

Smart Waist Massager
User' s Manual



Thank you for using this product. For ease of use, please read and keep this manual properly before use. The pictures in this manual are for illustration only, and the details are subject to the actual product.

Safety Precautions

- This product can only be used on the waist and abdomen;
- It is forbidden to use the product on the head, chest, heart and other important parts;
- People with skin problems, such as injuries, allergies, infections, etc., can't be used;
- Do not use on injured or skin trauma, such as broken skin;
- Please turn it off first to avoid slight electric shock if adjust the position of the product during use;
- Please keep it out of reach of children;
- Do not use this product with other medical electronic products at the same time, such as pacemakers, electrocardiometers, etc.;
- Stop using immediately and consult a doctor if dizziness, palpitations, etc. occur during use;
- Please adjust to a comfortable gear and intensity to avoid being too intense for first time user;
- The electrode pads of this product have a heating function. When the same area is used for a long time (more than 30 minutes) with the hot compress function, it may cause low-temperature burns;
- Please do not disassemble, repair or modify the product without permission to avoid accidents or failures;
- Please dispose of it in accordance with relevant local environmental protection regulations when disposing of this product.

Warning

Do not use this product in case of any the following situations:

- Pregnant women, patients with abnormal skin sensitivity, heart disease, hypertension, malignant tumors, etc;
- Patients with cancer, epilepsy or other functional disorders;
- Patients with gastrointestinal bleeding, liver cirrhosis, spleen disease, etc.;
- Do not use the product when it is near an instrument that can emit short waves or microwaves;
- Patients who take long-term medication or inject drugs.

Attention

Use with caution or under the guidance of a doctor in case of the following conditions.

- Need takes at least 6 weeks for pregnant women to use after delivery, please consult your doctor before use;
- It can be used at least 3 months after caesarean section. Please consult your doctor before use;
- Patients with serious medical history or current injuries;
- Those who have undergone surgery recently;

- Patients with diabetes mellitus;
- Children;
- Patients with muscle injuries;
- Patients who wish to use this product for rehabilitation purposes.

Product Introduction

The smart waist massager produced by our company adopts ergonomic design, which is simple, fashionable and easy to operate. When the instrument is used, it simulates the massage technique of the old Chinese medicine, and has a good relief effect on waist pain, lumbar muscle strain, sciatica, peripheral nerve injury and other waist problems.

Product Characteristics



Zoned Massage



Intensity adjustable



Red Light Switch



5 second heating



EMS electrotherapy

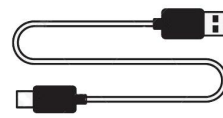
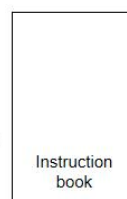
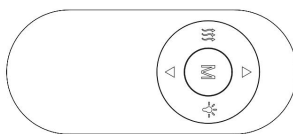
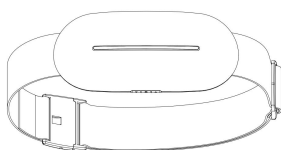


Portable and compact

Product Details

Package box content:

1. Smart waist massager x1
2. DC charging cable x1
3. Remote control x1
4. Manual and warranty paper x1



Product Parameters

Product Name: Smart Waist Massager

Product model: SM918

Charging current: 1A

Charging voltage: 5V==

Battery capacity: 2000mAh

Rated power: 5 W

Rated time: 15 minutes

Charging time: about 2.5 hours

Working temperature: 0 ~ 40 °C

Product net weight: about 286 g

Product size: 200mm * 95.5mm * 40mm

Executive standard: GB4706.1-2005 GB4706.10-2008

Instructions



1. Connect the USB cable to 5V voltage, and then insert the type-c plug of the cable into the host. When charging, the white LED indicator is a breathing light effect, and the white LED is always on when it is fully charged. Make sure that the built-in battery has enough power to proceed to the next step.


2. Put on the massager with the electrode piece close to the waist or abdomen skin (do not use it through clothes). Fasten the left and right buckles, and properly adjust the position of the buckles so that the elastic band is not too tight or too loose.



3. Long press the power button of the host to make the host enter the startup state. After startup, the following settings are available:

- ① Automatic combination mode
- ② Massage intensity of gear 0
- ③ Red light is off by default
- ④ Heating is off by default
- ⑤ Timing for 15 minutes

4. The remote controller can adjust the intensity, temperature, red light and mode of the product.

5.   Pulse strengthening or weakening key: to increase or weaken the pulse strength. The strength will change by 1 gear each time the key is pressed. The pulse strength will change by 8 gears in total. The default gear is 0 when the key is started (the voice will be broadcast once each time the key is pressed).

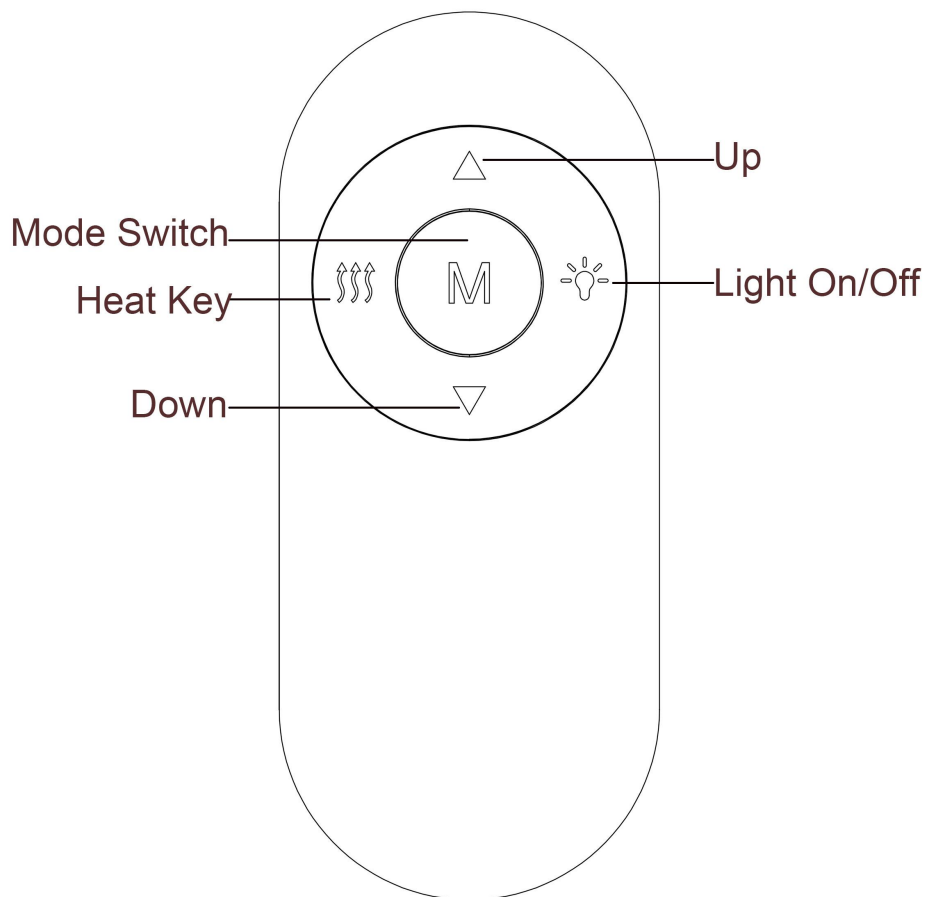
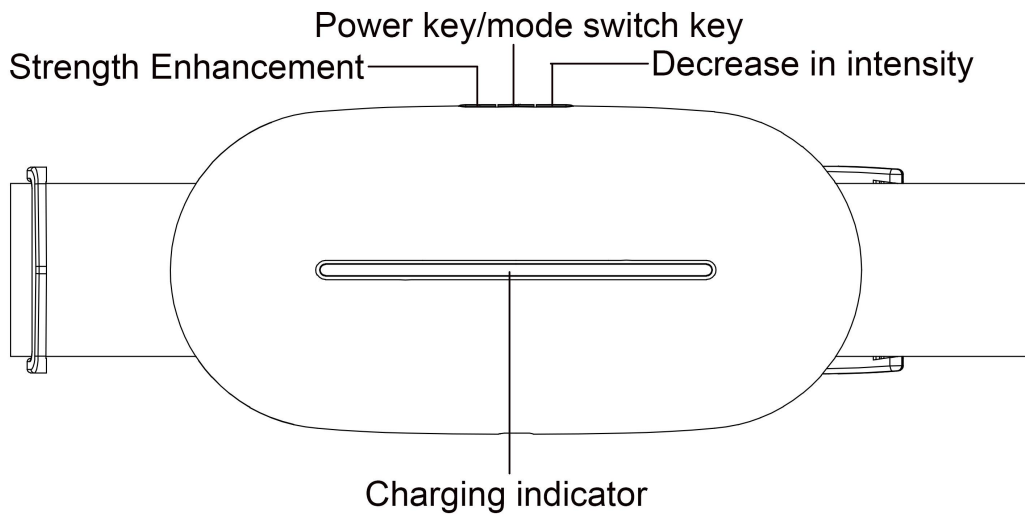
6.  Mode switch key: press once to switch the mode, and switch among 5 modes cyclically (mode 1: massage mode, mode 2: knock mode, mode 3: scraping mode, mode 4: vitality mode and mode 5: automatic combination mode). The default automatic combination mode is started. When switching the mode, the massage force of the product will return to 0 (once pressed, the voice will be broadcast once).

7.  Heating button: every time you press the button, the product will switch back and forth between low temperature, high temperature and off heating (every time you press the button, the voice will broadcast once).
8.  Red switch key: Press the key once, and the product will switch back and forth between red on and red off (press the key once, and the voice will broadcast once).
9. When the product automatically shuts down after running for 15 minutes or stops running without any operation for 5 minutes, the voice will prompt "Thank you for using".
10. Use of remote control battery
- ① The remote control uses CR2032 button batteries, which can be used for 30 minutes every day for about 2 months.
 - ② When the button is pressed, the brightness of the led light of the remote controller is significantly reduced or the remote control host is not sensitive, it indicates that the battery power is insufficient. Please replace it with a new one.
 - ③ When the product is not used for a long time, please take out the battery. Otherwise, it may cause battery leakage and cause remote control failure.
 - ④ Please do not use other types of batteries.
 - ⑤ Do not install the wrong positive and negative electrodes of the battery, with the positive electrode facing up and the negative electrode facing down.
 - ⑥ Do not use the battery in the environment of over 45 °C, otherwise the performance and service life of the battery will be affected.

Charging instructions

- Before use for the first time, please fully charge the instrument before use.
- During charging, the charging indicator is a breathing lamp.
- When the battery is fully charged, the white led is always on. Unplug the charging cable, and the led indicator is off.
- In the process of charging, the key operation of the product is invalid, that is, the product can not work.
- The charging time is about 2.5 hours, and the maximum battery life in pure massage mode is about 30 hours. The time of use varies somewhat depending on the situation of use.
- When the charging is abnormal, please cut off the power supply immediately.
- Please use and keep the charging cable properly. Do not fold, stretch, twist or wind it at will.

Key Description



Cleaning and maintenance

Do not use sharp objects or corrosive, volatile, strong acid and alkali products to clean the instrument.

- After use, please clean the electrode plate. You can use a soft wet cloth or a cotton pad to wipe it gently. When the electrode plate is particularly dirty, you can use a soft cloth with a little medical alcohol (alcohol concentration is 75%) to wipe or disinfect it.
- Do not wash the instrument directly with water.
- If the instrument is not used for a long time (about 3 months), please fully charge the instrument before storage, so as to avoid damage to the battery inside the instrument due to lack of electricity.

Frequently asked questions

If any problem is found during use, please refer to the table below to check the abnormality. If the problem cannot be solved, please contact the after-sales service.

Breakdown	Reason	General Solution
Unable to charge or no charge display	Is the USB cable connected?	Check whether the plugs at both ends of the USB cable are inserted in place
	Does the charging power match?	Check whether the output of charging power supply is normal
It's normal, but I don't feel it.	Is the electrode in direct contact with the skin?	The host electrode must be in direct contact with human skin
	Is there any adjustment of massage intensity?	Please use two fingers to touch the two electrode plates respectively and adjust the intensity to see if there is any feeling. If there is still no feeling, repair is required.
Have a tingling sensation	Cold weather, dry skin	Wet the skin with a wet towel before use.
	Is the massage too intense?	Moderately reduce the intensity
	Use after staying up late?	Please use every other day due to electrolyte drop after staying up late.
	Is the skin allergic to the electrodes?	Check the skin for a history of allergies.
The remote control cannot be used	Is the remote control battery low?	Replace the CR2032 coin cell battery with a new one
The remote control is normal, but the main unit is not responding.	Is the host powered on?	Turn on the host power key
	Is the host battery low?	Please charge with USB cable
	Has the host completed the set rated time?	Please remove the host and restart the host

After-sales guarantee and service

1. This product provide one year warranty according to the service standard of "National New Three Guarantees", and the warranty period is calculated from the date of purchase.
2. During the warranty period, we will replace the parts or the whole product if the product fails due to defects in materials or production process.

3. To apply for warranty, the product and the certificate (purchase invoice) that can prove the date of purchase must be submitted to the after-sales service of the merchant.

4. The following conditions are not covered by the warranty:

- ① Damage caused by improper use, such as using the wrong power supply, inserting the product into an inappropriate socket, man-made damage, etc.
- ② Product aging and wear caused by normal use.
- ③ Product problems caused by use for other purposes, improper operation or non-professional maintenance, and use of non-company accessories.
- ④ Damage caused by force majeure (such as lightning, earthquake, flood, etc.).
- ⑤ Damage caused by forced use of the product in a non-product use environment, including but not limited to exceeding the working load.

Environmental Protection

- 1. The product, packaging materials and accessories are made of recyclable materials.
- 2. Divide the waste into different recycling grades to facilitate the recycling of useful materials.

Waste disposal

The label on the product and the instruction manual or package indicates that the product cannot be treated as general household waste at the end of its service life. Please consult the local government for recycling according to the classification of waste.

Name and content of harmful substances in the product

Part Name	Hazardous Substance					
	Lead (Pb)	Mercuric (Hg)	Cadmium (Cd)	Hexavalent chromium (Cr(VI))	Polybrominated biphenyl (PBB)	Polybrominated diphenyl ethers (PBDE)
Plastic part	o	o	o	o	o	o
Silicone part	o	o	o	o	o	o
Battery	o	o	o	o	o	o
PCBA assembly	×	o	o	o	o	o
Charging cable	o	o	o	o	o	o

This table is prepared in accordance with SJ/T 11364.

o : Indicates that the content of the hazardous substance in all homogeneous

materials of the component is below the limit requirements specified in GB/T 26572-2011.

×: Indicates that the content of the hazardous substance in at least one homogeneous material of the component exceeds the limit requirements specified in GB/T 26572-2011.

Of these, lead (Pb), mercury (Hg), cadmium (Cd), and hexavalent chromium (Cr (VI)) represent metals and other compounds.



This mark indicates that the environmental protection service life of the product is 10 years. During the environmental protection service life, the toxic and harmful substances or elements contained in the product will not leak or mutate under normal use, and the user’s use of the product will not cause serious pollution to the environment or serious damage to his personal and property. When the product is to be discarded after the environmental protection period, it must be treated reasonably according to the relevant laws and regulations of the state.

Customer Warranty Certificate

In order to give you better service, please fill in the user information.

Warranty Period	Within one year from purchase	Arrival date: MM/DD/YY
	Customer Name	
Customer	Customer Address	
	Contact number	
Fault		
Description		

Product Name: Smart Waist Massager

Product Model: SM918

Date of production: _____

Quality Inspection: _____

Qualified

FCC Statement:

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Caution: Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.