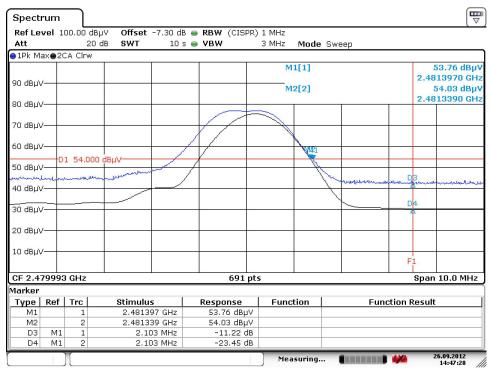


Band Edge Measurements

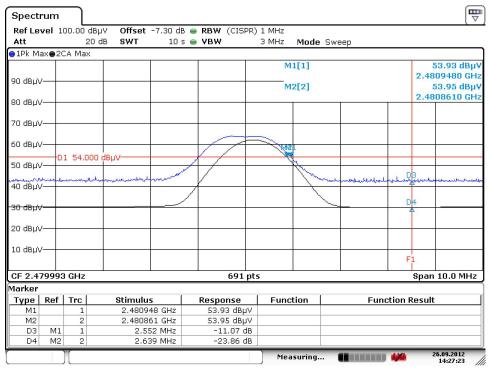
DNB Job Nu	mber:	36045	r							
Customer:		Icon Health	and Fitnes	s, Inc.				St	andard	
Model Numb	er:	IABR12						FC	C Part 15	
Description:		Modular Tr	ansceiver fo	or use in	Icon products				Clause	
		1Mbps data	rate (Basic	data rat	e)			15	5.247(d)	
Ambie	ent Tempera	iture	Relative Humidity Barometric Pressure							
	19 °C			28	%		10	01.8 kPa		
EUT perform	ned within th	ne requiremen	nts of the ap	pplicable	standard [X	Yes [] No	Le	s Payne		
Radiated (Corrected B	and Edge Me	easurement	- Single	Channel - Hora	z - Y Axis	F	req		
Limit	Lower (MHz)	Uppe: (MHz		imit uV/m)	Measured (dBuV/m)	Pass Delta Pass Pass				
2483.500		2481.9	70 5	4.0	42.78	-11.22	-1	.530	Pass	





Band Edge Measurements

					\boldsymbol{c}				
DNB Job Nu	mber:	36045		Date:	26 Sep 2	2012		formance	
Customer:		Icon Health a	nd Fitness, Inc.				St	andard	
Model Numb	er:	IABR12					FC	C Part 15	
Description:]	Modular Tran	sceiver for use in	Icon products			7	Clause	
		l Mbps data ra	ate (Basic data rat	e)	15.247(d)				
Ambie	ent Temperati	ure	Relative Humidity Barometric Pressure						
	19 °C		28	%		101	1.8 kPa		
EUT perform	ned within the	requirements	of the applicable	e standard [X	X] Yes [] No	Les	Payne		
Radiated	Corrected Ba	nd Edge Mea	surement - Single	Channel - Hor	z - Z Axis	Fre	eq		
Limit	Lower (MHz)	Upper (MHz)	Limit (dBuV/m)	Measured (dBuV/m)	(MH ₇)				
2483.500		2480.948	54.0	42.93	-11.07	-2.5	52	Pass	

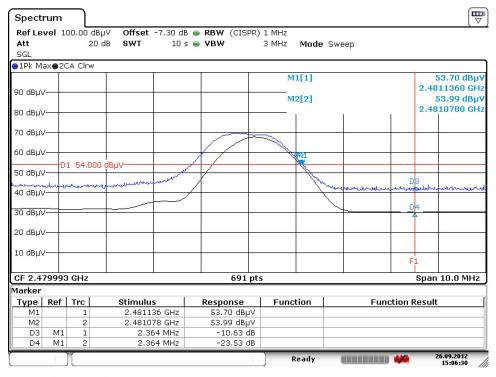


Date: 26.SEP.2012 14:27:23



Band Edge Measurements

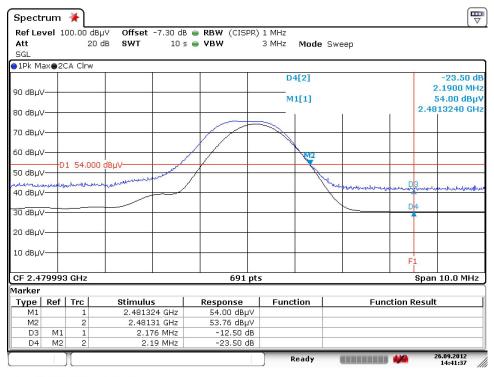
					0			
DNB Job Nu	mber: 3	86045		Date:	26 Sep 2		Conformance	
Customer:	I	con Health a	nd Fitness, Inc.			S	tandard	
Model Numb	er: I	ABR12				FC	C Part 15	
Description:	1	Modular Tran	sceiver for use in	Icon products			Clause	
	1	Mbps data ra	ate (Basic data rat	e)		1.	5.247(d)	
Ambie	ent Temperatu	ire	Relative 1	Humidity]	Barometric Pro	essure	
	19 °C		28	%		101.8 kPa	a	
EUT perform	ned within the	requirements	s of the applicable	e standard [X	X] Yes [] No	Les Payne		
Radiated	Corrected Bar	nd Edge Mea	surement - Single	Channel - Ver	t - X Axis	Freq		
Limit	Lower (MHz)	Upper (MHz)	Limit (dBuV/m)	Measured Delta (MHz) Output Delta (MHz)				
2483.500		2481.136	54.0	43.37	-10.63	-2.364	Pass	





Band Edge Measurements

					0					
DNB Job Nu	mber: 3	86045		Date:	26 Sep 2		Conformance			
Customer:	I	con Health a	on Health and Fitness, Inc.							
Model Numb	er: I	ABR12				FC	C Part 15			
Description:	ı	Modular Tran	sceiver for use in	Icon products			Clause			
	1	Mbps data ra	ate (Basic data rat	e)		1.	5.247(d)			
Ambie	ent Temperatu	ire	Relative Humidity Barometric Pressure							
	19 °C		28	%		101.8 kPa	a			
EUT perform	ned within the	requirements	of the applicable	e standard [X	X] Yes [] No	Les Payne				
Radiated	Corrected Bar	nd Edge Mea	surement - Single	Channel - Ver	t - Y Axis	Freq				
Limit	Lower (MHz)	Upper (MHz)	Limit (dBuV/m)	Measured (dBuV/m) Delta (MHz)						
2483.500		2481.324	54.0	41.50	-12.50	-2.176	Pass			

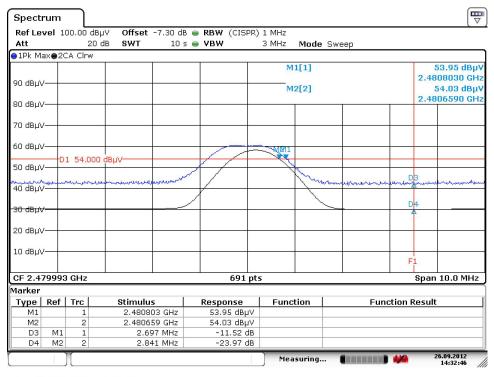


Date: 26.SEP.2012 14:41:37



Band Edge Measurements

					0					
DNB Job Nu	mber: 3	86045		Date:	26 Sep 2		Conformance			
Customer:	I	con Health a	con Health and Fitness, Inc.							
Model Numb	er: I	ABR12				FC	C Part 15			
Description:	N	Modular Tran	sceiver for use in	Icon products			Clause			
	1	Mbps data ra	ate (Basic data rat	e)		1.	5.247(d)			
Ambie	ent Temperatu	ire	Relative Humidity Barometric Pressure							
	19 °C		28	%		101.8 kPa	a			
EUT perform	ned within the	requirements	s of the applicable	e standard [X	(1) Yes [] No	Les Payne				
Radiated	Corrected Bar	nd Edge Mea	surement - Single	Channel - Ver	t - Z Axis	Freq				
Limit	Lower (MHz)	Upper (MHz)	Limit (dBuV/m)	Measured (dBuV/m)	Pass/Fail					
2483.500		2480.803	54.0	42.48	-11.52	-2.697	Pass			

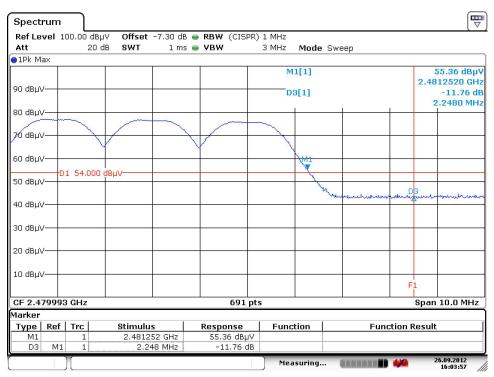


Date: 26.SEP.2012 14:32:46



Band Edge Measurements

					0				
DNB Job Nu	mber:	36045		Date:	26 Sep 2	2012 C	onformance		
Customer:		Icon Health a	and Fitness, Inc.				Standard		
Model Numb	er:	IABR12				F	FCC Part 15		
Description:		Modular Tra	nsceiver for use in	Icon products			Clause		
		1Mbps data r	rate (Basic data ra	te)		15.247(d)			
Ambie	ent Temperat	ure	Relative	e Humidity Barometric Pressure					
	19 °C		28	3 %		101.8 k	Pa		
EUT perform	ned within the	e requirement	s of the applicable	e standard [X	X] Yes [] No	Les Payi	ıe		
Radiated	Corrected B	and Edge Me	asurement - All C	Channels - Horz	- X Axis	Freq			
Limit	Lower (MHz)	Upper (MHz)	Limit (dBuV/m)	Measured (dBuV/m)	Delta (dBuV)	(MH ₇)			
2483.500		2481.252	2 54.0	42.24	-11.76	-2.248	Pass		

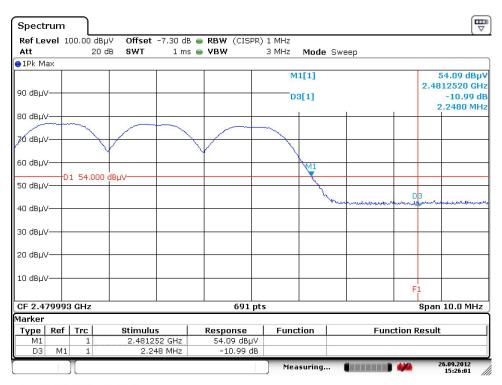


Date: 26.SEP.2012 16:03:57



Band Edge Measurements

DNB Job Nu	mber: 3	6045		Date:	26 Sep 2		Conformance			
Customer:	I	con Health a	n Health and Fitness, Inc.							
Model Numb	er: I	ABR12				FC	CC Part 15			
Description:	N	Modular Tran	sceiver for use in	Icon products			Clause			
	1	Mbps data ra	nte (Basic data rat	e)		1	5.247(d)			
Ambie	ent Temperatu	ire	Relative Humidity Barometric Pressure							
	19 °C		28	%		101.8 kP	a			
EUT perform	ned within the	requirements	of the applicable	e standard [X	(1) Yes [] No	Les Payne				
Radiated	Corrected Ba	nd Edge Mea	surement - All C	hannels - Horz	- Y Axis	Freq				
Limit	Lower (MHz)	Upper (MHz)	Limit (dBuV/m)	Measured Delta Delta F						
2483.500		2481.252	54.0	43.01	-10.99	-2.248	Pass			

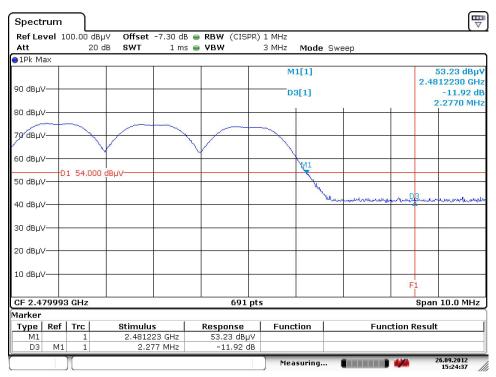


Date: 26.SEP.2012 15:26:01



Band Edge Measurements

DNB Job Nu	mber:	36045		Date:	26 Sep 2		Conformance	
Customer:	1	con Health a	nd Fitness, Inc.			S	tandard	
Model Numb	er: l	ABR12				FC	C Part 15	
Description:	1	Modular Tran	sceiver for use in	Icon products			Clause	
	1	Mbps data ra	ate (Basic data rat	e)		1.	5.247(d)	
Ambie	ent Temperatu	ıre	e Relative Humidity Barometric Pressure					
	19 °C		28	%		101.8 kPa	a	
EUT perform	ned within the	requirements	of the applicable	e standard [X	(1) Yes [] No	Les Payne		
Radiated	Corrected Ba	and Edge Me	asurement - All C	hannels - Horz	- Z Axis	Freq		
Limit	Lower (MHz)	Upper (MHz)	Limit (dBuV/m)	Measured (dBuV/m)	Pass/Fail			
2483.500		2481.223	54.0	42.08	-11.92	-2.277	Pass	

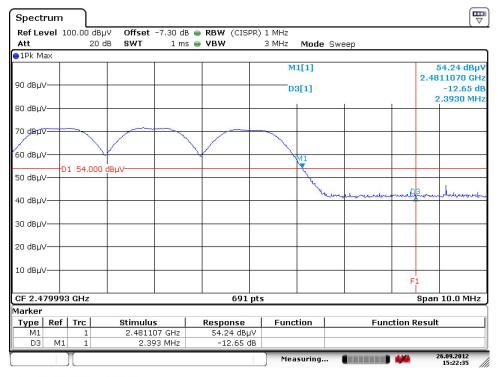


Date: 26.SEP.2012 15:24:37



Band Edge Measurements

					0				
DNB Job Nu	mber:	36045		Date:	26 Sep 2	2012		formance	
Customer:		Icon Health a	and Fitness, Inc.				St	andard	
Model Numb	er:	IABR12					FC	C Part 15	
Description:		Modular Tra	nsceiver for use in	Icon products			-	Clause	
		1Mbps data r	ate (Basic data ra	te)		15.247(d)			
Ambie	ent Temperat	ure	Relative Humidity Barom					ssure	
	19 °C		28 %			101.8	8 kPa		
EUT perform	ned within the	e requirement	s of the applicable	e standard [X	X] Yes [] No	Les Pa	ayne		
Radiated	Corrected B	and Edge Me	easurement - All C	Channels - Vert	- X Axis	Freq			
Limit	Lower (MHz)	Upper (MHz)	Limit (dBuV/m)	Measured (dBuV/m)	Delta (dBuV)	(MH ₇)			
2483.500		2481.10	7 54.0	41.35	-12.65	-2.393	3	Pass	

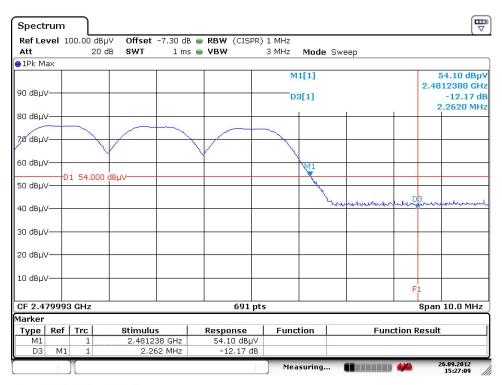


Date: 26.SEP.2012 15:22:35



Band Edge Measurements

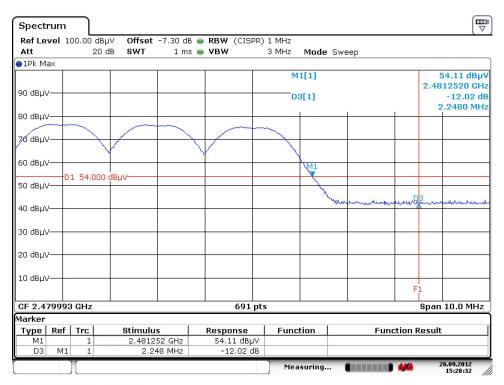
						0				
DNB Job Nu	mber:	36045			Date:	26 Sep	2012	Conformance		
Customer:		Icon Health	on Health and Fitness, Inc.							
Model Numb	er:	IABR12						FC	C Part 15	
Description:		Modular Tra	nsceive	r for use in	Icon products				Clause	
		1Mbps data	rate (Bas	sic data rat	re)			13	5.247(d)	
Ambie	ent Temperat	rure Relative Humidity Barometric Pressure						essure		
	19 °C			28	%		1	01.8 kPa		
EUT perform	ned within the	requiremen	ts of the	applicable	e standard [X	X] Yes [] N	lo Le	es Payne		
Radiated	Corrected B	and Edge Measurement - All Channels - Vert - Y Axis Freq								
Limit	Lower (MHz)	Upper (MHz)		Limit lBuV/m)	Measured Delta (MHz) (dBuV/m) (dBuV)					
2483.500		2481.23	8	54.0	41.83	-12.17	-2	2.262	Pass	





Band Edge Measurements

DNB Job Nu	mber:	36045	r							
Customer:		Icon Health	and F	itness, Inc.				Si	andard	
Model Numb	er:	IABR12						FC	C Part 15	
Description:		Modular Tra	anscei	ver for use in	Icon products				Clause	
		1Mbps data	rate (Basic data rat	e)	15.247(d)				
Ambie	ent Temperat	ture		Relative l	Humidity		Baron	netric Pre	essure	
	19 °C			28	%		1	01.8 kPa	ı	
EUT perform	ned within th	e requiremer	nts of t	the applicable	standard [X	[] Yes []]	No Le	es Payne		
Radiated	l Corrected I	Band Edge M	leasur	ement - All C	hannels - Vert	- Z Axis	ı	Freq		
Limit	Lower (MHz)	Upper (MHz		Limit (dBuV/m)	Measured (dBuV/m)	(MH ₇)				
2483.500		2481.25	52	54.0	41.98	-12.02	-2	2.248	Pass	



Date: 26.SEP.2012 15:28:32



Conducted Spurious

DNB Job Number:	36045		Date:	4 Oct 2012	Conformance				
Customer:	Icon Health	alth and Fitness, Inc.							
Model Number:	IABR12	BR12 FCC Part 1							
Description:	Modular Tr	Modular Transceiver for use in Icon products Clau							
	Test Proced	lure			15.247(c)				
Ambient Temper	ature	Relative Hui	nidity	Baron	netric Pressure				
21 °C 25 % 101.2 kPa									
EUT performed within the requirements of the applicable standard [X] Yes [] No Les Payne									

Test Procedure: IEEE C63.10

Spurious RF Conducted Emissions

Use the following spectrum analyzer settings:

Span = wide enough to capture the peak level of the in-band emission and all spurious emissions (e.g., harmonics) from the lowest frequency generated in the EUT up through the 10th harmonic. Typically, several plots are required to cover this entire span.

RBW = 100 kHz

VBW RBW

Sweep = auto

Detector function = peak

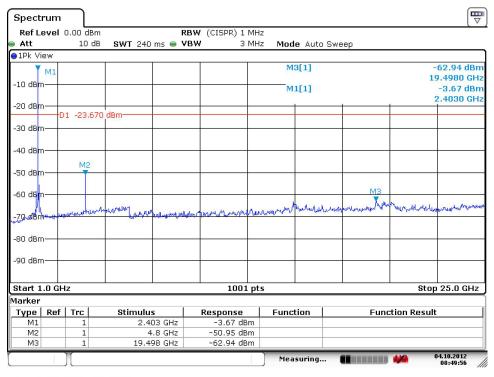
Trace = max hold

Allow the trace to stabilize. Set the marker on the peak of any spurious emission recorded. The level displayed must comply with the limit specified in this Section. Submit these plots.



Conducted Spurious

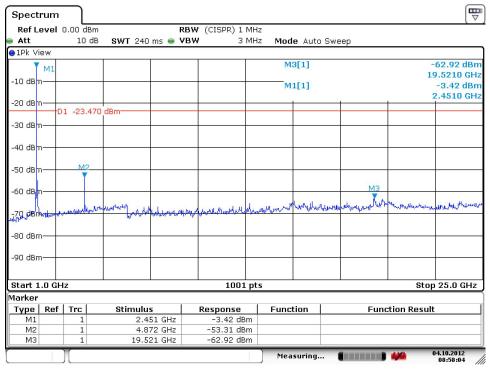
DNB Job Number:	36045		Date:	4 Oct 2	2012	Conformance	
Customer:	Icon Health	and Fitness, Inc.		Standard			
Model Number:	IABR12			FCC Part 15			
Description:	Modular Tr	ansceiver for use in		Clause			
	1Mbps data	rate (Basic data rate	rate) - Low Channel				
Ambient Temper	ature	Relative Humidity Baron			metric Pressure		
21 °C		25 %			101.2 kPa		
EUT performed within t	EUT performed within the requirements of the applicable standard [X] Yes [] No Les Payne						
Peak Output Power		Reading -20dBc			Pass/		
-2.48 dBm -		-3.67 dBm	-23.67 dBm			Pass	





Conducted Spurious

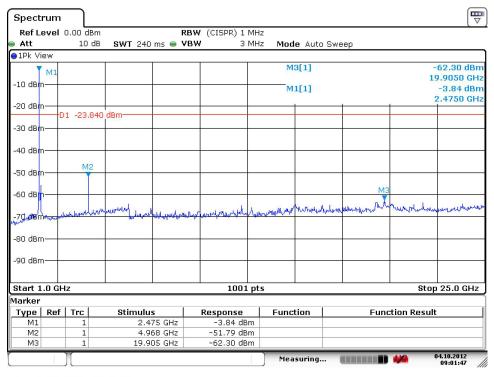
DNB Job Number:	36045		Date:	4 Oct 2	2012	Conformance	
Customer:	Icon Health	and Fitness, Inc.		Standard			
Model Number:	IABR12			FCC Part 15			
Description:	Modular Tr	ansceiver for use in		Clause			
	1Mbps data	rate (Basic data rate	e) - Mid Channel	hannel 15.247(c)			
Ambient Temper	ature	Relative Humidity Baror			Baron	ometric Pressure	
21 °C		25 %			101.2 kPa		
EUT performed within t	EUT performed within the requirements of the applicable standard [X] Yes [] No Les Payne						
Peak Output Power		Reading -20dBc				Pass/Fall	
-3.10 dBm -		-3.42 dBm	-23.42 dBm			Pass	





Conducted Spurious

DNB Job Number:	36045 Date: 14 Aug 2008			2008	Conformance		
Customer:	Icon Health	and Fitness, Inc.		Standard			
Model Number:	IABR12	IABR12				FCC Part 15	
Description:	Modular Tr	ansceiver for use in	Icon products			Clause	
	1Mbps data	rate (Basic data rat	e) - High Channel	ligh Channel 15.247(c)			
Ambient Temper	ature	Relative Humidity Barom			metric Pressure		
21 °C		25 %			1	101.2 kPa	
EUT performed within the requirements of the applicable standard [X] Yes [] No Les Payne						es Payne	
Peak Output Power		Reading -20dBc		;		Pass/Fall	
-3.75 dBm -3.84 dBm		-23.84 dF	-23.84 dBm		Pass		



15.247(d): Power spectral density(PSD).

Test Procedure: IEEE C63.10

The same method of determining the conducted output power shall be used to determine the power spectral density.

If a peak output power is measured, then a peak power spectral density measurement is required. If an average output power is measure d, then an average power spectral density measurement should be used.

Locate and zoom in on emission peak(s) within the passband. Set RBW = 3 kHz, VBW > RBW, sweep= (SPAN/3 kHz) e.g., for a span of 1.5 MHz, the sweep should be $1.5 \times 106 \times 3 \times 103 = 500 \text{ seconds}$.

The peak level measured must be no greater than + 8 dBm. If external attenuation is used, don't forget to add this value to the reading. Use the following guidelines for modifying the power spectral density measurement procedure when necessary.

For devices with spectrum line spacing greater than 3 kHz no change is required.

For devices with spectrum line spacing equal to or less than 3 kHz, the resolution bandwidth must be reduced below 3kHz until the individual lines in the spectrum are resolved. The measurement data must then be normalized to 3 kHz by summing the power of all the individual spectral lines within a 3kHz band (in linear power units) to determine compliance.

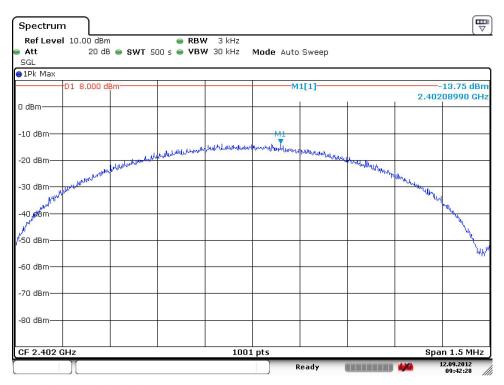
If the spectrum line spacing cannot be resolved on the available spectrum analyzer, the noise density function on most modern conventional spectrum analyzers will directly measure the noise power density normalized to a 1 Hz noise power bandwidth. Add 35dB for correction to 3 kHz.

Should all the above fail or any controversy develop regarding accuracy of measurement, the Laboratory will use the HP 89440A Vector Signal Analyzer for final measurement unless a clear showing can be made for a further alternate.



Power Spectral Density

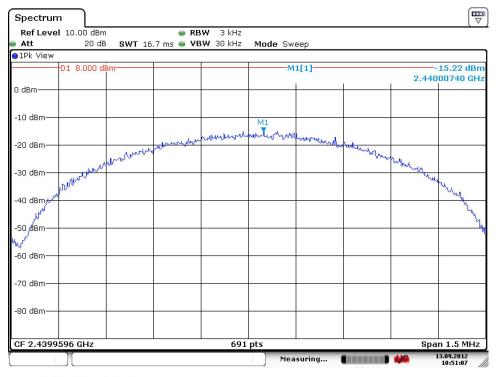
				- I			
DNB Job Number	:: 36045		Date:	12 Sep 2012	Conformance		
Customer:	Icon Health	and Fitness, Inc.		Standard			
Model Number:	IABR12			FCC Part 15			
Description:	Modular Tr	ansceiver for use in		Clause 15.247(d)			
	1Mbps data	rate (Basic data rat	rate (Basic data rate)				
	Environmental Conditions						
Ambient T	emperature	Relative 1	Humidity	Barometri	metric Pressure		
19	°C	28	%	101.8 kPa			
EUT performed w	EUT performed within the requirements of the applicable standard [X] Yes [] No Les Payne						
Channel	Freq MHz	Meas PSD (dBm)	Limit (dBm)	Delta (dBm)	Pass/Fail		
Low	2402	-13.75	8.0	-21.75	Pass		





Power Spectral Density

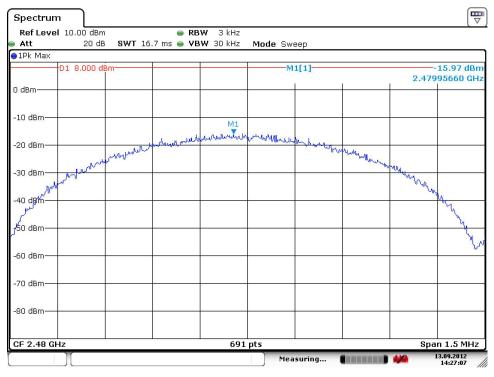
			1					
DNB Job Number	:: 36045		Date:	13 Sep 2012	Conformance			
Customer:	Icon Health	and Fitness, Inc.		Standard				
Model Number:	IABR12			FCC Part 15				
Description:	Modular Tr	ansceiver for use in		Clause				
	1Mbps data	a rate (Basic data rat		15.247(d)				
	Environmental Conditions							
Ambient T	emperature	Relative 1	Humidity	Barometr	metric Pressure			
19	°C	28	%	101.	101.8 kPa			
EUT performed w	EUT performed within the requirements of the applicable standard [X] Yes [] No Les Payne							
Channel	Freq MHz	Meas PSD (dBm)	Limit (dBm)	Delta (dBm)	Pass/Fail			
Middle	2440	-15.22	8.0	-23.22	Pass			





Power Spectral Density

DNB Job Number	:: 36045		Date:	13 Sep 2012	Conformance		
Customer:	Icon Health	and Fitness, Inc.		Standard			
Model Number:	IABR12			FCC Part 15			
Description:	Modular Tr	ansceiver for use in		Clause 15.247(d)			
	1Mbps data	rate (Basic data rat	rate (Basic data rate)				
	Environmental Conditions						
Ambient T	emperature	Relative 1	Humidity	Barometri	metric Pressure		
19	°C	28 %			101.8 kPa		
EUT performed w	EUT performed within the requirements of the applicable standard [X] Yes [] No Les Payne						
Channel	Freq MHz	Meas PSD (dBm)	Limit (dBm)	Delta (dBm)	Pass/Fail		
High	2480	-15.97	8.0	-23.97	Pass		



2.1055 Frequency stability.

Test Procedure: IEEE C63.10

The frequency stability shall be measured with variation of ambient temperature from -30 to +50 degrees centigrade and the voltage shall be measured at 85% and 115% of the nominal voltage.

Use the following spectrum analyzer settings:

Span = 5MHz RBW = 100 kHz VBW RBW Sweep = auto Detector function = peak Trace = max hold

Allow the trace to stabilize. Set marker M1 On the peak of the channel, set marker M2 on the -30dB down point of the leading edge of the channel, set marker M3 on the -30dB down point of the trailing edge of the channel. Record this data in the appropriate table.

Verify that the lower channel does not exceed below the lower band edge and the upper channel does not exceed the upper band edge.

Temperature Stability:

Frequency measurements shall be made at the extremes of the specified temperature range and at intervals of not more than 10 centigrade through the range. A period of time sufficient to stabilize all of the components of the oscillator circuit at each temperature level shall be allowed prior to frequency measurement. Only the extreme temperature range data shall be recorded in the table unless significant variations occur during the measurements.

Voltage Stability:

Vary primary supply voltage from 85 to 115 percent of the nominal value or values in the case of a nominal voltage range.



Measurement Test Set Up

				-			
DNB Job Number:	36045	Date: 15 Aug 2008					
Customer:	Icon Health and Fitness, Inc.	on Health and Fitness, Inc.					
Model Number:	FCC Part 15						
Description:	Clause 15.247						
Frequency Stability Measurement Set Up							





XMTR Frequency Range

Do.		FAX	(433) 330-44	130	XMTR Frequency Range					
DNB Job N	umber:	36045			Date:	13 Sep	2012		nformance tandard	
Customer:		Icon Health	and Fitness, Inc	·.						
Model Num	ber:	IABR12						FCC Part 15		
ъ		Modular Tra	nsceiver for use	e in Icon produ	ıcts			Clause		
Description	:	1Mbps data	rate (Basic data	rate)				2.1055		
Environmental Conditions										
Amb	ient Temper	rature	Relati	ve Humidity			Baron	metric Pressure		
	21 °C			25 %			1	101.2 kPa		
EUT perfor	EUT performed within the requirements of the applicable standard [X] Yes [] No Les Payne									
Measured Frequency Bandwidth										
TEST CON	DITIONS	Lo Cl	nannel	Mid	Channel			Hi Channel		
Temperature	Voltage	Fl	Fh	Fl]	Fh	Fl		Fh	
-30.00 °C	7 Vdc	2.400971030	2.403004000	2.438972500	2.441	020300	2.478979700		2.481020300	
-30.00 °C	9 Vdc	2.400976020	2.403004000	2.438958000	2.441	020300	2.478979700		2.481027500	
-30.00 °C	12 Vdc	2.400981020	2.403014000	2.438972500	2.441	013000 2.478979700		979700	2.481005800	
-30.00 °C	15 Vdc	2.400986010	2.402984300	2.438972500	2.441	005800	2.478	979700	2.481002500	
25.00 °C	7 Vdc	2.400941060	2.403009000	2.438958000	2.441	013000	2.478	958000	2.480991300	
25.00 °C	9 Vdc	2.401230770	2.402729270	2.438965300	2.441	005800	2.478	950800	2.480998600	
25.00 °C	12 Vdc	2.400975770	2.403004000	2.438965300	2.441	005800	2.478	950800	2.480998600	
25.00 °C	15 Vdc	2.400956040	2.402994000	2.438958000	2.440	991300	2.478	965300	2.480998600	
55.00 °C	7 Vdc	2.400950800	2.402976800	2.438969300	2.440	995400	995400 2.478939700		2.480977000	
55.00 °C	9 Vdc	2.400950800	2.402976800	2.438969300	2.441	002600	2.478	947000	2.480965800	
55.00 °C	12 Vdc	2.400943600	2.402984100	2.438965400	2.441	002600	2.478	925300	2.480987500	
55.00 °C	15 Vdc	2.400943600	2.402984100	2.438969300	2.440	995400	2.478	932500	2.480973000	

Note 1: Shaded area represents nominal voltage and temperature range.

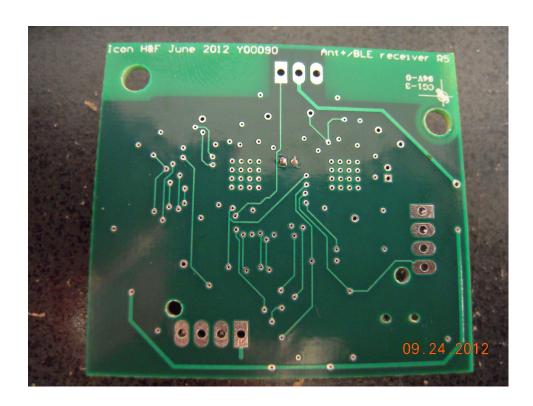
Note 2: Fl = Lower channel frequency edge (-30dB down)

Fh = Upper channel frequency edge (-30dB down)

2.1033 (b) (7) Equipment Photographs

Photo 1	Internal	Top of PCB
Photo 2	Internal	Bottom of PCB
Photo 3	Internal	Label Location







15.247 (b) (5) RF Exposure Requirements

RF Exposure – MPE Calculations (2400-2483.5 MHz Band)

Transmitter Power: 1 mW

Antenna Gain: 2.3 dB

Cable loss: 0 dB

Frequency range: 2400 - 2483.5 MHz

Assumptions

1. A single ¼ wavelength radiating antenna is assumed.

2. Closest exposure distance is assumed to be 2 cm.

Calculations

The following results shall be assumed to be accurate for the far-field only. These predictions will over-estimate power density in the near-field. Based on the use of a ¼ wavelength radiator, a distance of 2 cm is considered to be in the far-field for all cases.

 $S = PG/4*PI*R^2$

P is 1 mW

G is 2.3 dB (Antenna gain – loss) or $10^{(2.3/10)}$ or 2.3

S =	0.000351	0.001403	0.005614	0.035086	mW/cm ²

For Occupational/Controlled Exposure

From 1,500 to 100,000 MHz, power density limit is 5 mW/cm² for 6 minutes

For General Population/Uncontrolled Exposure

From 1,500 to 100,000 MHz, power density limit is 1 mW/cm² for 30 minutes

Conclusion: Meets MPE limits

End of Report UT36045B-002