

**Fitness Device**  
**Magellan Switch UP, Switch, N387**

**User Manual**

## Certification

### Federal Communication Commission Interference Statement

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This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

### IMPORTANT NOTE:

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#### ***FCC Radiation Exposure Statement:***

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance.

This transmitter must not be co-located or operating in conjunction with any other aerial or transmitter.

In order to maintain compliance with FCC regulations, shielded cables must be used with this equipment. Operation with non-approved equipment or unshielded cables is likely to result in interference to radio and TV reception. The user is cautioned that changes and modifications made to the equipment without the approval of manufacturer could void the user's authority to operate this equipment.

The Magellan Switch must be installed and operated at a distance no closer than 8 inches (20 cm) from the user.

This Class B digital device meets all requirements of the Canadian Interference-Causing Equipment Regulations.

### ***IC statement***

This device complies with Industry Canada licence-exempt RSS-210 & ICES003.

Operation is subject to the following two conditions:

- (1) this device may not cause interference, and
- (2) this device must accept any interference, including interference that may cause undesired operation of the device.

### **Canada, avis d'Industry Canada (IC)**

Cet appareil numérique de classe B est conforme aux normes canadiennes ICES-003 et RSS-210. Son fonctionnement est soumis aux deux conditions suivantes :

- (1) cet appareil ne doit pas causer d'interférence et
- (2) cet appareil doit accepter toute interférence, notamment les interférences qui peuvent affecter son fonctionnement.

## **IMPORTANT NOTE:**

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### ***IC Radiation Exposure Statement:***

This equipment complies with IC radiation exposure limits set forth for an uncontrolled environment. End users must follow the specific operating instructions for satisfying RF exposure compliance.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

### ***CE statement***

Products with the CE marking comply with Radio & Telecommunication Terminal Equipment Directive (R&TTE) (1999/5/EC), the Electromagnetic Compatibility Directive (2004/108/EC) and the Low Voltage Directive (2006/95/EC) - issued by the Commission of the European Community.

Compliance with these directives implies conformity to the following European Standards:

EN301489-1: Electronic compatibility and Radio spectrum Matters (ERM), ElectroMagnetic Compatibility (EMC) standard for radio equipment and services; Part 1: Common technical requirements

EN301489-17: Electronic compatibility and Radio spectrum Matters (ERM), ElectroMagnetic Compatibility (EMC) standard for radio equipment and services; Part 17: Specific conditions for 2,4 GHz wideband transmission systems and 5 GHz high performance WLAN equipment

EN 300 440-2: "Electromagnetic compatibility and Radio spectrum Matters (ERM); Short Range Devices (SRD); Radio equipment to be used in the 1 GHz to 40 GHz frequency range; Part 1: Technical characteristics and test methods".

EN55022: Radio disturbance characteristics

EN55024: Immunity characteristics

EN61000-3-2: Limits for harmonic current emissions

EN61000-3-3: Limitation of voltage fluctuation and flicker in low-voltage supply system  
IEC60950-1+A1:2009: Product Safety

The manufacturer cannot be held responsible for modifications made by the User and the consequences thereof, which may alter the conformity of the product with the CE Marking.

Hereby, MiTAC International Corporation, declares that this Switch, Switch, N387 is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC.

### **Canada**

This Class B digital apparatus complies with Canada ICES-003.  
Cet appareil numérique de la classe B est conforme à la norme NMB-003 du Canada.

This device complies with Industry Canada licence-exempt RSS-210 & ICES003.

Operation is subject to the following two conditions:

- (1) this device may not cause interference, and
- (2) this device must accept any interference, including interference that may cause undesired operation of the device.

### **Canada, avis d'Industry Canada (IC)**

Cet appareil numérique de classe B est conforme aux normes canadiennes ICES-003 et RSS-210.

Son fonctionnement est soumis aux deux conditions suivantes :

- (1) cet appareil ne doit pas causer d'interférence et
- (2) cet appareil doit accepter toute interférence, notamment les interférences qui peuvent affecter son fonctionnement.

The abbreviation, IC, before the registration number signifies that registration was performed based on a Declaration of Conformity indicating that Industry Canada technical specifications were met. It does not imply that Industry Canada approved the equipment.

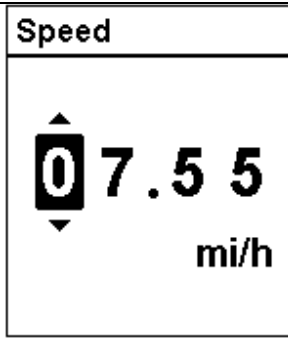
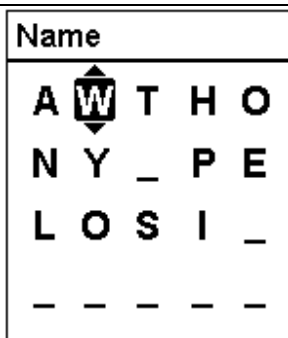
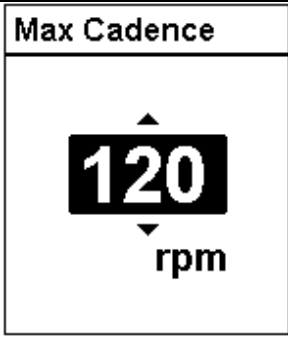
The information provided in this document is subject to change without notice. Improvements and enhancements to the product may occur without any formal notification. Check the Magellan website ([www.magellanGPS.com](http://www.magellanGPS.com)) for product updates and additional information.

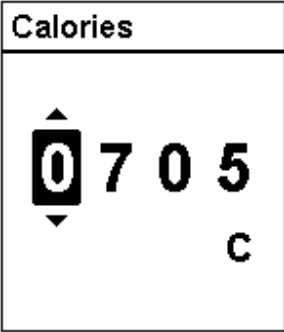
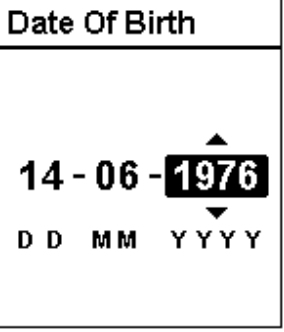
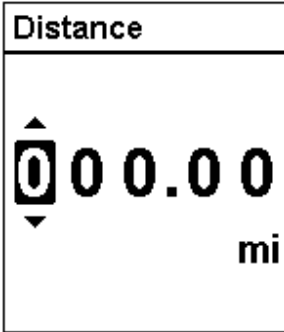
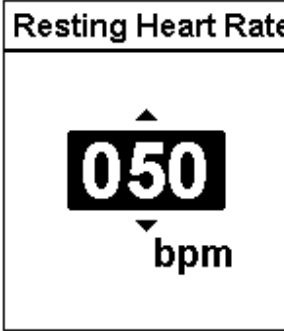
Maximum normal use temperature is 66°C.

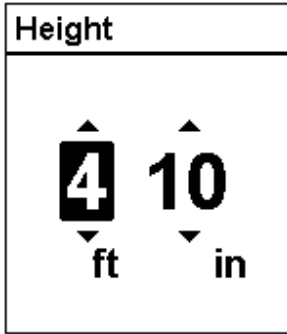
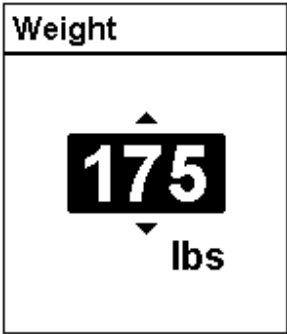
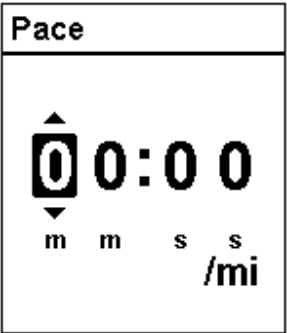
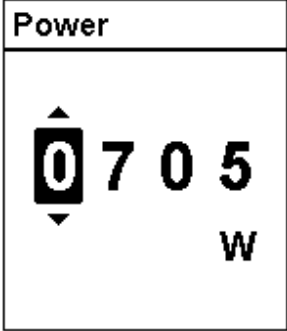
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## Magellan Switch Screens

<p><b><u>Measurement Data Screen</u></b></p> <p>The "Measurement Data Screen" is a screen that presents the user with one or more measurements (name, value, units). All <a href="#">Modifiers</a>, <a href="#">Contexts</a>, and <a href="#">Sub-Contexts</a> of Current or Previous (but not Recorded) are applicable. Examples of "Measurement Data Screens" include <a href="#">Activity Data#Activity Data Screens</a>, <a href="#">Activity Pacer#Activity Pacer Screens</a>, and <a href="#">Multisport#Multisport Data Screen</a>.</p>	<table border="1"> <tr> <td colspan="2">Distance</td> </tr> <tr> <td colspan="2">9.39<sup>m</sup><sub>i</sub></td> </tr> <tr> <td colspan="2">Time</td> </tr> <tr> <td colspan="2">19:40</td> </tr> <tr> <td>Avg pace</td> <td>Elevation</td> </tr> <tr> <td>03:03<sup>m</sup><sub>i</sub></td> <td>00.33<sup>f</sup><sub>t</sub></td> </tr> </table>	Distance		9.39 <sup>m</sup> <sub>i</sub>		Time		19:40		Avg pace	Elevation	03:03 <sup>m</sup> <sub>i</sub>	00.33 <sup>f</sup> <sub>t</sub>																		
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<p><b><u>Menu Screen</u></b></p>	<table border="1"> <tr> <td>Activity Profile</td> </tr> <tr> <td>▲</td> </tr> <tr> <td>Rec. Preferences▶</td> </tr> <tr> <td>Act. type:Run ▶</td> </tr> <tr> <td>Act. Screens ▶</td> </tr> <tr> <td>Act. Pacer ▶</td> </tr> <tr> <td><b>Auto Scroll ▶</b></td> </tr> <tr> <td>Rec. Preferences▶</td> </tr> </table>	Activity Profile	▲	Rec. Preferences▶	Act. type:Run ▶	Act. Screens ▶	Act. Pacer ▶	<b>Auto Scroll ▶</b>	Rec. Preferences▶																						
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<p><b><u>Phone Input Screen</u></b></p> <p>The "Phone Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify the of a phone number preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable phone number field.</p>	<table border="1"> <tr> <td colspan="5">Phone</td> </tr> <tr> <td>5</td> <td>5</td> <td>5</td> <td>_</td> <td>5</td> </tr> <tr> <td>5</td> <td>8</td> <td>5</td> <td>_</td> <td>5</td> </tr> <tr> <td>4</td> <td>8</td> <td>_</td> <td>_</td> <td>_</td> </tr> <tr> <td>5</td> <td>▲</td> <td>5</td> <td>_</td> <td>5</td> </tr> <tr> <td></td> <td>▼</td> <td></td> <td></td> <td></td> </tr> </table>	Phone					5	5	5	_	5	5	8	5	_	5	4	8	_	_	_	5	▲	5	_	5		▼			
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5	8	5	_	5																											
4	8	_	_	_																											
5	▲	5	_	5																											
	▼																														

<p><b><u>Speed Input Screen</u></b></p> <p>The "Speed Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify a <a href="#">Speed-Pace#Speed</a> for setting the value of a <a href="#">Speed-Pace#Speed</a> preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable <a href="#">Speed-Pace</a> field and the user's <a href="#">Units of Measurement#Speed-Pace</a> preference is "SPEED".</p>	 <p>The image shows a UI for the Speed Input Screen. At the top, the word "Speed" is displayed. Below it is a large digital display showing the number "07.55" with a small "0" in a box on the left. Above the "0" is an upward-pointing arrow, and below it is a downward-pointing arrow. To the right of the number is "mi/h".</p>
<p><b><u>Text Input Screen</u></b></p> <p>The "Text Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify text for setting the value of a text preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable text field.</p>	 <p>The image shows a UI for the Text Input Screen. At the top, the word "Name" is displayed. Below it is a grid of characters: "A W T H O" on the first row, "N Y _ P E" on the second row, "L O S I _" on the third row, and four dashes "-" on the fourth row. A small square box highlights the letter "W" in the first row, with an upward-pointing arrow above it and a downward-pointing arrow below it.</p>
<p><b><u>Cadence Input Screen</u></b></p> <p>The "Calories Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify a <a href="#">Cadence</a> for setting the value of a <a href="#">Cadence</a> preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable <a href="#">Cadence</a> field.</p>	 <p>The image shows a UI for the Cadence Input Screen. At the top, the words "Max Cadence" are displayed. Below it is a large digital display showing the number "120" in a black box. Above the number is an upward-pointing arrow, and below it is a downward-pointing arrow. Below the number is the text "rpm".</p>

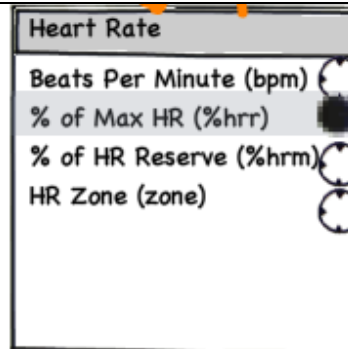
<p><b><u>Calories Input Screen</u></b></p> <p>The "Calories Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify # of <a href="#">Calories</a> for setting the value of a <a href="#">Calories</a> preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable <a href="#">Calories</a> field.</p>	 <p>The screenshot shows a screen titled "Calories". Below the title is a numeric keypad with the digits "0705" displayed. A small "c" is positioned below the "5". Above the "0" is an upward-pointing arrow, and below it is a downward-pointing arrow, indicating a spinner control.</p>
<p><b><u>Date Input Screen</u></b></p> <p>The "Date Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify a <a href="#">Date</a> for setting the value of a <a href="#">Date</a> preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable <a href="#">Date</a> field.</p>	 <p>The screenshot shows a screen titled "Date Of Birth". Below the title is a date input field displaying "14-06-1976". Below the date are the labels "D D M M Y Y Y Y". The year "1976" is highlighted with a black box, and a spinner control (upward and downward arrows) is positioned above and below it.</p>
<p><b><u>Distance Input Screen</u></b></p> <p>The "Distance Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify a <a href="#">Distance</a> for setting the value of a <a href="#">Distance</a> preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable <a href="#">Distance</a> field.</p>	 <p>The screenshot shows a screen titled "Distance". Below the title is a numeric keypad with the digits "000.00" displayed. A small "mi" is positioned below the "00". Above the "0" is an upward-pointing arrow, and below it is a downward-pointing arrow, indicating a spinner control.</p>
<p><b><u>Heart Rate Input Screen</u></b></p> <p>The "Heart Rate Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify a <a href="#">Heart Rate</a> for setting the value of a <a href="#">Heart Rate</a> preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable <a href="#">Heart Rate</a> field.</p>	 <p>The screenshot shows a screen titled "Resting Heart Rate". Below the title is a numeric keypad with the digits "050" displayed. A small "bpm" is positioned below the "0". Above the "0" is an upward-pointing arrow, and below it is a downward-pointing arrow, indicating a spinner control.</p>

<p><b><u>Height Input Screen</u></b></p> <p>The "Height Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify a height for setting the value of a height preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable Height field.</p>	 <p>The screenshot shows a screen titled "Height". It features two input fields. The first field contains the number "4" with an upward arrow above it and a downward arrow below it, and the unit "ft" below the number. The second field contains the number "10" with an upward arrow above it and a downward arrow below it, and the unit "in" below the number.</p>
<p><b><u>Weight Input Screen</u></b></p> <p>The "Weight Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify a weight for setting the value of a weight preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable Weight field.</p>	 <p>The screenshot shows a screen titled "Weight". It features a single input field containing the number "175" with an upward arrow above it and a downward arrow below it, and the unit "lbs" below the number.</p>
<p><b><u>Pace Input Screen</u></b></p> <p>The "Pace Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify a <a href="#">Speed-Pace#Pace</a> for setting the value of a <a href="#">Speed-Pace#Pace</a> preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a> where the value is a user-editable <a href="#">Speed-Pace</a> field and the user's <a href="#">Units of Measurement#Speed-Pace</a> preference is "PACE".</p>	 <p>The screenshot shows a screen titled "Pace". It features a single input field containing the time "00:00" with an upward arrow above the first "0" and a downward arrow below it. Below the time, the units "m m s s /mi" are displayed, with "m" under the first "0", "m" under the second "0", "s" under the first ":", and "s" under the second "0".</p>
<p><b><u>Power Input Screen</u></b></p> <p>The "Power Input Screen" is a <a href="#">Value Input Screen</a> that presents the user with the ability to specify # of <a href="#">Power</a> for setting the value of a <a href="#">Power</a> preference. It is activated when a user performs an Enter action on a <a href="#">Preference Value Field</a>.</p>	 <p>The screenshot shows a screen titled "Power". It features a single input field containing the number "0705" with an upward arrow above the first "0" and a downward arrow below it, and the unit "W" below the number.</p>



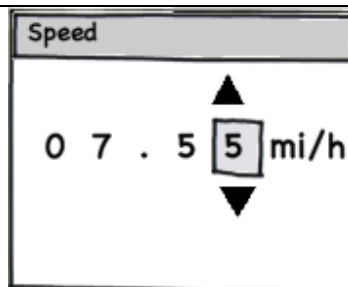
### List Of Options Screen

The "List of Options Screen" is a screen that presents the user with a list of options to choose from for setting the value of a preference. It is activated when a user performs an Enter action on a [Preference Value Field](#). Similar to a radio button, exactly one option can be selected at a time.



### Value Input Screen

The "Value Input Screen" is the collective term for any of the [Fitness Device Software UI Elements#Screens](#) that present the user with the ability to specify a value for a preference. It is activated when a user performs an Enter action on a [Preference Value Field](#).



### Zones Values Screen

The "Zone Values Screen" is a screen that presents the user with either a read-only or editable collection of zones, each with a floor (bottom) and ceiling (top) value, for representing the value range for each zone. Each of these values is represented as a [Zone Value Field](#). Examples of "Zone Values Screens" include [Heart Rate Zones#Heart Rate Zones Values Screen](#) and [Power Zones#Power Zones Values Screen](#).

Z#	Z↑	Z↓
1	125	125
2	138	138
3	151	151
4	164	164
5	177	177
6	210	210
7	240	240

## Device Modes

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This section contains the device-specific detailed UI descriptions for each of the [Reno-Boulder Device Software](#) features that are not documented as [Fitness Device Software Features](#). This does not contain all of the software features since many of them are just straight forward implementations of the generic UI elements, so the ones listed here are done so for a specific purpose such as contains a non-generic UI element, contains new icons, or is an important feature.

*[Watch Mode](#)*

*[Fitness Mode](#)*

*[Data Mode](#)*

*[Map Mode](#)*

*[Settings Mode](#)*

*[History Mode](#)*



## **Software Features**

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This section contains the device-specific detailed UI descriptions for each of the [Fitness Device Software Features](#). This does not contain all of the software features since many of them are just straight forward implementations of the generic UI elements, so the ones listed here are done so for a specific purpose such as contains a non-generic UI element, contains new icons, or is an important feature.

*[Activity History](#)*

*[Activity Pacer](#)*

*[Activity Profiles](#)*

*[Activity Recording](#)*

*[Activity Totals](#)*

*[ANT Sensors](#)*

*[Connectivity](#)*

*[Date and Time](#)*

*[Device Battery](#)*

*[Device Information](#)*

*[Equipment](#)*

*[Feedback](#)*

*[GPS](#)*

*[Location History](#)*

*[Location Recording](#)*

*[Device Memory](#)*

*[Multisport](#)*

*[Navigation](#)*

*[Quick Info](#)*

*[Training Alerts](#)*