

## 5. Start Measurement

- Place the scale on a hard, flat surface (not a carpet or mat) with the "MovingLife" app open on your phone. Note: Placing on carpet may cause inaccurate
- measurements or tipping. 2. Gently step on the scale, then the scale will be automatically turned on.



When the digits "0.0 lb" are shown on the display, the scale is ready for use.



Standevenly on the scale without moving and wait until your weight shown on displayis stable and locked

 Stand on the scale until the display digits flash 3 times, showing your final measurement.
Your results will show in the App, only shows your weight and BMI.



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## Warning Indications

Err

Lo

Calibration Error exists, please re-test to get the correct result.

**About the Bathroom Scale** 

The product is a smart bathroom scale with a high-

precision strain gauge sensor, which can help you

to store and keep track of your weight on a smart

phone. This scale can transmit your weight data to your

smart phone via Bluetooth technology, as well as make

keep track of the trend anytime. Download the App on

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a graph of your weight results, from which you can

your phone to use the Bluetooth scale. And you will

start your first step of weight control.

Over-load Indication The weighing subject on the platform exceeds the maximun capability of scale.Please step off to avoid damage.

Low Battery Indication The battery power is running low, please replace with a new battery

## environment. (Temperature range from 41 F to 95 F. ) 2. Stand on the scale steadily. Tip-over will lead to

Advise for Use & Care

a fall when you step on the edge of one side of the scale. 3. Do not drop, shock, or strike the scale as it is a

1. Do not use the scale in a humid, overheated

- precise instrument. 4. Keep the scale clean. Do not use an acid cleaning
- agent. 5. Do not use the scale on the place with an intense
- Do not use the scale on the place with an intense shake. Keep standing firmly on the scale when in use.
  When the battery runs out, please remove the
- battery in time to prevent leakage of the battery and lead to scale body corrosion;

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures: - Reorient or relocate the receiving antenna. - Increase the separation between the equipment and

receiver. - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

 Consult the dealer or an experienced radio/TV technician for help.
Changes or modifications not expressly approved by

the party responsible for compliance could void the user's authority to operate the equipment.

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## **Bluetooth Personal Scale**

Instructions for Use IB-1 Series

VP-SC001