# GARMIN

# A02740 Quick Start Manual

### 🛆 WARNING

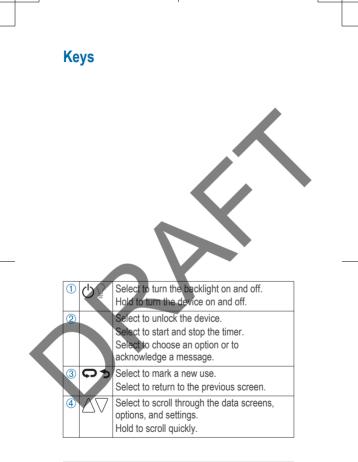
See the Important Safety and Product Information guide in the GPS device product box for product warnings and other important information.

Always consult your physician before you begin or modify any exercise program.

# **Getting Started**

When using your device for the first time, you should complete these tasks to set up the device and learn about the basic features.

- 1 Charge the device (page 6).
- 2 Put on the optional sensor monitor (page 7).
- 3 Use the device (page 3).
- 4 Upload your data to Garmin (page 4).
- 5 Register the device (page 8).
- 6 Get more information (page 9).



# Using the device

The device comes partially charged. You may need to charge the device (page 6) before using.

NOTE: The device turns on automatically while charging. If you do not charge the device before using, hold to turn on the device.

- 1 From the time of day screen, select to unlock the device.
- 2 Go outside, and wait while the device locates satellites. It may take 30-60 seconds to locate satellite signals. The satellite bars turn green, and the timer screen appears.

- Select to start the timer.
  - Use the device.
- 5 After using, select to stop the timer.
- 6 Select an option:
  - Select Resume to restart.

- Select Save to save data and reset. You can now upload your data to Garmin.
- Select **Discard** to delete the data.

# **Charging the Device**

This device contains a lithium-ion battery. See the Important Safety and Product Information guide in the product box for product warnings and other important information.

#### NOTICE

To prevent corrosion, thoroughly dry the contacts and the surrounding area before charging or connecting to a computer.

- 1 Plug the USB cable into a USB port on your computer.
- Align the charger posts with the contacts on the back of the device, and press the charger ① until it clicks. 3 Charge the device completely.

# Troubleshooting

Registering Your Device Help us better support you by completing our online registration today.

Go to http://my.garmin.com. .



Keep the original sales receipt, or a photocopy, in a safe place.

#### **Getting More Information**

- Go to www.garmin.com/intosports.
- · Go to www.garmin.com/learningcenter.
- Go to http://buy.garmin.com, or contact your Garmin dealer for information about optional accessories and replacement parts.

#### Getting the Owner's Manual

You can get the latest owner's manual from the web.

- 1 Go to www.garmin.com/support.
- 2 Select Manuals.
- Follow the on-screen instructions to select your product.

#### **Resetting the Device**

If the device stops responding, you may need to reset it. This does not erase any of your data or settings.

1 Hold () for 15 seconds.

The device turns off.

2 Hold O for one second to turn on the device.

## **Clearing User Data**

You can restore all of the device settings to the factory default values.

NOTE: This deletes all user-entered information, but it does not delete your history.

- 1 Hold (), and select Yes to turn off the device.
- 2 While holding C, hold to turn on the device.
- 3 Select Yes.

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