

## Using the Watch

### Charging

Remove the watch from your wrist and place it in a brightly lit area.

- The watch may become hot when exposed to light for charging. Take care to avoid burn injury.
- Avoid charging in locations where it is very hot.

### Power Saving

- Leaving the watch in a dark location for about one week will cause all hands to stop.

### Battery Alerts

- Low Battery  
Second hand jumps every two seconds (Low Battery Alert).
- Dead Battery  
All hands stopped.

### Setting the Time

1. Rotate the crown towards you to loosen it.
2. Pull the crown out to the second click.
  - This enables setting of current time.



3. Rotate the crown away from you (forward) or toward you (back) to current time.
4. Press the (D) button.
  - This enables setting of the current day.
5. Rotate the crown away from you (forward) or toward you (back) to current day.
6. After the settings are the way you want, push the crown back in.

### General Guide



1. Days of the week
2. RetroGrade  
 : Bluetooth connected \*  
 : Bluetooth standby
3. Home Time hour and minute hands
4. Dual Time hour and minute hands
5. Days of the month

\* Hold down (B) button for about 1.5 seconds to connect via Bluetooth.