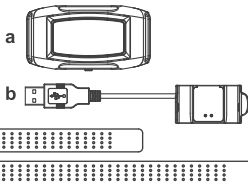
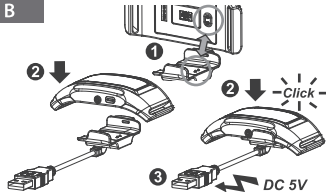


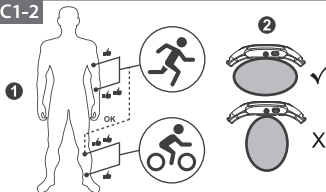
A1



B



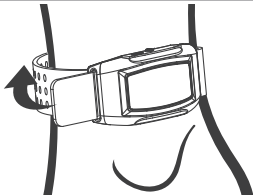
C1-2



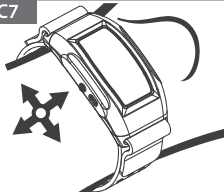
C4



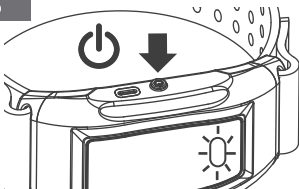
C5-6



C7



D



F2



A. Before Starting

1. Check delivery contents.
2. Read below instructions.
3. Fully charge the unit.

B. Charging

1. Align charging pins on Sensor (a) with that on the Charging Dock (b).
2. Clip Sensor on Charging Dock until a "click" sound is heard.
3. Plug Charging Dock to a compatible power source (eg. PC, wall-mount charger with USB port).
4. Charge until red indicator light on Sensor turns off.

C. Wearing the Sensor

1. The best positions for wearing the Sensor is the lower leg for cycling and the forearm for running/walking.
2. Choose an area where the surface is flat, the skin is less dark and without dense hair or tattoo. The inner side of the leg/arm is recommended though not absolutely necessary.
3. Select one of the included fabric Straps (c) that matches the size of your leg/arm.
4. Pass one end of the Strap through one of the side slots of the Sensor, then fix it with Velcro.
5. Place hard plastic side of Sensor on the skin, wrap the Strap around the leg/arm, then pass the other end of Strap through the other side slot of Sensor.
6. Pull the end(s) of the Strap with some force to ensure Sensor stays firmly on the skin, then fix strap end with Velcro.
7. **IMPORTANT:**
 - The Sensor must be attached to a flat surface on the limbs.
 - The tightness of the Sensor against the skin will also affect accuracy of heart rate measurement. You should ensure it is always tight enough without compromising comfort.
 - One way to test is to try to slide the Sensor on the skin in all directions. If Sensor slides on the skin, that means it is not tight enough.
 - The Sensor uses optical sensors to measure blood flow under the skin. In cold weather it may take some warm up before it can pick up heart rate signals accurately.

D. Switch Sensor On/Off

1. Push power button on Sensor once to turn the unit on. The green indicator light will be on for 2 seconds.
2. If Sensor is not placed on the skin or connected to any mobile device, it will automatically turn off after 60 seconds.
3. Sensor can also be manually turned off by pushing power button continuously for 3 seconds. Green indicator light will flash 3 times.

E. Connect Sensor to Mobile Devices

1. TRIO Sensor works with mobile devices and fitness apps that support Bluetooth 4.0.

2. When using for the first time, you need to pair it with the mobile device through the fitness app you want to use.
3. In your mobile device, turn Bluetooth on.
4. Turn on TRIO Sensor and ensure it has been properly worn on your body.
5. Switch on your desired fitness app, then go to the settings page of the app to perform pairing.
6. Search for Tigr TRIO Sensor and pair your app with it. Ensure the Sensor is turned on. If in doubt, press the power button again.
7. **IMPORTANT:**
 - Pairing procedure of each app may differ. Consult user instructions of the app if necessary.
 - TRIO Sensor works best with TigrFit app in that all 3 functions (heart rate, cycling cadence and running cadence) can be used at the same time. For other apps, you may only be able to use one function at a time. Check with Tigr Sport (www.tigrsport.com) for the latest list of fully compatible apps.

F. Care and Maintenance

1. Clean the optical sensor pad regularly with a soft wet towel. Never use alcohol or any abrasive material (steel, wool or cleaning chemicals).
2. Fabric straps are hand-washable with cold water. Do not soak. Do not dry-clean or bleach the straps. Do not tumble dry. Do not wring dry. Dry flat, hang dry or drip dry. Ironing and pressing may damage the fabric.
3. Always use and store TRIO Sensor within the permitted temperature range.
4. Do not expose TRIO Sensor directly under the sun for an extended period.
5. TRIO Sensor is designed to be waterproof up to 1 meter for 30 minutes. Do not immerse it in water for an extended period.
6. Do not place the unit in fire.
7. Only charge the device with the charging dock provided using compatible USB power source.
8. Never attempt to open the device or tear it apart.
9. Do not dispose of it together with normal household waste.

G. Technical Specifications

Battery type: rechargeable Lithium Polymer

Battery capacity: 280mAh (1.04Wh)

Battery burn time: approx. 8 hours per charge

Charging voltage: DC 5V

Charging cycle: >500

Operating temperature: 5°C to 40°C

Storage temperatures: -10°C to 45°C

Strap material: 74% Polyamide, 23% Spandex, 2% Nylon, 1% Polyurethane

Heart rate zone: 30-240 BPM

Federal Communications Commission (FCC) Statement

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Warning: Changes or modifications made to this device not expressly approved by Techsport Ltd. may void the FCC authorization to operate this device.

Note: The manufacturer is not responsible for any radio or TV interference caused by unauthorized modifications to this equipment. Such modifications could void the user's authority to operate the equipment.