

Smart Nutritional Scale

Instructions for Use

iN-12 SERIES

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22iN-012E R0

■ DEAR USERS

Thank you for using our Smart Nutritional Scale. Please read and keep the manual to use the scale correctly.

This series of products can help you save and keep track of nutritional information on your smart device. The scale transfers data to a smart device via Bluetooth technology and also can draw the tendency of nutrient intake to check the nutrition intake status at any time.

You'll get the first step on dietary management with our App and scale.

FEATURES

- 1. With high precision load cell
- 2. Indicate volume of water and milk
- 3. With zero / tare function
- 4. Low battery power / Overload indication
- 5 Auto-off
- 6. Bluetooth function
- 7. Measure calories, sodium, fat, protein, carbohydrates, cholesterol, dietary fiber, and so on.
- 8. History data can be recorded through the App, and trends can be viewed.
- 9. You can view various nutrient intake analyses, daily nutrient intake analyses, and so on through the APP.

■ TO REPLACE BATTERY



1.5V (AA/AAA) batteries(excluded) Open the battery cover. Install new batteries by putting one side of the battery down first and pressing down the other side. (Please observe the polarity)

LCD ICONS INDICATION



Negative Value Weight mode

Zero Weight

Tare Weight

9 Weight unit(g)

oz Weight unit(oz)

lb:oz Weight unit(lb:oz)

ml Volume unit(ml)

fl'oz Volume unit(fl'oz)

The display differs from one to another, so the above icons are indicative only.

— 1 —

— 2 —

■ BUTTONS FUNCTION

MODE CHANGING, UNIT CHANGING BUTTON:

UNIT

ON / OFF, ZERO / TARE BUTTON:



Note:

- 1. Above buttons are indicative only.
- UNIT button for some items is at the bottom of the scale, please set the unit there if needed.
- 3. Buttons are indicative in this manual.

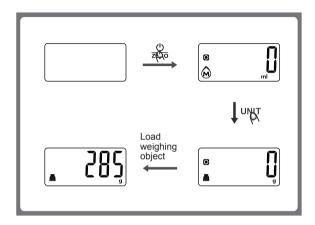
■ MODE / UNIT CONVERTION

Press the **UNIT** button to convert the mode or unit you need after turning on the scale. The mode or unit can be converted circularly.

Note:

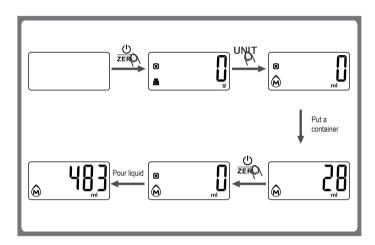
- UNIT button for some items is at the bottom of the scale, please set the unit there.
- The unit system of scale depends on the scale destination or the requirement of the distributor.

WEIGHING



- Place the scale on a solid and flat surface. Put a bowl (if any) on the scale.
- 2. Press the $\frac{\text{(1)}}{\text{ZERO}}$ button to turn on the scale.
- 3. Press the **UNIT** button to convert to weighing mode.
- Load a weighing object on the scale(or bowl) to start weighing. LCD will show the weight reading.

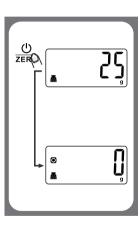
VOLUME MEASURING



- 1. Place the scale on a solid and flat surface.
- 2. Press the Uzero button to turn on the scale.
- 3. Press the **UNIT** button to convert the mode to Water or Milk volume mode.
- 4. Put a container on the scale.
- 5. Press the $\frac{0}{ZERO}$ button for Zero or Tare.
- 6. Pour the liquid (water or milk) into the container. LCD will show the volume of the liquid.

ZERO & TARE FUNCTION

You can weigh different loads consecutively without removing loads from the scale. Put the first load on the scale, get a weight reading. Press the $\frac{O}{ZERO}$ button to reset the display reading to "0" before adding the next load. You can repeat this operation.



Condition 1: "ZERO" function

When the total sum of all loads on the scale is≤4% of the scale's max.weight capacity:

LCD will show "- - - -" or "0g" each time

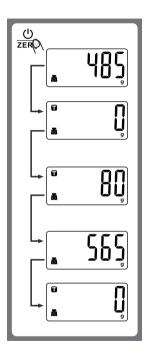
(b) is pressed. "- - - -" means not
stable, please wait for a moment.

"0g" and meanwhile an icon "o" on the
LCD means the ZERO function is activated.

Max. weight capacity remains unchanged.

(For example:

When capacity is 5kg, 4% is 200g; When capacity is 10kg, 4% is 400g)



Condition 2: "TARE" function

When the total sum of all loads on the scale is>4% of the scale's max. weight capacity:

LCD will show "----" or "0g" each time

(b) zERO is pressed. "----" means not
stable, please wait for a moment.

"0g" and meanwhile an icon "T" on the
LCD means the TARE function is activated.

Max. Weight capacity is reduced by the total weight of all loads.

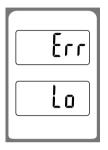
(For example:

When capacity is 5kg, 4% is 200g; When capacity is 10kg, 4% is 400g)

Under this condition:

You can recall the total weight of current loads during the weighing, by pressing the $\frac{\mathcal{O}}{\mathsf{ZERO}}$ button. If you want to continue the weighing, just press $\frac{\mathcal{O}}{\mathsf{ZERO}}$ to reset the display to "0" again.

WARNING



OVERLOADED WARNING

When LCD shows "Err", it is overloaded (Max capacity is shown on the product), please take off the loads to prevent damage to the scale.

LOW BATTERY WARNING

When LCD shows "Lo", battery power is low, please replace with a new battery (ies)

AUTO OFF (BATTERY POWER SAVING MODE)



If there is no operation or weight changing in several minutes, the scale will be auto-off.

- 7 - - 8 - -

MANUALLY SHUT OFF



To maximize battery life, press and hold this button for seconds to turn off the scale after using.

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ADVICE FOR USE & CARE

- Clean the scale with a slightly damp cloth. DO NOT immerse the scale in water or use chemical/corrosive cleaner. Keep the scale in a cool dry place.
- All plastics parts should be cleaned immediately after contact with fats, spices, vinegar, and strongly flavored/colored foods. (Avoid contact with acids citrus juice.)
- Always use the scale on a solid, flat surface, keep the scale unmoved when weighing.
- This product is a precision instrument, please handle with care; Do not strike, shake or drop the scale.
- If fail to turn on, please check whether the battery(ies) are installed or battery power is low.
- 6. Keep away from high temperature, do not strip the scale arbitrarily.
- 7. This product can't be discarded as household garbage and should be sent to collection points for electrical and electronic equipment.
- 8. Designed for family use only, not for commercial use.

■ APP INSTRUCTION

1. Get the App

- a. Scan the QR code on the right side to obtain the App.
- b. At the "App Store" or "Google Play", search keyword
 "Nutribalan" to download.

2. Bluetooth setting

- a. Turn on the Bluetooth and Location on the smart device
- b. Turn on the scale

3. Create a new user

Run the App, finish the registration and personal profile.

4. Weigh and measure

- a. Turn on the scale
- b. Put the food on the scale, search the food in the App
- c. Save the weight and nutrient of the food
- d. If it fails to find the food in the App, you can customize it.

5. Review history

You can view the history data, various nutrient intake analyses, daily nutrient intake analyses, and so on.

For further information, please refer to the instruction in App.



APP: Nutribalan

FQA

The App can not synchronize the data from the scale

- Please ensure the connection between smart device and scale is on
- Please ensure the Bluetooth function on the smart device is on
- Please ensure the scale is powered on and within the valid range of signal coverage
- Check whether the battery power is running low, please replace it with new batteries
- Relaunch the App
- Reboot the smart device and re-establish the connection with the scale

Bluetooth connection failed

- Please ensure only one device is setting up a connection with scale
- Please ensure your device is equipped with Bluetooth 4.0 or above

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) This device must accept any interference received.

including interference that may cause undesired operation.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following

- Reorient or relocate the receiving antenna.

measures:

operate the equipment.

- Increase the separation between the equipment and receiver.
 Connect the equipment into an outlet on a circuit different
- from that to which the receiver is connected.

 -Consult the dealer or an experienced radio/TV technician for help

 Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to

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