

Safety and regulatory guide (band)



Please read before proceeding

THE BATTERY IS NOT FULLY CHARGED WHEN YOU TAKE THIS PRODUCT OUT OF THE BOX.

Important health information and safety precautions

When using this product, the safety precautions below must be taken to avoid possible damage, injury, or liability. Retain and follow all safety and operating instructions. Observe all warnings in the operating instructions. To reduce the risk of bodily injury, electric shock, fire, and damage; observe the following precautions.



- **WARNING: This product is not a medical product and should not be used as a substitute for medical care. This product is not intended to diagnose, treat, cure, or prevent any disease. We recommend checking with your doctor before starting a new exercise program.**
- **WARNING: This product has a heart rate tracking feature that may pose risks if you have certain health conditions. These health conditions include: heart conditions, taking photosensitive medicine, epilepsy, sensitivity to flashing lights, and reduced circulation. This heart tracking feature works best when the product is snugly fitted. If you have tendonitis, carpal tunnel syndrome, or other musculoskeletal disorders, check with your doctor before using this product. Please discontinue use of this product if you feel tingling, numbness, burning, or stiffness in your hands or wrists while wearing this product.**

Electrical safety & safety precautions for RF exposure

This product is intended for use when supplied with power from the designated battery or power supply unit. Other usage may be dangerous and will invalidate any approval or warranty given to this product.

- Accessories
 - Use only original manufacturer-approved accessories, or accessories that do not contain any metal.
 - Do not connect with incompatible products or accessories. Use of non-original

manufacturer-approved accessories may violate your local RF exposure guidelines and should be avoided.

- Faulty and damaged products
 - Do not attempt to disassemble this product or its accessories.
 - Only qualified personnel should service or repair this product or its accessories.

Safety precautions for proper grounding installation

CAUTION: Connecting to improperly grounded equipment can result in an electric shock.

This product is equipped with a USB cable for connecting to a desktop or notebook computer. Be sure your computer is properly grounded (earthed) before connecting this product to the computer. The power supply cord of a desktop or notebook computer has an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet which is properly installed and grounded in accordance with all local codes and ordinances.

Safety precautions for power supply unit

- Use the correct external power source

A product should be operated only from the type of power source indicated on the electrical ratings label. If you are not sure of the type of power source required, consult your authorized service provider or local power company. For a product that operates from battery power or other sources, refer to the operating instructions that are included with the product.
- Handle battery packs carefully

This product contains a Lithium-ion polymer or Lithium-ion battery. There is a risk of fire and burns if the battery pack is handled improperly.



WARNING: To reduce risk of fire or burns, do not disassemble, crush, puncture, short external contacts or circuits, expose to temperature above 60° C (140° F), or dispose of in fire or water. Recycle or dispose of used batteries according to the local regulations or reference guide supplied with this product.



- Other battery precautions
 - Do not immerse this product in water or other liquids.
 - The product should only be connected to products that bear the USB-IF logo or have completed the USB-IF compliance program.
 - Avoid dropping the product. If the product is dropped, especially on a hard surface, and the user suspects damage, take it to a service center for inspection.
 - If the battery leaks:
 - Do not allow the leaking fluid to come in contact with skin or clothing. If already in contact, flush the affected area immediately with clean water and seek medical advice.
 - Do not allow the leaking fluid to come in contact with eyes. If already in contact, DO NOT rub; rinse with clean water immediately and seek medical advice.
 - Take precautions to keep a leaking battery away from fire as there is a danger of ignition or explosion.

Safety precautions for direct sunlight

Keep this product away from excessive moisture and extreme temperatures. Do not leave the product inside a vehicle or in places where the temperature may exceed 60°C (140°F), such as on a car dashboard, window sill, or behind glass that is exposed to direct sunlight or strong ultraviolet light for extended periods of time. This may damage the product, overheat the battery, or pose a risk to the vehicle.

Road safety

Full attention must be given to driving at all times in order to reduce the risk of an accident. You must comply with local laws and regulations restricting the use of wireless products while driving.

General precautions

You alone are responsible for how you use this product and any consequences of its use. You must always switch off this product wherever the use of an electronic device is prohibited. Use of this product is subject to safety measures designed to protect users and their environment.

- Before exposing the product to liquids, refer to the operating instructions for specific information on water resistance.
- Avoid applying excessive pressure to the product
 - Do not apply excessive pressure on this product to prevent damage and remove the product from your

pocket before sitting down. Cracked display screens due to improper handling are not covered by the warranty.

▪ Protect this product

- Always treat this product and its accessories with care and keep them in a clean and dust-free place.
- Do not expose this product or its accessories to open flames or lit smoking products.
- Do not drop, throw or try to bend this product or its accessories.
- Do not use harsh chemicals, cleaning solvents, or aerosols to clean this product or its accessories.
- Do not paint this product or its accessories.
- Do not attempt to disassemble this product or its accessories, only authorized personnel should do so.
- Store this product and its accessories at temperatures between 0°C to 40°C.
- Please check local regulations for disposal of electronic products.

▪ Damage requiring service

Contact an authorized service technician or provider under the following conditions:

- This product has been damaged by exposure to liquid, dropped, subject to impact or damaged.
- There are noticeable signs of overheating.
- This product does not operate normally when you follow the operating instructions.

▪ Avoid exposing the product to significant heat. This product should be placed away from heat sources such as radiators, heat registers, stoves, or other products (including amplifiers) that produce heat.

▪ Avoid using this product after a dramatic change in temperature.

When you move this product between environments with very different temperature and/or humidity ranges, condensation may form on or within the product. To avoid damaging this product, allow sufficient time for the moisture to evaporate before using the product.

NOTICE: When taking this product from low-temperature conditions into a warmer environment or from high-temperature conditions into a cooler environment, allow the product to acclimate to room temperature before turning on power.

▪ Avoid pushing objects into the product

Never push objects of any kind into cabinet slots or other openings in the product. Slots and openings are provided for ventilation. These openings must not be blocked or covered.

▪ Do not immerse this product in water or other liquids.

▪ Cleaning and wearing tips

Clean and dry the wristband regularly to avoid bacterial growth. Do not wear this product too tightly to avoid skin irritation or other discomfort. If there is any itching, eczema, swelling, irritation of the skin, or you experience any discomfort, please discontinue use and consult your physician.

- **Small children and pets**

Do not leave this product and its accessories within the reach of small children or pets or allow them to play with it. They could hurt themselves or others, or could accidentally damage the product. This product contains batteries and small parts with sharp edges that may cause an injury or become detached and create a choking hazard. Consult a doctor immediately if the accessories or battery are swallowed.

Regulatory agency identifications

For regulatory identification purposes, this product has been assigned a model number of 2PPN and an FCC ID number of (NM82PPN). **the FCC ID number can be found on the back of wrist strap.**

To ensure continued reliable and safe operation of this product, use only the accessories listed below with your 2PPN:

- Battery Pack with model number B2PPN100.
- Certified Limited Power Source (LPS), rated 5 Volts DC, minimum 0.5 Amp power supply unit or USB charging.

Federal Communication Commission Interference Statement



This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio or television technician for help.

FCC Caution: Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate this equipment.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

[IC]

This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions:

- (1) this device may not cause interference, and
- (2) this device must accept any interference, including interference that may cause undesired operation of the device.

This Class B digital apparatus complies with Canadian ICES-003.

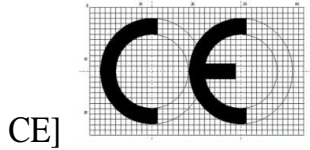
Cet appareil numérique de la classe B est conforme à la norme NMB-003 du Canada.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes:

- (1) l'appareil ne doit pas produire de brouillage, et
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement."

This device and its antenna(s) must not be co-located or operating in conjunction with any other antenna or transmitter, except tested built-in radios.

Cet appareil et son antenne ne doivent pas être situés ou fonctionner en conjonction avec une autre antenne ou un autre émetteur, exception faites des radios intégrées qui ont été testées.



CE]

This device complies with the R&TTE Directive (1999/5/EC) issued by the Commission of the European Community.

we declare under our sole responsibility that our product 2PPN and in combination with our accessories, to which this declaration relates is in conformity with the appropriate standards EN62311 EN 301 489-1&-17,EN 300 328,EN 60950-1 following the provisions of, radio equipment and telecommunication terminal equipment directive 1999/ 5 /EC.

[NCC]

[警語內容]

第十二條 經型式認證合格之低功率射頻電機，非經許可，公司、商號或使用者均不得擅自變更頻率、加大功率或變更原設計之特性及功能。

第十四條 低功率射頻電機之使用不得影響飛航安全及干擾合法通信；經發現有干擾現象時，應立即停用，並改善至無干擾時方得繼續使用。前項合法通信，指依電信法規定作業之無線電通信。低功率射頻電機須忍受合法通信或工業、科學及醫療用電波輻射性電機設備之干擾。

RoHS compliance

This product is in compliance with Directive 2011/65/EU of the European Parliament and of the Council of 8 June 2011, on the restriction of the use of certain hazardous substances in electrical and electronic equipment (RoHS) and its amendments.

WEEE notice



Please do not discard your device in a landfill. Electronic devices contain substances that may be hazardous to the environment if not properly disposed of. For more information about electronic and electrical waste equipment disposal, recovery, and collection points, please contact your local city center, household waste disposal service, shop from where you purchased the equipment, or manufacturer of the equipment.



CEC Appliance Efficiency Compliance



The BC logo (shown at the left) indicates that this product complies with the California Energy Commission (CEC) energy efficiency standards for battery charger systems set forth at California Code of Regulations Title 20, Sections 1601 through 1608.

Proprietary Notice

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