



## Operating Instructions

### 1. Standby mode:

When the system is powered on, the power indicator POWER is lit.

### 2. Switching the infrared function:

Press the button to switch on/off the infrared function.

When the infrared function is turned on, the Heat indicator will light up. The temperature display area shows the temperature, and the time display area shows the time for the infrared heating.

Temperature setting range: 30~65° C (or 75~150° F).

Time setting range: 5~60 minutes, with the default setting of 60 minutes at startup. When there are 5 minutes left, a beeping alarm will sound, one beep per second for 60 seconds.

Conversion between Celsius and Fahrenheit: Press and hold the temperature +/- button, then press the lamp button.

During the conversion, the display will show F/C. And

### 3、Therapeutic Light Function

Press the Therapeutic Light key, and the system will turn on the red light therapy lamp function with a wavelength of 650nm.

### 4、Lighting Function

4.1 Press the Light key to turn on the lights, and the 12V colorful lamp and DC12V spotlight (bright when in the memory of the last adjusted color light) will be turned on at the same time. Press it again to turn them off.

4.2 In the state of having the lights on, hold the Light key for more than 1.5 seconds to display 2n, and then press it again to switch the color!

4.3 When switching the LED light color with the Light key, press it again to switch on and enter the LED automatic color gradient program!

(The order is: color change - full brightness - red and blue - blue - blue and green - green - green and red - red - color

change - cycle memory.)

4.4 In the color change mode, pressing the +/- time key can control the color of the colorful lamp and the spotlight separately.

## 5、Bluetooth Function

The system is equipped with a Bluetooth amplifier function. When any function of the infrared sauna has an output, it can search for Bluetooth, the Bluetooth name is BT-sauna, and no password is required for direct connection, and music can be played.

## FCC Warning

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be

determined by turning

the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.

- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.

- Consult the dealer or an experienced radio/TV technician for help.

Note: The Grantee is not responsible for any changes or modifications not expressly approved by the party responsible for compliance. such modifications could void the user's authority to operate the equipment.

The device has been evaluated to meet general RF exposure requirement.

To maintain compliance with FCC's RF exposure guidelines, the distance must be at least 20 cm between the radiator and your body, and fully supported by

the operating and installation