



HEALTH AND SAFETY INFORMATION AND USAGE GUIDELINES

Read the following warnings before setup or use of the Nintendo Switch system. If this product will be used by young children, these instructions should be read and explained to them by an adult. Failing to do so may cause injury. Please also carefully review the information for the game you are playing and review any additional health and safety information.

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Important Safety Information

Throughout these instructions, you will see this symbol followed by WARNING or CAUTION, or you may see the term NOTICE. These terms have different levels of meaning as outlined below. Please read and understand these terms and the information that appears after them before using your Nintendo Switch system.



Warns you about incorrect use of this system that could result in serious personal injury.



Cautions you about incorrect use of this system that could result in personal injury or damage to the system, components, games, or accessories.

NOTICE

Informs you about incorrect use of the system that could result in damage to the system, components, games, or accessories.

⚠ WARNING - SEIZURES

- Some people (about 1 in 4,000) may have seizures or blackouts triggered by light flashes or patterns, and this may occur while they are watching TV or playing video games, even if they have never had a seizure before.
- Anyone who has had a seizure, loss of awareness, or other symptom linked to an epileptic condition should consult a doctor before playing a video game.
- Parents should watch their children play video games. Stop playing and consult a doctor if you or your child has any of the following symptoms:
 - Convulsions
 - Eye or muscle twitching
 - Loss of awareness
 - Altered vision
 - Involuntary movements
 - Disorientation

To reduce the likelihood of a seizure when playing video games:

- 1. Sit or stand as far from the screen as possible.
- 2. Play on the smallest available television screen.
- 3. Do not play if you are tired or need sleep.
- 4. Play in a well-lit place.
- 5. Take a 10 to 15 minute break every hour.

⚠ WARNING - REPETITIVE MOTION INJURIES AND EYESTRAIN

Playing video games can make your muscles, joints, skin, or eyes hurt. Follow these instructions to avoid problems such as tendinitis, carpal tunnel syndrome, skin irritation or eyestrain:

- Avoid excessive play. Parents should monitor their children for appropriate play.
- Take a 10 to 15 minute break every hour, even if you don't think you need it.
- If your hands, wrists, arms, or eyes become tired or sore while playing, or if you feel symptoms such as tingling, numbness, burning, or stiffness, stop and rest for several hours before playing again.
- If you continue to have any of the above symptoms or other discomfort during or after play, stop playing and see a doctor.

⚠ CAUTION - MOTION SICKNESS

Playing video games can cause motion sickness in some players. If you or your child feels dizzy or nauseous when playing video games, stop playing and rest. Do not drive or engage in other demanding activity until you feel better.

To avoid electric shock when you use this system:

- Please disconnect the AC adapter during a lightning storm. There may be a risk of electric shock from lightning.
- To minimize the risk of damage to the system, only use Nintendo-licensed AC adapters with your system.
- Do not use the AC adapter if it has damaged, split, or broken cords or wires.

- Make sure that the AC adapter cord is fully inserted into the wall outlet or extension cord.
- Always carefully disconnect all plugs by pulling on the plug and not on the cord.

DANGER - TO REDUCE THE RISK OF FIRE OR ELECTRIC SHOCK, CAREFULLY FOLLOW THESE INSTRUCTIONS

For connection to a supply not in the U.S.A., use an attachment plug adapter of the proper configuration for the power outlet, if needed.

⚠ WARNING - BATTERY LEAKAGE

The Nintendo Switch system and certain accessories contain a rechargeable lithium ion battery. Leakage of ingredients contained within the battery, or the combustion products of the ingredients, can cause personal injury as well as damage to your Nintendo Switch system. If battery leakage occurs, avoid contact with skin. If contact occurs, immediately wash thoroughly with soap and water. If liquid leaking from a battery comes into contact with your eyes, immediately flush thoroughly with water and see a doctor.

To avoid battery leakage:

- Do not expose battery to excessive physical shock, vibration, or liquids.
- Do not disassemble, attempt to repair, or deform the battery.
- Do not dispose of battery in a fire.
- Do not touch the terminals of the battery or cause a short between the terminals with a metal object.

WARNING - RADIO FREQUENCY INTERFERENCE

The Nintendo Switch system and accessories, including the Joy-Con™ controller, can emit radio waves that can affect the operation of nearby electronics, including cardiac pacemakers.

- Do not operate the Nintendo Switch system and accessories within 9 inches of a pacemaker.
- If you have a pacemaker or other implanted medical device, do not use the Nintendo Switch system and accessories without first consulting your doctor or the manufacturer of your medical device.

A CAUTION - USING HEADPHONES

When using headphones, set the volume at a safe level. Setting the volume too high may harm your hearing or damage the headphones.

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System and Accessories Precautions and Maintenance

- Do not disassemble or try to repair the Nintendo Switch console, components, or accessories. Doing so may damage them.
- Do not turn off the power, remove the game card, or remove the microSD card while data is being read or saved.
- Do not store the Nintendo Switch system or game cards in a humid place, on the floor, or in any location where they may contact moisture, dirt, dust, lint, or any other foreign material.
- Do not drop, hit, or otherwise abuse the Nintendo Switch console, components, game card or accessories. Doing so may damage the LCD screen or other precision components of the Nintendo Switch console or accessories.
- Make sure all connections to the Nintendo Switch system are made carefully and inserted into the correct locations only. Hold plugs straight when inserting them into sockets.
- When disconnecting any plugs from the Nintendo Switch console or wall outlet, always carefully pull by the plug itself rather than by the cord.
- Do not expose the Nintendo Switch console, game cards or any of the Nintendo Switch components or accessories to extreme heat or cold. The liquid crystal displays (LCD) may become slower or may not work when the temperature is low. The LCD will deteriorate at a high temperature. Take care not to expose the Nintendo Switch system to direct sunlight for extended periods of time.
- The LCD screens may be damaged by sharp objects or pressure. Take care to protect the displays from scratches or stains.
- To minimize the risk of damage to the Nintendo Switch system, only connect Nintendo-licensed accessories to any external connectors.
- Do not spill liquids on the console, game cards, or other components or accessories. If liquids get into the system, do not charge the system. Contact Nintendo customer service for further instructions. If you have questions or experience problems with your system or accessories, please visit our website at support.nintendo.com for troubleshooting information.

AC ADAPTER PRECAUTIONS

Please read and follow the precautions listed below when setting up and using the Nintendo Switch system. Failure to do so may result in damage to your Nintendo Switch system or accessories.

- Plug the AC adapter into an easily accessible standard wall outlet near your Nintendo Switch system.
- Make sure there is adequate ventilation around the AC adapter and Nintendo Switch system, and that any air vents are unobstructed.
- Be sure to connect the AC adapter to the correct voltage (100-240V).
- Do not expose the AC adapter or Nintendo Switch system to extremes of heat.
- Do not expose the AC adapter or Nintendo Switch system to any type of liquid or high humidity.

See the AC adapter for additional information.

GAME CARD PRECAUTIONS AND MAINTENANCE

- Avoid touching the connectors with your fingers.
- Always check the game card edge connector for foreign material before inserting the game card into the Nintendo Switch system.

IMPORTANT BATTERY GUIDELINES

To minimize the risk of damage to the Nintendo Switch system, when recharging the battery, use only Nintendo-licensed AC adapters.

CLEANING THE SYSTEM

If the screen becomes dirty, please clean it using a soft clean cloth, such as a lens or eyeglass cleaning cloth. If the outside of the Nintendo Switch system comes into contact with liquids, wipe clean with a soft, slightly damp cloth (use water only). If the cleaning procedures do not solve the problem, please try our website at support.nintendo.com for troubleshooting information.

NOTICE - WEARING THE JOY-CON™ STRAP

When playing with a controller detached from the Nintendo Switch console, use the strap. Lock and fasten the strap securely. Hold the controller firmly. Do not let go of it.



Allow adequate room around you during game play.



Product recycling information Information sur le recyclage des produits Información sobre reciclaje de productos

recycle.nintendo.com

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Note: This content can be viewed on the web.

FCC and ISED Information

This equipment has been tested and found to comply with the limits of a Class B digital device, pursuant to part 15 of the FCC Rules and the Canadian ICES-003 Class B specifications. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician or visit Nintendo Consumer Service at support.nintendo.com.

Changes or modifications not expressly approved by the manufacturer could void the user's authority to operate this device.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This device and its antenna(s) must not be co-located or operating in conjunction with any other antenna or transmitter..

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. End user must follow the specific operating instructions for satisfying RF exposure compliance.

This device contains licence-exempt transmitter(s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:

- 1. This device may not cause interference.
- 2. This device must accept any interference, including interference that may cause undesired operation of the device.

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

- 1. L'appareil ne doit pas produire de brouillage;
- 2. L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

This equipment complies with IC RSS-102 radiation exposure limits set forth for an uncontrolled environment.

Cet équipement est conforme aux limites d'exposition aux rayonnements IC établies pour unenvironnement non contrôlé.

The available scientific evidence does not show that any health problems are associated with using low power wireless devices. There is no proof, however, that these low power wireless devices are absolutely safe. Low power wireless devices emit low levels of radio frequency energy (RF) in the microwave range while being used. Whereas high levels of RF can produce health effects (by heating tissue), exposure of low-level RF that does not produce heating effects causes no known adverse health effects. Many studies of low-level RF exposures have not found any biological effects. Some studies have suggested that some biological effects might occur, but such findings have not been confirmed by additional research.

Les preuves scientifiques disponibles ne démontrent aucun problème de santé associé à l'utilisation d'appareils sans fil de faible puissance. Cependant, rien ne prouve que ces appareils sans fil de faible puissance sont absolument sécuritaires. Les appareils sans fil de faible puissance émettent de faibles niveaux d'énergie de fréquence radio dans la plage des micro-ondes pendant leur fonctionnement. Même si les niveaux élevés de radiofréquences peuvent avoir des effets sur la santé (en chauffant les tissus), l'exposition aux radiofréquences de faible niveau qui ne produisent aucun effet de chauffage n'a aucun effet néfaste connu sur la santé. Beaucoup d'études portant sur l'exposition aux radiofréquences de faible niveau n'ont permis de trouver aucun effet biologique. Certaines études ont suggéré que des effets biologiques peuvent survenir, mais ces conclusions n'ont pas été confirmées par d'autres recherches.