

## 10. MAXIMUM PERMISSIBLE EXPOSURE

### LIMITS

§1.1310 The criteria listed in Table 1 shall be used to evaluate the environmental impact of human exposure to radio-frequency (RF) radiation as specified in §1.1307(b), except in the case of portable devices which shall be evaluated according to the provisions of §2.1093 of this chapter.

TABLE 1—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm <sup>2</sup> )	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposures				
0.3–3.0 .....	614	1.63	*(100)	6
3.0–30 .....	1842/f	4.89/f	*(900/f <sup>2</sup> )	6
30–300 .....	61.4	0.163	1.0	6
300–1500 .....	.....	.....	f/300	6
1500–100,000 .....	.....	.....	5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3–1.34 .....	614	1.63	*(100)	30
1.34–30 .....	824/f	2.19/f	*(180/f <sup>2</sup> )	30

TABLE 1—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)—Continued

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm <sup>2</sup> )	Averaging time (minutes)
30–300 .....	27.5	0.073	0.2	30
300–1500 .....	.....	.....	f/1500	30
1500–100,000 .....	.....	.....	1.0	30

f = frequency in MHz

\* = Plane-wave equivalent power density

NOTE 1 TO TABLE 1: Occupational/controlled limits apply in situations in which persons are exposed as a consequence of their employment provided those persons are fully aware of the potential for exposure and can exercise control over their exposure. Limits for occupational/controlled exposure also apply in situations when an individual is transient through a location where occupational/controlled limits apply provided he or she is made aware of the potential for exposure.

NOTE 2 TO TABLE 1: General population/uncontrolled exposures apply in situations in which the general public may be exposed, or in which persons that are exposed as a consequence of their employment may not be fully aware of the potential for exposure or can not exercise control over their exposure.

## CALCULATIONS

Given

$$E = \sqrt{(30 * P * G) / d}$$

and

$$S = E^2 / 3770$$

where

E = Field Strength in Volts/meter

P = Power in Watts

G = Numeric antenna gain

d = Distance in meters

S = Power Density in milliwatts/square centimeter

Combining equations and rearranging the terms to express the distance as a function of the remaining variables yields:

$$d = \sqrt{((30 * P * G) / (3770 * S))}$$

Changing to units of Power to mW and Distance to cm, using:

$$P \text{ (mW)} = P \text{ (W)} / 1000 \text{ and}$$

$$d \text{ (cm)} = 100 * d \text{ (m)}$$

yields

$$d = 100 * \sqrt{((30 * (P / 1000)) * G) / (3770 * S)}$$

$$d = 0.282 * \sqrt{(P * G / S)}$$

where

d = distance in cm

P = Power in mW

G = Numeric antenna gain

S = Power Density in mW/cm<sup>2</sup>

Substituting the logarithmic form of power and gain using:

$$P \text{ (mW)} = 10^{(P \text{ (dBm)} / 10)} \text{ and}$$

$$G \text{ (numeric)} = 10^{(G \text{ (dBi)} / 10)}$$

yields

$$d = 0.282 * 10^{((P + G) / 20)} / \sqrt{S}$$

where

d = MPE distance in cm

P = Power in dBm

G = Antenna Gain in dBi

S = Power Density Limit in mW/cm<sup>2</sup>

Rearranging terms to calculate the power density at a specific distance yields

$$S = 0.0795 * 10^{((P + G) / 10)} / (d^2)$$

**LIMITS**

From §1.1310 Table 1 (B), the maximum value of S = 1.0 mW/cm<sup>2</sup>

**RESULTS**

<b>Mode</b>	<b>Power Density Limit (mW/cm<sup>2</sup>)</b>	<b>Output Power (dBm)</b>	<b>Antenna Gain (dBi)</b>	<b>MPE Distance (cm)</b>
802.11a	1.0	12.46	16.50	7.91

**CO-LOCATED MPE CALCULATIONS**

For multiple colocated transmitters operating simultaneously the total power density can be calculated by summing the Power \* Gain product (in linear units) of each transmitter.

yields

$$d = 0.282 * \sqrt{((P1 * G1) + (P2 * G2) + \dots + (Pn * Gn)) / S}$$

where

d = distance in cm

Px = Power of transmitter x in mW

Gx = Numeric gain of antenna x

S = Power Density in mW/cm<sup>2</sup>

In the table below, Power and Gain are entered in units of dBm and dBi respectively, then converted to their linear forms for the purpose of the calculations.

**LIMITS**

From FCC §1.1310 Table 1 (B), the maximum value of S = 1.0 mW/cm<sup>2</sup>

From IC Safety Code 6, Section 2.2 Table 5 Column 4, S = 10 W/m<sup>2</sup>

**RESULTS**

(MPE distance equals 20 cm)

Mode	Band	Output Power (dBm)	Antenna Gain (dBi)	MPE Distance (cm)	FCC Power Density (mW/cm <sup>2</sup> )	IC Power Density (W/m <sup>2</sup> )
WLAN	2.4 GHz	23.43	7.40			
WLAN	5.6 GHz	12.46	16.50			
Combined				20.0	0.40	3.97