

sleep  number.

360™ SMART BED QUICK START GUIDE

Hello. Welcome. I'm the Sleep Number 360™ smart bed.

And you're about to discover the smartest, most effortlessly comfortable sleep of your life.

I'm the only bed in the world with Responsive Air™ technology. Let me tell you how it works.

When you turn onto your side, I sense your movement and effortlessly respond to you, automatically changing the bed's firmness to keep you sleeping blissfully.

Do you sometimes sleep hot or cold? I'm smart enough to connect to your thermostat and learn your best sleeping temperature.

So how can a bed do all that?

It's my SleepIQ® technology. My intelligent biometrics sense your heart rate, breathing rate and movement...learning what you need for your best sleep.

In the morning, you'll see your SleepIQ® score and learn how everything from your

Sleep Number® setting to diet and exercise affect your sleep.

After all, sleep is at the center of a healthy mind, body and soul.

Thanks for getting to know me. Sleep well!

Effortless Sleep Awaits with the 360™ Smart Bed



Adjusts on each side to your ideal comfort—your Sleep Number® setting.



Responsive Air™ technology automatically and effortlessly adjusts to you.



Shows you the amazing effects on your sleep quality—your SleepIQ® score.



SET UP SLEEPIQ® TECHNOLOGY

- 1 If you haven't already, visit the Apple or Android app store and download the SleepIQ® app.
- 2 Create and register your account.
- 3 Connect your bed to SleepIQ® technology with your home Wi-Fi network name and password (follow the *Pair Your Bed* process).
- 4 Connect to your apps and smart devices like your fitness tracker, thermostat and more.
- 5 Start enjoying smart, restful sleep.



In the morning you'll see how you slept—your SleepIQ® score.

Night One

FIND YOUR SLEEP NUMBER® SETTING

- 1 Lie down on your bed. In the SleepIQ® app, choose *Bed Controls* then *Help me find my Sleep Number® setting*. Simply follow the step-by-step instructions. Or, use the up/down arrows to reach the number that you think you'd like, then press **Set**. The bed will adjust to that Sleep Number® setting. You may change it any time you wish.
- 2 When you've found a Sleep Number® setting you love, touch the heart icon next to the Sleep Number® setting to save it as your favorite Sleep Number® setting.

COMFORT TIPS

Try a Sleep Number® setting that feels the most comfortable for two to five nights. If you're not comfortable after that, try adjusting your setting by 5 or 10.

- Increasing your setting—for example, from 35 to 40—will provide a firmer mattress.
- Decreasing your setting—for example, from 35 to 30—will provide a softer mattress.

If you need additional assistance, visit sleepnumber.com and click on Customer Service or call 1.800.472.7185 to reach a Customer Service Representative who will provide help you improve your comfort.

CREATE A ROUTINE

Use SleepIQ® technology to help you establish consistent bedtime routines. To create a routine:

- 1 Follow the guided setup experience in the SleepIQ app.
- 2 Repeat the process for nights you have not yet assigned a routine.
- 3 To change a routine, choose *Settings*, then *Routine* and adjust as desired.

NOTE: The features available as part of a routine are dependent upon the mattress and base combination you've chosen.



Adjust to your ideal firmness—your Sleep Number® setting.

SET YOUR FAVORITE BED POSITION (FLEXFIT™ BASES ONLY)

There is a button on each side of the FlexFit™ base that allows you to adjust your base to your favorite sleeping position or back to a flat position. To save a Favorite position:

- 1 Open the SleepIQ® app and choose *Bed Controls*. Go to the FlexFit tab.
- 2 Adjust the bed to the desired position using the Head/Foot arrows or choose one of the preset positions.
- 3 Touch *Favorite*. This will save the position as a favorite, both in the SleepIQ® app and on the FlexFit™ base.



Adjust and save your favorite bed positions.

FLEXFIT™ 1 ADJUSTABLE BASE



Endless head positions & favorites like "Read" & "Watch TV"



Gently raise your partner's head to alleviate snoring*



Find your way at night



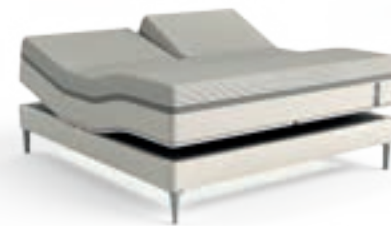
Shows you how well you slept



Control your comfort from your smart device

The FlexFit™ 1 adjustable base allows you to elevate your head to read, watch TV and surf the web in comfort.

FLEXFIT™ 2 ADJUSTABLE BASE



Endless head positions & favorites like "Read" & "Watch TV"



Gently raise your partner's head to alleviate snoring*



Find your way at night



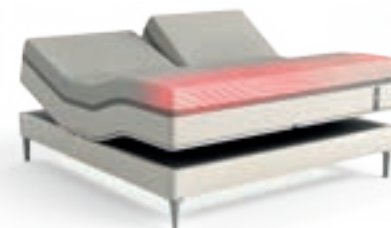
Shows you how well you slept



Control your comfort from your smart device

Our FlexFit™ 2 adjustable base offers enhanced comfort with endless head and foot positions designed to soothe tired muscles and improve circulation.

FLEXFIT™ 3 ADJUSTABLE BASE



Foot warming—designed to help you fall asleep faster



Endless head positions & favorites like "Zero G"



Gently raise your partner's head to alleviate snoring*



Find your way at night



Shows you how well you slept



Control your comfort from your smart device

Our FlexFit™ 3 adjustable base offers the ultimate in individualized comfort. It warms your feet on either side to help you fall asleep faster.

INTEGRATED BASE



The modern, clean lines of our integrated base add a premium feel to any decor. Designed specifically for the Sleep Number® bed, it coordinates with the mattress and holds the Firmness Control™ system with one plug into a wall outlet.

Optional Items

REMOTE

You may purchase a remote to make quick bed adjustments during the night.

FURNITURE LEGS

Enhance the look of your adjustable base with optional furniture legs.

BED FRAME

Sleek, metallic-finish frame raises the integrated base 9 inches from the floor.

HEADBOARD BRACKETS

If you wish to use a headboard with your Sleep Number 360™ bed base, you'll need headboard brackets to hold it in place.

MATTRESS RETAINER BAR

Use a mattress retainer bar to hold any mattress in place on a FlexFit™ adjustable base.

HAVE QUESTIONS?

For troubleshooting and frequently asked questions, visit sleepnumber.com/support or call 1.888.411.2188.

PRODUCT CARE & MOVING INSTRUCTIONS

Visit sleepnumber.com/support for information on how to care for or move your Sleep Number 360™ smart bed.

WARRANTY

Warranty information is available at sleepnumber.com/warranty.

Foot Warming Safety Instructions

1. Be sure to read carefully the accompanying instruction booklet before using this product.
2. Do not allow the cords to be pinched.
3. Keep the control away from drafty areas that may become damp or wet such as an open window.
4. Do not use pins – They may damage the electric wiring.
5. Only plug foot warming into a 360 FlexFit Controller
6. Turn off when not in use.
7. Excessive heating may result from folding bedding, when in actual use.
8. If improper operation of this bedding is observed, discontinue its use immediately and consult the manufacturer or the dealer regarding its repair.
9. Do not machine wash or dry clean the foot warming pad.

Advisory

IMPORTANT INFORMATION

Read the following information carefully before using this product. This adjustable base has been quality-engineered with design features to optimize your comfort and safety when operated properly.

PRODUCT RATINGS

The bed lift motors are not designed for continuous use. Reliable operation and full life expectancy will be realized as long as the lift motors do not operate any more than 2 minutes within a 20 minute period, or approximately 10% duty cycle.

Any attempt to circumvent or exceed product ratings will shorten the life expectancy of the product and may void the warranty. The recommended weight restrictions for FlexFit adjustable bases are as follows: DC equipped- 600 lb all sizes. The bed will structurally support the recommended weights distributed evenly across the head and foot sections. This product is not designed to support or lift this amount in the head or foot sections alone. Note: Exceeding the recommended weight restrictions could damage the adjustable bed and void the warranty. For best performance, consumers should enter and exit the adjustable bed with the base in the flat (horizontal) position.

CAUTION: do not sit on the head or foot sections while in the raised position.

OPERATION INFORMATION

- After bed assembly is complete, operate remote to ensure proper bed functions
- Keep moving parts free of obstruction (including sheets, clothing, tubing, wiring and products using electric power cords) during operation.
- Distribute body weight evenly over bed surface. Do not place entire weight on raised head or foot sections of the bed, including during repositioning and entering or exiting bed.

SMALL CHILDREN/PETS WARNING

CAUTION: Immediately dispose of packaging materials as it can suffocate small children and pets. To avoid injury, children or pets should not be allowed to play under or on the bed. Children should not operate this bed without adult supervision. Keep bed in sight during operation to ensure safety and avoid injury.

FCC COMPLIANCE

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any attempt to make changes or modifications to the remote (e.g., an intentional radiator) could void the user's authority to operate the remote according to FCC certification (section 15.231).

Users are cautioned that the Federal Communications Commission (FCC) requires the antennas within the device to be spaced more than 20 cm (8 inches) from the user's head or torso.

HOSPITAL USE DISCLAIMER

Caution: This base is designed for in-home use only. It is not approved for hospital use and does not comply with hospital standards. Do not use this base with the tent-type oxygen therapy equipment or near explosive gases.

SERVICE REQUIREMENTS

NOTE: Service technicians are not responsible for moving furniture, removing headboards and footboards or any items required to perform maintenance on the adjustable bed. In the event the technician is unable to perform service due to lack of accessibility, the service call will be billed to the purchaser and the service will have to be rescheduled.

Important Safety Instructions

NOTE: SAVE THESE INSTRUCTIONS.

The FlexFit 360 control system and the 360 Pump and base is the only Intertek ETL evaluated devices described

When using and electrical furnishing, basic precautions should always be followed. Read all instructions before using this furnishing.

DANGER: To reduce the risk of electric shock

- 1. Always unplug this furnishing from the electrical outlet before cleaning.

WARNING: To reduce the risk of burns, fire, electric shock or injury to persons:

- 1. Unplug from outlet before putting on or taking off parts.
- 2. Close supervision is necessary when this furnishing is used by or near children, invalids or disabled persons.
- 3. Use this furnishing only for its intended use as described in these instructions. Do not use attachments not recommended by the manufacturer.
- 4. Never operate this furnishing if it has a damaged cord or plug, if it is not working properly, if it has been dropped, damaged or dropped into water. Return the furnishing to a service center for examination and repair.
- 5. Keep the cord away from heated surfaces
- 6. Never operate the furnishing with the air openings blocked. Keep the air openings free of lint, hair and the like.
- 7. Never drop or insert any object into any opening.
- 8. Do not use outdoors.
- 9. Do not operate where aerosol spray products are being used or where oxygen is being administered.
- 10. To disconnect, turn all controls to the off position, then remove plug from outlet.
- 11. This product is intended for house hold use only.

GROUNDING INSTRUCTIONS

WARNING: Electrical ground is required on this furnishing. Do not connect to an ungrounded outlet. Do not use an extension cord or two prong adapter that eliminates the connection to ground.

CAUTION: This furnishing is designed for indoor use only. This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER: Improper connection of the equipment- grounding conductor can result in a risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to if it will not fit the outlet, have a proper outlet installed by a qualified electrician.

This product is for use on a nominal 120-volt circuit and has a grounding plug. Make sure that the product is connected an outlet having the configuration as the plug. No adapter should be used with this product.

MAGNET INSTRUCTIONS

Warning: A mattress with an adjustable foundation has magnets that emit a strong magnetic field when the mattress or magnets are detached from the foundation.

- To minimize the risk of a pinch injury, keep magnets away from each other and from other metal objects.
- Persons with medical implants should stay a safe distance (6 inches) from magnets.

When mattress is attached to foundation, the magnetic field is less than 5 Gauss at any distance and considered safe.



NEED HELP?

For troubleshooting and frequently asked questions:

visit
sleepnumber.com/support

or call
1.888.411.2188

IMPORTANT: To avoid injury, read all safety precautions.
Follow the safety information on the safe use of all the
features. Keep this guide for future reference.

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