



NTT docomo

SH-10C

取扱説明書

'11.●


SH-10C

取扱説明書 '11.●

docomo PRIME series

故障お問い合わせ先

■ドコモの携帯電話からの場合

 (局番なしの) **113** (無料)

※一般電話などからご利用になれません。

■一般電話などからの場合

 **0120-800-000**

※一部のIP電話からは接続できない場合があります。


受付時間 24時間 (年中無休)

iモードサイト i Menu▶お客様サポート▶ドコモショップ

総合お問い合わせ先

<ドコモ インフォメーションセンター>

■ドコモの携帯電話からの場合

 (局番なしの) **151** (無料)

※一般電話などからご利用になれません。

■一般電話などからの場合

 **0120-800-000**

※一部のIP電話からは接続できない場合があります。

受付時間 午前9:00～午後8:00 (年中無休)

●番号をよくご確認の上、お間違いないようにおかけください。

●各種手続き、故障・アフターサービスについては、上記お問い合わせ先にご連絡いただくか、ドコモホームページ、iモードサイトにてお近くのドコモショップなどにお問い合わせください。

ドコモホームページ <http://www.nttdocomo.co.jp/>

海外での紛失、盗難、精算などについて

<ドコモ インフォメーションセンター>
(24時間受付)

ドコモの携帯電話からの場合

滞在国の国際電話
アクセス番号 **-81-3-6832-6600*** (無料)※一般電話などでかけた場合には、日本向け通話料がかかります。
※SH-10Cからご利用の場合は、+81-3-6832-6600でつながります。
(「+」は「0」ボタンを1秒以上押します。)

一般電話などからの場合

<ユニバーサルナンバー>

ユニバーサルナンバー用
国際識別番号 **-8000120-0151***※滞在国内通話料などがかかる場合があります。
※主要国の国際電話アクセス番号/ユニバーサルナンバー用国際識別番号については、ドコモの「国際サービスホームページ」をご覧ください。

●紛失・盗難などにあわれたら、速やかに利用中断手続きをお取りください。

●お客様が購入されたFOMA端末に故障が発生した場合は、ご帰国後にドコモ指定の故障取扱窓口へご持参ください。

 マナーもいっしょに携帯しましょう。

◎公共の場所で携帯電話をご利用の際は、周囲の方への心くばりを忘れずに。

販売元 株式会社NTTドコモ

製造元 シャープ株式会社



Li-ion00

環境保全のため、不要になった電池は
NTTドコモまたは代理店、リサイクル
協力店などにお持ちください。

再生紙を使用しています

'11.●(1版)
TINSJA816AFZZ
11*** SM***①



指示

ハンズフリーに設定して通話する際や、着信音が鳴っているときなどは、必ずFOMA端末を耳から離してください。
また、イヤホンマイクなどをFOMA端末に装着し、ゲームや音楽再生をする場合は、適度なボリュームに調節してください。

音量が大きすぎると難聴の原因となります。
また、周囲の音が聞こえにくいと、事故の原因となります。

Earphone Signal Level

The maximum output voltage for the music player function, measured in accordance with EN 50332-2, is 28.0 mV.



指示

心臓の弱い方は、着信バイブレータ(振動)や着信音量の設定に注意してください。

心臓に悪影響を及ぼす原因となります。



指示

医用電気機器などを装着している場合は、医用電気機器メーカーもしくは販売業者に、電波による影響についてご確認の上ご使用ください。

医用電気機器などに悪影響を及ぼす原因となります。



指示

高精度な制御や微弱な信号を取り扱う電子機器の近くでは、FOMA端末の電源を切ってください。

電子機器が誤動作するなどの悪影響を及ぼす原因となります。

ご注意ください電子機器の例

補聴器、植込み型心臓ペースメーカーおよび植込み型除細動器、その他の医用電気機器、火災報知器、自動ドア、その他の自動制御機器など。植込み型心臓ペースメーカーおよび植込み型除細動器、その他の医用電気機器をご使用される方は、当該の各医用電気機器メーカーもしくは販売業者に電波による影響についてご確認ください。



指示

万が一、ディスプレイ部やカメラのレンズを破損した際には、割れたガラスや露出したFOMA端末の内部にご注意ください。

ディスプレイ部の表面には保護フィルム、カメラのレンズの表面にはプラスチックパネルを使用し、ガラスが飛散りにくい構造となっておりますが、誤って割れた破損部や露出部に触れますと、けがの原因となります。

⚠ 注意



禁止

アンテナ、ストラップなどを持ってFOMA端末を振り回さないでください。

本人や他の人に当たり、けがなどの事故の原因となります。



禁止

FOMA端末が破損したまま使用しないでください。

火災、やけど、けが、感電の原因となります。



禁止

モーショントラッキングやモーションセンサーのご使用にあたっては、必ず周囲の安全を確認し、FOMA端末をしっかりと握り、必要以上に振り回さないでください。

けがなどの事故の原因となります。



禁止

誤ってディスプレイを破損し、液晶など内部の物質が漏れた場合には、顔や手などの皮膚につけないでください。

失明や皮膚に傷害を起こす原因となります。
液晶など内部の物質が目や口に入った場合には、すぐにきれいな水で洗い流し、直ちに医師の診断を受けてください。
また、皮膚や衣類に付着した場合は、すぐにアルコールなどで拭き取り、石鹸で水洗いしてください。



禁止

ディスプレイの表面には、落下や衝撃等により破損した場合の安全性確保(強化ガラスパネルの飛散防止)を目的とする保護フィルムがあります。このフィルムは無理にはがしたり、傷つけたりしないでください。

フィルムをはがして使用した場合、ディスプレイが破損したときに、けがの原因となることがあります。

Quick Manual

CAUTION

Use only the battery packs and adapters specified by NTT DOCOMO for use with the FOMA terminal.
May cause fires, burns, bodily injury or electric shock.

Do not throw the battery pack into a fire.

The battery pack may catch fire, explode, overheat or leak.

Do not dispose of used battery packs in ordinary garbage.

May cause fires or damage to the environment. Place tape over the terminals to insulate unnecessary battery packs, and take them to a docomo Shop, retailer or institution that handles used batteries in your area.

Avoid using the handset in extremely high or low temperatures.

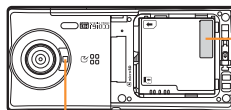
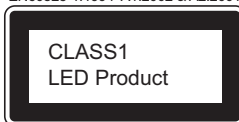
Use the FOMA terminal within the range of a temperature between 5°C and 40°C (for temperatures of 36°C or higher, such as in a room with a bath, limit usage to a short period of time) and a humidity between 45% and 85%.

Charge battery in areas where ambient temperature is between 5°C and 35°C.

Do not point the illuminated light directly at someone's eyes. Especially when you shoot still pictures or moving pictures of young children, keep 1 m or more distance from them.

Do not use Picture Light near people's faces. Eyesight may be temporarily affected leading to accidents.

EN60825-1:1994 A1:2002 & A2:2001



Picture Light

CAUTION-CLASS 1M
LED RADIATION WHEN OPEN
DO NOT VIEW DIRECTLY WITH
OPTICAL INSTRUMENTS

CAUTION:

Use of controls, adjustments or performance of procedure other than those specified herein may result in hazardous radiation exposure. As the emission level from Picture Light LED used in this product is harmful to the eyes, do not attempt to disassemble the cabinet. Servicing is limited to qualified servicing station only.

Picture light source LED characteristics

- Continuous illumination
- Wavelength
White: 400-700nm
Red: 600-670nm
- Maximum output
White: 108 μ W (inside FOMA terminal 1.46mW)
Red: 26 μ W (inside FOMA terminal 916 μ W)

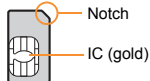
Before Using

Inserting UIM

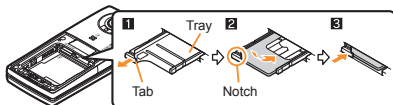
1 Hook a finger on the tab and pull out the tray (1)

- Pull out the tray straight until it stops.

2 Hold the UIM with the IC (gold) side turned up and set on the tray (2)



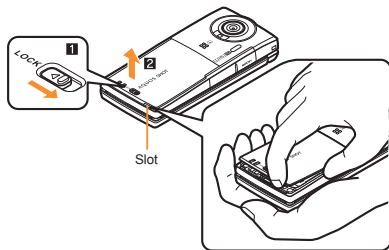
3 Push the tray all the way in (3)



- Note that inserting or removing the UIM forcibly may damage the UIM or deform the tray.

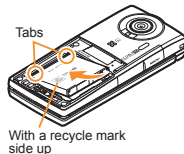
Attaching battery pack

- Perform with the FOMA terminal turned off and closed while holding with your both hands.
 - The battery pack is not waterproof/dust-proof.
- #### 1 Slide the back cover lever in the direction of the arrow (1) to unlock and remove the back cover (2)
- The FOMA terminal has a slot to remove the back cover. Securely hold the FOMA terminal as shown in the illustration to prevent excessive force on the back cover and hook a nail on the slot and remove the back cover upward.



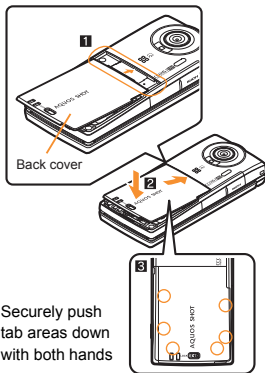
2 Attach the battery pack

- Turn a recycle mark side of the battery pack up, match tabs and attach the battery pack.

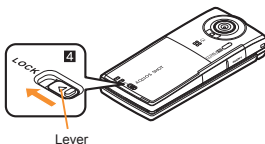


3 Insert the tab of the top of the back cover into the FOMA terminal slot (1), attach it in the direction of the arrow (2) and securely push down with both hands (3)

- The back of the back cover has also six tabs to insert the back cover. Securely push tab areas down with both hands so that gaps are not left between the FOMA terminal and the back cover.



4 Slide the back cover lever in the direction of the arrow (1) to lock



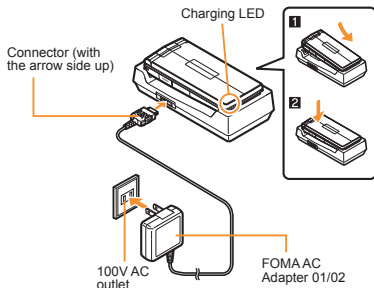
- Using unnecessary force when attaching or removing the battery pack may damage the connector terminal for the battery pack (charger terminal) on the FOMA terminal.
- Securely close the back cover. If not closed securely, the back cover may come off and the battery pack may fall out due to vibration. May damage the waterproof/dust-proof performance and allow water to seep or dust to get in.

Charging

- It is recommended that the accompanying desktop holder be used for charging to prevent water from seeping or dust from getting in caused by forgetting to close the external connector terminal cover.
 - The AC adapter and desktop holder are not waterproof/dust-proof. Never try to charge the battery pack when the FOMA terminal is wet.
- 1 Turn the arrow side of the AC adapter connector up and insert it into the connector terminal of the desktop holder**
 - Keep the connector parallel with the desktop holder and securely push all the way in until it clicks.
 - 2 Insert the AC adapter power plug into an outlet**

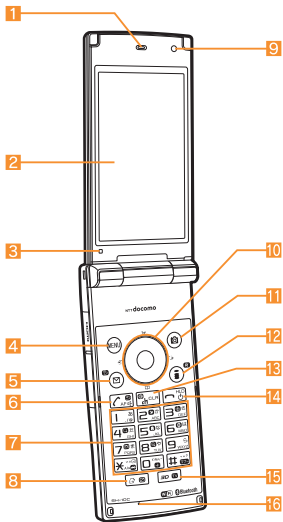
3 When placing the FOMA terminal in the desktop holder, charge alert is heard, charging LED illuminates, and charging starts

- Put the bottom of the FOMA terminal on the desktop holder (1) and push down until it clicks (2).

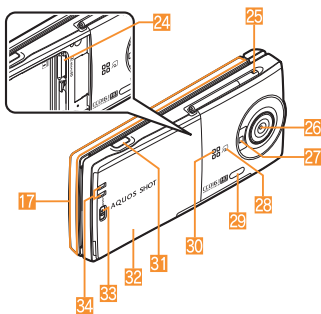
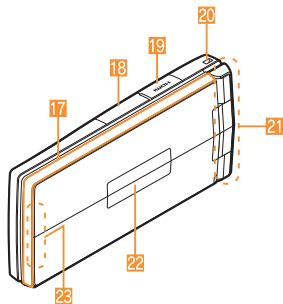


4 Charging is complete when charge alert is heard and charging LED turns off

- Hold the desktop holder and lift the FOMA terminal out.
- Pull the AC adapter out of the outlet when left unused for a long period of time.
- When charge alert is not heard or when charging LED does not illuminate, check that the FOMA terminal is placed securely in the desktop holder (except when terminal is turned off, manner mode is set or charge alert is [OFF]).
- When placing the FOMA terminal in the desktop holder, be careful not to catch a strap, etc.
- When switching to the viewer position with the FOMA terminal set in the desktop holder, operate with holding the FOMA terminal so that it does not come off the desktop holder.



- Key illustrations may look different from actual keys.



- 1 Earpiece
- 2 Main display/Touch panel
- 3 Brightness sensor
- 4 : MENU/Operation guidance key
- 5 : Mail/Operation guidance key
- 6 : Start/Hands-free key
- 7 : 1 to 9, *, 0 and #: Dial/Character entry keys
- 8 : Multi/VeilView key
- 9 Sub camera
- 10 : Multi-guide key
- 11 : Camera/TV/Operation guidance key
- 12 : i-mode/Operation guidance key
- 13 : i-Channel/Clear key
- 14 : Power/End key
- 15 : 3D/TV key
- 16 Mouthpiece/Microphone
- 17 Called/Charging LED
- 18 External connector terminal
- 19 HDMI terminal (type D)
- 20 Strap hole
- 21 FOMA antenna
- 22 Sub display
- 23 GPS antenna
- 24 microSD Card slot
- 25 1Seg antenna
- 26 Main camera
- 27 Picture Light
- 28 mark
- 29 Infrared port
- 30 Speaker
- 31 : Side key
- 32 Back cover
- 33 Back cover lever
- 34 Charger terminal

Viewing display



Icon display area



Main icons

	Battery level (High → Low)
	Signal status (Strong → Weak) ● When [圏外] appears, the handset is outside the service area or in a place with no signal.
	Wi-Fi
	Hands-free
	GPS
	i-mode mail/SMS/Area Mail/ Information received
	i-appli
	3D/2D display
	Alarm/Schedule
	Bluetooth
	Ir communication
	i-mode
	UIM error
	Self mode

	Music&Video Channel program reservation
	3G/GSM
	VeilView
	USB connection
	Record message
	Keypad dial lock
	Manner mode
	Silent/Vibrator
	Public mode (Drive mode)
	microSD Card
	Software update
	IC card lock
	Music&Video Channel
	Personal data lock
	1Seg recording

Basic Operations


Turning power on

- 1  (for at least 2 seconds)
 - Press  for at least 2 seconds to turn the power off.

Changing screen display to English

- 1 In the Normal menu, [本体設定] (Setting) ▶ [文字表示入力] (Text display/input) ▶ [Select language] ▶ [English]

Making initial setting


- 1 [Date and time setting] ▶ set the date and time
- 2 [Password] ▶ register a terminal security code
- 3 [Keypad sound] ▶ set the keypad sound
- 4 [Text size] ▶ set the font size collectively
- 5 [Request permit/deny] ▶ set GPS location provision
- 6 

Checking your own phone number

- 1 In the Normal menu, [Profile]









Character entry

■ Switching entry modes




- 1 In the character entry screen, 
- 2 Select the entry mode

■ Entering characters

Ex.) When entering “電話”



- 1 In the character entry screen, enter “でんわ”
 - でんわ:  (four times) ▶  (once) ▶  (three times) ▶  ▶  (once)
 - To enter multiple characters assigned to the same key: Enter a character ▶  ▶ enter a character
- 2 
- 3 

■ Entering pictograms/symbols


- 1 In the character entry screen, 
 - To switch between pictogram/Deco-mail pictogram/Deco-mail picture: 
 - To switch between single- and double-byte symbols: 

- 2 Select a pictogram/symbol

■ Entering emoticons


- 1 In the character entry screen,  ▶ [Pict/Symbol/Smiley] ▶ [Smiley]
 - For a mail message: In the character entry screen,  ▶ [Quote phrase/data] ▶ [Pict/Symbol/Smiley] ▶ [Smiley]
- 2 Select a category ▶ select an emoticon

Changing ring tone


- 1 In the Normal menu, [Setting] ▶ [Sound/Vibration/Manner] ▶ [Ring tone]
- 2 Select an item
 - ◆ [Call ring tone]
 - ◆ [Videophone]
 - ◆ [Mail] ▶ select an item
- 3 Set each item ▶ 

Lock/Security

Changing terminal security code

- 1 In the Normal menu, [Setting] ▶ [Lock/Security] ▶ [Change security code] ▶ enter the current terminal security code
- 2 Enter the new terminal security code
- 3 Enter the new terminal security code again
- 4 

Changing network security code

- 1 In stand-by,  ▶ [お客様サポート] (user support) ▶ [各種設定 (確認・変更・利用)] (settings (check/change/use)) ▶ [ネットワーク暗証番号変更] (change network security code)

Changing i-mode password

- 1 In stand-by, ▶ [English] ▶ [Options] ▶ [Change i-mode Password]

Setting PIN code

- 1 In the Normal menu, [Setting] ▶ [Lock/Security] ▶ [UIM setting]
- 2 Select an item
 - ◆ [Change PIN1 code] ▶ enter the terminal security code ▶ enter the current PIN1 code ▶ enter the new PIN1 code ▶ enter the new PIN1 code again ▶
 - ◆ [Change PIN2 code] ▶ enter the terminal security code ▶ enter the current PIN2 code ▶ enter the new PIN2 code ▶ enter the new PIN2 code again ▶
 - ◆ [PIN1 entry ON/OFF] ▶ [ON] ▶ enter the PIN1 code

Various lock functions

- All lock
- 1 In the Normal menu, [Setting] ▶ [Lock/Security] ▶ [Lock settings] ▶ [All lock] ▶ enter the terminal security code
- Omakase Lock
- Omakase Lock is a service to lock the personal data and IC card functions in case of loss, etc. by only your request to DOCOMO via phone.
- Refer to "Mobile Phone User's Guide [Basic Usage]" for details on Omakase Lock.

Set/Release Omakase Lock

- 0120-524-360 Office hours: 24 hours (in Japanese only) (open all year round)
- ※ Unavailable from part of IP phones.
 - ※ Omakase Lock can also be set/released from the My docomo website using PCs.

- Self mode
- 1 In the Normal menu, [Setting] ▶ [Other setting] ▶ [Self mode] ▶ select the setting ▶ [Yes]

- Personal data lock
- 1 In the Normal menu, [Setting] ▶ [Lock/Security] ▶ [Lock settings] ▶ [Personal data lock] ▶ enter the terminal security code ▶ select the setting

- Keypad dial lock
- 1 In the Normal menu, [Setting] ▶ [Lock/Security] ▶ [Keypad dial lock] ▶ enter the terminal security code ▶ select the setting

- Auto-key lock
- 1 In the Normal menu, [Setting] ▶ [Lock/Security] ▶ [Lock settings] ▶ [Auto-key lock] ▶ select the lock type ▶ enter the terminal security code ▶ set each item ▶

- IC card lock
- 1 In stand-by, (for at least 1 second) ▶ [Yes]

Incoming call restriction

- Setting response to a call with no caller ID
- 1 In the Normal menu, [Setting] ▶ [Lock/Security] ▶ [Call rejection setting]
 - 2 Select an item
 - ◆ [Anonymous] ▶ enter the terminal security code ▶ set each item ▶
 - ◆ [Payphone] ▶ enter the terminal security code ▶ set each item ▶
 - ◆ [Unavailable] ▶ enter the terminal security code ▶ set each item ▶
- Rejecting a call from a caller unset in phonebook
- 1 In the Normal menu, [Setting] ▶ [Lock/Security] ▶ [Call rejection setting]
 - 2 [Unregistered caller] ▶ enter the terminal security code ▶ select the setting

Voice/Videophone Calls

Making a voice/videophone call

- 1 In stand-by, enter a phone number
- 2 (Phone)/ (V.phone)
- 3 to end the call

Receiving a voice/videophone call

- 1 When a call is received, the ring tone sounds and the called LED flashes
- 2
- 3 to end the call

Making a call with redials/received calls

- 1 In stand-by, (Redial)/ (Received calls)
- 2 Point the cursor to the history
- 3 (Phone)/ (V.phone)

Using overseas

- Making a call to outside the country you stay in (including Japan)
- 1 In stand-by, enter “+” (for at least 1 second), country code, area code (city code) and other party's phone number
 - When the area code (city code) begins with “0”, omit the “0” when dialing (Include “0” when making a call to some countries or regions such as Italy).
 - 2 (Phone)/ (V.phone)
- Making a call in country you stay
- 1 In stand-by, enter a phone number
 - 2 (Phone)/ (V.phone)

- Making a call to WORLD WING user overseas

When you make a call to a WORLD WING user overseas, you make a call as an international call to Japan regardless of your country of stay.

- 1 In stand-by, enter “+” (for at least 1 second), country code “81” (Japan) and the other party's mobile phone number excluding the first “0”
- 2 (Phone)/ (V.phone)

Mail

Sending i-mode mail

- 1 In stand-by, ▶ [Compose message]
- 2 Select the TO field ▶ enter an address
- 3 Select the SUB field ▶ enter a subject
- 4 [Message] ▶ enter a message
- 5

Checking new i-mode mail

- 1 In stand-by, ▶ [Check new mail/message]

Replying to i-mode mail

- 1 In the received mail details screen, ▶ [Reply/Forward]
- 2 Select the reply method
- 3 Compose and send a mail

Displaying a mail in Inbox/Outbox/Unsent box

- 1 In stand-by,
- 2 Select a box
- 3 Select a mail

Phonebook

Adding phonebook entries

- 1 In the Normal menu, [TEL function] ▶ [Phonebook] ▶ [Add to phonebook]/[UIM operation]
- 2 Set each item ▶

Camera

Shooting still pictures

- 1 In stand-by,
- 2
- 3

Shooting moving pictures

- 1 In the Normal menu, [CAMERA/TV/MUSIC] ▶ [Camera] ▶ [Movie shooting]
- 2
- 3 to end shooting
- 4 [Save]

Displaying shot still pictures

- 1 In the Normal menu, [Data box] ▶ [My picture]
- 2 [Camera] folder ▶ select a still picture

Playing shot moving pictures

- 1 In the Normal menu, [Data box] ▶ [i-motion/ Movie]
- 2 [Camera] folder ▶ select a moving picture

Watching 1Seg

Setting channels

- 1 In the Normal menu, [CAMERA/TV/MUSIC] ▶ [1Seg] ▶ [Channel setting]
 - When the confirmation screen appears: [Yes] ▶ proceed to step 3
- 2 ▶ [Create]
- 3 Select the registration method
 - ◆ [Use preset]
 - ◆ [Auto setting] ▶ [Yes]
 - If you do not select an area: [No] ▶ proceed to step 6
- 4 Select an area
- 5 Select a prefecture/district
- 6 [Yes]

Watching 1Seg

- 1 In the Normal menu, [CAMERA/TV/MUSIC] ▶ [1Seg] ▶ [Activate 1Seg]

Playing recorded videos

- 1 In the Normal menu, [Data box] ▶ [1Seg]
- 2 [Video] folder ▶ select a video

Music Playback

Using Music&Video Channel

The Music&Video Channel service is provided in Japanese.

- 1 In the Normal menu, [CAMERA/TV/MUSIC] ▶ [Music&Video Channel]
- 2 Select a program

Using MUSIC Player

- 1 In the Normal menu, [Data box] ▶ [MUSIC]
- 2 Select music data

Network Services

Setting Voice Mail Service

Voice Mail Service is a paid option (monthly fees apply) that requires subscription.

- 1 In the Normal menu, [TEL function] ▶ [Voice mail service]
- 2 [Activate] ▶ [Yes] ▶ [Yes] ▶ enter the ringing time ▶ [OK]


Setting Call waiting service

Call waiting service is a paid option (monthly fees apply) that requires subscription.


- 1 In the Normal menu, [TEL function] ▶ [Other network service] ▶ [Call waiting]
- 2 [Activate] ▶ [Yes] ▶ [OK]

Setting Call Forwarding Service

Call Forwarding Service is a free option (no monthly fees) that requires subscription.

- 1 In the Normal menu, [TEL function] ▶ [Other network service] ▶ [Call forwarding]
- 2 [Activate] ▶ [Yes] ▶ [Yes] ▶ enter a phone number ▶  ▶ [Yes] ▶ enter the ringing time ▶ [OK]

Osaifu-Keitai



Hold the  mark of the FOMA terminal over the scanning device to use as electronic money or railway tickets or to retrieve ToruCa.

- When the FOMA terminal is stolen or lost, immediately contact your provider of Osaifu-Keitai compatible service for handling methods.

Bluetooth function

- The Bluetooth word mark and logos are owned by the Bluetooth SIG, INC. and any use of such marks by NTT DOCOMO, INC. is under license. Other trademarks and trade names are those of their respective owners.

Registering Bluetooth devices on FOMA terminal

- Switch the other party's Bluetooth device to the registration stand-by status in advance.
- 1 In the Normal menu, [Tool] ▶ [Bluetooth] ▶ [List/cnct/discnct]
 - The device list screen appears when registered device exists. Press  and proceed to step 3.
 - 2 [Yes]
 - 3 Point the cursor to the Bluetooth device to register ▶  ▶ [Register Devices]
 - 4 Enter the Bluetooth passkey

Connecting with Bluetooth devices

- 1 In the Normal menu, [Tool] ▶ [Bluetooth] ▶ [List/cnct/discnct]
- 2 Select a Bluetooth device to connect to

General Notes

Options and related devices

- Battery Pack SH27
- FOMA AC Adapter 01 for Global use
- FOMA AC Adapter 01/2
- Desktop Holder SH35

Main specifications

Size		●● (H) × ●● (W) × ●● (D) mm (●● at thickest point) (when folded)*	
Weight		●● g (with battery pack attached)*	
Continuous talk time	FOMA/3G	Voice call: ●● min*	
	GSM	Videophone: ●● min*	
Continuous stand-by time	FOMA /3G	3G/ GSM setting: 3G	When mobile: ●● hr*
		3G/ GSM setting: AUTO	When mobile: ●● hr*
	GSM	At rest: ●● hr*	
		At rest: ●● hr*	
Charge time	FOMA AC Adapter 01/02	●● min*	
	FOMA DC Adapter 01/02	●● min*	

* Approximate value

Specific Absorption Rate (SAR) of Mobile Phone

This model SH-10C mobile phone complies with Japanese technical regulations and international guidelines regarding exposure to radio waves.

This mobile phone was designed in observance of Japanese technical regulations regarding exposure to radio waves (*1) and limits to exposure to radio waves recommended by a set of equivalent international guidelines. This set of international guidelines was set out by the International Commission on Non-Ionizing Radiation Protection (ICNIRP), which is in collaboration with the World Health Organization (WHO), and the permissible limits include a substantial safety margin designed to assure the safety of all persons, regardless of age and health condition.

The technical regulations and international guidelines set out limits for radio waves as the Specific Absorption Rate, or SAR, which is the value of absorbed energy in any 10 grams of tissue over a 6-minute period. The SAR limit for mobile phones is 2.0 W/kg. The highest SAR value for this mobile phone when tested for use at the ear is 0.449W/kg. There may be slight differences between the SAR levels for each product, but they all satisfy the limit.

The actual SAR of this mobile phone while operating can be well below that indicated above. This is due to automatic changes to the power level of the device to ensure it only uses the minimum required to reach the network. Therefore in general, the closer you are to a base station, the lower the power output of the device. This mobile phone can be used in positions other than against your ear. This mobile phone satisfies the international guidelines when used with a carrying case or a wearable accessory approved by NTT DOCOMO, INC. (*2). In case you are not using the approved accessory, please use a product that does not contain any metals, and one that positions the mobile phone at least 1.5 cm away from your body.

The World Health Organization has stated that present scientific information does not indicate that there are harmful effects attributed to the use of mobile devices. They recommend that if you are worried about your exposure then you can limit your usage or simply use a hands-free kit to keep the mobile device away from the head and body.

Please refer to the WHO website if you would like more detailed information.

http://www.who.int/docstore/peh-emf/publications/facts_press/fact_english.htm

Please refer to the websites listed below if you would like more detailed information regarding SAR.

Ministry of Internal Affairs and Communications
Website:

<http://www.tele.soumu.go.jp/e/sys/ele/index.htm>

Association of Radio Industries and Businesses
Website:

<http://www.arib-emf.org/index02.html> (in Japanese only)

NTT DOCOMO, INC. Website:

<http://www.nttdocomo.co.jp/english/product/sar/>

SHARP Corporation Website:

<http://www.sharp.co.jp/products/menu/phone/cellular/sar/index.html>

(in Japanese only)

*1 Technical regulations are defined by the Ministerial Ordinance Related to Radio Law (Article 14-2 of Radio Equipment Regulations).

*2 Regarding the method of measuring SAR when using mobile phones in positions other than against the ear, international standards (IEC62209-2) were set in March of 2010. On the other hand, technical regulation is currently being deliberated on by national council (As of ●●, 2011).

European RF Exposure Information

Your mobile device is a radio transmitter and receiver. It is designed not to exceed the limits for exposure to radio waves recommended by international guidelines. These guidelines were developed by the independent scientific organization ICNIRP and include safety margins designed to assure the protection of all persons, regardless of age and health.

The guidelines use a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit for mobile devices is 2 W/kg and the highest SAR value for this device when tested at the ear was 0.482W/kg^{*}. As SAR is measured utilizing the devices highest transmitting power the actual SAR of this device while operating is typically below that indicated above. This is due to automatic changes to the power level of the device to ensure it only uses the minimum level required to reach the network.

The World Health Organization has stated that present scientific information does not indicate the need for any special precautions for the use of mobile devices. They note that if you want to reduce your exposure then you can do so by limiting the length of calls or using a hands-free device to keep the mobile phone away from the head.

* The tests are carried out in accordance with international guidelines for testing.

Declaration of Conformity

CE 0168

In some countries/regions, such as France, there are restrictions on the use of Wi-Fi. If you intend to use Wi-Fi on the handset abroad, check the local laws and regulations beforehand.

Hereby, Sharp Telecommunications of Europe Ltd, declares that this SH-10C is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC. A copy of the original declaration of conformity can be found at the following Internet address: <http://www.sharp.co.jp/k-tai/> (in Japanese only)

FCC Notice

- This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.
- Changes or modifications not expressly approved by the manufacturer responsible for compliance could void the user's authority to operate the equipment.

Information to User

This equipment has been tested and found to comply with the limits of a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation; if this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

1. Reorient/relocate the receiving antenna.
2. Increase the separation between the equipment and receiver.
3. Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
4. Consult the dealer or an experienced radio/TV technician for help.

FCC RF Exposure Information

Your handset is a radio transmitter and receiver. It is designed and manufactured not to exceed the emission limits for exposure to radio frequency (RF) energy set by the Federal Communications Commission of the U.S. Government. The guidelines are based on standards that were developed by independent scientific organisations through periodic and thorough evaluation of scientific studies. The standards include a substantial safety margin designed to assure the safety of all persons, regardless of age and health.

The exposure standard for wireless handsets employs a unit of measurement known as the Specific Absorption Rate, or SAR. The SAR limit set by the FCC is 1.6 W/kg.

The tests are performed in positions and locations (e.g., at the ear and worn on the body) as required by the FCC for each model. The highest SAR value for this model handset when tested for use at the ear is 0.522W/kg and when worn on the body, as described in this user guide, is 0.875W/kg.

Body-worn Operation; This device was tested for typical body-worn operations with the back of the handset kept 1.5 cm from the body. To maintain compliance with FCC RF exposure requirements, use accessories that maintain a 1.5 cm separation distance between the user's body and the back of the handset. The use of beltclips, holsters and similar accessories should not contain metallic components in its assembly.

The use of accessories that do not satisfy these requirements may not comply with FCC RF exposure requirements, and should be avoided.

The FCC has granted an Equipment Authorization for this model handset with all reported SAR levels evaluated as in compliance with the FCC RF emission guidelines. SAR information on this model handset is on file with the FCC and can be found under the Display Grant section of <http://www.fcc.gov/oet/ea/fccid/> after searching on FCC ID APYHRO00145.


Additional information on Specific Absorption Rates (SAR) can be found on the Cellular Telecommunications & Internet Association (CTIA) Website at <http://www.ctia.org/>.

Inquiries

General inquiries

<docomo Information Center>

(Business hours: 9:00 a.m. to 8:00 p.m.)

 **0120-005-250 (toll free)**


※ Service available in: English, Portuguese, Chinese, Spanish, Korean.

※ Unavailable from part of IP phones.

(Business hours: 9:00 a.m. to 8:00 p.m. (open all year round))

From DOCOMO mobile phones


(In Japanese only)

 **(No prefix) 151 (toll free)**

※ Unavailable from land-line phones, etc.

From land-line phones

(In Japanese only)

 **0120-800-000 (toll free)**

※ Unavailable from part of IP phones.


● Please confirm the phone number before you dial.

Repairs

(Business hours: 24 hours (open all year round))

From DOCOMO mobile phones


(In Japanese only)

 **(No prefix) 113 (toll free)**

※ Unavailable from land-line phones, etc.

From land-line phones

(In Japanese only)

 **0120-800-000 (toll free)**

※ Unavailable from part of IP phones.

● Please confirm the phone number before you dial.

- For Applications or Repairs and After-Sales Service, please contact the above-mentioned information center or the docomo Shop etc. near you on the NTT DOCOMO website or the i-mode site.
NTT DOCOMO website: <http://www.nttdocomo.co.jp/english/>
i-mode site: iMenu ▶ お客様サポート (user support) ▶ ドコモショップ (docomo Shop) (In Japanese only)

Loss or theft of FOMA terminal or payment of cumulative cost overseas <docomo Information Center>

(available 24 hours a day)

From DOCOMO mobile phones

International call access code for the country you stay -81-3-6832-6600* (toll free)

- * You are charged a call fee to Japan when calling from a land-line phone, etc.
- ※ If you use SH-10C, you should dial the number +81-3-6832-6600 (to enter "+", press the "0" key for at least 1 second).

From land-line phones

<Universal number>

Universal number international prefix -8000120-0151*

- * You might be charged a domestic call fee according to the call rate for the country you stay.
- ※ For international call access codes for major countries and universal number international prefix, refer to DOCOMO International Services website.

Failures encountered overseas <Network Support and Operation Center>

(available 24 hours a day)

From DOCOMO mobile phones

International call access code for the country you stay -81-3-6718-1414* (toll free)

- * You are charged a call fee to Japan when calling from a land-line phone, etc.
- ※ If you use SH-10C, you should dial the number +81-3-6718-1414 (to enter "+", press the "0" key for at least 1 second).

From land-line phones

<Universal number>

Universal number international prefix -8005931-8600*

- * You might be charged a domestic call fee according to the call rate for the country you stay.
- ※ For international call access codes for major countries and universal number international prefix, refer to DOCOMO International Services website.
- If you lose your FOMA terminal or have it stolen, immediately take the steps necessary for suspending the use of the FOMA terminal.
- If the FOMA terminal you purchased is damaged, bring your FOMA terminal to a repair counter specified by DOCOMO after returning to Japan.