5.12. EXPOSURE OF HUMANS TO RF FIELD [[§§ 1.1310 & 2.1091]

The criteria listed in the following table shall be used to evaluate the environmental impact of human exposure to radio-frequency (RF) radiation.

FCC 47 CFR § 1.1310:

TABLE 1—LIMITS FOR MAXIMUM PERMISSIBLE EXPOSURE (MPE)

Frequency range (MHz)	Electric field strength (V/m)	Magnetic field strength (A/m)	Power density (mW/cm^2)	Averaging time (minutes)
(A) Limits for Occupational/Controlled Exposures				
0.3–3.0	614	1.63	*(100)	6
3.0–30	1842/f	4.89/f	*($900/f^2$)	6
30–300	61.4	0.163	1.0	6
300–1500	.....	.....	f/300	6
1500–100,000	.....	.....	5	6
(B) Limits for General Population/Uncontrolled Exposure				
0.3–1.34	614	1.63	*(100)	30
1.34–30	824/f	2.19/f	*($180/f^2$)	30
30–300	27.5	0.073	0.2	30
300–1500	.....	.....	f/1500	30
1500–100,000	.....	.....	1.0	30

f = frequency in MHz
* = Plane-wave equivalent power density

NOTE 1 TO TABLE 1: Occupational/controlled limits apply in situations in which persons are exposed as a consequence of their employment provided those persons are fully aware of the potential for exposure and can exercise control over their exposure. Limits for occupational/controlled exposure also apply in situations when an individual is transient through a location where occupational/controlled limits apply provided he or she is made aware of the potential for exposure.

NOTE 2 TO TABLE 1: General population/uncontrolled exposures apply in situations in which the general public may be exposed, or in which persons that are exposed as a consequence of their employment may not be fully aware of the potential for exposure or can not exercise control over their exposure.

5.12.1. Method of Measurements

See RSS-102 & FCC 47 CFR §§ 1.1310, 2.1091

In order to demonstrate compliance with MPE requirements, the following information is typically needed:

(1) Calculation that estimates the minimum separation distance (20 cm or more) between an antenna and persons required to satisfy power density limits defined for free space.
(2) Antenna installation and device operating instructions for installers (professional/unskilled users), and the parties responsible for ensuring compliance with the RF exposure requirement
(3) Any caution statements and/or warning labels that are necessary in order to comply with the exposure limits
(4) Any other RF exposure related issues that may affect MPE compliance

Calculation Method of RF Safety Distance:

$$S = \frac{P \cdot G}{4 \cdot \pi \cdot r^2} = \frac{EIRP}{4 \cdot \pi \cdot r^2}$$

Where: P: power input to the antenna in mW
EIRP: Equivalent (effective) isotropic radiated power
S: power density mW/cm^2
G: numeric gain of antenna relative to isotropic radiator
r: distance to centre of radiation in cm

5.12.2. RF Evaluation

Frequency (MHz)	Max. Conducted Power (dBm)	Max. Antenna Gain (dBi)	EIRP (dBm)	EIRP* (mW)	Evaluation Distance, r (cm)	Power Density, S (mW/cm^2)	MPE Limit (mW/cm2)
118.000	39.71	0	39.71	9350/2*	56	0.1187	0.2

*50% duty cycle applied