

How To Use

Using Snooor

Despite using dynamic wearable technology, the device is extremely easy to use:

- 1: Remove a sticker from the stickers-pad and stick the bottom side on the back of the wearable using the clearly marked white designated line.
- 2: Turn on the Snooor by pressing the upper left button for 3 seconds, you will feel Snooor vibrate the blue light should appear shortly after. Release the paper from the sticker's upper side by using the finger lift and wear Snooor on your forehead.
- 3: Snooor will auto-start 20 minutes after turned on, giving you the time to fall asleep.
- 4: To turn off the Snooor once you wake up, just press the on/off button for 3 seconds. The device also features an auto-shutdown function, turning itself off automatically after 8 hours.
- 5: Once Snooor is turned off remove the used sticker.

For information on the adhesive stickers please [click here](#).

For instructions on how to replace the battery please [click here](#)

Adjusting To Your New Sleeping Position

Re-training your body to sleep on its side can take some time. The first few nights of using Snooor may mean that you wake up as your body breaks the habit of sleeping on its back.

This is just a temporary adjustment to a new, healthier and snore-free way of sleeping, so don't give up after just two nights!

The longer you use Snooor your sleep and that of your partner will be more and more satisfying.

FCC Statement

Warning: Changes or modifications to this unit not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable

protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the

following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help

The device must not be co-located or operating in conjunction with any other antenna or transmitter.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions : (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.