



Scan QR code for more info

Fr : Balayez le code QR pour obtenir plus d'information

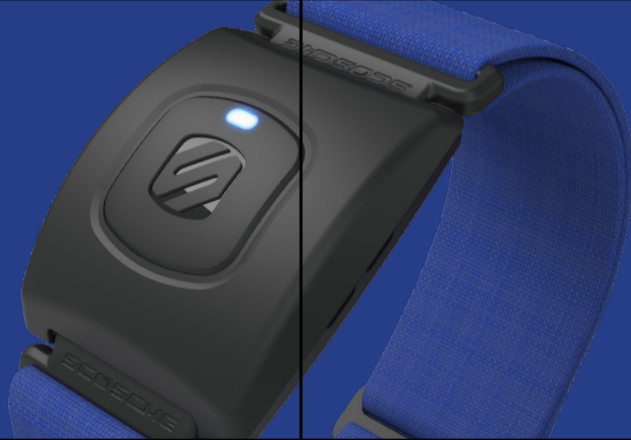
Sp: Escanee el código QR para obtener más información

Ger : Für weitere Informationen, scannen Sie den QR-Code

Ital: Eseguire la scansione del codice QR per ulteriori informazioni



**For Pairing instructions, contact  
Scosche Customer Service:  
(800) 363-4490 x1**



**RHYTHM+<sup>TM</sup> 2.0**  
Quick Start Guide



### Power On/Off:

**Turn On** - Press & hold MFB for 2 seconds

**Turn Off** - Press & hold MFB for 3 seconds



\* Multi-Function Button (MFB)

### LED Status:

**Red/Blue** – *Bluetooth* Pairing Mode

**(3) Blue Blinks** – Successful *Bluetooth* Connection

**Blue** – Normal Operation

LED INDICATOR



### Initial Setup with *Bluetooth* Smart Fitness Apps

1. *Bluetooth* is turned ON within your device.
2. Find the Sensor Settings menu in the *Bluetooth* Smart Fitness App.
3. Turn on your **RHYTHM+2.0** and select it in the app to connect.

### Initial Setup with *Bluetooth* & *ANT+* Smart devices

(Sports Watches & Fitness Equipment)

1. From the device settings menu select "Add HR sensor"
2. Turn on your **RHYTHM+2.0** and select it to connect.



### Armband Placement

**BICEPS**

**TRICEPS**

**UPPER FOREARM**  
(recommended placement)

