

# Velcro Installation method:



1. Attach the short strip to the back of the machine



2. Stick the strip to the wall



3. Stick the back at the right height



4. The installation is complete

**Velcro mounting,**  
The installation is simple, tear off the sticker, and install it directly, saving time and effort  
Support one-key Bluetooth, faster connection, You can play your favorite music as much as you like

**Warning**  
This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.  
NOTE: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. There is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:  
—Reorient or relocate the receiving antenna.  
—Increase the separation between the equipment and receiver.  
—Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.  
—Consult the dealer or an experienced radio/TV technician for help.  
NOTE: This device and its antenna(s) must not be co-located or operating in conjunction with any other antenna or transmitter.  
The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.



Speed adjustment for 9th gear  
Long press to reduce volume, total of 10 levels

On/off+Bluetooth

Mode 10 gear adjustment  
Long press to increase volume, a total of 10 levels

Bluetooth connection: Press and hold the "on/off" button for 3 seconds to turn on or off, then click the power button after turning on the device  
Switch to Bluetooth mode, open your phone's Bluetooth, and you can find the "boxing ring"Bluetooth name, click on the power button to turn off Bluetooth mode

Speed adjustment: There are a total of 9 speeds, which can be adjusted by clicking the "SPEED" button

Mode 10 adjustment: Click "MODE" Mode adjustment: P01 and P02 two lights Jumping; P03 and P04 three lights jump; P05 and P06 four lights jump; P07 Five lights jumping; P08 6 lights jump clockwise; P09 Challenge Mode 6 Random jumping of lights; P10 test the hitting force. 5 seconds without hitting in all modes will Display correct and incorrect ratio