise, reduce the intensity level when you feel strong stimulation. When using for the first time, some users may not feel irritation even if the level is raised. However, if you use it up to level 10, be careful as the stimulation may feel too provocative.

Q. Which strength is suitable for using Healing-Fit?

A. We can not say in general because each individual feels different even with the same intensity. It is recommended to use one level lower at the stage where the intensity of stimulation is felt but if electrical stimulation is not burdensome, you can use it at that level.

TES Therapy still works even though user does not feel the electrical stimulation. Therefore, you can use Healing-Fit at any level where the individual is comfortable.

Q. Sometimes when I'm using HEALINGFIT at a TES intensity level that's comfortable at level 5, and all of a sudden it would feel too intense when I haven't touched the settings. Is this normal?

A. Yes, it is normal. Continuous stimulation over identical spot of skin may result the change of the contact resistance with the skin due to the skin condition of the contact part, the stimulation effect, etc., and the intensity of stimulation may vary. At the time, move the microelectric stimulation part to other spot slightly, or reduce the TES intensity level.

Q. I've been using HEALINGFIT at level 7, but today it feels way too intense at just level 3. Is there something wrong with my HEALINGFIT?

A. No. Even the same intensity of TES may feel different depending on factors such as physical condition and contact with the skin. We recommend finding the right level of TES intensity at each use.

Q. Does TES activate while listening the music on my phone or YouTube?

A. Yes, tap the TES button shortly while you are listening the music on phone or watching youtube.

Q. There are total 5 different mode of music has inserted in the Healing-fit but only the same track is played repeatedly. How can I change the track of it?

A. Hold the R or L button for two seconds to go to the next track when music is playing. The sound therapy content of HEALINGFIT's Healing, Study, and Sleep Modes is set to play on single-track repeatedly, unless controlled by the user.

Q. Does the microelectric stimulation part need separate management?

A. Since skin secretions may adhere during use, so wipe with a soft cloth frequently. And when receiving therapy, there is a possibility that skin troubles may occur because the microelectric stimulation part keeps in contact with only one place. In this case, please use it after fully recovering.

Q. It operates abnormally (volume up and down, playing the next song, mode switch, etc.) even though I did not touch it while lying down in bed during therapy.

A. The touch button is controlled by static electricity from the human body. If the electrostatic effect of the hair or mat is touch the button , it is possible to cause an abnormal operation.

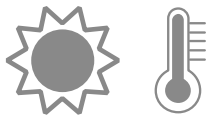
Q. You can hear the sound from both earphones when you are listening the music, but if only the right side of earphone operates during the voice call, is this normal?

A. It is normal that voice to be heard only from the right earphone during a call.
The microphone and speaker in the left earphone are located close to each other, so the other person's voice from the speaker enters the microphone again and the other person can hear their voice.
To solve the issue, we have blocked the sound coming out of the left side of earphone during a call.

Handling Precautions

OFF

Always keep it in a safe place with the power off when not in use for a long time.



Keep it away from high temperatures above 60°C, direct sunlight, heated vehicles, etc.
Storing at high temperatures can cause product malfunction or performance degradation and may reduce battery life.



Make sure the product doesn't get wet or submerged in water or other liquids.
Keep it in a dry place away from moisture or water.



Do not let children or pets bite or suck the headsets.



Do not remodel / disassemble / repair the product arbitrarily.

5V

Use an approved charger. (Rated voltage: 5V)

Certification & Safety Approval

※ There is a possibility of radio interference in the relevant wireless facility, so no service related to human safety can be provided.

RF Standard

Frequency of use	Transmitting/receiving band: 2402 MHz - 2480 MHz
Radio wave format	F1D, G1D
Communication method	Repetition method
Use environment	-10°C ~ 50°C
Power for use	DC 3.7 V (Battery)

Broadcasting communication device certification mark

	Specific low-power wireless device
Name of equipment (Model name)	Wireless device for wireless data communication systems
	MFB-HC7700
Trade name of certified person	MobiFren CO.,LTD
Manufacturing country	China
Certification number:	R-R-GTT-MFB-HC7700
Manufacturing year & month	20

Product Specifications & Features

Product name:	MFB-HC7700
Continuous talk time	Approx. seven hours
Continuous music playback time	Approx. six hours
Standby time	About 10 days
Charging Time	Approx. 1.5 hours
Product size	120 (W) x 85 (D) x 55 (H)
Battery (Capacity)	Embedded lithium polymer (200 mAh)
Weight	31 g
Wireless distance	Up to 10 meters
Supported Bluetooth Profile Headset Profile	Headset Profile
	Hands-Free Profile
	Stereo Headset (A2DP) Profile
	Remote Control (AVRCP) Profile
Bluetooth standard	Version 5.0 (BDR)

※ The usage time may vary depending on the connected device and the device settings (volume size, type of sound source, etc.).

Product Warranty

The product warranty period is from the date of purchase. For more information, please refer to the website. Accessories are not repairable. Accessories are replaceable in case of abnormalities within the warranty period but do not qualify for product exchange.

Please back up important data in a safe place. The company is not liable for the loss of data stored in the product.

Product Name		Model Name	
Date of purchase	Year	Month	Date
Place of purchase			
The free warranty period	Shall be within one year from the date of purchase (excluding non-failure, marketing and negligence issues) ※ Warranty period for the battery is 6 months.		

In case of an abnormality while using the product, please check the manual once again and contact the MobiFren customer service center so that we can handle it quickly.

Service Center Info: 1688-2251 anywhere in Korea without a regional code (from outside the country, add 82 in front)

※ The terms and conditions of this warranty and our responsibilities under this warranty are as follows.

- The warranty is limited to the original buyer.
- A copy of the receipt or another proof of purchase is required. The warranty becomes void if serial number, manufacturing date, or product label is removed or if the product has been physically abused, inappropriately installed, altered, or repaired by an unauthorized third party. The scope of product liability is limited to repair or replacement of the product at the company's discretion.
- Limited life consumables worn out from regular use, such as batteries and other accessories, are specifically excluded from the warranty.
- The company is not responsible for any accident or incidental damage caused by the use or misuse of the product.
- This warranty grants the buyer specific rights, and the buyer may also have other miscellaneous rights depending on the region.
- Unless described in the manual, the user should not attempt to service, adjust, or repair the product under any circumstances, regardless of the application of the warranty. Such works must be returned to the place of purchase, factory or authorized

Product Warranty

Class B Equipment

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

CAUTION : Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

- End Product Labeling

To satisfy FCC exterior labeling requirements, the following text must be placed on the exterior of the end product.

Contains Transmitter module FCC ID: UZCMFB-HC7700

RF Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment and meets the FCC radio frequency (RF) Exposure Guidelines as this equipment has very low levels of RF energy.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.



www.mobifren.com

MobiFren CO., LTD.

Warranty-related Inquiries:

+82-1688-2251

(no regional code required within Korea)

Warranty Registration: www.mobifren.com / Customer Service

MobiFren Service Center, 88, Indong 52-gil, Gumi-si, Gyeongsangbuk-do,
Republic of Korea

TEL:+82-54-474-2220 FAX:+82-54-474-2251

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R-R-GTT-MFB-HC7700
FCC ID : UZCMFB-HC7700

CE 3.7V 200mAh

ISO 9001 Quality Management System Certified Company



Design & Technology by MobiFren in KOREA
Assembled in China