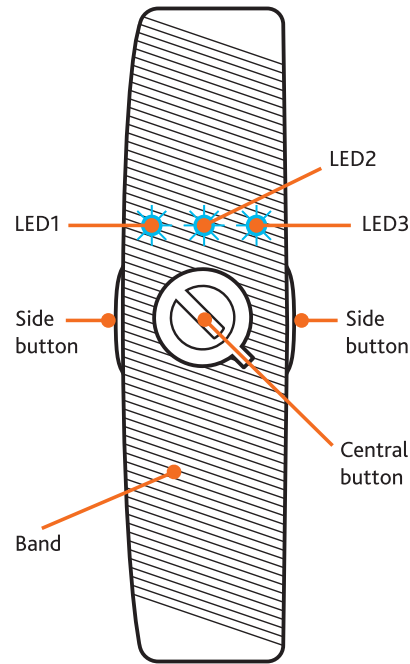


MyQuit Band

User Instructions
A guide on how to use
your new MyQuit Band



How to get started

Initial activation is required in order to switch on MyQuit Band. Once activated, MyQuit Band is operational and ready to collect user logs.
It is not necessary to have the app installed before first activation. All logs previously collected will be transferred to the app once the connection becomes available.

To activate your band:
Press: All buttons (Central & Side buttons)
Feedback: All LEDs (LED1, LED2 & LED3)

How to log your data

Follow these steps to log your data and this will immediately synchronize with your MyQuit app.

If you want to log use of a stop smoking aid:
Press: Central button
Feedback: LED2

If you want to log a slip up:
Press and hold: Central button
Feedback: LED1 & LED3

If you want to log a craving:
Press and hold: both Side buttons
Feedback: LED1, LED2 & LED3
The more intense the craving, the longer the side buttons should be held and more LEDs will light up.

*MyQuit Band will support you in your quit journey, allowing you to learn and manage your own habits.

^MyQuit Band provides support and helpful functionality to help you in your quit journey, whether you use a nicotine replacement product or not.

For more information please visit www.quit.com or visit the help assistant on your MyQuit app.



open for further directions

What is the MyQuit Band?

MyQuit Band empowers you in your quit journey, with access to our Behavioral Support Program coupled with wearable technology and personalized support app.

- Track cravings with the push of a button to customize your plan
- Discreet, wireless support, tips and product advice
- Continuous motivation through progress updates

Download the app at www.quit.com or in the app stores.



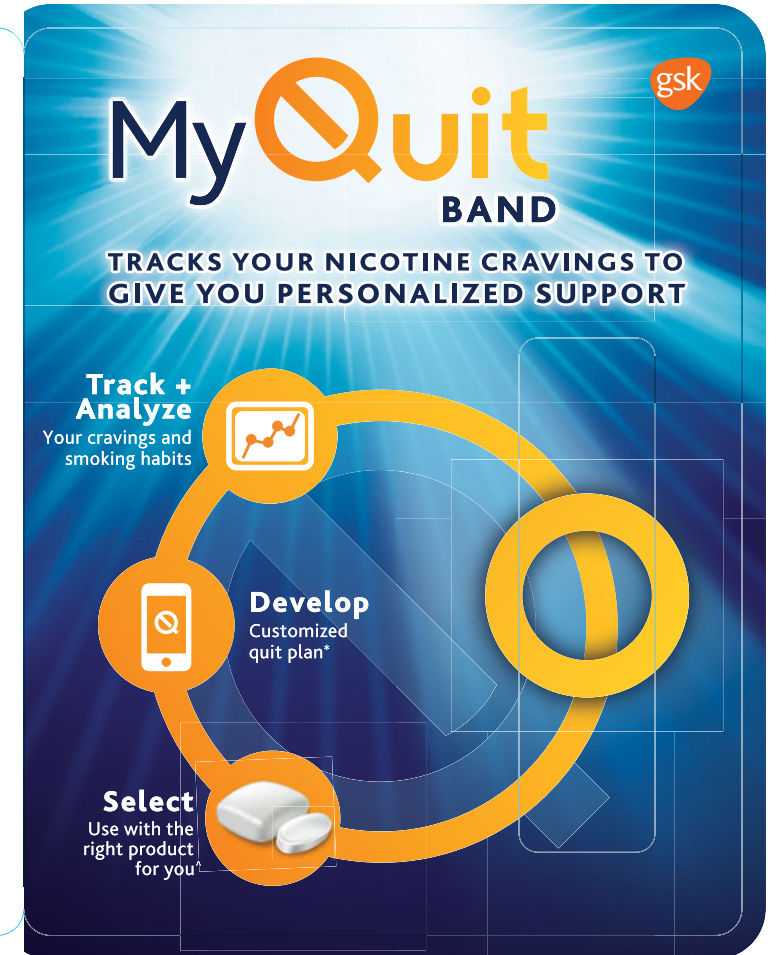
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2ANMMMQB1



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GSK Consumer Healthcare
Warren, NJ 07059

106220XA



GlaxoSmithKline		PACKAGING SPECIFICATION		DATE: 11/9/17	
1000 Cliff Mine Rd., Suite 360, Pittsburgh, PA 15275		MYSGS NO.: 4665052			
GSK PROJECT NO.: 333512		ITEM NO.: 981210Z		FILE NAME: 106220XA NRO MYQ WD Band PCard.ai	
BRAND: MyQuit				UPC/SKU NO.: 3-0766-9812-10-5 (Retail)	
DESCRIPTION: Wearable Wellness Device - MYQ Band Clamshell				E.V. NO. & FORMAT: N/A	
COMPONENT: PrintCard		DIE NO.: D2080		DIMENSIONS: 190 mm x 120 mm	
VOLUME CONTENTS/SIZE: 1ct				PACKAGING SITE: Flextronics International GMBH	
FORM NO.: 106220XA		N/A		PRINTER: DS Smith Packaging	
COUNTRY: USA				LOCATION: N/A	
COMPUTER SOFTWARE: Illustrator/Photoshop CC				PREPRESS: DS Smith Packaging	
ARTIST: Chris Leone				REPLACES FORM NO.: New	
KEYWORDS:				REVISION 1:	
				REVISION 2:	
150 Corporate Drive • Elgin, IL 60123 • (847) 695-9515		PREPRESS		DATE:	
				OPERATOR:	
				CSR:	
				© GSK. All Rights Reserved. All logos, designs and artwork are trademarks, trade dress and/or copyrighted material, owned by and/or licensed to GSK and/or its affiliated companies. Unauthorized reproduction is strictly prohibited.	

GSK Regulatory Spec Box

Verified Date: 11/9/17

Drug Facts Info

Drug Facts (Title)	Font Name:	N/A
Drug Facts (continued)	Font Name:	N/A
Headings	Font Name:	N/A
Subheadings	Font Name:	N/A
Body text	Font Name:	N/A
Bullets	Font Name:	N/A
Bullets on same lines: end of statement separated from bulleted statement by two ems		N/A
Spacing of the hair lines from edge of box – i.e. Minimum of 2 spaces either side of Drug Fact Box		N/A
Tracking	N/A	Horizontal Scale: N/A
Leading (Minimum space in body copy of Drug Facts)	N/A	Maximum Characters/Inch: N/A
Barlines	N/A	Hairlines N/A

Primary Display Panel Info

Font size of Net Wt/Contents (Smallest character height in inches)	N/A	
PDP dimensions (in square inches)	17.6 sq. in.	
Font size of Statement of Identity (If not live text, to be measured in Helvetica capital "M")	V 14.65 pt.	H N/A pt.
Font size of Logo/Largest Copy on PDP (If not live text, to be measured in Helvetica capital "M")	V 64.75 pt.	H N/A pt.
Ratio of Statement of Identity to Logo/Largest Copy on PDP		
Statement of Identity (pt.) (Divided by) Largest Logo Copy (pt.)	V 23%	H N/A%

GlaxoSmithKline APPROVALS	PLEASE CHECK ONE:			
	Artwork <input type="checkbox"/>	Prepress <input type="checkbox"/>	Copy <input type="checkbox"/>	
	NAME		DATE	
	NAME		DATE	

MyQuit



Questions or comments? call toll-free **1-800-419-4766**
Model Name: MQB1

USA: Federal Communications Commission (FCC) statement

This device complies with FCC part 15 FCC Rules.
Operation is subject to the following two conditions:
1. This device may not cause harmful interference, and
2. This device must accept any interference received,
including interference that may cause undesired
operation of the device.

FCC Warning

Visit www.quit.com for more information related to
FCC Warning.

**This product is not a medical device and is not
intended to diagnose, treat, cure, or prevent any
disease.**

Safety

- In some users, prolonged skin contact can lead to skin irritation. If you notice redness, swelling or other skin irritation discontinue the use of the band. If symptoms persist longer than 2-3 days after removing the band, consult your doctor.
- This band is not a toy. This product contains small components that may present a choking hazard. Do not place band in mouth. Do not allow children or pets to play with your product. Keep out of reach of children.

Maintenance

- Do not immerse or submerge band in water
- Do not discard band in trash.
- This device is not rechargeable. Battery lasts up to 4 months.

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GlaxoSmithKline APPROVALS

PLEASE CHECK ONE:

Artwork ☐ **Prepress** ☐ **Copy** ☐

NAME _____ DATE _____

NAME _____ DATE _____

GlaxoSmithKline

PACKAGING SPECIFICATION

DATE: 11/7/17

1000 Cliff Mine Rd., Suite 360, Pittsburgh, PA 15275		MYSGS NO.: 4665226	
GSK PROJECT NO.: 333512	ITEM NO.: 981210Z	FILE NAME: 106221XA NRO MyQuit_WD Insert.ai	
BRAND: MyQuit		UPC/SKU NO.: 3-0766-9812-10-5 (Retail)	
DESCRIPTION: Insert with FCC and Safety info.		E.V. NO. & FORMAT: N/A	
COMPONENT: Insert		DIE NO.: D2081	DIMENSIONS: 120 mm x 61 mm
VOLUME CONTENTS/SIZE: 1 ct / 24 units per case		PACKAGING SITE: Flextronics International GMBH	
FORM NO.: 106221XA	N/A	PRINTER: DS Smith Packaging	LOCATION: N/A
COUNTRY: USA		PREPRESS: SGS	
COMPUTER SOFTWARE: Illustrator CC		REPLACES FORM NO.: New	
ARTIST: Chris Leone		REVISION 1:	
KEYWORDS: N/A		REVISION 2:	

150 Corporate Drive • Elgin, IL 60123 • (847) 695-9515

PREPRESS

DATE:



OPERATOR:

CSR:

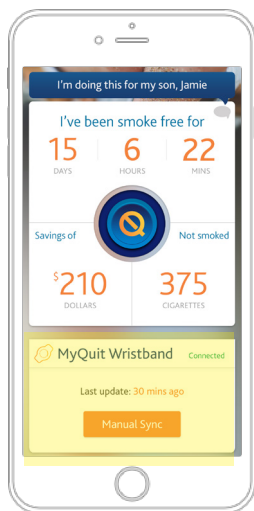
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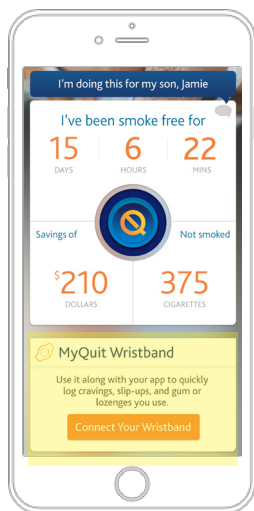
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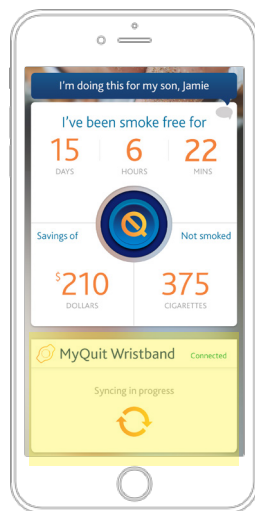
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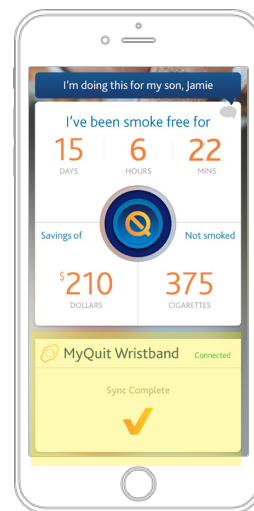
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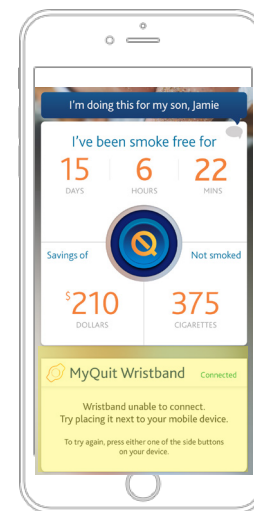
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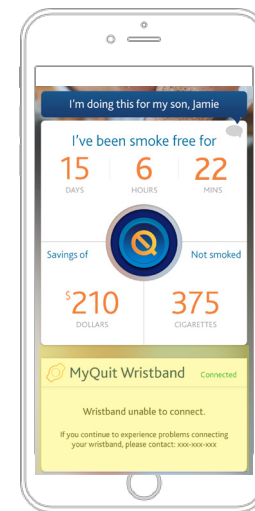
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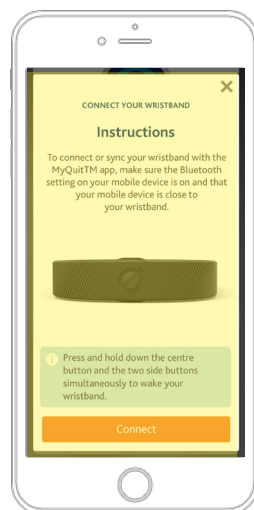
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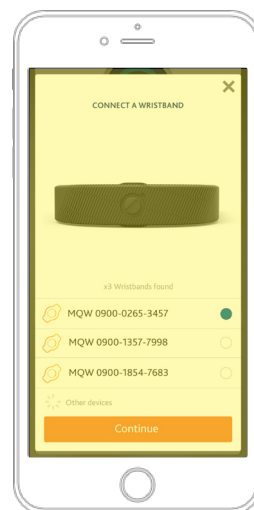
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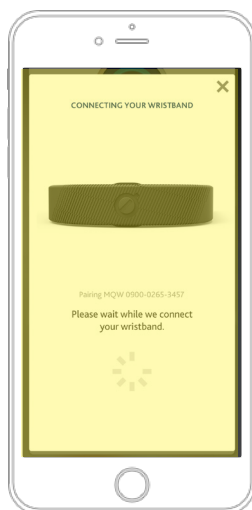
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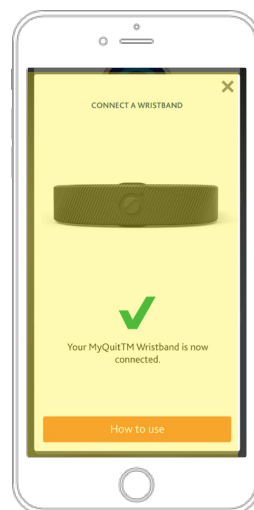
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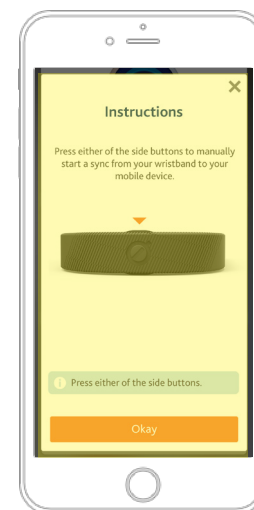
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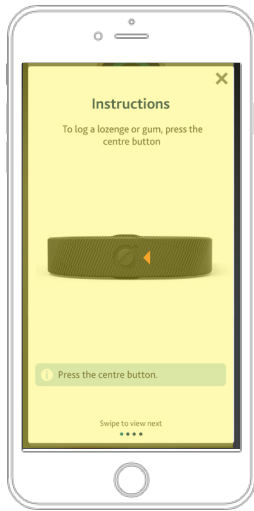
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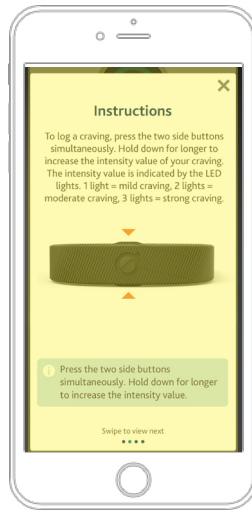
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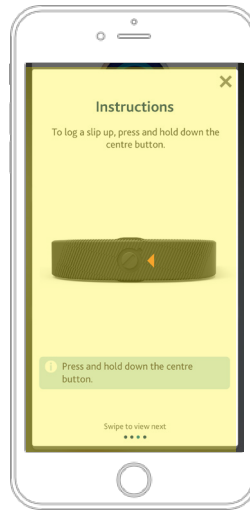
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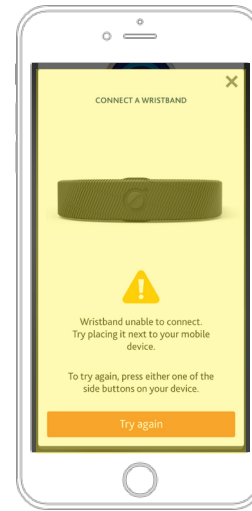
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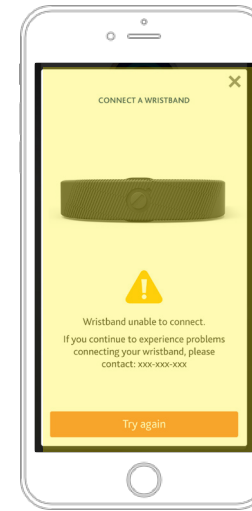
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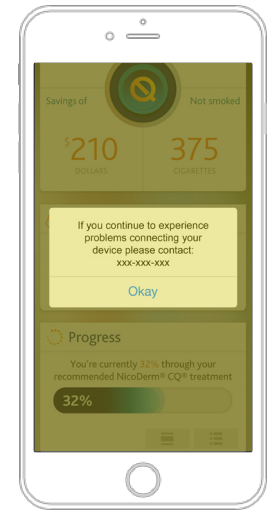
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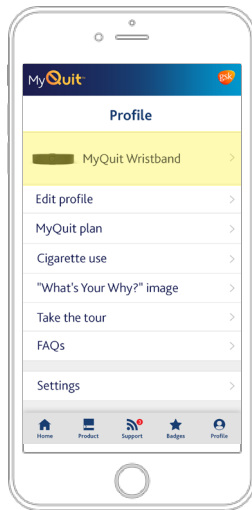
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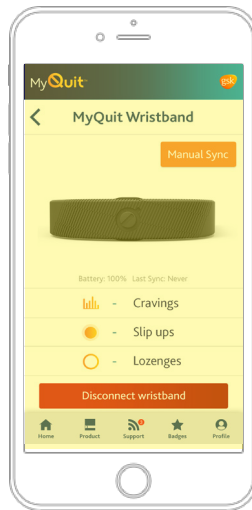
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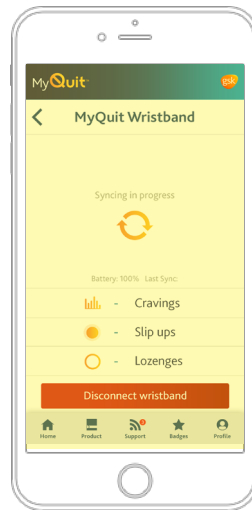
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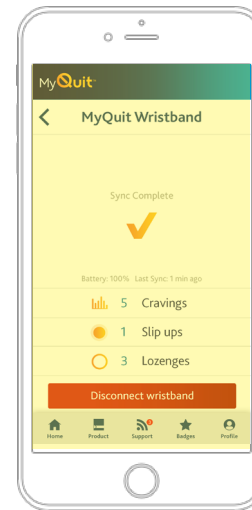
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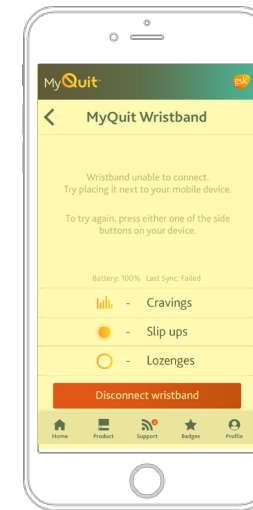
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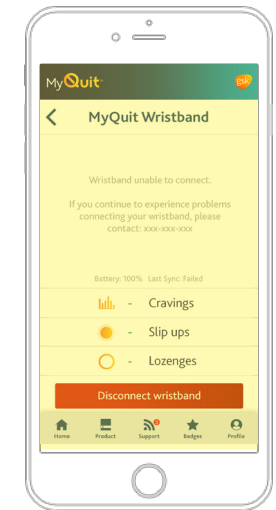
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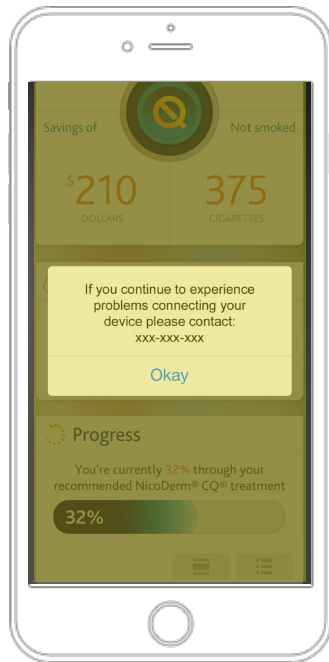
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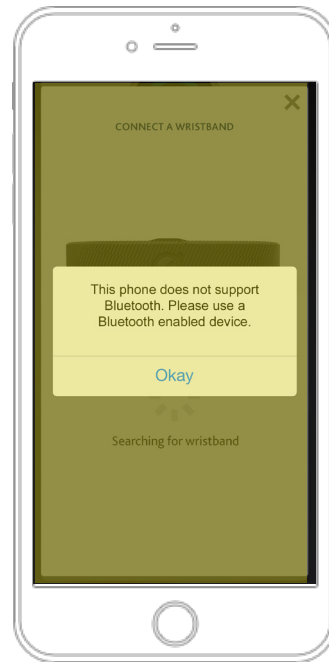
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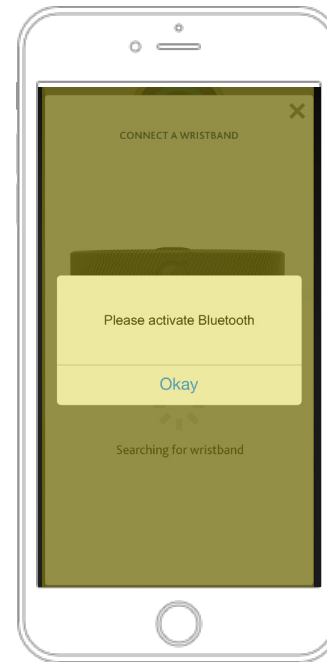
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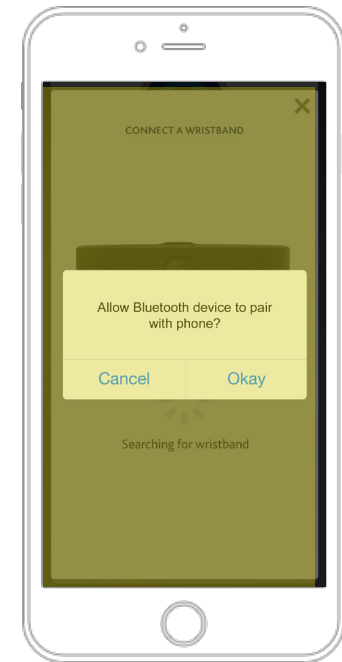
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