

Smart Watch

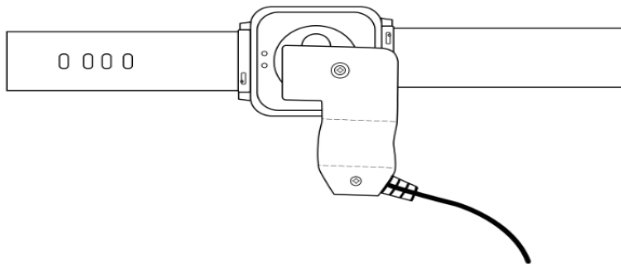


FCC ID: EP9-TMXM05A

User manual

Product information

1. Initial instructions



When using this device for the first time, please take out the device and charge it with the bundled charging cable. The device will automatically switch on once being charged. The time and date of the device will be automatically synchronized with the phone once connection to the phone is established.

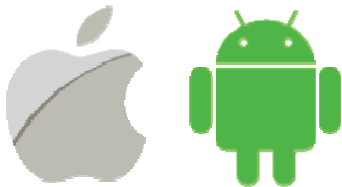
Notice:

1. Ensure the charging pins on the clip of the charging cable contact appropriately with the charging pins on the caseback of the device during charging.
2. After pressing and holding the touch button, the device will start up and the screen shows the watch face as default

2. Warm prompt

Download the “iConnect BY Timex 2” App from Apple Store / Google Play and install the App into the iPhone or Android phone compatible to BT 4.0.

Minimum requirement of the OS of mobile phone:

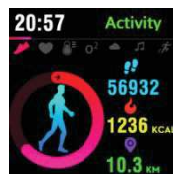


IOS 9.0 & above Android 5.0 & above

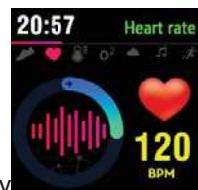
3. Function Icons



Time and date



Daily Activity

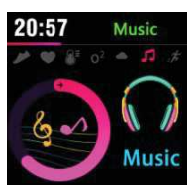


Heart rate



Weather

(Add additional icons for Timex)



Music Control



Sports



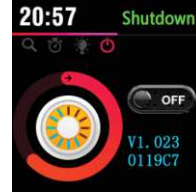
Find



Stopwatch






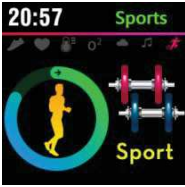
Brightness





Shutdown

Tap on the touch button to switch to different pages.

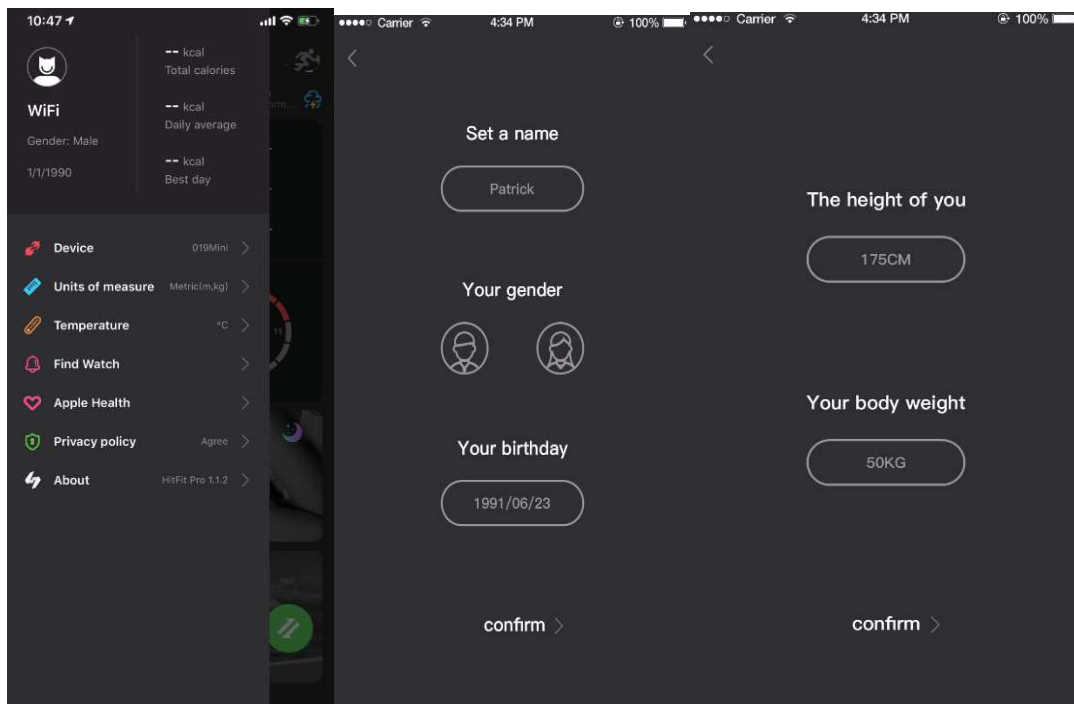
4. Watch Functions

<p>Clock Display</p>	 <p>(Change to Timex customized watch faces)</p>
<p>Daily Activity</p> 	<p>It displays the total number of steps, calorie and distance of the day. The activity date can also be viewed in the app after connecting the watch</p>
<p>Heart rate</p> 	<ol style="list-style-type: none"> 1. To measure heart rate, press and hold the touch button for 5 seconds, the icon will change dynamically and the light on the back of the watch will start flashing, indicating that the heart rate measurement begins; 2. After measuring for about 15 seconds, the real-time heart rate data will be shown in the screen. After measuring for about 40 seconds, the device will stop the measurement automatically. The device will return to the home watch face automatically.
<p>Sports</p> 	<p>Sport function support walking, running, cycling, swimming and tennis.</p>

<p>Find phone</p> 	<p>To find the phone, press and hold the touch button for 5 seconds and then the phone will ring.</p> <p>Notice: Make sure the device and the phone is connected through bluetooth before finding the phone by above steps.</p>
<p>shutdown</p> 	<p>Switch to this page. Press and hold the touch button for 5 second to shutdown the device.</p>

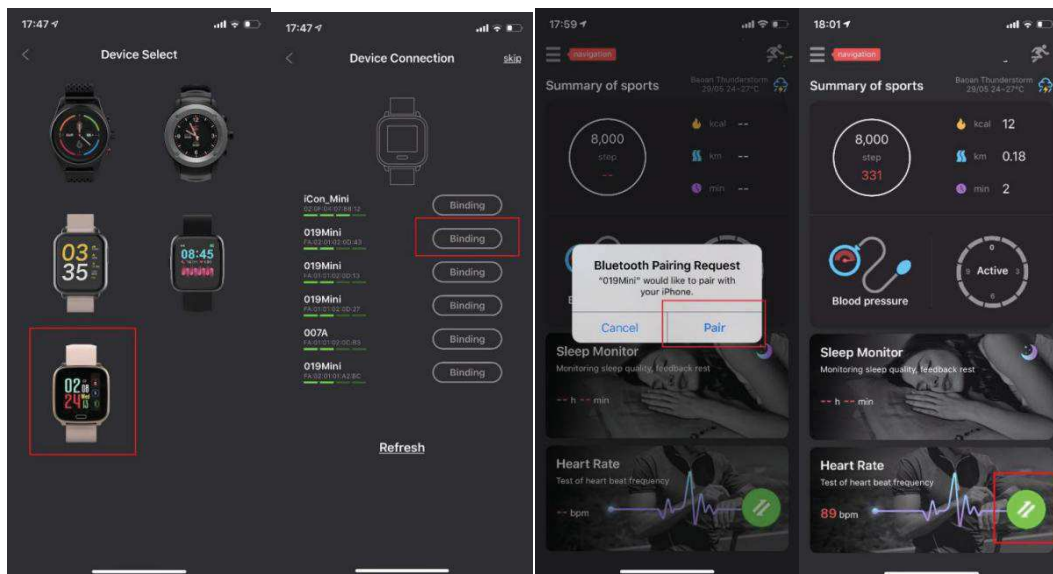
5. Personal data settings

After installing the APP, enter setting and click on the top profile to enter the personal data settings page. In order to estimate the calorie consumption more accurately, it is recommended to set the personal information in the App as accurate as possible.



6. Bind watch

1. Turn on Bluetooth of the phone
2. Open the sidebar-> click “Device” and then choose your device.The app will start to scan device -> Click the Binding button to connect your device ->Wait until connection successful.
3. For iPhone environment, there will be a dialog “Bluetooth require to pair” showing up during binding. Please click “Pair” to proceed.

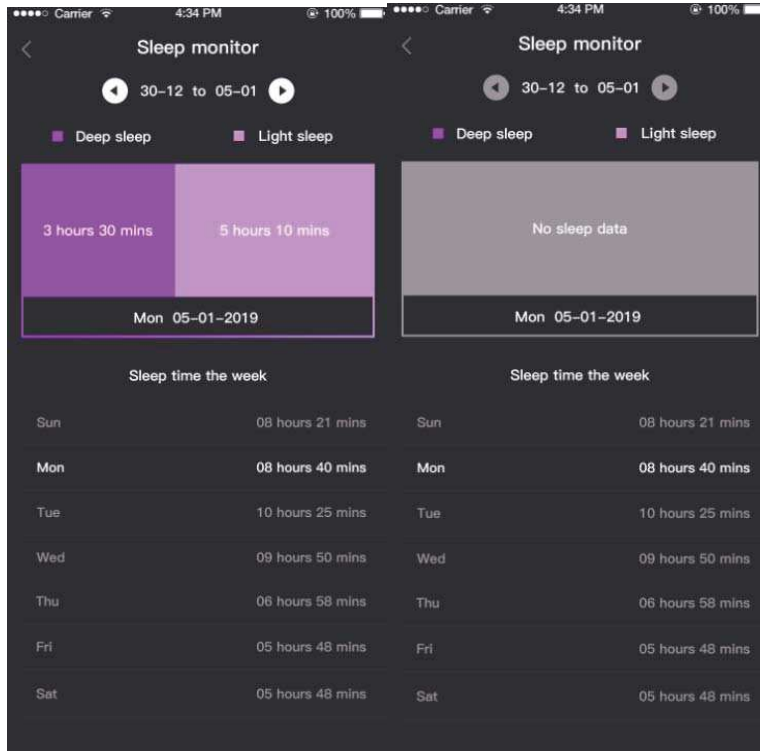


7. Synchronous data

The watch automatically synchronizes the data after pairing/connecting with the smartphone. Data includes steps, calories, distance, date and time, heart rate and sports. Or you can manually synchronize data by clicking the floating button.

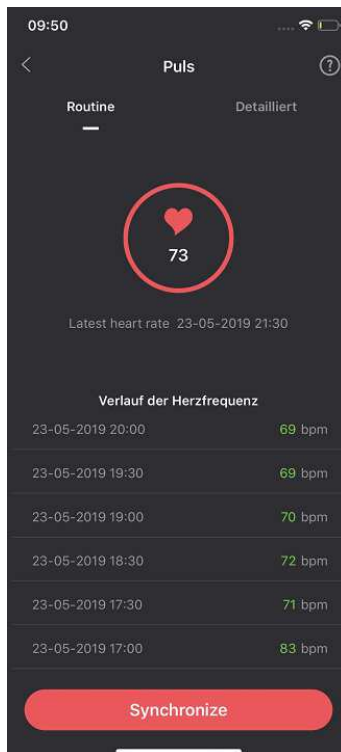
8. Sleep monitor

You need to wear the watch at night, and the watch will monitor your entire sleep schedule and analyze the quality of your sleep according to your nocturnal movements.

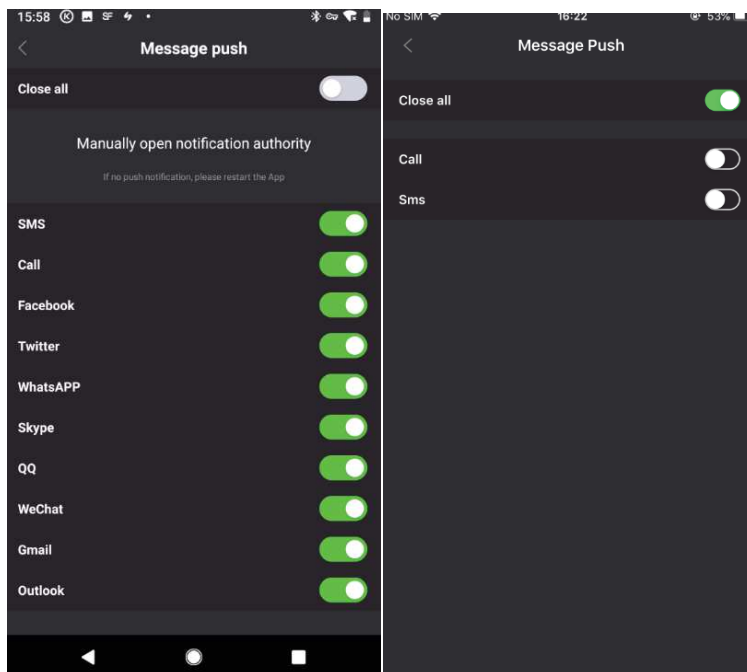


9. Heart Rate Monitor

1. Manual detection: enter the application, click "Synchronize" or "Measuring" to monitor in the health interface, and the measurement process lasts 2 minutes. Stay in the heart rate monitoring page of the App during heart rate measurement. When quitting the heart rate monitoring page, the watch will stop measuring. Figure below shows the Heart Rate monitoring page.



10. Calling and message reminder

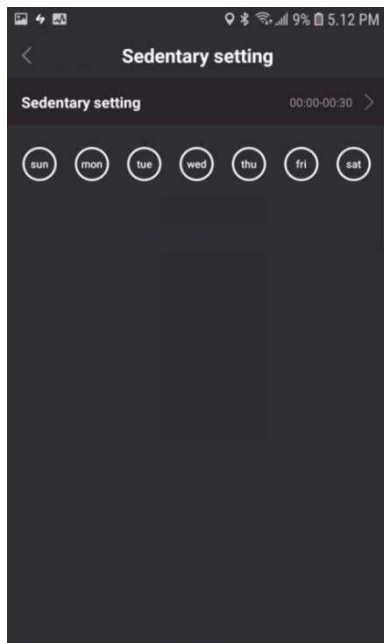


After connecting the watch to the mobile phone, enter the notification page to open the incoming call and message reception, and the watch will receive the message、

phone call, message of Facebook and other third parties.

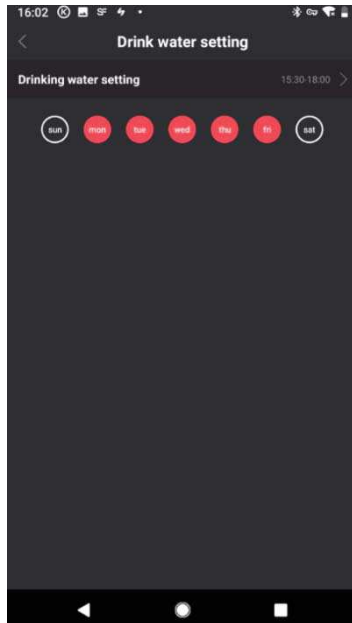
11. Sedentary reminder

After connecting the watch to the phone, go to the notification page and turn on the sedentary reminder. Set the start time and end time of sedentary reminder. If user is not active for 1 hour, device will vibrate to remind.



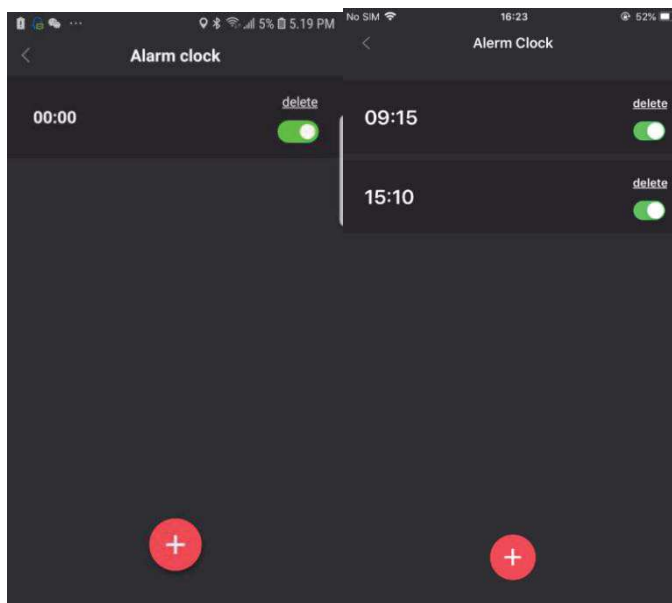
12. Drinking reminder

After connecting the phone, enter the notification page to turn on the drinking reminder switch to set the start time to remind drinking.



13. Alarm Setting

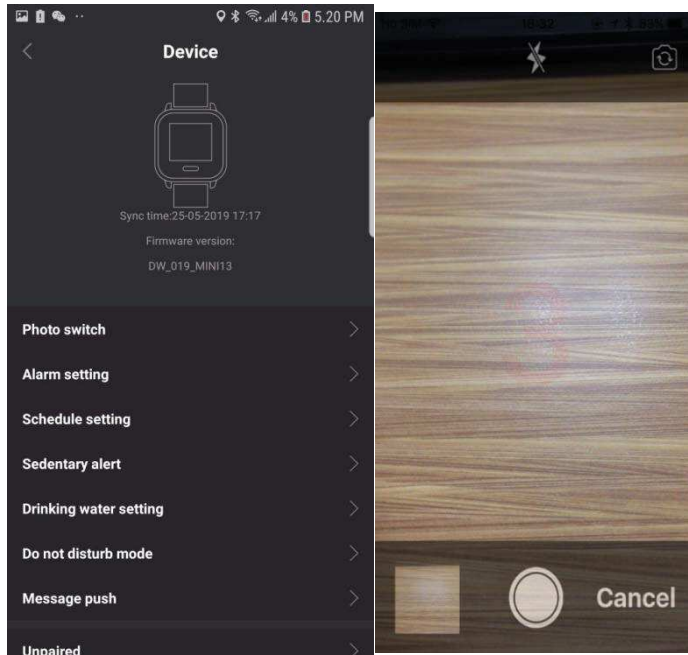
After connecting to the phone, enter the sidebar->click device->click alarm setting, add the new alarm; The watch will vibrate when the preset alarm time is reached. The alarm clock can be set daily or the day of a week, and you can create up to 5 alarm clocks.



14. Remote Camera control

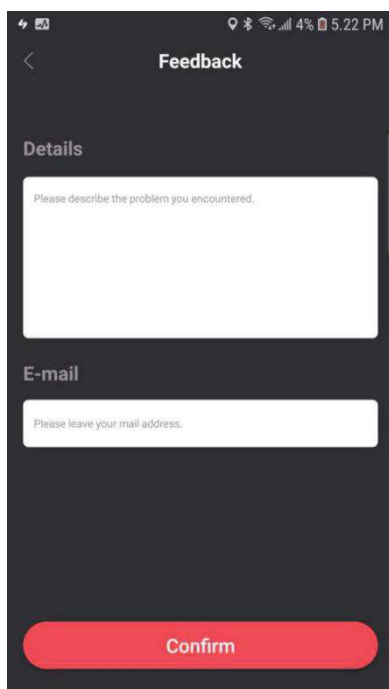
After connecting to the phone, enter the sidebar->click device-> photo switch.

Turn on the phone camera and tap on the touch button of the device to take the photo.



15. Feedback

Under the application setting, there is a "feedback" section. You are welcome to give us suggestions and use problems at any time, and we will continue to improve. Below attach a screenshot of the feedback.



16. Sharing Function

The sport detail data sharing function support strava, google fit, apple health and sharing to third-party app by image snapshot. Please find this function in the sport detail data page.

Basic specification

- Waterproof level:IP68
- Battery:160mAh
- Bluetooth:4.0
- Charge time:2 hours
- Working condition:-10° C~50° C

Notice

- Do not hit the host seriously
- Do not contact benzene, thinner or other chemicals
- Do not close to the strong magnetic field, the electric shock station
- Do not wear it during the shower (no more than 35 ° C temperature)
- Do not disassemble, repair or transform yourself

- Do not throw in the fire, there will be explosion danger.

Safety warning

Please follow the doctor's instructions to determine your self-diagnosis and treatment. People with blood circulation disorders, blood diseases, please be treated under the guidance of the doctor. The measurement results of this product are for reference only, not for any medical use or basis.

FCC Warning Statement Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment. This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- - Reorient or relocate the receiving antenna.
- - Increase the separation between the equipment and receiver.
- - Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- - Consult the dealer or an experienced radio/TV technician for help.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.