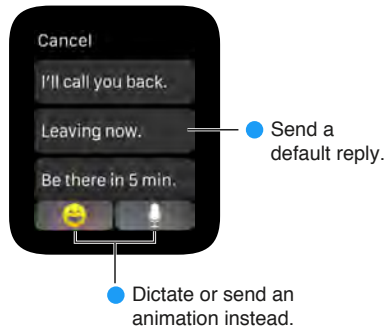

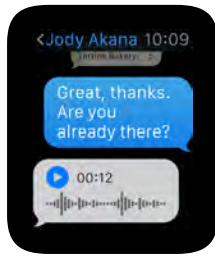



Send prepared text. When replying to a message, you see a list of handy phrases that you can use—just tap one to use it. To add your own phrases, open the Apple Watch app on iPhone, tap My Watch, go to Messages > Default Replies, then tap a default reply to change it.

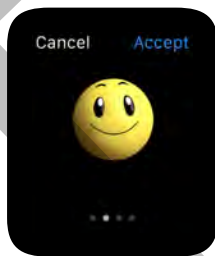


Dictate text. While creating the message or reply, tap the microphone button , say what you want to say, then tap Done. Don't forget that you can speak punctuation, too (for example, "did it arrive question mark").

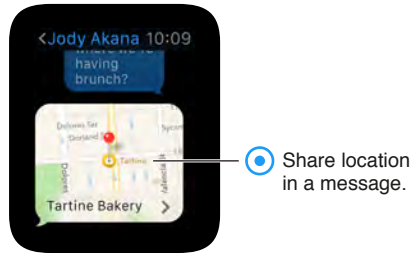
Send an audio clip. When you finish dictating text, you're given the option to use it in text form or as an audio clip—just tap your choice. If you always choose the same format, you don't need to choose every time—open the Apple Watch app, tap My Watch, go to Messages > Audio Messages, then tap an option.



Include animated images. While creating a message or reply, tap the emoji button , then swipe left or right to browse available images. To see other types of images, drag your finger left or right on the dots at bottom of the screen. When you find the right one, tap Done.



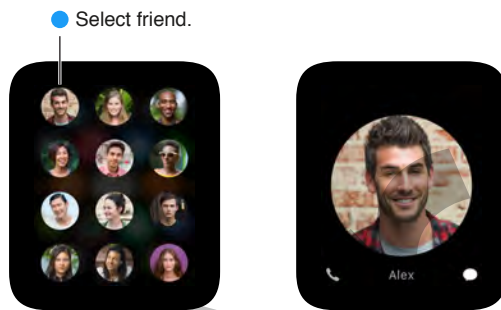
Share your location. To send someone a map showing your current location, press the screen while viewing the conversation, then tap Send Location.



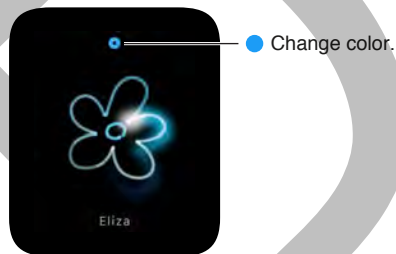
Delete a conversation. Swipe left on the conversation in the Messages app conversation list.
See when messages were sent. Swipe left on the conversation.

Exchange a Digital Touch

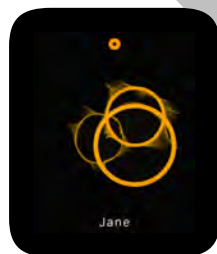
Open Digital Touch. Press the side button, then tap a friend. (Lots of friends? Rotate the crown to scroll.) If you're already looking at a friend, you can swipe up or down to see others. When you find the friend you want to reach, tap their photo or initials. When Digital Touch is ready, you'll see the color chooser dot at the top and your friend's name or initials at the bottom.



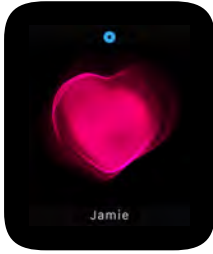
Trade sketches. Draw on the screen, then wait for it to send automatically—you'll know it's been delivered when your doodle disappears.



Send a tap. Tap the screen with your finger. Tap repeatedly to send rhythms.



Send your heartbeat. Place two fingertips on the display and hold them there.



Do the walkie-talkie. <TBD>

Draft

Phone Calls and Mail

5



Make and answer phone calls


Answer a call. When you feel the incoming call notification, wake Apple Watch to see who's calling. Tap the answer button on Apple Watch to talk using the built-in microphone and speaker on Apple Watch, or answer the call using iPhone.




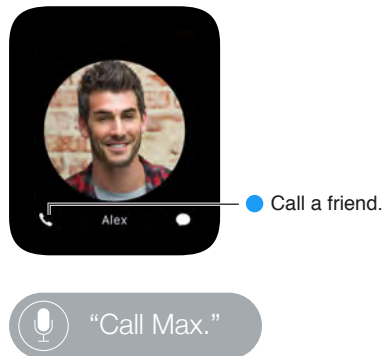
Adjust call volume. To adjust the speaker volume when talking on Apple Watch, rotate the crown while on the call.

Switch a call from Apple Watch to iPhone. While talking on Apple Watch, just wake iPhone, then tap the green bar at the top of the iPhone screen. You can now continue the call using iPhone.

Send a call to voicemail. Tap the red Decline button on the incoming call notification.

Listen to voicemail. If a caller leaves voicemail, you get a notification—tap the Play button in the notification to listen. To listen to voicemail later, open the Phone app  on Apple Watch and tap Voicemail.

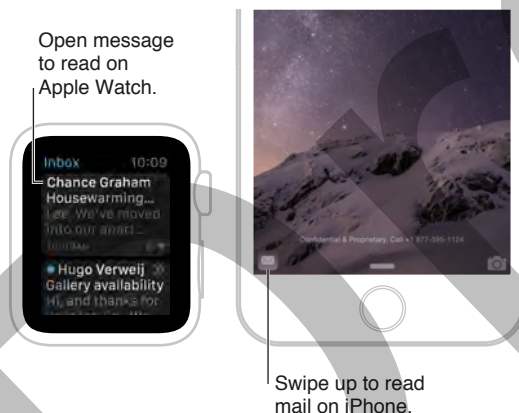
Place a call. If the person you're calling is one of your Apple Watch friends, press the side button, tap their icon, then tap the call button. If they're not in your friends group, open Phone  on Apple Watch, then tap Favorites or Contacts. Rotate the crown to scroll, then tap the name you want to call.



Read mail

Choose which mailboxes appear on Apple Watch. Open the Apple Watch app on iPhone, tap My Watch, tap Apps, then go to Mail > Include Mail.

Read mail in the Mail app. Open the Mail app  on Apple Watch, rotate the crown to scroll the message list, then tap a message. To read the message or reply on iPhone, just swipe up the mail icon that appears in the lower left corner of the iPhone lock screen.

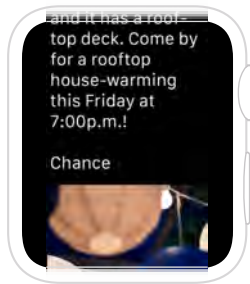


Read mail in a notification. If you set Apple Watch to show mail notifications, you can read a new message right in the notification. Tap the notification when it first appears, or swipe down on the watch face later to see notifications that have come in, then tap a mail notification. To dismiss the notification, swipe down from the top or tap Dismiss at the end of the message.


To read the message in the Mail app on Apple Watch, tap the Mail icon in the notification. If you don't receive notifications for mail, go to Settings > Notifications on iPhone and check to see if you have notifications turned on for Mail.

Switch to iPhone. Some messages are easier to read in full on iPhone—wake iPhone, then swipe up on the Mail icon in the lower left corner of the lock screen.


Go back to the top of a long mail message. Rotate the crown to scroll quickly, or just tap the top of the display.




Scroll quickly or tap the top of the display to return to the top of the message.

Flag a mail message. If you're reading the message in Mail  on Apple Watch, press the display, then tap Flag. If you're looking at the message list, swipe left on the message, then tap More. You can also flag the message when you preview it in a notification—swipe to the Flag button at the bottom of the message. To change the flag style, open the Apple Watch app on iPhone, tap My Watch, then go to Mail > Flag Style.

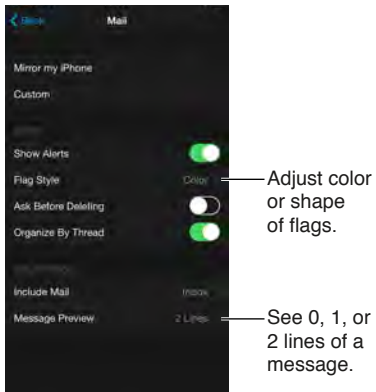


Mark email as read or unread. If you're reading a message in Mail  on Apple Watch, press the display, then tap Unread (if you've already read the message) or Read (if you haven't read it yet). If you're looking at the message list, swipe left on the message, then tap More.

Delete email. While looking at the list of messages in Mail  on Apple Watch, swipe left on the message, then tap Trash. Or, if you're reading a message, press the display, then tap Trash. You can also delete a message from its notification—swipe to the buttons at the bottom of the message, then tap Trash.

See addressing details. Tap the  next to the name in the To field.

Change the length of the message list preview. To make your mail list more compact, you can reduce the number of lines of preview text shown in the Mail app message list. Open the Apple Watch app on iPhone, then go to Mail > Message Preview, where you can choose to show 2 lines of the message, 1 line, or none.




Reply to email. You need to use iPhone to compose a reply—just wake iPhone and swipe up on the Mail icon that appears in the lower left of the lock screen.

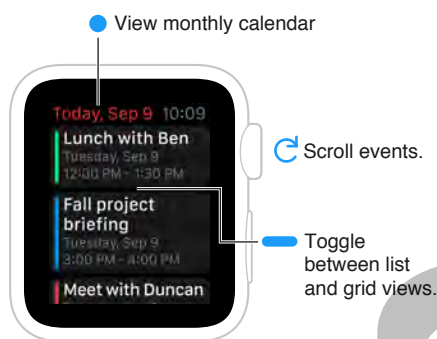
Calendars and Reminders


6




Check and update your calendar

The Calendar app  on Apple Watch shows events you've scheduled or been invited to for today and for the next six days.



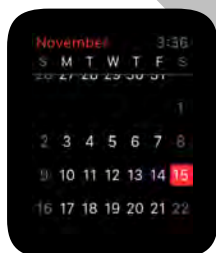
View your calendar. Open Calendar  directly from the Home screen, or swipe to and tap the Calendar glance. Or tap today's date on your watch face if you've added that feature.

Review today's events. Open Calendar , then rotate the crown to scroll. Swipe right on the list to jump to the current time. To see event details, including time, location, invitee status, and notes, tap the event.

Switch between time grid and list view. Press the display while viewing a daily calendar, then tap List or Day.


View a different day. Swipe right on today's calendar to see the next day. Swipe right to go back. (You can't view yesterday or before.) To jump back to the current day and time, press the display, then tap Today.

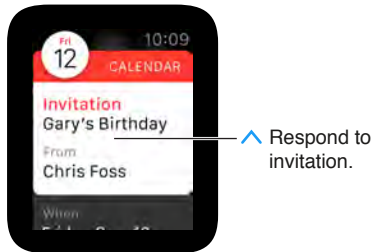
See a full month calendar. Tap < in the upper left of any daily view. Tap the monthly calendar to return to day view.



Create or modify an event. Switch to the Calendar app on iPhone, then add the event there. If you're looking at your calendar on Apple Watch, just wake iPhone and swipe up on the calendar icon in the lower left corner of the lock screen.

Display date or upcoming event on the watch face. You can add some combination of day and date to many of the watch faces: Modular, Color, Utility, Simple, Chronograph. Press the watch face, swipe to a face, then tap Customize. If you use the Modular face, you can even add the next upcoming event to the face.

Respond to an invitation. If you catch the invitation when it arrives, just swipe (or rotate the crown to scroll) to the bottom of the notification, then tap Accept, Maybe, or Decline. If you discover the notification later, tap it in your list of notifications, then scroll and respond. If you're already in the Calendar app , just tap the event to respond.



Contact an event organizer. To email the event organizer, press the display while you're looking at the event details. To send a voice message or call, tap the organizer's name in the event details.

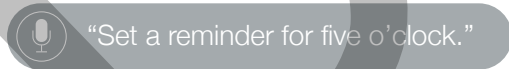
Time to leave. You can schedule a leave now alert based on the estimated travel time to an event at another location.

Get directions to an event. See [Get directions](#) on page 46.

Set and respond to reminders

Respond to a reminder. If you see the reminder when it arrives, just swipe (or rotate the crown to scroll) to the bottom of the reminder, then tap Done, Snooze, or Dismiss. If you discover the notification later, tap it in your list of notifications, then scroll and respond.

Set a reminder. Use Siri. You can also set reminders on iPhone. Of course, you'll also get reminders that you create on iPhone, or any other iOS device or computer that is signed in using your Apple ID.




Fitness and Health

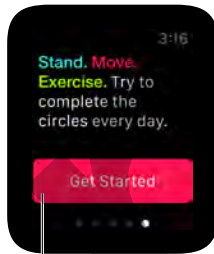
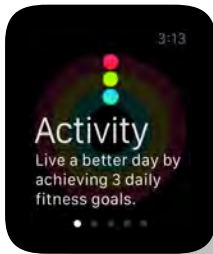
7



Track daily activity

The Activity app  on Apple Watch works together with the Fitness app on iPhone to track your activity and encourage you to meet weekly goals. The app keeps track of how often you stand up, how much you move, and how much of your activity rates as moderate exercise. The Fitness app on iPhone keeps a record of your activity.

Get started. The first time you open Activity  on Apple Watch, swipe left repeatedly to read the activity descriptions, then tap Get Started. Tap Sex, Age, Weight, and Height, then rotate the crown to set. Finally, tap Set Your Goal.



● Enter personal info and set your goal.


Check your progress. Swipe to the Activity glance at any time to see how you're doing. A partial ring show progress; a complete ring means you've reached your goal. Watch for achievement awards.




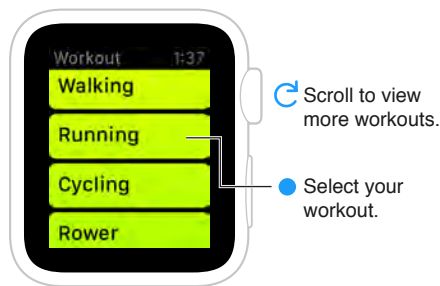
Adjust your weekly goals. [How is this done?]

Control activity notifications. Activity reminders can help a lot when it comes to meeting goals. Apple Watch can remind you if you need to do something to meet your activity goals, and can alert you if you've been sitting too long, or just need a break. To choose which reminders and alerts you'd like to see, open the Apple Watch app on iPhone, tap My Watch, then tap Activity.

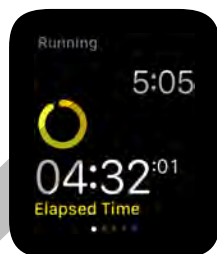
Monitor your workouts

The Workout app  on Apple Watch lets you set specific goals for individual workouts, then tracks your progress and summarizes the results. The Fitness app on iPhone lets you review your complete workout history.

Start a workout. Open Workout  on Apple Watch, then tap the workout type you're going for. On the goal screen, swipe left and right to choose a calorie, time, or distance goal (or no goal), then rotate the crown or tap + / - to set. When you're ready to go, tap Start. If you're measuring calories or time, you can leave iPhone behind. However, to measure distance, take iPhone along.



Check your progress. Glance at the completion ring during your workout for a quick indication of percentage completed. Swipe left or right on the lower half of the screen to review elapsed time, average pace, distance covered, calories consumed, and heart rate.



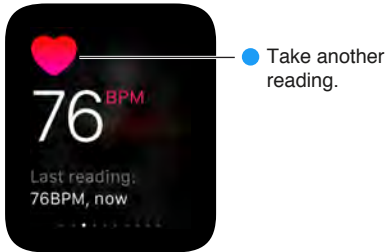
Pause and resume. To pause the workout at any time, press the display, then tap Pause. To continue, press the screen again, then tap Resume.

End the workout. When you reach your goal, you'll hear an alarm. If you're feeling good and want to continue, go ahead—Apple Watch continues to collect data until you tell it to stop. When you're ready, press the display, then tap End. Rotate the crown to scroll through the results summary, then tap Done at the bottom.

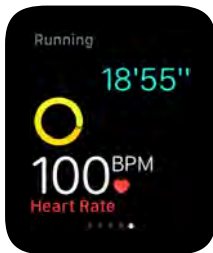
Review your workout history. Open the Fitness app on iPhone, then tap a date. Scroll down to see your workouts listed below the Move/Stand/Exercise summaries. Swipe left on a workout to see itemized data.

Check your heart rate

See your current heart rate. Swipe to the Heartrate glance to see the latest reading. Tap the heart in the glance to take another.



Check your heart rate during a workout. Swipe left or right on the lower half of the Workout app progress screen.



Prove to a friend that you're trying. Send your heart rate live to anyone who's not convinced that you're pushing hard enough. See [Exchange a Digital Touch](#).

Keep your data accurate

Apple Watch uses your height and weight to estimate values such as calorie consumption. If your weight changes, or you grow taller, update your original entries to stay accurate.

Update your height and weight. Open the Apple Watch app on iPhone, tap My Watch, tap Health, tap Weight or Height, and adjust.


Change units of measurement. [You used to be able to choose this. Is it now determined by Region?]

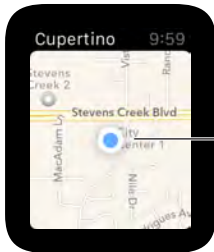
Maps and Directions

8



Explore the map

See the map. Open the Maps app  on Apple Watch. For just a quick look at your location and surroundings, swipe to the Maps glance (swipe up on your watch face, then left or right until you see the map). Tap the Maps glance at any time to open the full Maps app.



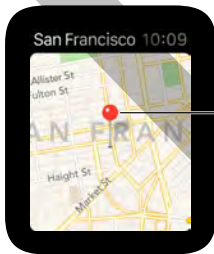
● Open Maps app.

Pan and zoom. To pan around the map, drag with one finger. To zoom in or out, rotate the crown.

Search the map. Press the map, tap Search, then tap Dictate or tap a location in the list of places you've explored recently.

Get info about a landmark or location. Tap the location icon on the map, then rotate the crown to scroll the information. Tap < in the upper left to return to the map.

Stick a pin. Hold your finger on the map where you want the pin to go, wait for the pin to drop, then move your finger away. Now you can tap the pin for address information, or use it as the starting point or destination for directions. To move the pin, just drop a new one in the new location.




● Get address info or use as starting point.

Find the approximate address of any spot on the map. Drop a pin on the location, then tap the pin to see address info.

See a contact's address on the map. Press the map, tap Contacts, rotate the crown to scroll, then tap the contact.


Call a location. Tap the phone number in the location info. To switch to iPhone, swipe up on the Phone icon on the lock screen, then tap the green bar at the top of the iPhone screen.

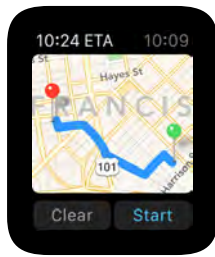
See your current location and surroundings. Open Maps , then tap the current location arrow in the lower left. Or swipe to the Maps glance, which always shows where you are.

Get directions

Ask for directions. Ask Siri.

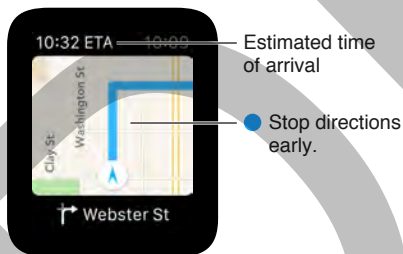


Get directions to a landmark or map pin. Open Maps , then tap the destination. Scroll down the location information until you see Directions, then tap walking or driving. When you're ready to go, tap Start, then follow the directions.



Follow turn by turn directions. Tap the dots at the bottom of the screen to switch between single step instructions and map view.

What's your ETA? Look in the upper left corner of the directions for your estimated time of arrival. Actual time is in the upper right.



End directions before you get there. Press the display, then tap Stop Directions.

Get directions to a calendar event. <TBD>


Music and Remote Control

9



Control music on iPhone

You can use the Music app on Apple Watch to control music playback on iPhone.

Play music on iPhone. Open Music  on Apple Watch. Browse through playlists, albums, artists, or songs until you see a list of songs, then tap a song to play it.

See album art for the current song. Tap the album name above the playback controls. Tap again to return to the controls.

Send the audio to another device with AirPlay. While viewing the playback controls, press the display to see the AirPlay button, then tap the button and choose a destination.


Shuffle or repeat songs. Press the playback controls screen to see available commands, then tap Shuffle or Repeat.

Not hearing it? Press the playback controls, tap Source, and choose iPhone.


Play music stored on Apple Watch

You can store music right on Apple Watch, then listen to it on Bluetooth headphones or speakers. Music on the go—even without iPhone.

Move music to Apple Watch. Open the Apple Watch app on iPhone, tap My Watch, go to Music > Playlist, then choose the playlist of songs you want to move to Apple Watch. You can use the Music app on iPhone to create a playlist specifically for music you want to store on Apple Watch.

Pair Bluetooth headphones or speakers. Follow the instructions that came with the headphones or speakers to put them in discovery mode. When the Bluetooth device is ready, open the Settings app  on Apple Watch, tap Bluetooth, then tap the device when it appears.




Play songs stored on Apple Watch. Open the Music app  on Apple Watch, press the display to see available commands, tap Source, and choose Watch.

Limit the songs stored on Apple Watch. Open the Apple Watch app on iPhone, tap My Watch, go to Music > Usage Limit, then choose a storage limit or maximum number of songs to be stored on Apple Watch.


See how much music is stored on Apple Watch. On Apple Watch, go to Settings > General > About to see how many songs are stored on Apple Watch.

Play music in an iTunes Library

You can use the Remote app on Apple Watch to play music in iTunes on a computer on the same Wi-Fi network.


Add an iTunes Library. Open the Remote app  on Apple Watch, then tap + Add Device. In iTunes on your computer, click the Remote button in the tab bar, then enter the 4-digit code displayed on Apple Watch.

Don't look for the Remote button in iTunes before you tap Add Device on Apple Watch—the button appears only when a remote is trying to connect. In iTunes 12 and later, the Remote button appears in the upper left, below the Volume slider. In iTunes 11 and earlier, the Remote button appears in the upper right, below the Search field.

Choose a library to play from. If you have only one library, you should be good to go. If you've added two or more libraries, tap the library you want when you open Remote  on Apple Watch. If you're already playing music, tap the Devices button in the upper left of the playback controls, then tap a library.




Control playback. [Play/Pause/Skip/Shuffle/Repeat If same for all sources/destinations, move up to standalone topic.]

Remove an iTunes library. In the Remote app  on Apple Watch, tap the devices list button in the upper left to view your devices, press the display, then tap Edit. When the device icons jiggle, tap x on the one you want to remove, then tap Remove. When you're finished, tap the checkmark.

Control Apple TV

Use Apple Watch as a remote control for your Apple TV.

Pair Apple Watch Remote with Apple TV. Open the Remote app  on Apple Watch, then tap + Add Device. On your Apple TV, go to Settings > General > Remotes, select your Apple Watch, then enter the passcode displayed on Apple Watch.

When the pairing icon appears next to Apple Watch, it's ready to control Apple TV.

Control Apple TV. Swipe up, down, left, or right to move the Apple TV cursor. Tap to choose the selected item. Tap the Menu button to go back, or tap and hold it to return to the top menu. Tap the Play/Pause button to pause or resume playback.

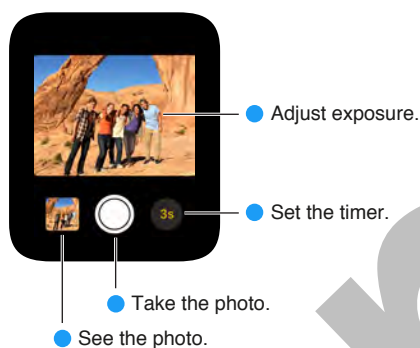
Photos and Camera Remote


10



Use Apple Watch as viewfinder and remote shutter

For tricky photo situations—when you prop up iPhone and don't want to touch it, or when iPhone is in a position where you can't see its display for framing the shot—you can use Apple Watch to preview iPhone camera shots and tap the shutter. Or use Apple Watch to set a shutter timer for that family shot without having to sprint back into the frame.




Take a photo. Open the Camera Remote app , then position iPhone to frame the shot, using Apple Watch as your viewfinder. To adjust exposure, tap the key area of the shot in the preview on the Apple Watch screen. To take the shot, tap the shutter button.

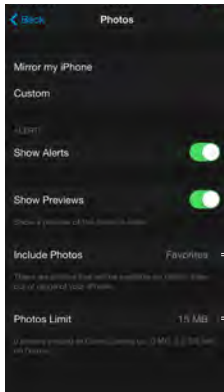
Review your shot. Tap the thumbnail in the lower left. Double-tap to fill the screen or see the whole shot. To pan, drag with your finger. Tap once to hide or show the controls. When you're finished, tap Done.

Use the shutter timer. Tap the Timer button in the lower right, choose a time, then tap the shutter button. A beep, a tap, and flashes from iPhone let you know when to expect the shot. iPhone flashes once a second until 3 seconds to go, when it flashes rapidly—get ready for the shot.

View photos on Apple Watch


All the photos in the iPhone album of your choice are also stored on Apple Watch. When you first get Apple Watch, it's set to use the Favorites album, so any photo you tag as a favorite is viewable in the Photos app  on Apple Watch.

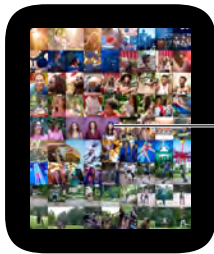
Choose which album to store on Apple Watch. Open the Apple Watch app on iPhone, tap My Watch, go to Photos > Include Photos, then choose the album. To create a new album for Apple Watch photos, use the Photos app on iPhone.




Choose album to include on Apple Watch.

Set the limit for photos on Apple Watch.

Browse your photos on Apple Watch. Open the Photos app  on Apple Watch, then swipe left or right. Double-tap to switch between zooming in to fill the screen and zooming out to see the entire photo.



Zoom in or out.

How many photos? To see how many photos are on Apple Watch, open Settings  on Apple Watch, then go to General > About.


Put a limit on photo storage. Open the Apple Watch app on iPhone, tap My Watch, then go to Photos > Photos Limit. Look below Photos Limit to see how much Apple Watch storage is currently used by photos.

Stocks and Weather


11



Track Stocks

Check the market. To browse all your stocks, open the Stocks app  on Apple Watch. Listed stocks are the same as in the Stock app on iPhone. To see details about a stock, tap it in the list, then rotate the crown to scroll. Tap the performance graph (or the time codes below it) in the details to change the time scale. Tap < in the upper left to return to the stocks list.



 Open the Stocks app.


 “What was today’s closing price for Apple stock?”

Add or delete a stock, or change list order. Add, delete, or reorder stocks in the Stocks app on iPhone—the changes are reflected on Apple Watch.


Add stock info to the watch face. You can add stock info to the Modular or Utility faces. You can add a stock ticker name and % change, or add price, \$ change and % change to a Modular face. You can add a stock ticker name with \$ change and % change to a Utility face. While viewing the face, press the display, then tap Customize. Swipe left until you can select individual face features, tap the one you’d like to use, then rotate the crown to choose stocks. When you’re finished, press the crown.

Change the stock shown on the watch face. Open the Apple Watch app on iPhone, tap My Watch, go to Apps > Stocks, then choose a default stock. If you choose Mirror iPhone, the stock shown on the watch face is the last one you highlighted in the Stock app on iPhone.

Choose what data you see on the watch face. Apple Watch matches what you’re viewing on iPhone—open the Apple Watch app on iPhone, tap My Watch, tap Stocks, then tap Current Price, Points Change, Percentage Change, or Market Cap.

Switch to Stocks on iPhone. While looking at the Stocks app  or Stocks glance on Apple Watch, just grab iPhone and swipe up on the Stocks icon in the lower left corner of the lock screen.


Keep a watch on the weather

Check current conditions. The best place to look depends on what you want to know: To see the current temperature, just check the watch face (if you've added weather). For current temperature plus a summary of current conditions and the high and low temperatures for the day, check the Weather glance. For current temperature and conditions, hourly forecast for temperature, conditions, and precipitation, and a 10 day forecast, open the Weather app  on Apple Watch and tap a city.



 Open weather app.

Siri — “What’s tomorrow’s forecast for Honolulu?”


See more details. Open Weather  on Apple Watch, then tap a city. Tap the Hourly Conditions display repeatedly to switch to hourly precipitation or hourly temperature forecasts. Scroll down to see a 10-day forecast.




Add weather to a watch face. While viewing the face, press the display, then tap Customize. Swipe left until you can select individual face features, tap the one you'd like to use, then rotate the crown to choose weather (temperature). When you're finished, press the crown.

You can include weather info on these watch faces: Modular, Color, Utility, Simple, Chronograph, Mickey.



 View current temperature.

Add a city. The Weather app  on Apple Watch shows all of the cities you've added in the Weather app on iPhone. To add a city, open the Weather app on iPhone, then tap the + at the bottom of the list of cities.

Choose your main city of interest. Open the Apple Watch app on iPhone, tap My Watch, then go to Apps > Weather > Default City. Conditions for the city you choose appear in the weather complication and the Weather glance.

Payments and Passes

12



Make purchases with Apple Pay

You can use Apple Pay on Apple Watch to make purchases by presenting Apple Watch to the contactless card reader at a supported point of sale. And, because Apple Watch processes Apple Pay transactions on its own, you can use Apple Watch to make purchases even if you don't have an iPhone 6 or iPhone 6 Plus. You can make in-store purchases with Apple Watch, but not purchases in an app.

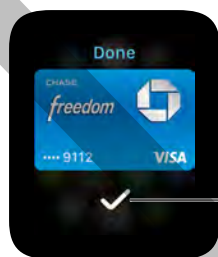


Payment cards appear first.

Scroll to see passes.

Set up Apple Pay on Apple Watch. Have your credit or debit card handy, then open the Apple Watch app on iPhone and tap My Watch. Tap Passbook & Apple Pay, tap Set Up Apple Pay, then follow the onscreen instructions. To enter card information, use the onscreen keyboard, or tap the camera icon, then point the iPhone camera at the card to capture the information.

Pay for a purchase. Press the side button twice, swipe left or right to change cards, then present the Apple Watch display to the contactless card reader.




You see a check and feel a vibration when your card info is set.

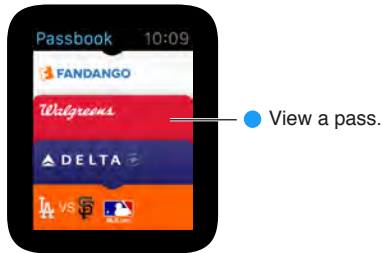
Add another credit or debit card. In the Apple Watch app on iPhone, tap My Watch, tap Passbook & Apple Pay, tap Add Another Card, then follow the onscreen instructions.


Choose your primary card. [need info]

Review card activity. Review the account statement provided by your bank. Most banks let you view this online or by using an iPhone app.

Use Passbook

Use the Passbook app  on Apple Watch to keep your boarding passes, movie tickets, loyalty cards and more, all in one place. Scan a pass on Apple Watch to check in for a flight, get in to a movie, or redeem a coupon. In the Apple Watch app on iPhone, tap My Watch, tap Passbook & Apple Pay to set options for your passes on Apple Watch.



Use a pass. If a notification for a pass appears on Apple Watch, tap the notification to display the pass. Or open Passbook , select the pass, then present the barcode on the pass to the scanner.

Rearrange passes. Drag a pass in the stack to move it to a new location. The pass order is updated on your iPhone.

Done with a pass? [How is this working?] Slide the pass to the left, then tap Delete.


Accessibility and Related Settings

13



VoiceOver

VoiceOver helps you use Apple Watch even if you can't see the display. Use simple gestures to move around the screen and VoiceOver speaks each item you select. Key VoiceOver gestures: (bullet list)

Turn on VoiceOver. On Apple Watch, open the Settings app , then turn on General > Accessibility > VoiceOver. You can also use iPhone to turn on VoiceOver for Apple Watch—open the Apple Watch app on iPhone, tap My Watch, then tap the VoiceOver option in General > Accessibility. And there's always Siri:




Explore the screen. Move your finger around on the display and listen as the name of each item you touch is spoken. You can also tap with one finger to select an item, or swipe left or right with one finger to select an adjacent item. Swipe left or right, up or down with two fingers to see other pages. For example, swipe up with two fingers on the watch face to see glances, then swipe left or right with two fingers to see the different glances.


Act on an item. With VoiceOver on, use a double tap instead of a single tap to open an app, switch an option, or perform any action that would normally be done with a tap. Select an app icon or option switch by tapping it or swiping to it, then double-tap to perform its action. For example, to turn VoiceOver off, select the VoiceOver button, then double-tap anywhere on the display.

Perform additional actions. Some items offer several actions—listen for “actions available” when you select an item. Swipe up or down to choose an action, then double-tap to perform it. For example, when you select the watch face, you can swipe up or down to choose from go-to-glances and go-to-notification-center actions.

Pause reading. To have VoiceOver stop reading, tap the display with two fingers. Tap again with two fingers to resume.

Adjust reading rate and volume. Open the Apple Watch app on iPhone, tap My Watch, then go to General > Accessibility > VoiceOver and drag the sliders.

Turn off the display. For privacy, turn on the screen curtain so no one can see what's on Apple Watch while you use VoiceOver. Open the Settings app  on Apple Watch, then turn on General > Accessibility > VoiceOver > Screen Curtain.


Turn off VoiceOver. Open the Settings app , go to General > Accessibility > VoiceOver, then tap the VoiceOver button.



VoiceOver for Setup. VoiceOver can help you when you set up your Apple Watch—triple-press the crown during setup.

Zoom

Use Zoom to magnify what's on the Apple Watch display.

Turn on Zoom. On Apple Watch, open the Settings app , then turn on General > Accessibility > Zoom. You can also use iPhone to turn on Zoom for Apple Watch—open the Apple Watch app on iPhone, tap My Watch, tap Settings, then tap the option in General > Accessibility.

Zoom in or out. Double-tap the Apple Watch display with two fingers.


Move around (pan). Drag the display with two fingers. You can also rotate the crown to pan over the entire page, left-right and up-down. The small Zoom button that appears shows you where you are on the page.

Adjust magnification. Drag two fingers on the Apple Watch display. To limit magnification, open the Apple Watch app on iPhone, tap My Watch, go to General > Accessibility > Zoom, then drag the Maximum Zoom Level slider.

Zoom for Setup. Triple tap with two fingers while setting up Apple Watch to get a better look.

On/Off Button Labels

Turn on button labels to see an additional position indicator. With labels on, you see a one (1) on any option that is on, and a zero (0) on options that are turned off.

Add labels to On/Off buttons. On Apple Watch, open the Settings app , then turn on General > Accessibility > On/Off Labels. You can also use iPhone to turn on labels for Apple Watch—open the Apple Watch app on iPhone, tap My Watch, go to General > Accessibility, then turn on On/Off Labels.

Mono Audio


If you prefer to hear a combined left+right audio signal out of both audio channels on speakers or headphones connected to Apple Watch, turn on Mono Audio.

Switch to mono audio. Open the Apple Watch app on iPhone, tap My Watch, go to General > Accessibility, then turn on Mono Audio.

Adjust the balance. Drag the slider below the Mono Audio setting.

Bold Text

You can make text on Apple Watch easier to read by displaying it as boldface type.

Have Apple Watch use bold text. On Apple Watch, open the Settings app , go to General > Accessibility, then turn on Bold Text. You'll need to restart Apple Watch for the change to take effect. You can also use iPhone to turn on Bold Text for Apple Watch—open the Apple Watch app on iPhone, tap My Watch, go to General > Accessibility, then turn on Bold Text.

Text Size

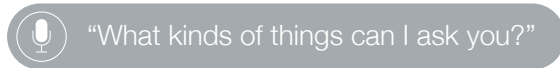
You can adjust the size of the text that appears in any area of Apple Watch that supports Dynamic Type, such as the Settings app.

Adjust text size. Open Settings  on Apple Watch, go to General > Text Size, then rotate the crown to adjust.

Siri

Siri can help in lots of situations—just ask.

Ask Siri for assistance. Press and hold the crown until you hear the tone, feel the vibration, or see the sound waves at the bottom of the display, then speak your request.



Safety, Handling, and Support

14

Important safety information



WARNING: Failure to follow these safety instructions could result in fire, electric shock, injury, or damage to Apple Watch or other property. Read all the safety information below before using Apple Watch.

Handling Handle Apple Watch with care. It is made of metal, glass, sapphire crystal, zirconia, and plastic and has sensitive electronic components inside. Apple Watch can be damaged if dropped, burned, punctured, or crushed. Don't use a damaged Apple Watch, such as one with a cracked screen, water intrusion, or a damaged band, as it may cause injury.

Repairing Don't open Apple Watch and don't attempt to repair Apple Watch yourself. Disassembling Apple Watch may damage it or may cause injury to you and will result in loss of water resistance. If Apple Watch is damaged or malfunctions, contact Apple or an Apple Authorized Service Provider. You can find more information about getting service at www.apple.com/support/watch/service/faq.

Battery Don't attempt to replace the Apple Watch battery yourself—you may damage the battery, which could cause overheating and injury. The lithium-ion battery in Apple Watch should be serviced only by Apple or an authorized service provider. You will receive a replacement Apple Watch when ordering battery service. Batteries must be recycled or disposed of separately from household waste. Don't incinerate the battery. For information about battery service and recycling, see www.apple.com/batteries/replacement-and-recycling.

Distraction Using Apple Watch in some circumstances can distract you and may cause a dangerous situation (for example, avoid texting while driving a car or using headphones while riding a bicycle). Observe rules that prohibit or restrict the use of mobile phones or headphones (for example, the requirement to use hands-free options for making calls when driving).

Navigation Maps, directions, and location-based apps depend on data services. These data services are subject to change and may not be available in all areas, resulting in maps, directions, or location-based information that may be unavailable, inaccurate, or incomplete. Some Maps features require Location Services. Compare the information provided on Apple Watch to your surroundings and defer to posted signs to resolve any discrepancies. Do not use these services while performing activities that require your full attention. Always comply with posted signs and the laws and regulations in the areas where you are using Apple Watch and always use common sense.

Charging To charge Apple Watch, use only the included Apple Watch magnetic charging cable or, for Apple Watch Edition, the Apple Watch magnetic charging case with the included cable and power adapter or other third party Made for iPhone cables and 5W power adapters. When charging Apple Watch Edition in the Apple Watch magnetic charging case, keep the lid open. Using a damaged charging unit, or charging when moisture is present, can cause fire, electric shock, injury, or damage to Apple Watch or other property. Be sure Apple Watch and the charging unit are dry before charging. When you use the charging unit to charge Apple Watch, make sure that the USB plug is fully inserted into the adapter before you plug the adapter into a power outlet. Avoid charging Apple Watch in direct sunlight. Don't wear Apple Watch while it is charging.

Lightning cable and connector Avoid prolonged skin contact with the connector when the Lightning to USB Cable is plugged into a power source because it may cause discomfort or injury. Situations such as sleeping or sitting on the Lightning connector should be avoided.

Prolonged heat exposure Apple Watch, the Apple Watch magnetic charging cable and case (both are referred to here as "charging unit"), and the power adapter comply with applicable surface temperature standards and limits. However, even within these limits, sustained contact with warm surfaces for long periods of time may cause discomfort or injury. Apple Watch, the charging unit, and its power adapter will become warm when plugged into a power source. Use common sense to avoid situations where your skin is in contact with the charging unit or its power adapter for long periods of time when it's plugged in. For example, while Apple Watch is charging or while the charging unit or power adapter are plugged into a power source, don't sleep on them or place them under a blanket, pillow, or your body. It's important to keep Apple Watch, the charging unit, and the power adapter in a well-ventilated area when charging. Take special care if you have a physical condition that affects your ability to detect heat against the body. Remove Apple Watch if it becomes uncomfortably warm.

Hearing loss Listening to sound at high volumes may damage your hearing. Background noise, as well as continued exposure to high volume levels, can make sounds seem quieter than they actually are. Turn on audio playback and check the volume before inserting a Bluetooth connected headset in your ear. For more information about hearing loss, see www.apple.com/sound.

WARNING: To prevent possible hearing damage, do not listen at high volume levels for long periods.

Radio frequency exposure Apple Watch uses radio signals to connect to wireless networks. For information about radio frequency (RF) energy resulting from radio signals and steps you can take to minimize exposure, open the Apple Watch app on iPhone, tap My Watch, then tap General > About > Legal > RF Exposure or visit www.apple.com/legal/rfexposure.

Radio frequency interference Observe signs and notices that prohibit or restrict the use of electronic devices (for example, in healthcare facilities or blasting areas). Although Apple Watch and the charging unit are designed, tested, and manufactured to comply with regulations governing radio frequency emissions, such emissions from Apple Watch can negatively affect the operation of other electronic equipment, causing them to malfunction. Turn off Apple Watch or use Airplane Mode to turn off the Apple Watch wireless transmitters when use is prohibited, such as while traveling in aircraft, or when asked to do so by authorities.

Medical device interference Apple Watch contains components and radios that emit electromagnetic fields. In addition, Apple Watch, some of the bands, the Apple Watch magnetic charging cable, and Apple Watch Magnetic charging case contain magnets. These electromagnetic fields and magnets may interfere with pacemakers, defibrillators, or other medical devices. Maintain a safe distance of separation between your medical device and Apple Watch, its bands, and the charging unit. Consult your physician and medical device manufacturer for information specific to your medical device. Stop using Apple Watch, its bands, or the charging unit if you suspect they are interfering with your pacemaker or any other medical device.

Not a medical device Apple Watch, the heart rate sensor and its data, and included Apple Watch apps are not medical devices and are intended for fitness purposes only. They are not designed or intended for use in the diagnosis of disease or other conditions, or in the cure, mitigation, treatment, or prevention of disease.

Medical conditions Before starting or modifying any exercise program using Apple Watch, consult your physician. Be careful and attentive while exercising. Stop exercising immediately if you feel pain, or feel faint, dizzy, exhausted, or short of breath. By exercising, you assume inherent risks including any injury that may result from such activity. If you have any medical condition that you believe could be affected by Apple Watch (for example, seizures, blackouts, eyestrain, or headaches), consult with your physician prior to using Apple Watch.

Explosive atmospheres Do not charge or use Apple Watch in any area with a potentially explosive atmosphere, such as in areas where the air contains chemicals or particles (such as grain, dust, or metal powders). Obey all signs and instructions.

High-consequence activities Apple Watch is not intended for use where the failure of the device could lead to death, personal injury, or severe environmental damage.

Choking hazard Some Apple Watch accessories may present a choking hazard to small children. Keep these accessories away from small children.

Skin sensitivities Apple Watch and the metal used for the bands meet the standards set for jewelry by the U.S. Consumer Product Safety Commission, applicable European regulations, and other international standards. However, the stainless steel used in Apple Watch and certain bands contains nickel. In addition, Apple Watch and certain bands include magnets that also contain nickel. Take special care if you have skin sensitivities. Make sure the band is not too tight. Prolonged pressure or rubbing may irritate your skin. If your skin develops sensitivity, or any type of irritation from the Apple Watch or its band, discontinue use immediately. If symptoms persist, consult your physician.

Important handling information

Exposure to Liquid Apple Watch has a water resistance rating of IPX6 and IPX7 under IEC standard 60529 but is not waterproof. You may wear and use Apple Watch during exercise (that is, exposure to sweat is OK), in the rain, and while washing your hands, even if water splashes onto the watch. Avoid exposing Apple Watch to soap. Water resistance is not a permanent condition. Apple Watch cannot be re-checked or re-sealed for water resistance. The following may affect the water resistance of Apple Watch and should be avoided:

- Dropping Apple Watch or subjecting it to other impacts.
- Submerging Apple Watch in water.
- Showering, swimming, or bathing with Apple Watch.

- Exposing Apple Watch to pressurized water or high velocity water (avoid wearing Apple Watch for high speed water sports such as water skiing, wake boarding, surfing, jet skiing, and so on).
- Wearing Apple Watch in the sauna or steam room.
- Exposing Apple Watch to liquids other than fresh water, such as salt water, soapy water, pool water, ionized water, perfume, nail polish remover, bug spray, lotions, sunscreen, or other liquids.
- Exposing Apple Watch to soap, detergent, oil, adhesive remover, or any solvent.
- Exposing Apple Watch to acids or acidic foods, such as vinegar, wine, ketchup, mustard, and so on.
- Exposing Apple Watch to very sandy and dusty environments, for example while building a sand castle or gardening.

If Apple Watch is exposed to water, sweat, or any of the items listed above, please follow the instructions below in the “Cleaning and Care” section.

Cleaning and care Clean Apple Watch immediately if it comes in contact with anything that may cause stains or other damage—such as dirt, ink, makeup, sweat, soap, or lotions. To clean:

- Turn off Apple Watch. Press and hold the side button until the Power Off slider appears, then drag the slider to the right.
- Remove the band.
- Don’t clean Apple Watch while it’s charging.
- Use the included polishing cloth or a non-abrasive, lint-free cloth or, if necessary, a small amount of fresh water or isopropyl alcohol.
- Don’t use soap, cleaning products or compressed air.
- Briefly rinse Apple Watch if exposed to liquids other than fresh water but don’t submerge Apple Watch in water.
- If Apple Watch gets wet, dry it with the included polishing cloth or a non-abrasive, lint-free cloth.

The front crystal of Apple Watch is made of glass or sapphire crystal with a fingerprint-resistant oleophobic (oil repellent) coating. This coating wears over time with normal usage. Cleaning products and abrasive materials will further diminish the coating, and may scratch the glass or the sapphire crystal.

Using connectors, ports, buttons, and crown Never force a connector into a port or apply excessive pressure to a button or the crown, because this may cause damage that is not covered under the warranty. If the connector and port don’t join with reasonable ease, they probably don’t match. Check for obstructions and make sure that the connector matches the port and that you have positioned the connector correctly in relation to the port.

Certain usage patterns can contribute to the fraying or breaking of cables. The cable attached to a charging unit, like any other metal wire or cable, is subject to becoming weak or brittle if repeatedly bent in the same spot. Aim for gentle curves instead of angles in the cable. Regularly inspect the cable and connector for any kinks, breaks, bends, or other damage. Should you find any such damage, discontinue use of the cable.

Operating temperature Apple Watch is designed to work best in ambient temperatures between 32° and 95° F (0° and 35° C) and be stored in temperatures between -4° and 113° F (-20° and 45° C). Apple Watch can be damaged and battery life shortened if stored or operated outside of these temperature ranges. Avoid exposing Apple Watch to dramatic changes in temperature or humidity. If the interior temperature of Apple Watch exceeds normal operating temperatures (for example, in a hot car or in direct sunlight for extended periods of time), you may experience the following as it attempts to regulate its temperature:

- Charging may slow or stop.
- The display may dim.
- A temperature warning screen may appear.
- Some data transfer may be paused or delayed.
- Some apps may close.

Important: You may not be able to use Apple Watch while the temperature warning screen is displayed. If Apple Watch can't regulate its internal temperature, it goes into a deep sleep mode until it cools. Move Apple Watch to a cooler location out of direct sunlight and wait a few minutes before trying to use Apple Watch again.

For more information, see support.apple.com/kb/HT2101 [Will Apple Watch get added to this article or will there be a similar article?].

Magnets Keep key cards and credit cards away from Apple Watch, the bands and the charging unit.

Band care information

Use only Apple branded or Apple authorized bands. The band colors may fade over time.

Cleaning and care Clean the band immediately if it comes in contact with anything that may cause stains or other damage—such as dirt, ink, makeup, sweat, or lotions. Before cleaning the band, remove it from Apple Watch. Dry the band if it gets wet.

For leather bands, use the included polishing cloth or a damp non-abrasive, lint free cloth with either a mild household soap or mild leather cleaner on the leather. Test in an inconspicuous area to check for color change. Air dry the band before wearing it again. Don't soak leather bands in water or expose them to direct heat to dry. Don't store leather bands in direct sunlight, at high temperatures or in high humidity.) For the metal parts in the leather bands, use the included polishing cloth or a non-abrasive, lint free cloth with small amount of fresh water or isopropyl alcohol.

For the Milanese mesh band, use the included polishing cloth or a non-abrasive, lint-free cloth with small amount of fresh water or isopropyl alcohol. Dry the band with the included polishing cloth or a damp non-abrasive cloth before wearing it again.

For the Links band, use the included polishing cloth or a non-abrasive, lint-free cloth or, if necessary, a small amount of fresh water or isopropyl alcohol. Dry the band with the included polishing cloth or a damp non-abrasive cloth before wearing it again.

For the Sport band, use the included polishing cloth or a non-abrasive, lint-free cloth with small amount of fresh water or isopropyl alcohol. Dry the band with the included polishing cloth or a damp non-abrasive cloth before wearing it again.

Change and fasten bands

Change bands. Press the band release button on Apple Watch, slide the band across to remove it, then slide the new band in. Never force a band into the slot. If you're having trouble removing or inserting a band, press the band release button again.

Fasten a band. For optimal performance, Apple Watch should fit closely on your wrist. Adjust the band accordingly.

TBD: [DOCUMENTATION TEAM TO ADD IN HOW TO USE EACH BAND AND HOW TO REMOVE THE BAND FROM THE WATCH; INCLUDE A STATEMENT ABOUT DON'T FORCE THE BAND INTO THE SLOT; ADD IN SPECIFICS ABOUT WHICH BANDS CONTAIN MAGNETS AS PART OF THE DESCRIPTION]

Apple Watch Support site

Comprehensive support information is available online at www.apple.com/support/watch. To contact Apple for personalized support (not available in all areas), see www.apple.com/support/contact.

Restart Apple Watch

If something isn't working right, try restarting or resetting Apple Watch and its companion iPhone.


Restart Apple Watch. Hold down the side button until the slider appears, then slide your finger across the slider to turn off Apple Watch. To turn Apple Watch back on, hold down the side button until the Apple logo appears.

Restart the companion iPhone. Hold down the Sleep/Wake button until the slider appears. Slide your finger across the slider to turn off iPhone. To turn iPhone back on, hold down the Sleep/Wake button until the Apple logo appears.

If you can't turn off Apple Watch or if the problem continues, you may need to force Apple Watch to restart. Do this only if you're unable to restart your Apple Watch.


Force Apple Watch to restart. Hold down the side button and the crown at the same time for at least ten seconds, until the Apple logo appears.

Reset Apple Watch settings

Reset Apple Watch settings. On Apple Watch, open the Settings app , go to General > Reset, then tap Erase All Content and Settings.

After the reset finishes and Apple Watch restarts, you need to pair Apple Watch with iPhone again—open the Apple Watch app on iPhone, then follow the instructions shown on iPhone and Apple Watch.

Get information about your Apple Watch

See information about Apple Watch. To see information such as capacity, available storage, and software version, open the Settings app  on Apple Watch and go to General > About.

You can also see this information on the companion iPhone—open the Apple Watch app on iPhone and go to General > About.

Learn more, service, and support

Refer to the following resources to get more Apple Watch-related safety, software, and service information.

To learn about	Do this
Using Apple Watch safely	See Important safety information on page 58.
Apple Watch service and support, tips, forums, and Apple software downloads	Go to www.apple.com/support/watch .
The latest information about Apple Watch	Go to www.apple.com/watch .
Managing your Apple ID account	Go to appleid.apple.com .
Finding your Apple Watch serial number	You can find your Apple Watch serial number on the Apple Watch packaging. Or, on Apple Watch, choose Settings > General > About.
Obtaining warranty service	First follow the advice in this guide. Then go to www.apple.com/support/watch .
Battery replacement service	Go to apple.com/batteries/replacement-and-recycling/ .

FCC compliance statement for Apple Watch and Apple Watch Magnetic Charging Cable

This device complies with part 15 of the FCC rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment to an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Important: Changes or modifications to this product not authorized by Apple could void the electromagnetic compatibility (EMC) and wireless compliance and negate your authority to operate the product. This product has demonstrated EMC compliance under conditions that included the use of compliant peripheral devices and shielded cables between system components. It is important that you use compliant peripheral devices and shielded cables between system components to reduce the possibility of causing interference to radios, televisions, and other electronic devices.

Canadian regulatory statement for Apple Watch and Apple Watch Magnetic Charging Cable

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes: (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

CAN ICES-3 (B)/NMB-3(B)

Disposal and recycling information

Apple Watch disposal and recycling: Your Apple Watch and/or battery should not be disposed of with household waste. Dispose of your Apple Watch and/or battery in accordance with local environmental laws and guidelines. For information about the recycling program at Apple and recycling collection points, visit www.apple.com/recycling. For information about restricted substances and other environmental initiatives at Apple, visit www.apple.com/environment.

Battery replacement: The lithium-ion battery in Apple Watch should be replaced by Apple or an authorized service provider, and must be recycled or disposed of separately from household waste. For more information about battery replacement services, go to www.apple.com/batteries/replacement-and-recycling/.

Türkiye

Türkiye Cumhuriyeti: AEEE Yönetmeliğine Uygundur.

台灣



廢電池請回收

Taiwan Battery Statement

警告：請勿戳刺或焚燒。此電池不含汞。

China Battery Statement

警告：不要刺破或焚燒。該電池不含水銀。

European Union—Disposal Information



The symbol above means that according to local laws and regulations your product and/or its battery shall be disposed of separately from household waste. When this product reaches its end of life, take it to a collection point designated by local authorities. The separate collection and recycling of your product and/or its battery at the time of disposal will help conserve natural resources and ensure that it is recycled in a manner that protects human health and the environment.

Union Européenne—informations sur l'élimination: Le symbole ci-dessus signifie que, conformément aux lois et réglementations locales, vous devez jeter votre produit et/ou sa batterie séparément des ordures ménagères. Lorsque ce produit arrive en fin de vie, apportez-le à un point de collecte désigné par les autorités locales. La collecte séparée et le recyclage de votre produit et/ou de sa batterie lors de sa mise au rebut aideront à préserver les ressources naturelles et à s'assurer qu'il est recyclé de manière à protéger la santé humaine et l'environnement.

Europäische Union—Informationen zur Entsorgung: Das oben aufgeführte Symbol weist darauf hin, dass dieses Produkt und/oder die damit verwendete Batterie den geltenden gesetzlichen Vorschriften entsprechend und vom Hausmüll getrennt entsorgt werden muss. Geben Sie dieses Produkt zur Entsorgung bei einer offiziellen Sammelstelle ab. Durch getrenntes Sammeln und Recycling werden die Rohstoffreserven geschont und es ist sichergestellt, dass beim Recycling des Produkts und/oder der Batterie alle Bestimmungen zum Schutz von Gesundheit und Umwelt eingehalten werden.

Unione Europea—informazioni per lo smaltimento: Il simbolo qui sopra significa che, in base alle leggi e alle normative locali, il prodotto e/o la sua batteria dovrebbero essere riciclati separatamente dai rifiuti domestici. Quando il prodotto diventa inutilizzabile, portalo nel punto di raccolta stabilito dalle autorità locali. La raccolta separata e il riciclaggio del prodotto e/o della sua batteria al momento dello smaltimento aiutano a conservare le risorse naturali e assicurano che il riciclaggio avvenga nel rispetto della salute umana e dell'ambiente.

Europeiska unionen—information om kassering: Symbolen ovan betyder att produkten och/eller dess batteri enligt lokala lagar och bestämmelser inte får kastas tillsammans med hushållsavfallet. När produkten har tjänat ut måste den tas till en återvinningsstation som utsetts av lokala myndigheter. Genom att låta den uttjänta produkten och/eller dess batteri tas om hand för återvinning hjälper du till att spara naturresurser och skydda hälsa och miljö.

Brasil—Informações sobre descarte e reciclagem



O símbolo indica que este produto e/ou sua bateria não devem ser descartadas no lixo doméstico. Quando decidir descartar este produto e/ou sua bateria, faça-o de acordo com as leis e diretrizes ambientais locais. Para informações sobre substâncias de uso restrito, o programa de reciclagem da Apple, pontos de coleta e telefone de informações, visite www.apple.com/br/environment.

Información sobre eliminación de residuos y reciclaje



El símbolo indica que este producto y/o su batería no debe desecharse con los residuos domésticos. Cuando decida desechar este producto y/o su batería, hágalo de conformidad con las leyes y directrices ambientales locales. Para obtener información sobre el programa de reciclaje de Apple, puntos de recolección para reciclaje, sustancias restringidas y otras iniciativas ambientales, visite www.apple.com/la/environment.

Apple and the environment

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