According to 447498 D01 General RF Exposure Guidance v05 The 1-g and 10-g SAR test exclusion thresholds for 100 MHz to 6 GHz at test separation distances \leq 50 mm are determined by: [(max. power of channel, including tune-up tolerance, mW)/(min. test separation distance, mm)] $\cdot [\sqrt{f(GHz)}] \leq 3.0$ for 1-g SAR and \leq 7.5 for 10-g extremity SAR, where

f(GHz) is the RF channel transmit frequency in GHz

Power and distance are rounded to the nearest $\ensuremath{\mathtt{mW}}$ and $\ensuremath{\mathtt{mM}}$ before calculation

The result is rounded to one decimal place for comparison

eirp = pt x gt = (EXd)²/30
where:
 pt = transmitter output power in watts,
 gt = numeric gain of the transmitting antenna (unitless),
 E = electric field strength in V/m, --- 10^{((dBuV/m)/20)}/10⁶

d = measurement distance in meters (m)---3m So pt = $(EXd)^2/30$ x gt

Field strength = 83.8dBuV/m @3m
Ant gain =0dBi ;so Ant numeric gain= 1

So pt={ $[10^{(83.8/20)}/10^6 \times 3]^2/30\times 1$ }x1000 mW =0.072 mW So $(0.072 \text{ mW}/5\text{mm})\times \sqrt{0.315\text{GHz}} = 0.0081 < 3$

Then SAR evaluation is not required