



## Using the Watch

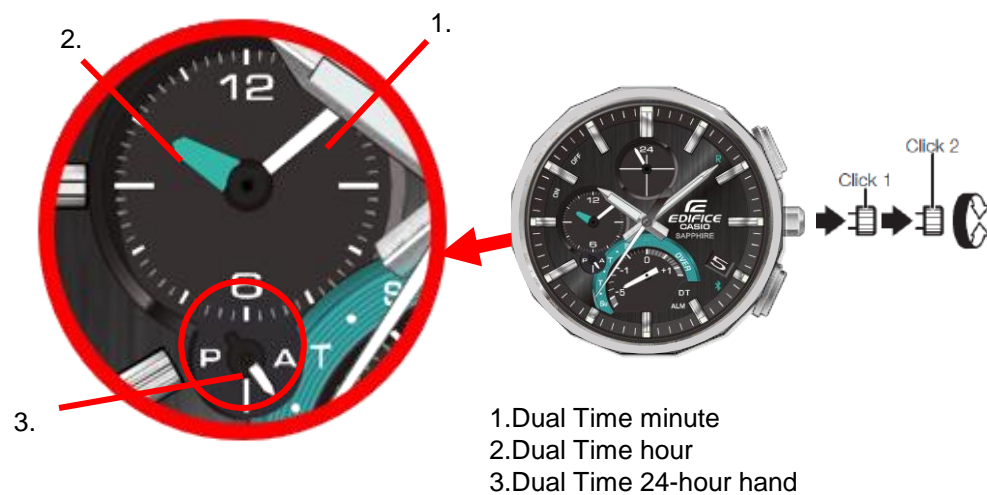
**Solar Charging**

Remove the watch from your wrist and place it in a brightly lit area.

- The watch may become hot when exposed to light for charging. Take care to avoid burn injury.
- Avoid charging in locations where it is very hot.

**Watch Operations**

You can view the current time in your Home City and in one more time zone .

**Time adjustment via smartphone**

Press **(B)** for 0.5 second to connect to the smartphone and adjust the time.

**Bluetooth Connection**

Hold down **(B)** to establish a Bluetooth connection.

When the connection is successful, the second hand moves to [R].

