**Exhibit K: User Manual 2**

FCC ID: QYUHRM2400

Information is Power

By measuring intensity (heart rate / pace) and duration (time) you can avoid over training, help prevent injury, and maximize your chances of achieving your goals.

triax **cv10** features

- Accurate heart-rate and pace data
- Digital transmission
- 100 lap memory
- Programmable training zones
- View button for quick access to key info
- Automatic lap measurement
- Data: timing information, time in zone, average pace and average heart rate for each lap / run.
- Time / Day / Date / Alarms
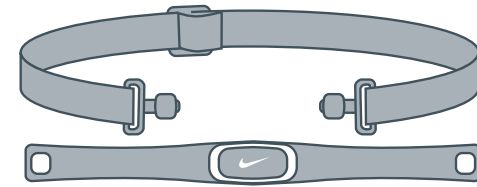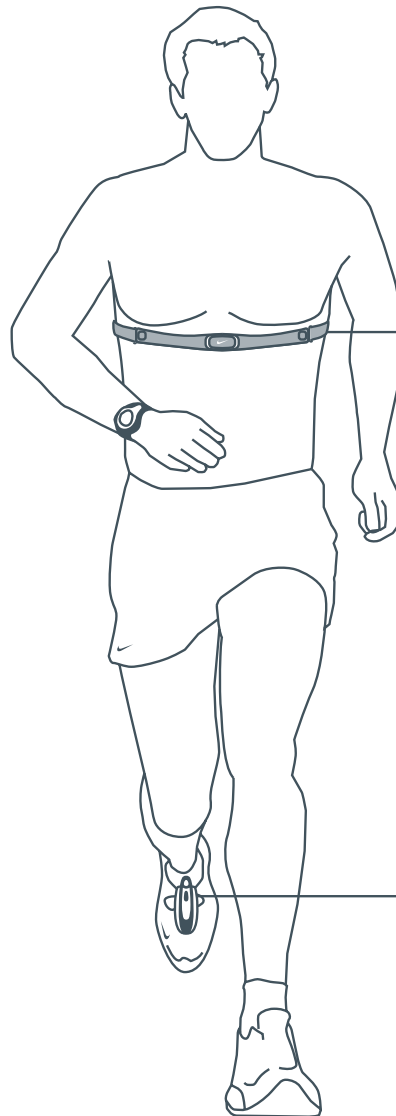
HR transmitter

The Heart-Rate transmitter reads heart-rate information when worn directly against the skin and within a few meters of the watch.

The HR transmitter is ergonomically designed to fit comfortably during all types of exercise.

SDM pod

The SDM (Speed Distance Monitor) pod measures foot acceleration/deceleration 100 times per second. When properly calibrated, the pod accurately calculates speed and distance even if stride length and running pace changes.

ATTENTION: *Anyone beginning an exercise regimen for the first time (especially users of pacemakers or other implanted devices) should consult a physician or health professional before using the Triax cv10.*

Contents

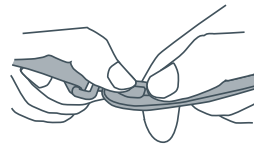This document with updates is available online at **www.nike.com /timing**

Printed on Wood Free Paper

Quick Start

Follow steps **1** through **7** to position the HR transmitter and SDM pod and go for a run.

1 Push tab up through slot in HR transmitter.

2 Press down tab until flush.
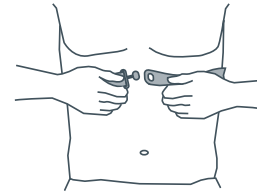
3 Attach other side of HR transmitter around chest. Position on rib cage just below the breast plate. The transmitter should be worn directly against skin and snug enough to stay in place during workout.
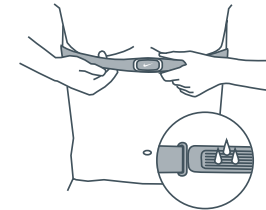
4 Generously **wet both sensors** on the back of the HR transmitter to ensure strong connection between your pulse and the transmitter.

1 Remove the top strap and unseat the SDM pod from the bottom clip.
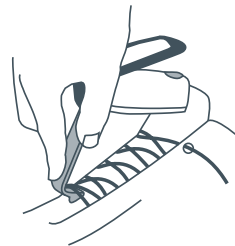
2 Loosen shoe laces and slide pod clip under laces.

3 Secure the SDM pod with black strap. The pod should rest just below where laces tie and be secure enough to stay in place during workout.
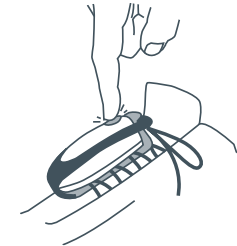
4 Turn SDM pod ON. Press and hold power button until LED light begins to blink.

NOTE: *Press and hold power button again to turn pod OFF.*

Start Run ⑥
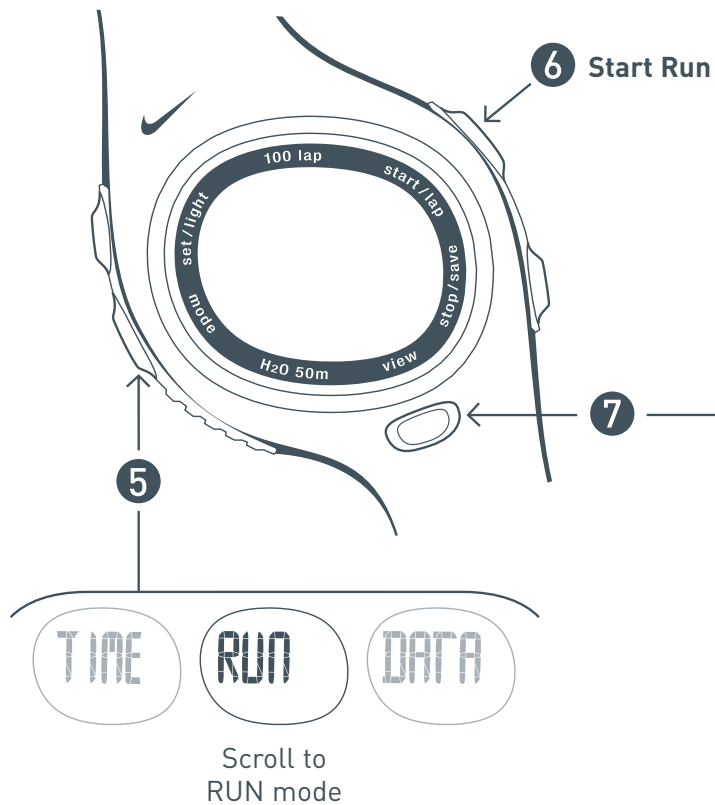
RUN mode views

 Chronograph View

 Heart-Rate View

 Pace View

 Distance View

 My View
See page 14
for setup

⑦
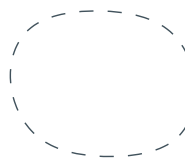
or
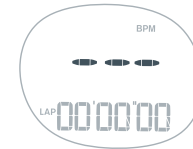
No Heart Rate or Pace Displayed

If you see three blinking lines in the display, the watch is not receiving transmission from either the HR transmitter or the SDM pod.

Run through the *Quick Start* again or see page 19 *Troubleshooting.*

⑤

 TIME RUN DATA

Scroll to
RUN mode

SDM / HRM linking

If you see the SDM LINK or HRM LINK display within RUN mode, the watch is not recognizing the digital ID of the components. See page 19, *Linking the Digital Components to the Watch.*

 SdM LINK   HRM LINK

TIME Set Time

In TIME mode you can set the time, date and power save option. TIME mode is the only mode in which you can turn the button chime ON and OFF. Follow steps ① through ⑤ to set the time and date.

Switch Time Zones
Hold 1 sec to view
Hold 4 sec to switch.

⑤ EXIT

③

② 3 sec

①

Turn Chime ON/OFF
Chime sounds at the press of any button.

TIME
Scroll to
TIME mode

④
Press button to select adjustable element.

Electrolight ON

Set Hour	Set Minutes	Set Seconds	Set Day	Set Month	Set Year	Choose 12 or 24 Hour Clock	
HOUR	MIN	SEC	dAY	MONTH	YEAR	12-24H	POWR

Power Save (0-24 hrs.)
After X hours with no activity, watch goes to sleep.
Push any button to wake.
Alarm will still function.

TIME Set Alarm

Within TIME mode you can set two alarms. Follow steps ❶ through ❻ to set the alarms.

❻

EXIT
(Alarm On)

❸ 3 sec

❹

+

–

①

100 lap

start / lap

set / light

stop / save

mode

view

H₂O 50m

TIME

Scroll to
TIME mode

❺

2

Press button to select
adjustable element.

1200on
HOUR

Set Hour

1200on
MIN

Set Minutes

1200--
ALARM 1

Alarm 1 View

1200on
ALARM2

Alarm 2 View

1038 12
SAT 6

Time View

Turn Alarm ON/OFF
The alarm icon •)) will
show in the display of
any mode when the
alarm is turned ON.

1200--

1200on
ALARM 1

7
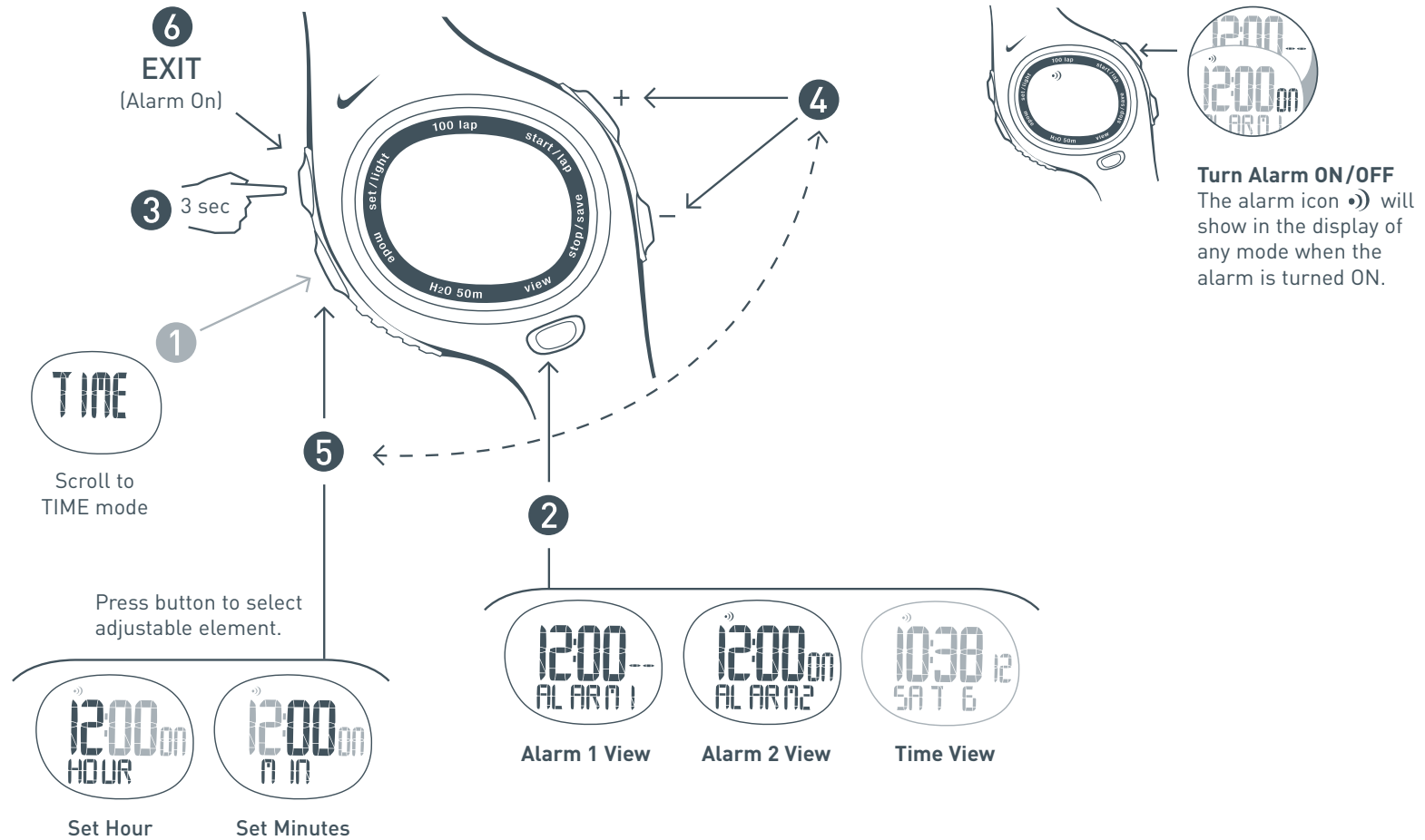
RUN Auto-Calibrate the SDM Pod

Once calibrated, the Speed Distance Monitor (SDM) pod is more than 97% accurate for most runners. Calibrate the SDM pod by running 400-800 meters on a marked track, then adjust the watch to exact distance. The SDM pod will need to be calibrated each time you replace the watch battery. Go to a 400-meter marked track and follow steps ❶ through ❽ to automatically calibrate the SDM pod.

1 Turn SDM pod ON by pressing the power button until LED begins to blink.

3 3 sec

2

RUN

Scroll to RUN mode.

4 Press several times to scroll to CALIb.

CAL Ib → PUSH START

400 meters

5 Push START and begin running.

RUN

Run at your usual pace on the inside edge of the track. Complete 1-2 laps (400-800 meters).

6 Push STOP when finished.

PUSH STOP
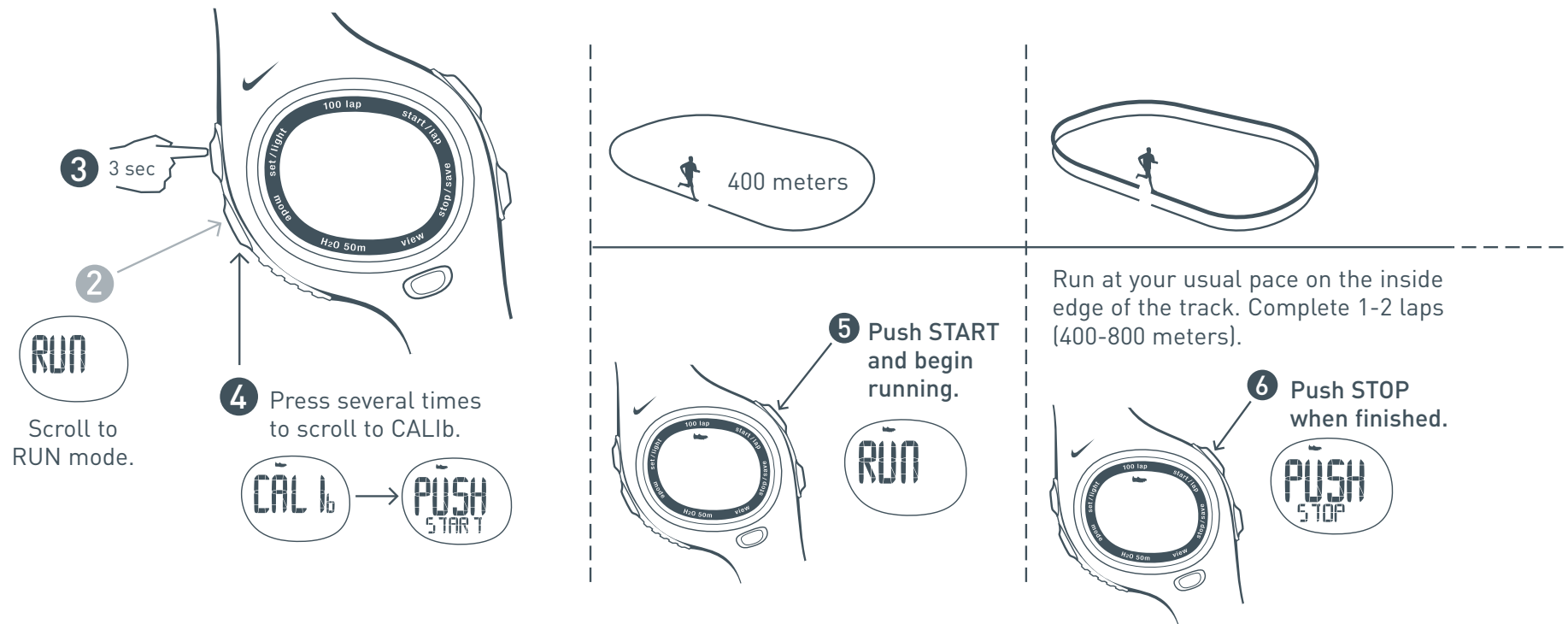
Manually Calibrate the SDM Pod

After calibration, the SDM pod automatically calculates an offset value. The default value is 1.000.

Change the offset value to make small adjustments to the calibration. If the SDM pod is slightly under measuring a known distance, increase the offset value. Different shoe models may affect the pod calibration. Adjust the offset value accordingly if you notice differences between shoes. Follow steps ❶ through ❺ to fine-tune the offset value.

If you ran 800 meters, adjust displayed distance to read 800m.

8.12m
AdJUST

↓

800m
AdJUST

7

8

CALib
SAVd

❺ **EXIT**

❹ Press to change value.

❷ 3 SECS

❶

RUN

Scroll to RUN mode.

❸

1000
OFFSET

Press several times to scroll to OFFSET.
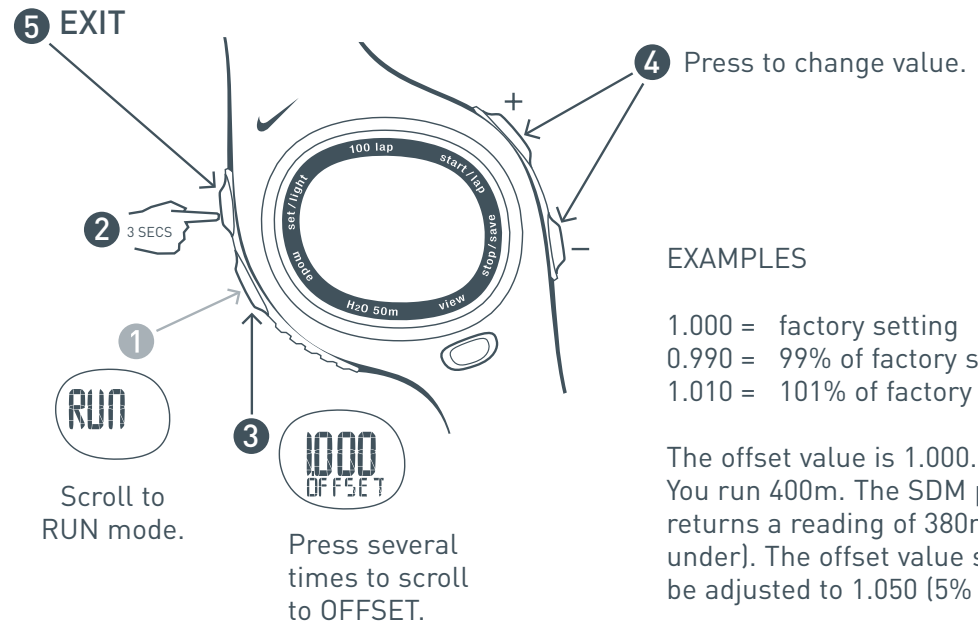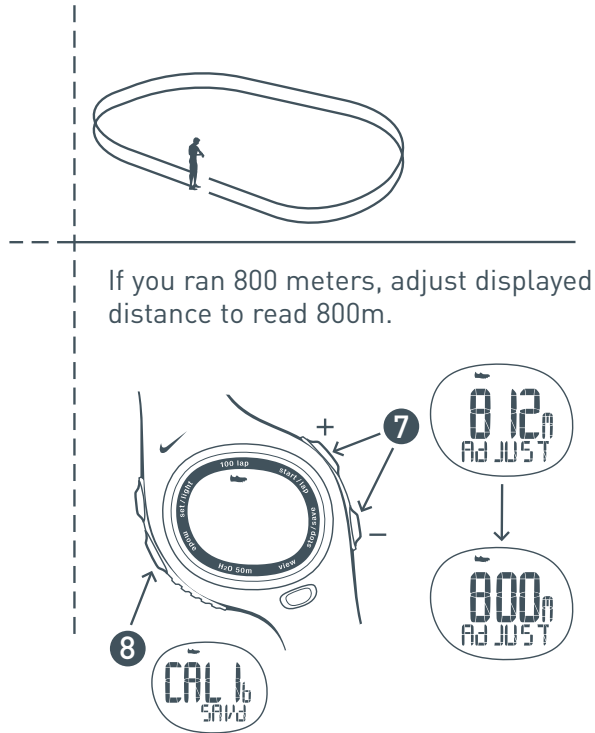
EXAMPLES

1.000 =   factory setting
0.990 =   99% of factory setting
1.010 =   101% of factory setting

The offset value is 1.000. You run 400m. The SDM pod returns a reading of 380m (5% under). The offset value should be adjusted to 1.050 (5% above).

NOTE: *Write down and save your offset value. It will come in handy if you let friends or family borrow the Triax CV10 and they change the calibration setting.*

RUN Using the Chronograph

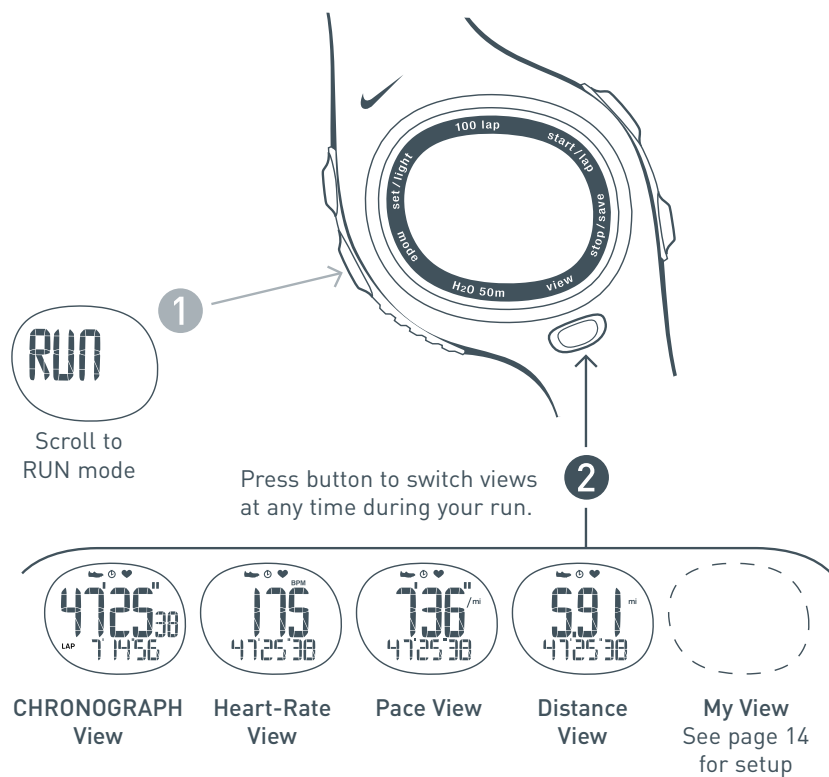In Chronograph View, you can mark lap times and total times during your run. Both lap times and total times are captured simultaneously when you press the lap button. Average pace and heart rate are captured for each lap/total period. After you stop the chronograph, you can save your run information and review it in DATA mode. See page 15 for DATA mode.

Follow steps ① through ❻ to use your chronograph.

RUN

Scroll to RUN mode

① Press button to switch views at any time during your run.

②

472538
LAP 11456
CHRONOGRAPH View

175 BPM
472538
Heart-Rate View

736" /mi
472538
Pace View

591 mi
472538
Distance View

My View
See page 14 for setup

Mark Laps
Lap time is the time required to go once around a track or complete a segment of a run.

LAP 1

and

Mark Totals
Total time is the time from the beginning of the run up to the point you mark.

TOTAL 1

③ **Start Run**
A blinking stopwatch ⏱ will appear.

④ **Mark Lap/Total**
You will have 7 seconds to read your lap and total time.

Heart rate is also captured for each lap/total period and can be viewed in DATA mode if the run is saved.
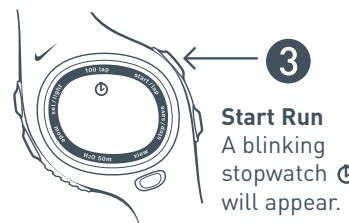
Auto-Lap ON
You cannot manually mark laps if the Auto-Lap feature is ON. See page 13, *Set the Auto-Lap Feature*, to turn the feature ON/OFF.

6 ... Save or Clear Run Information

LAP 2

LAP 3

LAP 4

TOTAL 2

TOTAL 3

TOTAL 4

Mark Lap/Total

④

Mark Lap/Total

④

Stop Run
Stopwatch ⏱
will disappear.

⑤

Hold
SAVE

SAVE
run 1

3 sec
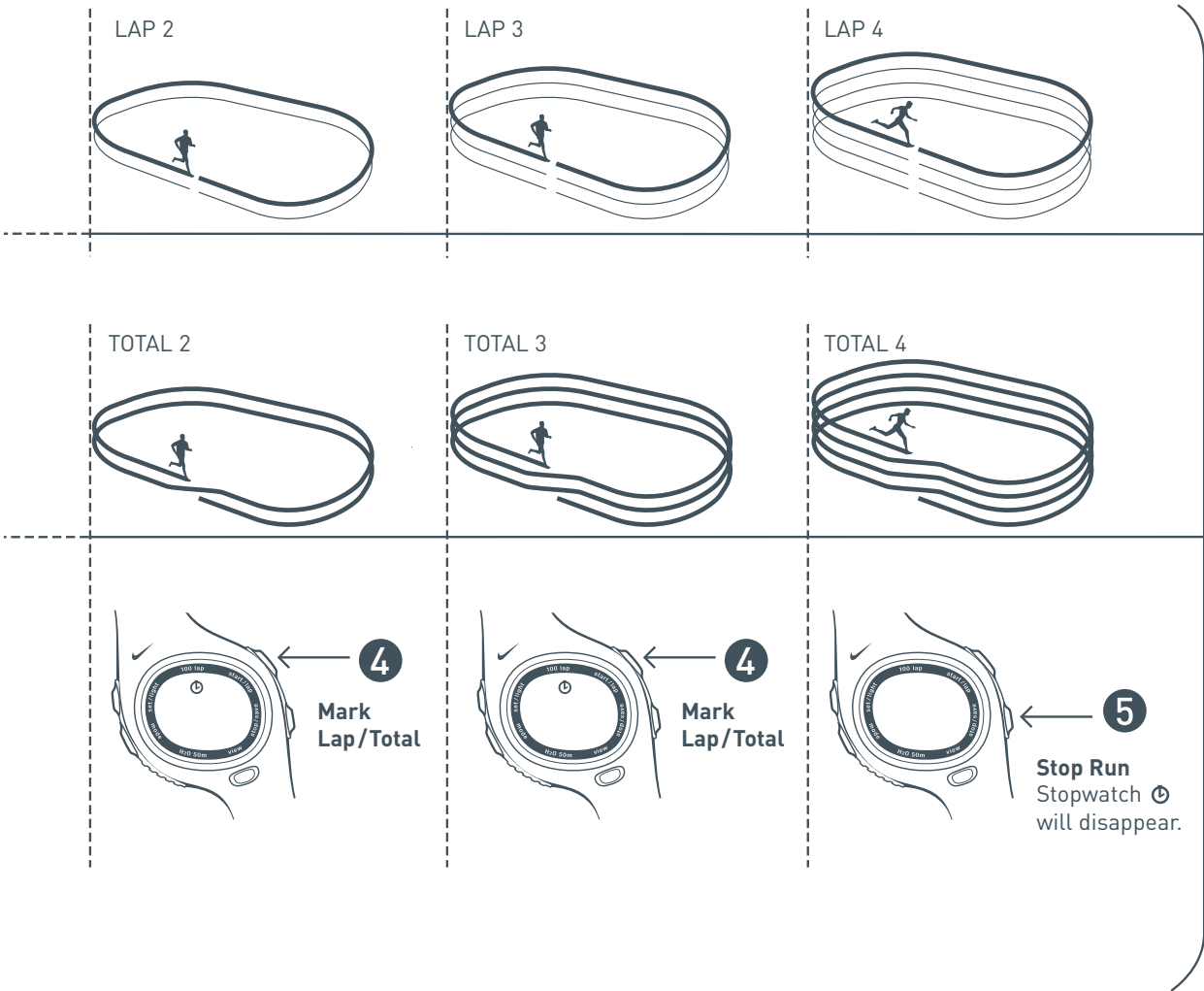
Save Run
Run information
is saved to DATA
mode.
See Page 15 for
DATA mode.

3 sec

Hold
TO CLR

CLR

Clear Run
Run information
is erased.

RUN Setting Training Zones

In Run mode you can set a heart-rate and a pace zone. Setting either zone allows you to work within an upper and lower heart-rate or speed limit. By utilizing the training zones, you can control the intensity of your workout and measure any improvements in your physical conditioning. Follow steps ❶ through ❺ to set a target training zone.

❺ EXIT

❸

❷ 3 sec

❶

RUN

Scroll to RUN mode

❹

Press button to select adjustable element.

193 BPM LAP 1'54"36 ▲ — Above your training zone.

350"/mi LAP 1'58"43 ▲
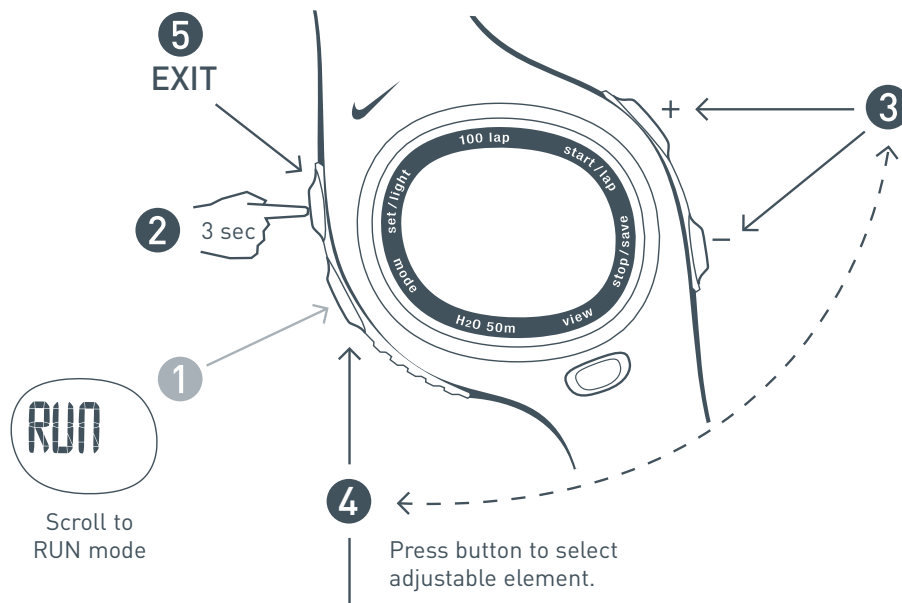
or

106 BPM LAP 1'54"36 ▼ — Below your training zone.

8 10"/mi LAP 1'58"43 ▼

Out-of Zone Indicators
If your heart rate or pace is out of your zone, the LO (▼) or HI (▲) arrow indicators will flash in the display.

Note:
If both heart rate and pace zone is ON, the Out-of-Zone Indicators correspond to the primary display.

0Zone Alarm ON Indicator
If the zone alrm is ON, the watch will beep as your heart rate or pace moves out of your zone.

HR ZONE --- / HR ZONE on	160 HIGH	1 10 LOW	PACE ZONE --- / PACE ZONE on	400"/mi FAST	400"/mi FAST	800"/mi SLOW	800"/mi SLOW	ALM ZONE --- / ALM ZONE on	LAP TOTL / TOTL LAP	MI UNITS / KM UNITS
Turn Heart-Rate Zone ON	Set HIGH HR Limit	Set LOW HR Limit	Turn Pace Zone ON	Set Fast Pace Limit Minutes	Set Fast Pace Limit Seconds	Set Slow Pace Limit Minutes	Set Slow Pace Limit Seconds	Turn Audible Zone Alarm ON/OFF	Set Total-Time or Lap Time in Primary Display	Set Units

RUN Set the Auto-Lap Feature

The chronograph contains an Auto-Lap feature which will automatically mark a lap after a determined distance. You cannot manually mark laps when Auto-Lap is activated. Follow steps ① through ❺ to set up the Auto-Lap feature.

❺ EXIT

② 3 sec

①

RUN

Scroll to RUN mode.

③ Press several times to scroll to Auto-Lap feature.

④

LAP ---
AUTO

LAP on
AUTO

Auto-Lap ON/OFF

1.00
MI

Set Auto-Lap Distance

Set Auto-Lap
Set lap distance (example: 1 mile)

Start Run
Press START button

LAP 1

Auto-Lap Marked
(1 mile)

LAP 2

Auto-Lap Marked
(2 miles)

13
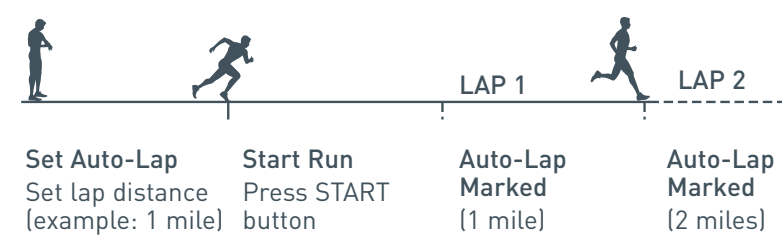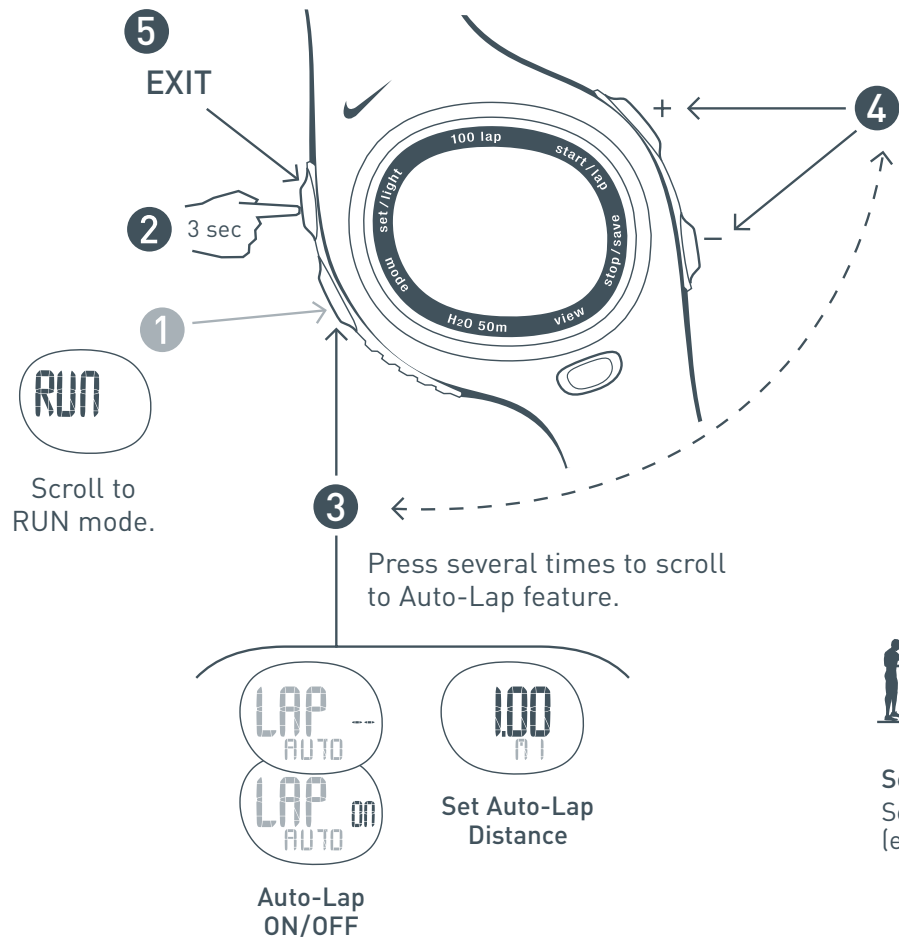
RUN Setting "My View" Display

"My View" allows you to create your own view in RUN mode with the information you use the most during your workout. When activated My View will appear as the first view in RUN mode. This feature allows you to choose which information appears in the Primary (larger) and the Secondary (smaller) displays. Follow steps ❶ through ❺ to create your view.

Turn MY VIEW ON/OFF

⑤ EXIT

② 3 sec

①

RUN

Scroll to
RUN mode

③

Press button to scroll to MY VIEW
and select display choice.

④

Turn MY VIEW ON/OFF

MY VIEW --- MY VIEW on

PRIMARY display choices

TOTL   LAP   HR   PACE   DIST   TIME
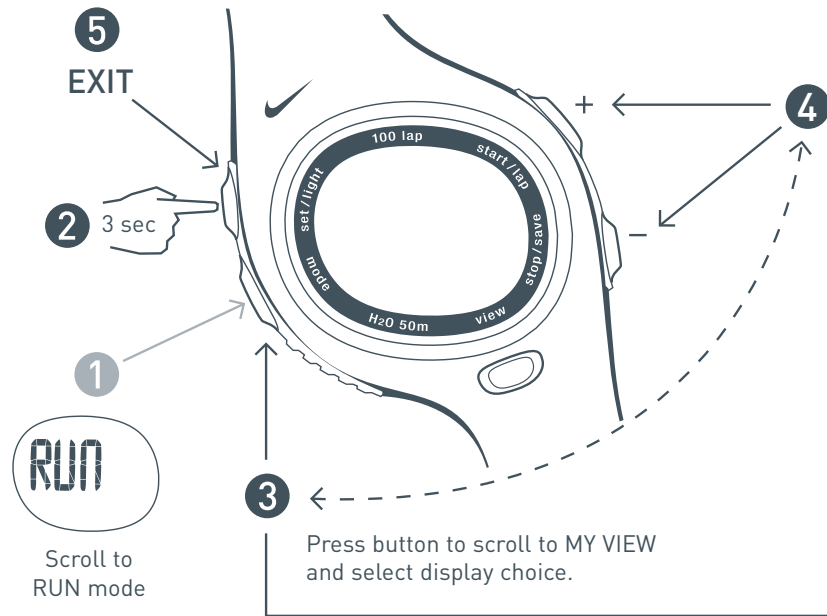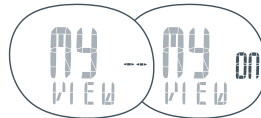
SECONDARY display choices

TOTL   LAP   HR   PACE   dIST   TIME   - - - -

NO display

Note: Your primary display choice will not
show up in the secondary list of choices.

100 lap   start/lap
set/light   stop/save
mode   view
H₂O 50m

14

DATA Review Saved Runs

In DATA mode you can review detailed information about your saved runs. The memory can store multiple runs with up to 100 laps each. See page 11 for saving runs to DATA mode. Follow steps ❶ through ❹ to view data saved for each run.

Total Time	Average Lap	HR IN Zone	PACE IN Zone	Best Lap	Lap 1	Lap 2

3354"₁₆ TOTAL | 744'₀₆ AVG | 303 I'₂₅ HR IN | 26 I I'₀₄ PACE IN | 7 I4'₄₃ bEST | 7 I4'₄₃ LAP I | 739'₂₀ LAP 2

Distance — 422" TOTAL

Average HR — I59 AVG

Above Zone — 2 I2'₈₅ HR Ab

Above Zone — 342"₉₆ PACE Ab

Best Pace — 736'/mi bEST

Total Time — 7 I4'₄₃ LAP I

Total Time — I454'₀₃ LAP 2

Average Pace — 73 I"/mi AVG

Below Zone — I I I'₀₆ HR bE

Below Zone — 40 I'₁₆ PACE bE

Average HR — I57 LAP I

Average HR — I63 LAP 2

Avg. Pace — 736"/mi LAP I

Avg. Pace — 724"/mi LAP 2

Distance — 0.96" LAP I

Distance — I. I6" LAP 2

❸

50.³⁷ ACCUM

❷ Select a Run

I0 I2 run 3 / run 2 / run I

❶

DATA — Scroll to DATA mode

❹ Press button to view stats in each category.

HR and Pace Zones will not appear if they are turned OFF during recording.

Clear This Run

3 sec — Hold TO CLR / CLR run 2

Clear ALL Runs

5 sec — Hold CL rALL / CLR ALL / DATA EMPTY

Heart Rate Intensity Chart

This is another way to gauge your approximate heart rate zones based on sex, age and weight. Starting with your Max Heart Rate, use the chart to help calculate your zones depending on the intensity of your workout.
Note this formula may not work for everyone.

Find your Max Heart Rate	Determine your Target Heart Rate Zones (Intensities)			
	Light Intensity (60-70% of Max HR) Exercise in this range at the start of a workout or to recover from a tough workout or race. You should be able to easily maintain a conversation while exercising at this intensity.	**Moderate Intensity (70-80% of Max HR)** Exercise in this range to develop endurance and prepare your muscles to make the transition from aerobic to anaerobic. You should be able to maintain this for a while. You should not be completely breathless and this should not hurt.	**Heavy Intensity (80-90% of Max HR)** Exercise in this range to increase muscle strength and improve your anaerobic threshold. This is uncomfortable. You should be breathing very heavily. You should only be able to sustain this for a brief time.	**Maximum Intensity (90-100% of Max HR)** Exercise in this range to increase mental toughness, Max VO2 and tolerance to lactic acid. This is very uncomfortable. You can barely sustain it. You should be completely breathless. Do not exercise at this intensity except on the advice of a trained medical professional.

$$210 - (0.7 \times age)$$

Max Heart Rate

Max Heart Rate				
205 bpm	123 - 143 bpm	144 - 163 bpm	164 - 184 bpm	184 - 205 bpm
200	120 - 139	140 - 159	160 - 179	180 - 200
195	117 - 136	137 - 155	156 - 175	176 - 195
190	114 - 132	133 - 151	152 - 170	171 - 190
185	111 - 129	130 - 147	148 - 166	167 - 185
180	108 - 125	126 - 143	144 - 161	162 - 180
175	105 - 122	123 - 139	140 - 157	158 - 175
170	102 - 118	119 - 135	136 - 152	153 - 170
165	99 - 115	116 - 131	132 - 148	149 - 165
160	96 - 111	112 - 127	128 - 143	144 - 160
155	93 - 108	109 - 123	124 - 139	125 - 155
150	90 - 104	105 - 119	120 - 134	121 - 150

Running Pace Chart

Use this chart to determine your pace (time per distance) for common races and finishing times.

		Pace (minutes per mile)													
		12:00/mi	**11:30**/mi	**11:00**/mi	**10:30**/mi	**10:00**/mi	**9:30**/mi	**9:00**/mi	**8:30**/mi*	**8:00**/mi	**7:30**/mi	**7:00**/mi	**6:30**/mi	**6:00**/mi	**5:30**/mi	**5:00**/mi
		Pace (minutes per kilometer)													
		7:28/km	**7:09**/km	**6:50**/km	**6:31**/km	**6:13**/km	**5:54**/km	**5:35**/km	**5:17**/km	**4:58**/km	**4:40**/km	**4:21**/km	**4:02**/km	**3:44**/km	**3:25**/km	**3:06**/km
2 mi	3.2 km	24:00	23:00	22:00	21:00	20:00	19:00	18:00	17:00	16:00	15:00	14:00	13:00	12:00	11:00	10:00
3 mi	4.8 km	36:00	34:30	33:00	31:30	30:00	28:30	27:00	25:30	24:00	22:30	21:00	19:30	18:00	16:30	15:00
3.1 mi	**5 km**	37:17	35:44	34:11	32:37	31:04	29:31	27:58	26:24	24:51	23:18	21:45	20:12	18:38	17:05	15:32
3.5 mi	5.6 km	42:00	40:15	38:30	36:45	35:00	33:15	31:30	29:45	28:00	26:15	24:30	22:45	21:00	19:15	17:30
5 mi	8.1 km	1:00:00	57:30	55:00	52:30	50:00	47:30	45:00	42:30	40:00	37:30	35:00	32:30	30:00	27:30	25:00
6 mi	9.7 km	1:12:00	1:09:00	1:06:00	1:03:00	1:00:00	57:00	54:00	51:00	48:00	45:00	42:00	39:00	36:00	33:00	30:00
6.2 mi	**10 km**	1:14:34	1:11:27	1:08:21	1:05:15	1:02:08	59:02	55:55	52:49	49:43	46:36	43:30	40:23	37:17	34:11	31:04
9.3 mi	**15 km**	1:51:51	1:47:11	1:42:32	1:37:52	1:33:12	1:28:33	1:23:53	1:19:13	1:14:34	1:09:54	1:05:15	1:00:35	55:55	51:16	46:36
10 mi	16.1 km	2:00:00	1:55:00	1:50:00	1:45:00	1:40:00	1:35:00	1:30:00	1:25:00	1:20:00	1:15:00	1:10:00	1:05:00	1:00:00	55:00	50:00
12.4 mi	**20 km**	2:29:08	2:22:55	2:16:42	2:10:29	2:04:16	1:58:04	1:51:51	1:45:38	1:39:25	1:33:12	1:27:00	1:20:47	1:14:34	1:08:21	1:02:08
1/2-Marathon 13.1 mi	21.1 km	2:37:19	2:30:45	2:24:12	2:17:39	2:11:06	2:04:32	1:57:59	1:51:26	1:44:53	1:38:19	1:31:46	1:25:13	1:18:39	1:12:06	1:05:33
15 mi	24.1km	3:00:00	2:52:30	2:45:00	2:37:30	2:30:00	2:22:30	2:15:00	2:07:30	2:00:00	1:52:30	1:45:00	1:37:30	1:30:00	1:22:30	1:15:00
15.5 mi	**25 km**	3:06:25	2:58:39	2:50:53	2:43:07	2:35:21	2:27:35	2:19:49	2:12:02	204:16	1:56:30	1:48:44	1:40:58	1:33:12	1:25:26	1:17:40
18.6 mi	**30 km**	3:43:42	3:34:22	3:25:03	3:15:44	3:06:25	2:57:05	2:47:46	2:38:27	2:29:08	2:19:49	2:10:29	2:01:10	1:51:51	1:42:32	1:33:12
20 mi	32.2 km	4:00:00	3:50:00	3:40:00	3:30:00	3:20:00	3:10:00	3:00:00	2:50:00	2:40:00	2:30:00	2:20:00	2:10:00	2:00:00	1:50:00	1:40:00
Marathon* 26.2 mi	42.2 km	5:14:37	5:01:31	4:48:24	4:35:18	4:22:11	4:09:05	3:55:58	3:42:52*	3:29:45	3:16:38	3:03:32	2:50:25	2:37:19	2:24:12	2:11:06

Column label (left side, vertical): Common Races and Finishing Times

Example: If your goal is to finish a marathon in 3:43:00 you would need a pace of 8:30/mi. If this is your goal, you might want to train with the pace zone at 8:40/mi for the slow threshold and 8:20/mi for the fast threshold.

Linking the Digital Components to the Watch

The HR transmitter and SDM pod have unique digital IDs to avoid crosstalk with other components. Before your components can communicate properly, the watch must be linked to the transmitter and pod to establish and share this ID. The original transmitter which came with the watch was linked at the factory. Once linked, the digital IDs are stored by the watch until you change the watch battery or reset the watch. Follow steps ① through ④ to re-link the original or any replacement components to the watch.

1 Press and hold all four side buttons simultaneously until the watch beeps and all segments of the watch LCD flash in the display
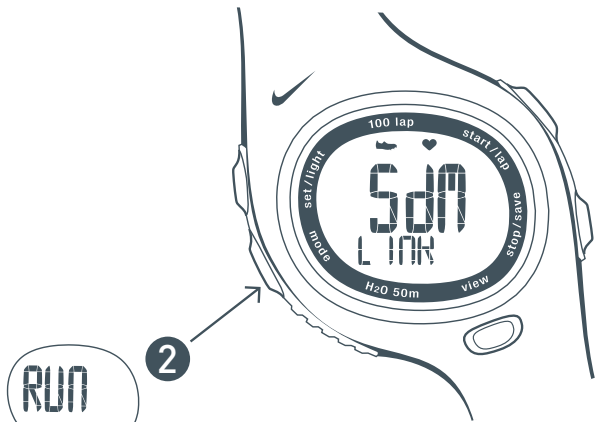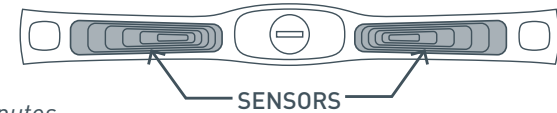
2 Scroll to RUN mode

3 Press and hold the power button on the SDM pod for five seconds until the LED light begins a fast triple-flash. The pod is now in ID mode, ready to link with the watch. After 10 seconds the pod will revert to normal operation.

NOTE: *If you are unable to enter SDM LINK OK screen before the 10 seconds expires, turn the pod off and repeat step 3.*

4 Firmly grasp the HR transmitter with both hands, one on each end, making sure to touch the sensors on the back side of the transmitter. There is no ON/OFF switch for the transmitter. It sends a digital signal during the first 10 seconds of connection with the sensors.

NOTE: *If you are unable to enter HRM LINK OK screen before the 10 seconds expires, wait two minutes for the HR transmitter to automatically turn off and try again.*

SENSORS

5 After a few seconds the watch should display SDM LINK OK and HRM LINK OK. The watch has located the digital ID of the HR transmitter and will store the ID until you either change the watch battery or reset the watch.

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Troubleshooting

SDM pod does not link with watch:

Make sure the watch has assigned a digital ID to the SDM pod. *See page 18.*

Be sure the unit is ON by pressing the power switch on the top of the unit until the LED begins to blink.

Try replacing the battery. *See page 21.*

Check battery placement for correct orientation. *See page 21.*

LED light on SDM pod flashes rapidly:

This indicates low battery power.

Replace the AAA battery in the SDM pod.

Cross-talk:

If you receive "cross-talk" from another electronic device, press the button on the speed sensor. The watch and speed sensor will begin linking on another channel.

SDM pod attachment to shoe:

Make sure the SDM pod is attached to the laces securely enough so there is no wobble when running. The pod should be aligned with the foot and secured well enough that the alignment does not change during run.

Orthotics:

People who wear orthotics or have extreme pronation or supination in their stride may experience reduced accuracy.

Re-calibrate for improved accuracy.

Varying paces:

People who run at varying paces within a run may experience reduced accuracy.

Calibrate at the speed you usually run for improved accuracy.

HR transmitter does not link with the watch:

Make sure the watch has assigned a digital ID to the HR transmitter. *See page 18.*

Make sure the HR transmitter is ON by placing it on the body. The unit turns ON when it detects the two electrodes on the body. It is recommended to wear the transmitter directly against the skin.

Reposition the HR transmitter slightly.

Try replacing the battery. *See page 21.*

Check battery placement for correct orientation. *See page 21.*

Moisten the electrodes with water or gel to make better contact with the body. If you are wearing the HR transmitter over clothing, try wetting the clothing.

**Heart rate reading on watch is erratic or stops:**

You may need to replace the battery in the HR Transmitter.

Sources of electromagnetic fields like appliances, computers and power lines can cause interference. Change your location.

This product complies with EN60601-1-2

Watch display is frozen:

The display of your watch may "freeze" due to static electricity or recent battery replacement. If this occurs, press and hold all four buttons at the same time. This will erase the data in the memory and allow you to reset the watch to the factory settings.
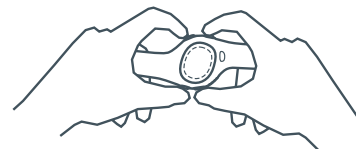
Press and hold all four side buttons at the same time to reset the watch to the factory settings.

Watch beeps continuously:

If you have the zone alarm on and your heart rate or pace does not fall within any of your zones, the watch will beep to indicate you are out of your zones. *See page 10 for instructions on how to turn off the zone alarms.*

Specifications

Watch

Water-Resistant up to 50 Meters:
Designed for underwater performance to a depth of 165 feet (50 m).

ATTENTION: *Water damage may occur if watch buttons are pressed while underwater.*

Operating Temperature: -5˚ to 50˚ Celsius

Material Specifications:
Battery Door: Stainless Steel
Bezel: Stainless Steel
Buckle: Stainless Steel
Case: Polycarbonate
Caseback: Polycarbonate
Crystal: Mineral Glass
Strap: Urethane

Mode Limits:
Chronograph: 99:59'59"
Heart Rate: 30 - 240 bpm

HR Transmitter

Water-Resistant up to 30 Meters:
Wipe dry after use. Do not use around conductive material.

Operating Temperature: -5˚ to 50˚ Celsius

Accuracy: +-1% or +-1% bpm (steady state)

Material Specifications:
Case: Polycarbonate
Strap: Urethane
Band: Elastic

SDM Pod

Water-Resistant up to 10 Meters:
Wipe dry after use. Not intended for underwater use.

Operating Temperature: 0˚ to 40˚ Celsius

Accuracy: +-3% (most runners)

Material Specifications:
Case: ABS
Strap: Urethane
Clip: Nylon

FCC and RSS-210 Compliance

This device complies with part 15 of the FCC and RSS-210 of the IC rules.

Operation is subject to the following two conditions:

(1) This device may not cause harmful interference.

(2) This device must accept any interference that may cause undesired operation of the device.

Tested to comply with FCC standards.

For home or office use.

FCC WARNING: *Changes or modifications not expressly approved by Nike could void your authority to operate this device under FCC regulations.*

CE Compliance

This product complies with the Medical Device Directive (Directive 93/42/EEC).

$C\epsilon$ 0197

Battery

WARNING!   Keep watch batteries away from children. If swallowed, contact a doctor immediately.
WARNING!   Batteries contain chemical substances. They should be disposed of properly according to local regulations.
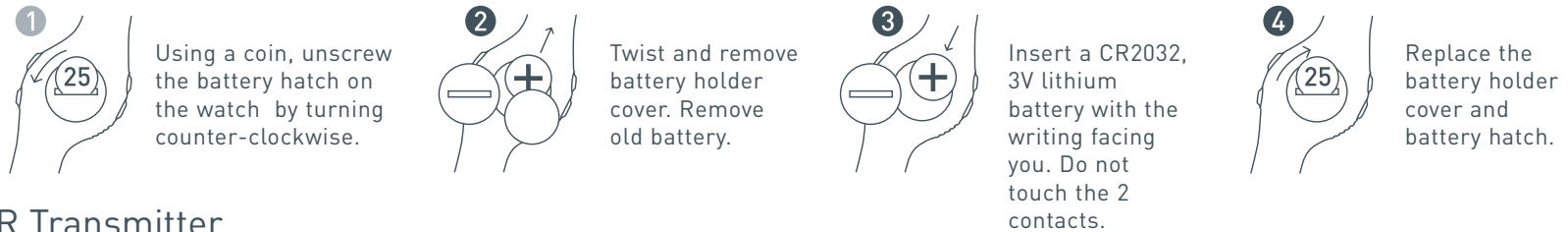
Watch

Battery Type: CR2032 3V Lithium

Battery Life:

The battery is estimated to last 1.5 years depending on frequency and use
of certain features. Activating the Electrolite feature will contribute to battery drain.
Utilizing the Power Save function will help conserve battery life.
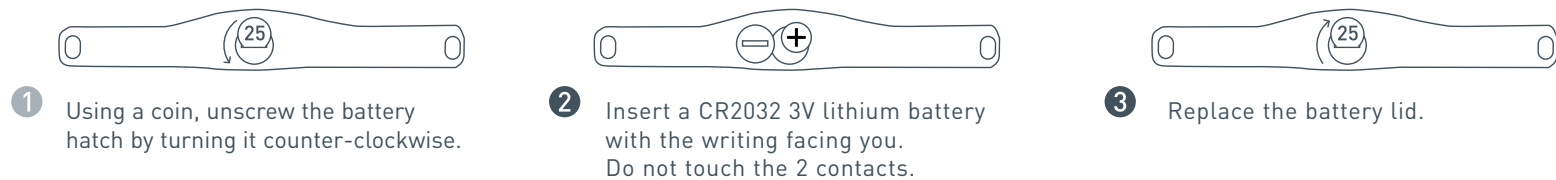
Battery Replacement:

Follow steps below to replace your watch battery. *For best results, you can have
Nike's authorized service center change the watch batter*

① Using a coin, unscrew the battery hatch on the watch by turning counter-clockwise.

② Twist and remove battery holder cover. Remove old battery.

③ Insert a CR2032, 3V lithium battery with the writing facing you. Do not touch the 2 contacts.

④ Replace the battery holder cover and battery hatch.

HR Transmitter

Battery Type: CR2032 3V Lithium

Battery Replacement: Follow steps below to replace your HRM transmitter battery.

① Using a coin, unscrew the battery hatch by turning it counter-clockwise.

② Insert a CR2032 3V lithium battery with the writing facing you. Do not touch the 2 contacts.

③ Replace the battery lid.

SDM Pod

Battery Type: AAA Alkaline battery

Battery Replacement: Follow steps below to replace your SDM pod battery.

① Using a coin, turn the battery hatch 90 degrees clockwise.

② Insert a AAA Alkaline battery with the negative node facing you.

③ Replace the battery hatch with care not to damage the rubber "O" ring.
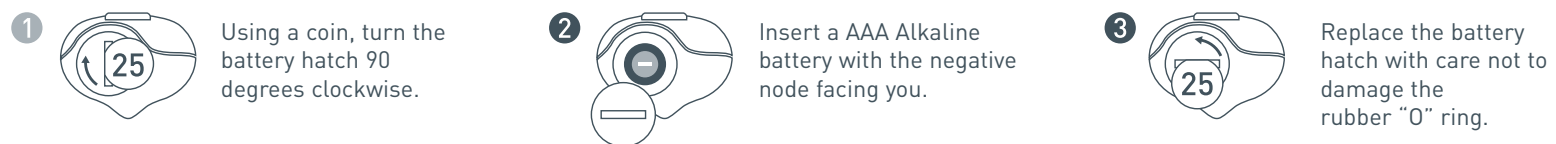
Two-Year Limited Warranty

Your NIKE watch is warranted to be free of defects in materials or workmanship,under normal use, for a period of two years from the date of delivery. This limited warranty excludes the battery, crystal, strap, or damage resulting from improper care or handling, accidents, modification, unauthorized repairs or normal wear.

Return the defective watch and the store receipt to the place of purchase. If there is a covered defect, you have the option to have the defective parts or watch repaired or replaced with the same product (if available) or a similar product of equal price. However, NIKE reserves the right to refuse either repair or replacement (but not both) if the cost of doing so would be disproportionate to the defect.

This limited warranty is in place of all other express warranties, and excludes refund of the purchase price. Any implied warranties, including merchantability and fitness for a particular purpose, are limited to the duration of this limited warranty. In no event shall NIKE be liable for direct, indirect, incidental or consequential damages arising out of the use of the watch, and any recovery is limited to the purchase price. No other person or company is authorized to change this limited warranty, and your dealer is solely responsible for any other warranties.

For U.S. Purchasers: Some states do not allow limitations on how long an implied warranty lasts, or exclusions of incidental or consequential damages, so the above limitations may not apply to you. This warranty gives you specific legal rights, and you may also have other rights which vary from state to state.

The foregoing is without prejudice to other legal rights that may arise under applicable national legislation.

For non-warranty service like battery or strap replacement, contact one of the listed service centers.

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