



8.4 MAXIMUM PERMISSIBLE EXPOSURE

According to FCC 1.1310 : The criteria listed in the following table shall be used to evaluate the environment impact of human exposure to radio frequency (RF) radiation as specified in 1.1307(b) LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

Frequency Range (MHz)	Electric Field Strength (V/m)	Magnetic Field Strength (A/m)	Power Density (mW/cm ²)	Average Time
(A) Limits for Occupational / Control Exposures				
300-1,500	--	--	F/300	6
1,500-100,000	--	--	5	6
(B) Limits for General Population / Uncontrol Exposures				
300-1,500	--	--	F/1500	6
1,500-100,000	--	--	1	30

CALCULATIONS

Given
$$E = \frac{\sqrt{30 \times P \times G}}{d} \quad \& \quad S = \frac{E^2}{3770}$$

Where $E =$ Field strength in Volts / meter

$P =$ Power in Watts

$G =$ Numeric antenna gain

$d =$ Distance in meters

$S =$ Power density in milliwatts / square centimeter

Combining equations and re-arranging the terms to express the distance as a function of the remaining variables yields:

$$S = \frac{30 \times P \times G}{3770d^2}$$

Changing to units of mW and cm, using:

$$P (mW) = P (W) / 1000 \text{ and}$$

$$d (cm) = d(m) / 100$$

Yields

$$S = \frac{30 \times (P/1000) \times G}{3770 \times (d/100)^2} = 0.0796 \times \frac{P \times G}{d^2}$$

Where $d =$ Distance in cm

$P =$ Power in mW

$G =$ Numeric antenna gain

$S =$ Power density in mW / cm²

**LIMIT**Power Density Limit, $S=1.0\text{mW}/\text{cm}^2$ **TEST RESULTS**

Mode	Antenna Gain (dBi)	Minimum separation distance (cm)	Output Power (dBm)	Numeric antenna gain (dB)	Power Density Limit (mW/cm^2)	Power Density at 20cm (mW/cm^2)
IEEE 802.11b	2	20.0	22.52	1.58	1.00	0.056327
IEEE 802.11g	2	20.0	19.76	1.58	1.00	0.029835

Remark: For mobile or fixed location transmitters, the maximum power density is $1.0\text{ mW}/\text{cm}^2$ even if the calculation indicates that the power density would be larger.