

拳擊器說明書英文版

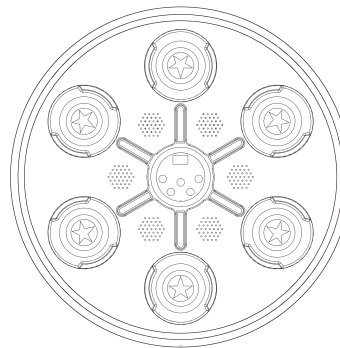
Size: 140x95mm

Outer

Precautions

1. Please fix this product on a solid and reliable wall. When hitting, please hit within the hitting area. It is strictly forbidden to hit the corner area to avoid hand injury or equipment damage.
2. This product is suitable for adults. Children should use it under adult supervision.
3. It is recommended to wear boxing gloves to avoid hand injuries. During exercise, pay attention to safety first. It is strictly forbidden to hit the legs, knees, and hit the speaker area.
4. If the device cannot be turned on or has abnormality, please check whether the battery is too low and charge it in time. If it is not used for a long time, it is recommended to charge it once every 1-2 months.
5. This product is not waterproof. To wipe the boxing target, you need a dry cloth and do not get it wet.
6. Please keep the instructions properly for emergency use

Intelligent music boxing training target instruction manual



Please read the instructions before use

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Inside

product presentation

Boxing is a kind of fighting sport, two body and ability to be the opponent with gloves wrapped fist, fighting each other, whether amateur or professional players, can be used to train the speed and strength! Sports In boxing matches, the goal of boxing is boxing training. Due to the important gap between short distance, speed and other factors in boxing matches, it is necessary to strengthen the offensive and defensive response ability in the strength training, and adopt the electric light guidance to train the boxer's ability to hit the target and respond to the sound signals, so as to achieve the purpose of overall coordination and effective training.

installation instructions



Installation mode 1:

First, tear off the EVA double-sided tape on one side, align the back of the product, and tear off the double-sided tape on the other side of the product on the wall.

Installation mode 2:

Align the length of Velcro, tear the short Velcro back glue and stick it on the back of the product, and stick the long Velcro alignment on the wall.

direction for use



On / Off: Long press the on and off Bluetooth, press the on / off button to open or close Bluetooth.(Switch to Bluetooth mode without hitting background music)

Mode: The keys can adjust the mode, P01-P09 Each mode has a different flash order and difficulty. Long press to adjust the tone

Speed: The button can adjust the speed, and the H01-H09 will flash faster accordingly. Long press to adjust the volume reduction.

C00: Boxing display counts range from C00 to C99.

Bluetooth name: Bluetooth

Connect Bluetooth to play music mode speed will follow the music rhythm fast and slow decision mode.

Product Parameter

Input: DC 5V / **1A Power:** 5W operating voltage: 5V

Charging display: Chg Full charge display: FUL

Battery capacity: 1,200 MAH

The Product size is 49CMx5.5CM

FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.