Human exposure to radio frequency energy

Relevant standards (USA and EC) applicable when working with RF equipment are:

- ANSI IEEE C95.1-2005, IEEE Standard for Safety Levels with Respect to Human Exposure to Radio Frequency Electromagnetic Fields, 3 kHz to 300 GHz.
- Council recommendation of 12 July 1999 on the limitation of exposure of the general public to electromagnetic fields (0 Hz to 300 GHz) (1999/519/EC) and respective national regulations.
- *Directive 2013/35/EU - electromagnetic fields* of 26 June 2013 on the minimum health and safety requirements regarding the exposure of workers to the risks arising from physical agents (electromagnetic fields) (20th individual Directive within the meaning of Article 16(1) of Directive 89/391/EEC) and repealing Directive 2004/40/EC.
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- US FCC limits for the general population. See the FCC web site at http://www.fcc.gov, and the policies, guidelines, and requirements in Part 1 of Title 47 of the Code of Federal Regulations, as well as the guidelines and suggestions for evaluating compliance in FCC OET Bulletin 65.
- Health Canada limits for the general population. See the Health Canada web site at https://www.canada.ca/en/health-canada/services/environmental-workplace-health/consultations/limits-human-exposure-radiofrequency-electromagnetic-energy-frequency-range-3-300.html and Safety Code 6.
- EN 50383: 2010 Basic standard for the calculation and measurement of electromagnetic field strength and SAR related to human exposure from radio base stations and fixed terminal stations for wireless telecommunication systems (110 MHz - 40 GHz).
- BS EN 50385:2017 Product standard to demonstrate the compliances of radio base stations and fixed terminal stations for wireless telecommunication systems with the basic restrictions or the reference levels related to human exposure to radio frequency electromagnetic fields (110 MHz – 40 GHz) – general public.
- ICNIRP (International Commission on Non-Ionizing Radiation Protection) guidelines for the general public. See the ICNIRP web site at https://www.icnirp.org/cms/upload/publications/ICNIRPemfgdl.pdf and Guidelines for Limiting Exposure to Time-Varying Electric, Magnetic, and Electromagnetic Fields.

Power density exposure limit

Install the radios for the 450 Platform Family of wireless solutions so as to provide and maintain the minimum separation distances from all persons.

The applicable FCC power density exposure limit for RF energy in the 3, 4.9, 5.4 and 5.8 GHz frequency bands is **10 W/m²** and in 900 MHz frequency band is 6 **W/m²**. For more information, see Human exposure to radio frequency energy on page 4-23.

The applicable ISEDC power density exposure limit for RF energy in unlicensed bands is 0.02619 * (f^(0.6834)), where f is the lowest frequency of the supported band. For licensed bands, the power density exposure limit is 0.6455 * (f^(0.5)), where f is the lowest frequency of the supported band.

Calculation of power density

The following calculation is based on the ANSI IEEE C95.1-1991 method, as that provides a worst case analysis. Details of the assessment to EN50383:2002 can be provided, if required.

Peak power density in the far field of a radio frequency point source is calculated as follows:

$$S = \frac{P.G}{4\pi d^2}$$

Where:	Is:
S	power density in W/m^2
P	maximum average transmit power capability of the radio, in W
G	total Tx gain as a factor, converted from dB
d	distance from point source, in m

Rearranging terms to solve for distance yields:

$$d = \sqrt{\frac{P.G}{4\pi.S}}$$

Calculated distances and power compliance margins

The following tables show calculated minimum separation distances, recommended distances and resulting margins for each frequency band and antenna combination for the USA and Canada. These are conservative distances that include compliance margins. At these and greater separation distances, the power density from the RF field is below generally accepted limits for the general population.

450 Platform Family ODU adheres to all applicable EIRP limits for transmit power when operating in MIMO mode. Separation distances and compliance margins include compensation for both transmitters.

Explanation of terms used in the following tables:

P burst – maximum average transmit power during transmit burst (Watt)

P – maximum average transmit power of the radio (Watt)

G – total transmit gain as a factor, converted from dB

S – power density (Watt/m2)

d – minimum safe separation distance from point source (meters)

Table 96 FCC minimum safe distances – PMP 450m 3 GHz and 5 GHz (5.1 GHz, 5.2 GHz, 5.4 GHz and 5.8 GHz)

Band (GHz)	Antenna	PG (W)	S (W/ m_2)	d (m)
3.65	90° sector	33.9	10	0.52
5.1	90° sector	3.38	10	0.16
5.2	90° sector	0.85	10	0.08
5.4	90° sector	0.85	10	0.08
5.8	90° sector	3.38	10	0.16