



# Plantronics Explorer® 380/390 Series

## User Guide

## **Welcome**

Congratulations on purchasing a Plantronics headset. This User Guide contains instructions for setting up and using your Plantronics Explorer® 380/390 series headset. Please refer to the separate Safety Instructions booklet for important product safety information prior to installation or use of the product.

## **Getting Assistance**

The Plantronics Technical Assistance Center is ready to assist you. You can find answers to frequently asked questions, ask a question using e-mail, receive service over the Internet, or speak directly with a representative. Visit [www.plantronics.com/support](http://www.plantronics.com/support)

## **Registering Your Product**

Visit [www.plantronics.com/productregistration](http://www.plantronics.com/productregistration) to register your product online so we can provide you with the best service and technical support.

# Contents

Welcome .....	ii
What is Bluetooth®? .....	iv
Package Contents, Features and Accessories .....	1
Charging Your Headset .....	2
How to Charge Your Headset Using the AC Charger .....	2
Pairing Your Headset .....	3
Plantronics QuickPair™ Technology .....	3
How to Pair Your Phone With Your Headset for the First Time .....	4
How to Pair Your Headset if it Has Been Previously Paired With Another Device .....	5
Adjusting the Fit .....	6
Headset Controls .....	7
Range .....	8
Using More Than One Bluetooth Phone.....	8
How to Enter Discovery Mode if Headset Was Paired Before.....	8
How to Initiate a Call.....	8
How to Answer a Call While Talking on the Other Phone .....	8
Indicator Lights .....	10
Hands-Free Features .....	11
Troubleshooting .....	12
Product Specifications .....	13
Limited Warranty .....	14
Regulatory Notices .....	15

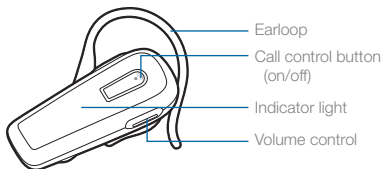
## What is Bluetooth®?

Bluetooth wireless technology provides a way for devices to communicate with each other using short-range radio frequency instead of wires. Any two Bluetooth devices can communicate as long as they both have Bluetooth turned on, they are within range and they have been paired — a quick “handshake” process that connects the two devices. Bluetooth range is up to 33 feet (10 meters). Obstructions such as walls or other electronics devices can cause interference or shorten the effective range.

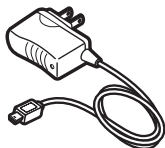
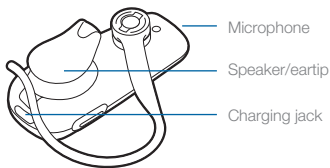
**NOTE** For optimal performance, place your headset and phone on the same side of your body.

# Package Contents and Features

## Headset Front



## Headset Back



AC Charger  
100-240V

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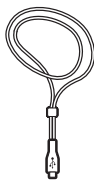
## Plantronics Explorer® 380/390 Series Accessories\*



Vehicle Charging Adapter  
#76777-01



Vehicle Power Charger  
#78583-01



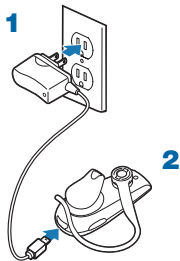
USB Lanyard  
#74948-01





USB Headset Charger  
#76016-01

\* May not be available for all models. To order, please contact your Plantronics supplier or go to [www.plantronics.com](http://www.plantronics.com)

# Charging Your Headset



## CHARGING TIME

2 hours .....	
Full charge	
20 minutes .....	
Minimum charge before first use	

## How to Charge Your Headset Using the AC Charger

Before using your headset for the first time, charge it for at least 20 minutes. A full charge takes approximately two hours.

- 1 Plug the AC charger into a power outlet.**
- 2 Connect the charger cable to the charging jack on the headset.**

While your headset is charging, the indicator glows red. When your headset is fully charged, the indicator turns off.

**NOTE** This headset is protected from being charged at extremes of temperature. Only charge within the specified operating temperature range.

**⚠ WARNING** Do not use your headset while it is connected to the charger.

# Pairing Your Headset

Pairing is the process of introducing your headset to your phone. Before using your headset for the first time, you must pair it with your Bluetooth phone. Normally, you need to pair your headset with your phone only once.

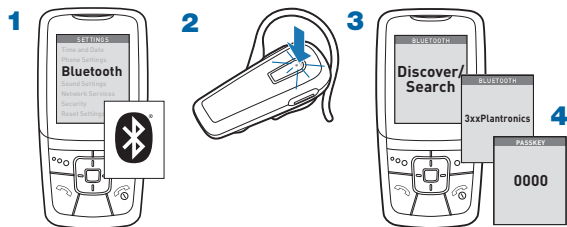
To see a demo of the pairing process, visit [www.plantronics.com/EasyToPair](http://www.plantronics.com/EasyToPair)

## Plantronics QuickPair™ Technology

Your new headset includes Plantronics QuickPair technology to simplify the Bluetooth setup process. The first time you turn your headset on, your headset automatically enters pairing mode for 10 minutes. Once paired successfully, your headset stays on for instant use.

If not successfully paired after 10 minutes, your headset automatically powers off. When you turn the headset on again, it automatically goes into pairing mode until successfully paired with a Bluetooth phone.

# Pairing Your Headset—First Time



## How to Pair Your Phone With Your Headset for the First Time

### **1** Turn on the Bluetooth feature on your phone.

For most phones, select Settings/Tools > Connections > Bluetooth > On. See your phone's user guide for more information.

### **2** Turn the headset on.

Press and hold the call control button until the indicator light flashes red and blue. The headset is now in pairing mode.

If you don't see the red/blue flash, press and hold the call control button to turn your headset off, and then press and hold the call control button again until you see the red/blue flash.

### **3** Use the commands on your phone to locate your headset.

For most phones, select Settings/Tools > Connections > Bluetooth > Search > 3xxPlantronics. See your phone's user guide for more information.

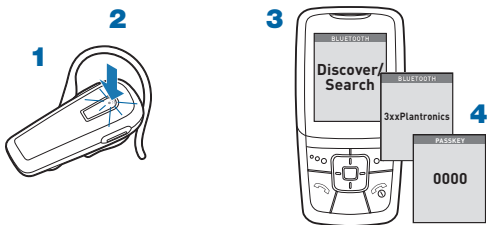
### **4** If prompted for the PIN code/passkey, enter 0000.

Pairing is successful when the indicator on your headset flashes blue. Your headset is now connected and ready to use.

(See note on page 5.)



# Pairing Your Headset



## How to Pair Your Headset If it Has Been Previously Paired With Another Device

### 1 Turn the headset off.

Press and hold the call control button until the indicator turns red and then turns off.

### 2 Turn the headset on.

Press and hold the call control button until the indicator light continues to flash red and blue. The headset is now in pairing mode.

### 3 Use the commands on your phone to locate your headset.

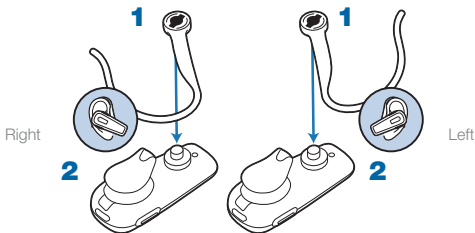
For most phones, select Settings/Tools > Connections > Bluetooth > Search > 3xxPlantronics. See your phone's user guide for more information.

### 4 If prompted for the PIN code/passkey, enter 0000.

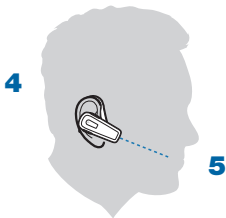
Pairing is successful when the indicator on your headset flashes blue. Your headset is now connected and ready to use.

**NOTE** This headset is equipped with Secure Simple Pairing (SSP). If your phone supports SSP, you will not have to follow step 4; you will instead see a message on your phone alerting you to a successful pairing.

## Adjusting the Fit



- 1** To remove the earloop, gently pull up on earloop near the Plantronics name until you hear a snap. To replace, gently snap back onto post.
- 2** Position earloop as shown above.
- 3** Place the ear loop behind your ear.
- 4** Rotate the headset so that the speaker/eartip rests comfortably in your ear.
- 5** Align the microphone with the corner of your mouth.  
Callers can hear you best when you point the microphone towards the corner of your mouth.



# Headset Controls

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**Turn on the headset** Press and hold the call control button until the indicator glows blue. You will hear ascending tones.

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**Turn off the headset** Press and hold the call control button until the indicator glows red. You will hear descending tones. When power is off, the indicator light stays off.

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**Answer a call** Tap the call control button.  
When you receive a call, your phone may ring before your headset rings. Wait until you hear the ring in your headset before you press the call control button to answer the call.

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**Reject a call** When phone rings, press and hold the call control button until you hear a single low note.

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**Make a call** Enter number on your phone, press send, and the call is automatically transferred to headset. There is no need to press the call control button.

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**Adjust the volume** Tap the volume button to increase volume. At the upper limit you will hear two tones. Press again for the lowest volume level. (There are five volume levels.)

**⚠ WARNING:** Do not use headphones/headsets at high volumes for an extended period of time. Doing so can cause hearing loss. Always listen at moderate levels. See [www.plantronics.com/healthandsafety](http://www.plantronics.com/healthandsafety) for more information on headsets and hearing.

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## Headset Controls

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Transfer a call from headset to phone	While on a call, press and hold the call control button until you hear a single long low tone.
Transfer a call from phone to headset	While on a call, press and hold the call control button until you hear a single short low tone.
Check battery charge	While the headset is on (but not on a call), press and hold the call control and volume buttons. The indicator light will blink red once for a full battery, twice for 2/3 charge, or three times for 1/3 charge.
Turn Multi-Point on or off (available on Explorer 390 series only)	While the headset is off, press and hold the call control and volume buttons. The indicator light will flash blue twice when Multi-Point turns on, or once when it turns off.
Hard reset	While the headset is on (but not on a call), press and hold the call control button while connecting the headset to any charging accessory.

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## Range

To maintain a connection, keep your headset within 33 feet (10 meters) of the Bluetooth device. If there are obstacles between your headset and the device, you may experience interference. For optimal performance, place your headset and phone on the same side of your body.

Audio quality degrades as you move out of range. When you are far enough away to lose the connection, you hear a high tone in the headset.

**NOTE** The headset attempts to reconnect for 30 seconds. If you move back in range after 30 seconds pass, you can manually reconnect by pressing the call control button.

**NOTE** Audio quality is also dependent upon the device with which the headset is paired.

# Using More Than One Bluetooth Phone

[Explorer 390 series only]

Plantronics Explorer 390 supports **multipoint technology**, which allows you to use one headset with two different Bluetooth mobile phones.

## How to Enter Pairing Mode if Headset Was Paired Before

**While the headset is off, press and hold the call control button for 4 seconds.**

The indicator light will flash blue twice. You will hear a brief low tone. See steps 1, 3 and 4 of “Pairing Your Headset” on page 4 to pair your headset with your second phone. If not paired in 2 minutes, the headset will automatically turn off.

## How to Initiate a Call

The headset initiates a call on the phone you most recently used. To use the second paired phone, initiate the call using the controls on the second phone. The second phone forms an active link with the headset.

## How to Answer a Call on One Phone While Talking on the Other Phone

To answer the second call, you must end the first call. You can't place one call on hold while answering a call from the other phone.

- 1 Press the call control button once to hang up the existing call.**
- 2 Answer the second call on the phone.**
- 3 While the call is in progress, transfer the call from the phone to your headset by pressing and holding the headset call control button for 2 seconds.**

You will hear a brief low tone before the call is transferred.

**NOTE** If you choose not to answer the second call, and you have voice mail on the second phone, the call will go to voice mail.

## Indicator Lights

Headset Status	Headset Indicator Light
Powering on	Steady blue, then intermittent flashes in standby mode.
Powering off	Red appears, then turns off.
Standby	Blue intermittent flashes.
Charging battery	Red solid light. Light indicator turns off when the battery is fully charged and the headset is off.
Low battery	Three red flashes.
Pairing mode	Blue/red alternating flashes while pairing, then blue when successfully paired.
Missed call	Three repeating purple flashes. Press the call control button to cancel the indicator light.
Incoming call	Three repeating blue flashes when ringing.

## Hands-Free Features

If your phone and your wireless service provider both support hands-free operation, you can use the following features:

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**Redial the last number** To activate last number redial, double tap the call control button. You will hear a double tone after each double tap.

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**Using Voice Dialing** With the headset on, press the call control button for 2 seconds to activate the voice dialing.

**NOTE** To use voice-activated dialing, the voice-dialing feature must be enabled on your phone. See your Bluetooth phone manual for instructions.

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**Reject a call** When receiving an incoming call, press the call control button for 2 seconds to reject the call. You will hear a single low tone when the call has been rejected.

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# Troubleshooting

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My headset does not work with my phone.

Headset was not in pairing mode when mobile phone menu selections were made. See page 5 “Pairing Your Headset.”

Incorrect menu selections were made on your mobile phone. See page 5 “Pairing Your Headset.”

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I did not enter my PIN code/passkey.

Your phone may support Secure Simple Pairing and may not require you to enter a PIN code.

Your phone did not locate the headset.

Repeat the pairing process on page 5.

Incorrect menu selections were made on your mobile phone. Repeat the pairing process on page 5.

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Callers cannot hear me, or I cannot hear caller/dialing tone.

The headset is not turned on or the headset is not connected to mobile phone. Press the call control button for 2 seconds until you hear a beep or see the indicator light glow blue to turn headset on.

Your headset is out of range. Move the headset closer to the phone or Bluetooth device.

Your headset battery is drained. Charge your battery using the AC power adapter supplied.

The listening volume is too low. Press the volume key up (toward the earloop) to increase the sound heard in the headset.

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Headset does not charge

The headset is currently in an environment that is either too cold or too hot. Move the headset to an environment where the temperature is between 50F - 104F (10C - 40C).

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## Product Specifications

Talk Time*	Up to 6 hours, depending on pairing devices
Standby Time*	Approximately 8 days or 192 hours
Charge Time	2 hours
Range	Up to Bluetooth standard 33 feet (10 meters)
Power Requirements	5V DC – 180 mA
Battery Type	Lithium ion polymer
Storage/Usage Temperature	50F - 104F (10C - 40C)
Version	Bluetooth 2.1 EDR with Secure Simple Pairing
Supports Bluetooth hands-free and headset profiles.	

\* Battery enabled. Performance may vary by the devices you pair with and the number of active pairings. Battery life may be reduced if multipoint functionality is enabled.

## LIMITED WARRANTY

This warranty covers defects in materials and workmanship of products manufactured, sold or certified by Plantronics which were purchased and used in the United States.

The warranty lasts for one year from the date of purchase of the products.

This warranty extends to you only if you are the end user with the original purchase receipt.

We will at our option, repair or replace the products that do not conform to the warranty. We may use functionally equivalent reconditioned/refurbished/remanufactured/pre-owned or new products or parts.

To obtain service in the U.S., contact Plantronics at (866) 363-BLUE (2583).

THIS IS PLANTRONICS' COMPLETE WARRANTY FOR THE PRODUCTS.

This warranty gives you specific legal rights, and you may also have other rights that vary from state to state. Please contact your dealer or our service center for the full details of our limited warranty, including items not covered by this limited warranty.

The Terms and Conditions of the limited warranty are also available online at [www.plantronics.com/warranty](http://www.plantronics.com/warranty)

# REGULATORY NOTICES

## EXPOSURE TO RF RADIATION

The internal wireless radio operates within the guidelines found in radio frequency safety standards and recommendations, which reflect the consensus of the scientific community. Independent studies have shown that the internal wireless radio is safe for use by consumers. Visit [www.plantronics.com/healthandsafety](http://www.plantronics.com/healthandsafety) for more information.

NOTE: Modifications not expressly approved by Plantronics, Inc. could void the user's authority to operate the equipment.

## US FCC REQUIREMENTS PART 15

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference, and
2. This device must accept any interference received, including interference that may cause undesired operation.

This device and its antenna must not be collocated or operated in conjunction with any other antenna or transmitter. To comply with FCC RF exposure requirements, only use supplied antenna. Any unauthorized modification to the antenna or device could void the user's authority to operate this device.

These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses, and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

## EXPOSURE TO RADIO FREQUENCY RADIATION

### RSS 210

#### Industry Canada Radio Equipment

Operation is subject to the following two conditions:

- (1) this device may not cause interference, and
- (2) this device must accept any interference, including interference that may cause undesired operation of the device.




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U.S. Patents Pending  
80492-01 (10/08)

## Important Safety and Operational Information

Please read the following safety and operational instructions before using your Bluetooth® headset and accessories. Please keep these instructions for your reference. Additional warnings may be present on the product, packaging, or in the user

instructions. This symbol  identifies and alerts the user to the presence of important safety warnings.

### General

Operating and storage temperature is 10 °C to +40 °C (50 °F to +104 °F)

### Warnings

Exposure to high volume sound levels or excessive sound pressure may damage your hearing. Although there is no single volume setting that is appropriate for everyone, you should always use your headset or headphones with the volume set at moderate levels and avoid prolonged exposure to high volume sound levels. The louder the volume, the less time is required before your hearing could be affected. You may experience different sound levels when using your headset or headphones with different devices. The device you use and its settings affect the level of sound you hear. If you experience hearing discomfort, you should stop listening to the device through your headset or headphones. To protect your hearing, some hearing experts suggest that you:

1. Set the volume control in a low position before putting the headset or headphones on your ears.
2. Limit the amount of time you use headsets or headphones at high volume.
3. Avoid turning up the volume to block out noisy surroundings.
4. Turn the volume down if the sound from the headset or headphones prevents you from hearing people speaking near you. See [www.plantronics.com/healthandsafety](http://www.plantronics.com/healthandsafety) for more information on headsets and hearing.

- Use of a headset that covers both ears will impair your ability to hear other sounds. Use of such a headset while operating a motor vehicle or riding a bicycle may create a serious hazard to you and/or others, and is illegal in most regions.

- Check local laws regarding use of a mobile phone and headset while driving. If you use the headset while driving ensure your attention and focus remain on driving safely.

- Observe all signs and instructions that require an electrical device or RF radio product to be switched off in designated areas, such as gas/refuelling stations, hospitals, blasting areas, potentially explosive atmospheres, or aircraft.

- Keep all products, cords, and cables away from operating machinery. As with all corded products, there is a danger of strangulation if a cord should become wrapped around your neck.

- This product is not a toy. Never allow children to play with the product—small parts may be a choking hazard.

- Install and use eartips and earbuds in accordance with the instructions provided. Do not force eartips or earbuds down the ear canal. If either becomes lodged in the ear canal, seek medical attention immediately.

- Ensure eartips and earbuds are kept clean and free of ear wax buildup to maintain the specified product performance.

- Applying excessive pressure to the headset may injure the outer ear. Do not wear the headset while sleeping or in other situations where pressure may be exerted against the headset.
- Do not disassemble or insert anything into the product or charger because this may cause damage to the internal components or cause injury to you.
- If the product or charger: overheats; has a damaged cord or plug; has been dropped or damaged; has been dropped into water, disconnect any charger from its supply, discontinue use of the product and contact Plantronics.
- Prevent rain, moisture or other liquid from coming into contact with the product to protect against damage to your headset or injury to you. This warning is not applicable for ruggedized or sports products which are designed to withstand contact with moisture.

#### ▲ Charging Warnings

- To reduce the risk of electric shock, explosion or fire, use only the charger supplied by Plantronics to charge the product. Do not use the chargers with other products or for any other purpose. Ensure that the voltage rating corresponds to the local mains or power supply you intend to use.
- If your headset is designed to be charged with your mobile phone charger using a custom adapter, use only mobile phone chargers approved and provided by your mobile phone manufacturer.
- Charge the headset according to the instructions supplied with the unit.
- Ensure the mains (AC Power) socket-outlet for the charger is located near the equipment and is easily accessible.

#### ▲ Battery Warnings

To avoid the risk of explosion, fire or leakage of toxic chemicals, please observe the following warnings:

- Do not dispose of the product or battery in a fire. The battery cells may explode.
- Do not open or mutilate the battery. There may be corrosive materials which can cause damage to eyes or skin and may be toxic if swallowed.
- Always store batteries where children cannot reach them.
- If your product has a non-replaceable battery, do not attempt to open the product or remove the battery.
- If your product has a replaceable battery, use only the battery type supplied by Plantronics. Observe the correct polarity when installing the battery. Remove the battery if it will not be used for an extended period; remove a spent battery promptly.
- If your product is designed to be recharged from a non-rechargeable battery: use only the battery type specified in the product instructions; do not use a rechargeable battery.
- Do not allow any battery or its holder to contact metal objects such as keys or coins.

**Recycling:** Your product and batteries must be recycled or disposed of properly. Contact your local recycling centre for information on proper disposal.

## Regulatory Notices

### FCC Requirements Part 15

Operation is subject to the following two conditions:

1. This device may not cause harmful interference.
2. This device must accept any interference received, including interference that

may cause undesired operation.

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

**CAUTION:**

Any changes or modifications not expressly approved by the grantee of this device could void the user's authority to operate the equipment.

**Exposure To Radio Frequency Radiation**

This device and its antenna must not be collocated or operated in conjunction with any other antenna or transmitter. To comply with FCC RF exposure requirements, only use supplied antenna. Any unauthorized modification to the antenna or device could void the user's authority to operate this device.