# Wireless Wrist Band operation guidance
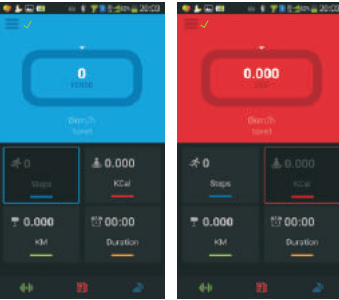


1. **Wear the wrist band as below:**



## 2. Parameters:
- Bluetooth version: Bluetooth 4.0
- Input voltage: DC 5V
- Range of application: -20℃~60℃

### 3. Screen display introduction
3.1.To activate the screen, tap/click on the screen twice to display the time as below.


11:26

3.2 Tap/click on the screen again to switch between the following modes.

Steps taken → one second → 2848
**Steps taken**

Kcal burned → one second → 28.456
**Calories burned**

KM walked → one second → 14.838
**Distance walked**

Time walked → one second → 17:55
**Time walked**

Challenge → one second → 80%
**Steps Goal**

3.3.Tap/click on the screen four times to enter the sleep mode.

Sleep → one second → (moon/stars icon)

3.4.Tap/click on the screen four times to exit the sleep mode, and enter the "Time Display"

(moon/stars icon) → one second → Time

### 3.5.Charging the Band
Use the supplied charger to charge smart wristband. Once connected properly your device will display "Charging" as below.

Charging...

**Attentions:**
- When charging, sport record and sleep detecting are invalid
- When battery energy was totally used up, it needs about 1.5 hours for full charging
- Disconnect the charging cable, it will return time display interface

**Downloading app from mobile phone:**

Searching "SmartFit"(SmartFit-Wristband) on the software store or google play of mobile phone, and download it.

**Attention:**
Mobile phone needs android 4.3 or higher versions, or IOS 8.0 or higher versions.

After downloading and installation, there is " ▣ " symbol in mobile phone, please click it and enter, will see below interface:



## 4.Connecting the Activity tracker to the APP
4.1. Click " ▣ " and displays connection setting as below picture:


Auto Upload
Searching Device.

4.2.Tap the "connection setting" then it displays as below picture.


Auto Upload
Searching Device.
Bluetooth searching name
SmartFit--xx:xx

4.3.Tap/click on the screen twice to activate the screen, the App will automatically search for your smart wristband.

4.4.Enter search Bluetooth device status，When software appears "SmartFit--xx:xx",click on the green "connection", the App will has a countdown of 10 seconds display,this is the Android system connection method. IOS system only need to click on "connection".


Connect
SYNC

4.5. After click "Connect", at same time, Band device display ten seconds connection countdown as below:

4.6. Once the countdown begins, tap on the activity tracker screen in order to repair. SYNC will appear on the activity tracker screen once paired successfully.

Once your device is successfully paired with the activity tracker, the APP will display a green LED "√" on the top left hand corner. And the activity tracker will also display the bluetooth logo on the screen.



**Attentions:**
Toggle "Auto Upload" to upload sport record and sleep record from Band to app software(in sleep mode, sport data won't update to app software)
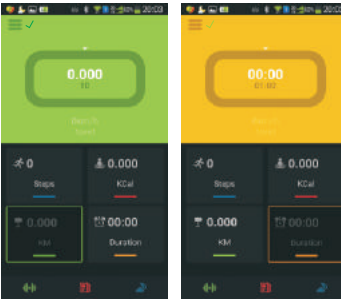
---

## 5. APP interface introduction
5.1 There are 4 main features will be displayed on the main page, include " steps taken", "Calories burned", " Distance walked"and"Time walked" in the day.



5.2 Press " ▣ " to enter the activity record menu. This menu will show you all activities on a daily, weekly, or monthly basis.
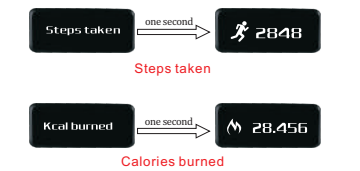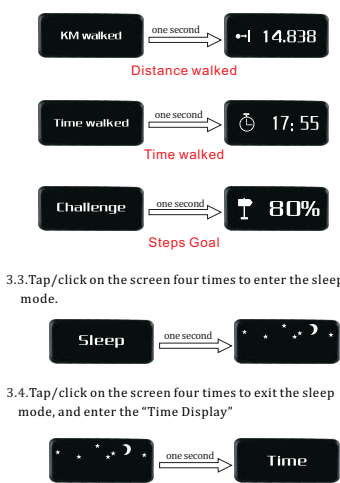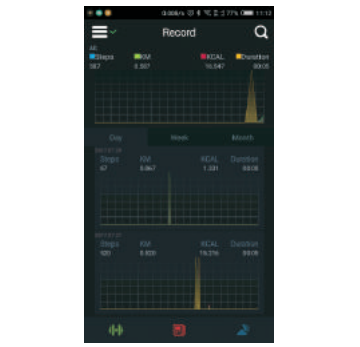
## 6.Data Sync
After successful connection, return to main interface, then finish User Setting and Goal Setting, after that, all data from Band will be sync with app software.Besides, there are other three main functions as below:



5.3 Press " ▣ " to enter the Sleep record menu. This menu will show you all your sleep activities on a daily, weekly, or monthly basis.
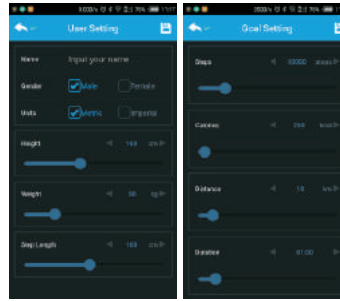
### 6.1. Sharing function
In the main interface, click "Share" to social media, slip up or down to view the content sharing, click sharing to view platform and choose one to share.(sharing platform will be different according to different software installed from mobile phone)



### 6.2.Reminder function :
In the main interface, click "Reminder" to enter reminder setting interface, set sedentary and drinking time. When it is at reminder time, The smart wristband will vibrate for 3 seconds during reminders. Click on the screen once to stop the reminder.

**sedentary reminder**   **drinking reminder**




6.3 The App is equipped with 2 alarm settings: The smart wristband will vibrate for 10 seconds during reminders. Click on the screen once to stop the reminder

8:05

Tracker is accessory with adsorbed back clip type USB charging base



When charging,insert the USB port to USB adaptor or USB power port(USB output port of computer),another head attach to the back charging area,the back clip has adsorbed function(no left and right direction,see below charging way)



Please use the accessory charging device to insure tracker in good performance. If product damaged due to you change the charging device privately or use the other charging device which is not offered by the orginal factory, it's not in the scope of warranty.

■ **Common problems and solutions**
- The screen can not be light up or activated.
  Please charge the tracker and keep it has enough battery power
- Tracker can not connect to the APP
  Please check your phone's version. It should be IOS 8.0 or higher versions, and android 4.3 or higher versions. If the tracker already paired with other devices, then disconnect it first.

■ **Attentions:**
- When charging,please keep it away from high temprature,strong magnet,humid environment
- When wrong operation or other reasons caused disconnection with APP,please unpair it from tracker or APP and pair it again
- One tracker only can pair with one device When the device is paired with other tracker,must unbundle it firstly,then pair with new tracker
- It won't give a special declaration because of software updating
- APP is only compatible with IOS 8.0 or higher versions,android 4.3 or hither verions.

■ **Charging the band**
Once connected properly your activity tracker will display "Charging" as the picture below. The manufacturer already did the current limit protection on the tracker, so it won't cause damage due to large current. Please charge it in the correct way.

40%

## FCC STATEMENT :
This device complies with Part 15 of the FCC Rules.
Operation is subject to the following two conditions:
(1) This device may not cause harmful interference, and
(2) This device must accept any interference received, including interference that may cause undesired operation.

**Warning:** Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

**RF warning statement:**

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.