

MPE Calculation Method

$$E \text{ (V/m)} = \frac{\sqrt{30 \times P \times G}}{d}$$

$$\text{Power Density: } Pd \text{ (W/m}^2\text{)} = \frac{E^2}{377}$$

E = Electric field (V/m)
P = Peak RF output power (W)
G = EUT Antenna numeric gain (numeric)
d = Separation distance between radiator and human body (m)
Pd = Power Density in milliwatts / square centimeter

The formula can be changed to

$$Pd = \frac{30 \times P \times G}{377 \times d^2}$$

From the peak EUT RF output power, the minimum mobile separation distance, d=0.2m, as well as the gain of the used antenna, the RF power density can be obtained.

Changing to units of mW and cm, using:

$$P \text{ (mW)} = P \text{ (W)} / 1000 \text{ and}$$

$$d \text{ (cm)} = 100 * d \text{ (m)}$$

Yields:

$$Pd = \frac{30 \times (P / 1000) \times G}{377 \times (d / 100)^2}$$

Where d = distance in cm
 P = Power in mW
 G = Numeric antenna gain
 Pd = Power Density in mW / cm²

Equation 1

Maximum Permissible Exposure

And:

Antenna Gain (dBi)	Antenna Gain (numeric)	Peak Output Power (dBm)	Peak Output Power (mW)
-2.39	0.577	15.36	34.36

Substituting the MPE safe distance using d=20 cm into **Equation 1**

Yields

$$Pd = 0.00199 \cdot P \cdot G$$

Where P = Power in mW
 G = Numeric antenna gain
 Pd = Power Density in mW / cm²
 The power density = 0.00199 · 15.36 · 0.577 mW / cm² = 0.003944 mW / cm²

(For mobile or fixed location transmitters, the maximum power density is 1.0 mW / cm² even if the calculation indicates that the power density would be larger.)