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MPE Calculation

§ 1.1310: The criteria listed in table 1 shall be used to evaluate the environmental impact of human exposure to radiofrequency (RF) radiation as specified in §1.1307(b), except in the case of portable devices which shall be evaluated according to the provisions of §2.1093 of this chapter.

Part 1.1310 Limits for Maximum Permissible Exposure (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm²)	Averaging time (minutes)
(A) Lim	nits for Occupationa	l/Controlled Exposur	res	
0.3–3.0	614	1.63	*(100)	6
3.0-30	1842/f	4.89/f	*(900/f2)	6
30–300	61.4	0.163	1.0	6
300–1500			f/300	6
1500–100,000			5	6
(B) Limits	for General Populati	ion/Uncontrolled Exp	oosure	
0.3–1.34	614	1.63	*(100)	30
1.34–30	824/f	2.19/f	*(180/f ²)	30
30–300	27.5	0.073	0.2	30
300–1500			f/1500	30
1500-100,000			1.0	30

f = frequency in MHz
* = Plane-wave equivalent power density
Note 1 to Table 1: Occupational/controlled limits apply in situations in which persons are exposed as a consequence of their employment provided those persons are fully aware of the potential for exposure and can exercise control over their exposure. Limits for occupational/controlled exposure also apply in situations when an individual is transient through a location where occupational/controlled limits apply provided he or she is made aware of the potential for exposure.

NOTE 2 TO TABLE 1: General population/uncontrolled exposures apply in situations in which the general public may be exposed, or in which persons that are exposed as a consequence of their employment may not be fully aware of the potential for exposure or can not exercise control over their exposure.



















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RSS-102 Issue 5 Exposure Limits:

Table 4: RF Field Strength Limits for Devices Used by the General Public (Uncontrolled Environment)

Frequency Range (MHz)	Electric Field (V/m rms)	Magnetic Field (A/m rms)	Power Density (W/m²)	Reference Period (minutes)
$0.003 - 10^{21}$	83	90	-	Instantaneous*
0.1-10	-	0.73/ f	-	6**
1.1-10	87/ f ^{0.5}	-	-	6**
10-20	27.46	0.0728	2	6
20-48	58.07/ f ^{0.25}	$0.1540/f^{0.25}$	8.944/ f ^{0.5}	6
48-300	22.06	0.05852	1.291	6
300-6000	$3.142 f^{0.3417}$	$0.008335 f^{0.3417}$	$0.02619f^{0.6834}$	6
6000-15000	61.4	0.163	10	6
15000-150000	61.4	0.163	10	616000/ f ^{1.2}
150000-300000	$0.158 f^{0.5}$	$4.21 \times 10^{-4} f^{0.5}$	6.67 x 10 ⁻⁵ f	616000/ f ^{1.2}

Note: f is frequency in MHz.

Test Procedure

An MPE evaluation for was performed in order to show that the device was compliant with §2.1091. The maximum power density was calculated for each transmitter at a separation distance of 20cm.

For each transmitter the maximum RF exposure at a 20 cm distance using the formula:

$$ConductedPower_{mW} = 10^{ConductedPower(dBm)/10}$$

$$PowerDensity = \frac{ConductedPower_{mW} \times Ant.Gain}{4\pi \times (20_{cm})^{2}}$$

















^{*}Based on nerve stimulation (NS).

^{**} Based on specific absorption rate (SAR).





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1.2 Results:

- Maximum Conducted Output Power = 26.4 dBm = 436.5 mW
- Maximum Antenna Gain = 3.0 dBi = 1.995

Power Density = $(436.5 \text{ mW}) \cdot (1.995) / (4\pi \cdot (20 \text{cm})^2)$

Power Density = 0.1733 mW/cm²

FCC §1.1310 limit at 929 MHz= 0.6193 mW/cm²

RSS-102 Issue 5 Exposure Limit at 2.4GHz = 0.2796 mW/cm²

The calculated maximum power density at 20cm distance is less that the limit for general population / uncontrolled exposure.

FCC		Value	Unit	Comments	
	Frequency	929	MHz		
	Distance	20	cm		
	Maximum Scaled Power	26.4	dBm	Measured conducted power	
	TX Antenna Gain	3	dBi	From datasheet, or calculated from peak radiated field strength	
				and measured conducted power	
	Source Based Duty Cycle	100	%	Percent of time transmitter is active	
	EIRP	29.4	dBm	Maximum Scaled Power x Antenna Gain	
	Source Based Output Power	29.4	dBm	EIRP x Duty Cycle	
	Power Density @ Distance	0.1733	mW/cm ²	(Source Based Output Power, mW) / (4π x (distance, cm) ²)	
	FCC Limit	0.6193	mW/cm ²	0.0026 x f^0.6834	
	Ratio of Power Density to Limit	0.2798		Power Density / IC Limit	
	Maximum Permissible Antenna Gain	8.53	dBi	((Limit, mW/cm ²) x 4π x (distance, cm) ²) / ((Maximum Scaled	
				Power, mW) x Source Based Duty Cycle)	
С		Value	Unit	Comments	
	Frequency	929	MHz		
	Distance	20	cm		
	Maximum Scaled Power	26.4	dBm	Measured conducted power	
	TX Antenna Gain	3	dBi	From datasheet, or calculated from peak radiated field strength	
				and measured conducted power	
	Source Based Duty Cycle	100	%	Percent of time transmitter is active	
	EIRP	29.4	dBm	Maximum Scaled Power x Antenna Gain	
	Source Based Output Power	29.4	dBm	EIRP x Duty Cycle	
	Power Density @ Distance	0.1733	mW/cm ²	(Source Based Output Power, mW) / (4π x (distance, cm) ²)	
	IC Limit	0.2796	mW/cm ²	0.0026 x f^0.6834	
	Ratio of Power Density to Limit	0.6198		Power Density / IC Limit	
	Maximum Permissible Antenna Gain	5.08	dBi	((Limit, mW/cm²) x 4π x (distance, cm)²) / ((Maximum Scaled	













