



**Medtronic**

Activa® PC

Multi-program neurostimulator

37601

Implant manual

! USA Rx only

**CE0123**  
2008



## Explanation of symbols on product or package labeling

Refer to the appropriate product for symbols that apply.



Open here



Do not reuse



Sterilized using ethylene oxide



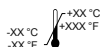
Date of manufacture



Manufacturer



Use by



Temperature limitation



Serial number



Consult instructions for use



Do not use if package is damaged



Do not resterilize

# CE0123

Conformité Européenne (European Conformity). This symbol means that the device fully complies with AIMD Directive 90/385/EEC (NB 0123).



Authorized representative in the European Community



For USA audiences only

PIN No.

Pin number

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**Refer to the indications sheet for indications and related information.**

**Refer to the appropriate information for prescribers booklet and any additional associated product information for contraindications, warnings, precautions, component disposal, and other important device therapy information.**

**Refer to the MRI Guidelines for Medtronic Deep Brain Stimulation Systems instructions for use manual for the MRI conditions and MRI-specific contraindication, warnings, and precautions for conducting an MRI scan.**

**Refer to the System Eligibility Battery Longevity reference manual for neurostimulator selection and battery longevity calculations.**

**! USA Refer to the clinical summary booklet for information on the clinical study results of the neurostimulation system.**






## Description

The Medtronic Activa PC Model 37601 Neurostimulator is part of a neurostimulation system for deep brain stimulation.

## Package contents

- Neurostimulator
- Torque wrench
- Product literature
-  Warranty card
- Registration form
- Patient identification card

## Patient identification card

A patient identification card is packaged with this device. Advise the patient to carry the identification card at all times.

 The patient identification card packaged with the device is temporary; a permanent card will be mailed to the patient when Medtronic receives the registration form.

The implant registration form registers the device warranties and creates a record of the device in Medtronic's implant data system.

## Device specifications

The neurostimulator is a multi-programmable device that delivers stimulation through 1 or 2 leads. The stimulation settings are stored in programs. A program is a specific combination of pulse width, rate, and amplitude settings acting on a specific electrode combination. Up to four programs can be combined into a group. When using more than one program, the pulses are delivered sequentially—first a pulse from one program, then a pulse from the next program.

Pulse width, amplitude, and electrode polarity for each program within the group can have different values. Rate, rate limits, SoftStart/Stop and cycling for each program within the group have the same values.

**Table 1. Operating values for the Activa PC Model 37601 neurostimulator**

<b>Programmable parameter</b>	<b>Operating range and resolution<sup>a</sup></b>
Number of defined groups	1 to 4
Number of programs per group	1 to 4
Electrode configuration <sup>b</sup>	1 to 4 electrodes per lead as anode (+), cathode (-), or Off; case defined as anode or Off
Amplitude (voltage mode)	0 to 10.5 V with 0.05-V or 0.1-V resolution
Amplitude (current mode)	0 to 25.5 mA with 0.1-mA resolution
Amplitude – upper patient limit	Tracking limit (by hemisphere): +0 to +2 (0.2 resolution); +2 to +4.5 (0.5 resolution)
Amplitude – lower patient limit	Tracking limit (by hemisphere): -0 to -2 (0.2 resolution); -2 to -4.0 (0.5 resolution); full range <sup>c</sup>
Pulse width	60 to 450 $\mu$ s (10- $\mu$ s resolution)
Pulse width – upper patient limit	Tracking limit: +0 to +100 $\mu$ s (10- $\mu$ s resolution)
Pulse width – lower patient limit	Tracking limit: -0 to -100 $\mu$ s (10- $\mu$ s resolution)
Rate (voltage mode)	2 to 250 Hz (resolution: 1 Hz from 2 Hz to 10 Hz, 5 Hz from 10 Hz to 250 Hz) <sup>d</sup>
Rate (current mode)	30 to 250 Hz (5-Hz resolution) <sup>d</sup>
Rate – upper patient limit	Tracking limit: +0 to +50 Hz (10-Hz resolution)
Rate – lower patient limit	Tracking limit: -0 to -50 Hz (10-Hz resolution)
SoftStart/Stop	Off, On: 1-, 2-, 4-, or 8-second ramp duration
Cycling	Off, On: 0.1 s to 24 hr (resolution: 0.1 s from 0.1 s to 1 s, 1 s from 1 s to 59 s, 1 min from 1 min to 59 min, 1 hr from 1 hr to 24 hr)

<sup>a</sup> Interlocks will prevent the use of some parameter combinations.

<sup>b</sup> In current mode, a maximum of 2 electrodes (including the case) can be configured as anode (+) and cathode (-).

<sup>c</sup> Full range = -10.5 V (voltage mode); -25.5 mA (current mode).

<sup>d</sup> Rate limited to 125 Hz when two programs are active on a single lead.

**Table 2. Physical characteristics of the Activa PC Model 37601 neurostimulator<sup>a</sup>**

<b>Description</b>	<b>Value</b>
Connector type	Octapolar, in-line 2.8-mm (0.110-in) spacing
Height	65.0 mm (2.6 in)
Length	49.0 mm (1.9 in)
Thickness	
case	15.0 mm (0.6 in)
connector	15.0 mm (0.6 in)
Weight	67.0 g (2.4 oz)
Volume	39.0 cm <sup>3</sup>
Power source	6.3 Amp hours, 3.2 V HCSVO <sup>b</sup> cell
Temperature limitation	-18 to +52 °C (0 to +126 °F)
Serial number model designator <sup>c</sup>	NKM
Radiopaque Identification (ID) code	NKD
Transmitter	
Carrier frequency	175 kHz
Output level (at 300 m)	-45.8 dBuV/m

<sup>a</sup> All measurements are approximate.

<sup>b</sup> Hybrid combined silver vanadium oxide.

<sup>c</sup> The serial number is the model designator followed by a number. The clinician programmer displays the entire serial number beginning with the model designator.

**Table 3. Material of components in the Activa PC Model 37601 package**

<b>Components</b>	<b>Material</b>	<b>Material contacts human tissue</b>
Neurostimulator		
Case	Titanium	Yes
Connector block	Polyurethane, silicone rubber, silicone medical adhesive	Yes
Grommets, seals	Silicone rubber	Yes
Setscrews	Titanium alloy	Yes
Adhesive	Silicone medical adhesive	Yes
Torque wrench		
Handle	Polyetherimide	Yes
Shaft	Stainless steel	Yes

## **Declaration of conformity**

Medtronic declares that this product is in conformity with the essential requirements of Directive 90/385/EEC on Active Implantable Medical Devices.

For additional information, contact the appropriate Medtronic representative listed on the inside back cover of this manual.

# Instructions for use

Implanting physicians should be experienced in stereotactic and functional neurosurgery and have expertise with functional stereotactic neurosurgical treatment of movement disorders and deep brain stimulation procedures, as well as thoroughly familiar with all product labeling.



## **Cautions:**

- When using sharp instruments near the neurostimulator, be extremely careful to avoid nicking or damaging the case or the connector block. Damaging the neurostimulator may require surgical replacement.
- Do not use saline or other ionic fluids at connections, which could result in a short circuit.

## Verifying neurostimulator operation

Before opening the sterile neurostimulator package, verify that the neurostimulator is operable by using the clinician programmer to interrogate the neurostimulator and read the neurostimulator battery service life. (Refer to the software manual for instructions on how to read the battery service life.)



**Caution:** Do not implant a neurostimulator if it was dropped onto a hard surface from a height of 30 cm (12 in) or more, because the neurostimulator may be damaged and fail to operate properly.

**Note:** The neurostimulator pocket may be flushed with an antibiotic solution; do not submerge the neurostimulator in fluid.

## Connecting the extension to the neurostimulator



**Caution:** Before connecting components, wipe off any body fluids and dry all connections. Fluids in the connection may result in stimulation at the connection site, intermittent stimulation, or loss of stimulation.

1. Wipe the extension connectors with sterile gauze. If necessary, use sterile (United States Pharmacopeia [USP]) water or a nonionic antibiotic solution.
2. Make sure the connector block receptacles are dry and clean.
3. If using two leads, identify the left and right lead-extensions.

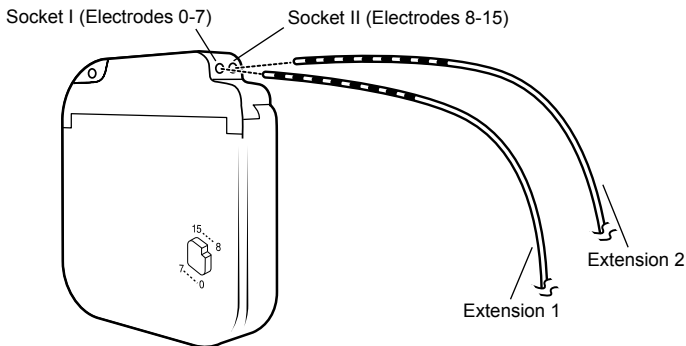
**Note:** It may be necessary to tug gently on either lead-extension and view its movement at the lead site to identify left and right lead-extensions.

4. Insert each extension connector into the appropriate neurostimulator socket until it is fully seated within the connector block (Figure 1).

**Notes:**

- Insert the identified left extension into the front (0-7) neurostimulator socket (socket I) and the right extension into the back (8-15) neurostimulator socket (socket II) to simplify electrode assignment during programming.
- During insertion, some resistance is typical.
- To retract the setscrews, insert the torque wrench into the self-sealing grommet and rotate the setscrews counterclockwise; however, do not remove the setscrews from the connector block.

**Caution:** Do not insert the extension connector into the connector block if the setscrews are not sufficiently retracted. If the setscrews are not retracted, the setscrews may damage the extension and the extension will not be seated fully into the connector block.



**Figure 1.** Insert the extension connectors fully into the neurostimulator socket.

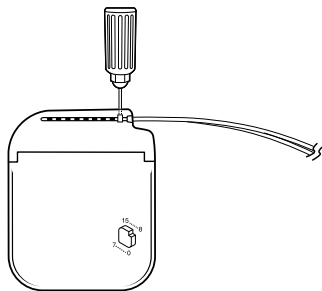
**Note:** Insert a neurostimulator plug (from the extension kit) into an unused neurostimulator socket.

5. For each extension or plug, fully insert the torque wrench (packaged with the neurostimulator) into each self-sealing grommet of the connector block and tighten each setscrew (Figure 2).



### Cautions:

- To prevent undertightening the neurostimulator setscrews, do not use the torque wrench from the extension kit. Undertightening may result in insufficient electrical contact within the connector block, which may cause intermittent stimulation.
- Be sure the torque wrench is fully inserted into the self-sealing grommet. If the torque wrench is not fully inserted, the setscrew may be damaged, resulting in intermittent or loss of stimulation.
- Before tightening setscrews, ensure that the extension connector is inserted into the connector block to prevent damaging the extension.
- Verify that each leaf of the self-sealing grommet is closed after the torque wrench is withdrawn. If fluid leaks through a grommet seal that is not fully closed, the patient may experience shocking, burning, or irritation at the neurostimulator implant location, or intermittent stimulation, or loss of stimulation.



*Figure 2. Tightening the setscrews in the self-sealing grommet.*

## Implanting the neurostimulator

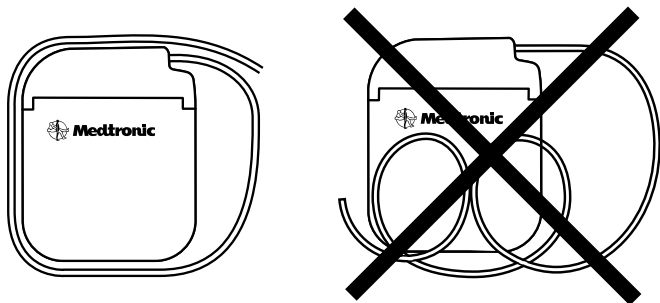
1. Place the neurostimulator into the subcutaneous pocket with the Medtronic logo facing outward, away from muscle tissue, and ensure that the extension is not bent sharply.



### Cautions:

- Ensure that the neurostimulator is placed no deeper than 4 cm (1.5 in) below the skin and is parallel to the skin. If the neurostimulator is too deep or is not parallel to the skin, telemetry may be unsuccessful.
- Do not coil excess extension in front of the neurostimulator. Wrap excess extension around the perimeter (Figure 3) of the neurostimulator to minimize subcutaneous pocket depth, help minimize potential damage during

neurostimulator replacement surgery, help minimize potential kinking of the extension, and minimize interference with telemetry. Excess extension should not exceed two wraps around the perimeter of the neurostimulator. Extension lengths requiring more than two wraps can interfere with telemetry.



**Figure 3.** Wrap excess extension around the perimeter of the neurostimulator.

2. Use the suture holes in the connector block to secure the neurostimulator to the muscle fascia with nonabsorbable silk.

## Checking system integrity

**Caution:** To use the nonsterile clinician programmer in a sterile field, place a sterile barrier between the patient and the programming head to prevent infection. Do not sterilize any part of the clinician programmer. Sterilization may damage the programmer.

**Note:** The neurostimulator should be in the pocket during system interrogation for integrity to ensure proper readings.

1. To ensure proper connection of each extension to the neurostimulator, use the clinician programmer to program left and right lead assignments and the basic stimulation parameters, check the battery status, and check the electrode impedances to rule out a short or open circuit.
2. If the system integrity test results are not acceptable, refer to "Connecting the extension to the neurostimulator" on page 13.

## Completing the implant procedure

1. Close and dress all incisions.
2. Ensure that a patient control device is given to the patient.



3. Complete the device tracking and patient registration paperwork and return the documents to Medtronic.

**Contacts:****Asia:**

Medtronic International Ltd.  
Tel. 02919-1300  
Fax 02891-6830

Medtronic Asia Ltd.

Tel. (02)-548-1148  
Fax (02)-518-4786

**Australia:**

Medtronic Australasia Pty. Ltd.  
97 Waterloo Road  
North Ryde, NSW 2113  
Australia  
Tel. +61-2-9857-9000  
Fax +61-2-9878-5100  
Toll-free 1-800-668-670

**Austria:**

Medtronic Österreich GmbH  
Tel. 01-240440  
Fax 01-24044-100

**Belgium:**

Medtronic Belgium S.A.  
Tel. 02-456-0900  
Fax 02-460-2667

**Canada:**

Medtronic of Canada Ltd.  
Tel. (1-905)-460-3800  
Fax (1905)-826-6620

**Czech Republic:**

Medtronic Czechia s.r.o.  
Tel. 2-965-795-80  
Fax 2-965-795-89

**Denmark:**

Medtronic Danmark A/S  
Tel. 45-32-48-18-00  
Fax 45-32-48-18-01

**Finland:**

Medtronic Finland Oy/LTD  
Tel. (09)-755-2500  
Fax (09)-755-25018

**France:**

Medtronic France S.A.S.  
Tel. 01-5538-1700  
Fax 01-5538-1800

**Germany:**

Medtronic GmbH  
Tel. (02159)-81490  
Fax (02159)-8149100

**Greece:**

Medtronic Hellas S.A.  
Tel. 210-67-79-099  
Fax 210-67-79-399

**Hungary:**

Medtronic Hungária Kft.  
Tel. 1-889-06-00  
Fax 1-889-06-99

**Ireland:**

Medtronic Ireland Ltd.  
Tel. (01)-890-6522  
Fax (01)-890-7220

**Italy:**

Medtronic Italia SpA  
Tel. 02-241371  
Fax 02-241381  
Tel. 06-328141  
Fax 06-3215812

**Japan:**

Medtronic Japan  
Tel. 03-6776-0017  
Fax 03-6774-4645

**Latin America:**

Medtronic, Inc.  
Tel. (1305)-500-9328  
Fax (1786)-709-4244

**Norway:**

Medtronic Norge AS  
Tel. 67-10-32-00  
Fax 67-10-32-10

**Poland:**

Medtronic Poland Sp. z.o.o.  
Tel. (022)-465-69-00  
Fax (022)-465-69-17

**Portugal:**

Medtronic Portugal, Lda.  
Tel. 21-724-5100  
Fax 21-724-5199

**Russia:**

Medtronic Russia  
Tel. (8495) 580-7377  
Fax (8495) 580-7378

**Slovakia:**

Medtronic Slovakia, o.z.  
Tel. 0268 206 911  
Fax 0268 206 999

**Spain:**

Medtronic Ibérica, S.A.  
Tel. 91-625-0400  
Fax 91-650-7410

**Sweden:**

Medtronic AB  
Tel. 08-568-585-00  
Fax 08-568-585-01

**Switzerland:**

Medtronic (Schweiz) AG

Tel. 031-868-0100

Fax 031-868-0199

**The Netherlands:**

Medtronic B.V.

Tel. (045)-566-8000

Fax (045)-566-8668

**Turkey:**

Medtronic Turkey

Tel. +90 216 636 1000

Fax +90 216 636 1008

**U.K.:**

Medtronic U.K. Ltd.

Tel. 01923-212213

Fax 01923-241004

**USA:**

Medtronic, Inc.

Tel. (1-763)-505-5000

Fax (1-763)-505-1000

Toll-free: (1-800)-328-0810



# Medtronic

## Manufacturer

Medtronic, Inc.  
710 Medtronic Parkway,  
Minneapolis, MN 55432-5604,  
USA  
www.medtronic.com  
Tel. +1-763-505-5000  
Fax +1-763-505-1000

## Authorized Representative in the European Community



Medtronic B.V.  
Earl Bakkenstraat 10,  
6422 PJ Heerlen,  
The Netherlands  
Tel. +31-45-566-8000  
Fax +31-45-566-8668

## Europe/Africa/Middle East Headquarters

Medtronic International Trading Sàrl  
Route du Molliau 31,  
Case Postale 84  
CH - 1131 Tolothenaz,  
Switzerland  
www.medtronic.eu  
Tel. +41-21-802-7000  
Fax +41-21-802-7900

## Asia-Pacific

Medtronic International Ltd.  
Suite 1106-11, 11/F, Tower 1, The Gateway,  
25 Canton Road, Tsimshatsui,  
Kowloon,  
Hong Kong  
Tel. +852-2919-1300  
Fax +852-2891-6830

Contacts for specific countries are listed inside this cover.



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