

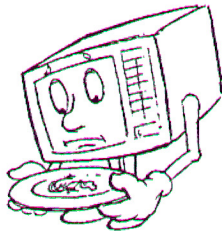
# Practical Hints

## Follow These Safety Precautions When Cooking in Your Oven

Before Operation

### 1) HOME CANNING / DRYING FOODS / SMALL QUANTITIES OF FOODS

- Do not use your combination oven for home canning or the heating of any closed jar. Pressure will build up and the jar may explode. In addition, the combination oven cannot maintain the food at the proper canning temperature. Improperly canned food may spoil and be dangerous to consume.
- Small quantities of food or foods with low moisture content can dry out, burn or catch on fire. If a fire occurs, turn oven off and leave oven door closed. Disconnect the power cord or shut off power at the fuse or circuit breaker panel.
- Do not dry meats, herbs, fruits or vegetables in your oven.



#### IMPORTANT

Proper cooking depends on time set and weight of food. If you use a smaller portion than recommended and cook at the time for the recommended portion, fire can result. If a fire occurs, turn oven off and leave oven door closed. Disconnect the power cord or shut off power at the fuse or circuit breaker panel.

### 2) POPCORN

Popcorn must be popped in a microwave oven corn popper. Microwave popcorn which pops in its own package is also available. Follow popcorn manufacturers' directions and use a brand suitable for the wattage of your combination oven. Never leave oven unattended when popping popcorn.

#### CAUTION:

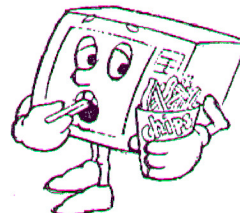
When using pre-packaged microwave popcorn, follow recommended package instructions.

Check package weight before using the popcorn pad. Set the oven for the weight of the popcorn package. (see page 22)

If these instructions are not followed, the popcorn may not pop adequately or may ignite and cause a fire.

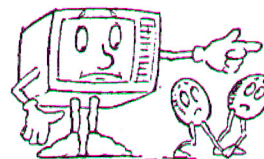
### 3) DEEP FAT FRYING

- Do not attempt to deep fat fry in your microwave oven. Oil can be heated beyond ideal temperatures very quickly in a microwave oven. Temperatures can climb high enough for the cooking oils to reach their respective flash points and burst into flames. The heated oil may bubble and spatter causing possible damage to the oven and perhaps resulting in burns. Additionally, microwave-safe utensils may not be able to withstand the temperature of the hot oil, and could result in the utensil shattering if it contains even a slight imperfection, scratch or chip.



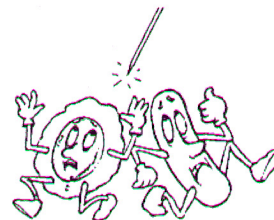
### 4) EGGS

- Do not heat eggs in their shell in a microwave oven. Pressure will build up and the eggs will explode.



### 5) FOODS WITH NONPOROUS SKINS

- Potatoes, apples, egg yolks, whole squash and sausages are examples of foods with nonporous skins. This type of food must be pierced before cooking, to prevent their bursting.



### 6) LIQUIDS

- Heated liquids can erupt if not mixed with air. Do not heat liquids in your microwave oven without first stirring.

