



KOSPET TANK M3

User Manual

Download Multilingual User Manual (in PDF)

Please scan the QR code below for the user manual in multiple languages.



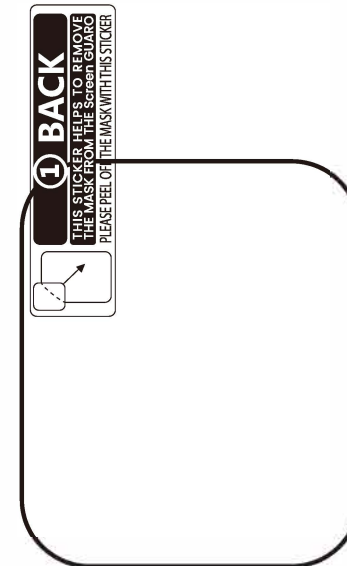
The supported languages include: English, French, German, Italian, Spanish, Turkish, Arabic, Russian, Ukrainian, Simplified Chinese, and Traditional Chinese.

Packing List

Smartwatch (including strap), Tempered glass package set

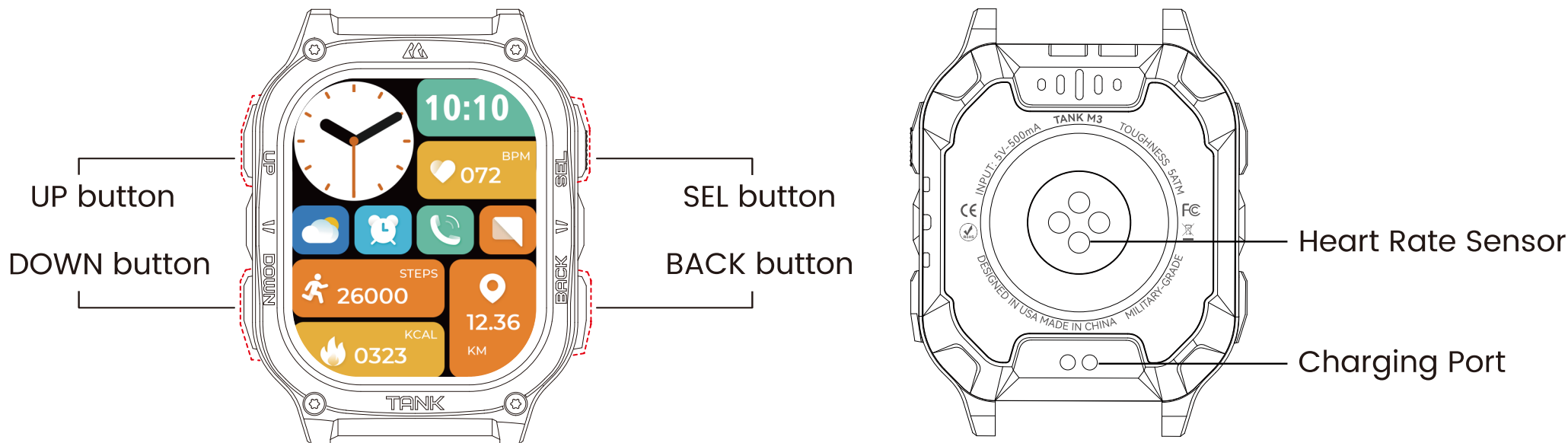


Smartwatch (including strap)x1



Tempered glass package set x1

About the Watch

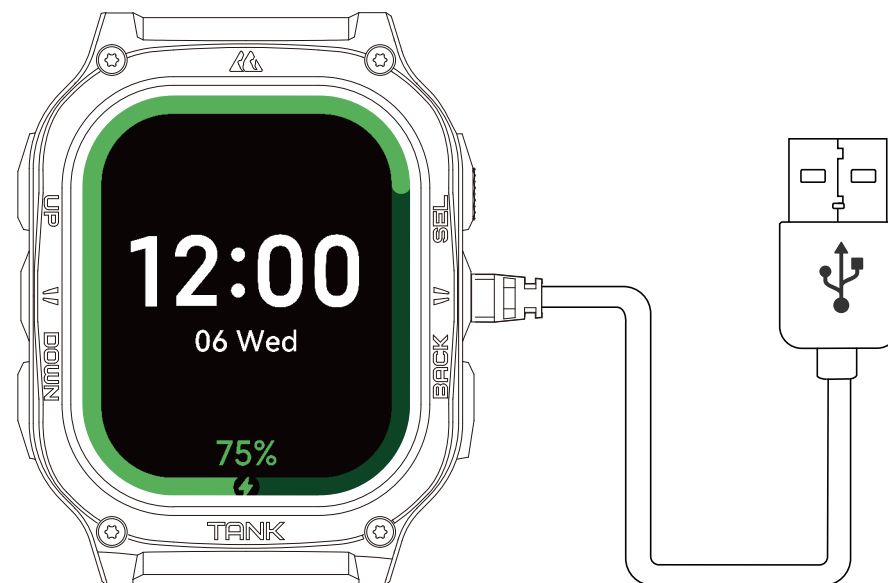


Watch Charging

- Please fully charge the watch before use.
- The watch charger's USB port needs to be plugged into a power adapter or a computer's USB port.
- When placing the watch onto the magnetic charging base, it's required to keep the watch in a proper direction and position. Be sure that the metal contacts on the back of the watch are closely connected to the charging base.

Notes:

- Please use the KOSPET original magnetic charging base to charge the watch, before which be sure to keep the charging base dry and clean.
- Please use the power adapter with output current of 500mA or more, which is certified to meet safety standards.



Pairing and Connection

Download the KOSPET FIT App before using the smartwatch for more sports and health data, personal settings, and beyond, which helps you stride toward a healthier, more active lifestyle.

App Installation Methods:

Method one: Scan the QR code on the right to download and install the App.



App QR code



KOSPET FIT

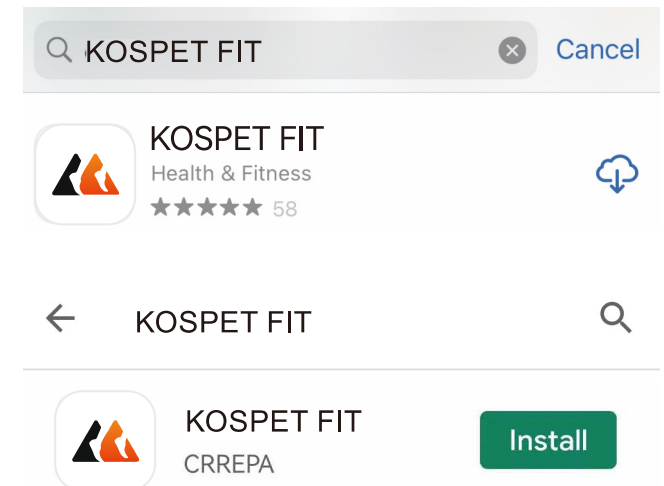
Method two: Enter “KOSPET FIT” on App Store or Google Play to download and install the App.



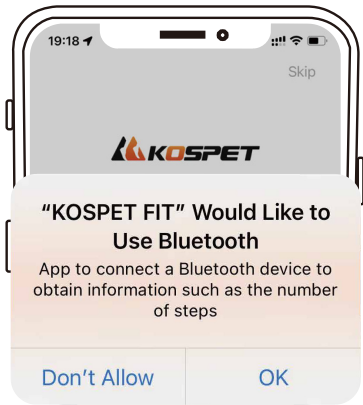
App Store



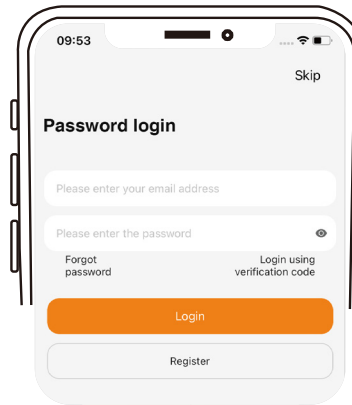
Google Play



App Registration and Sign-in

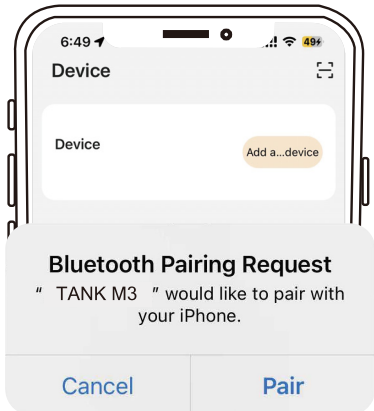


1. Open the App, allow it to access Bluetooth, location, and grant other necessary permissions on your watch.

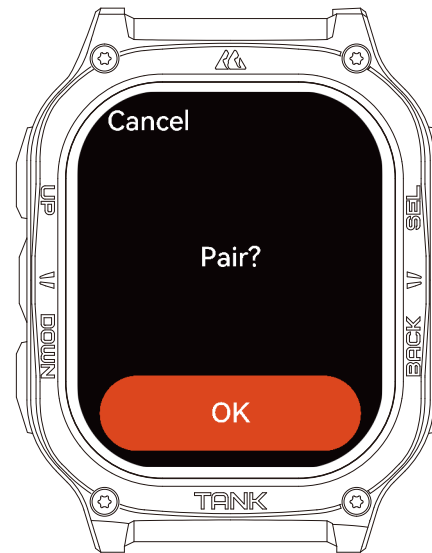


2. Register and sign in to the App.

Watch Pairing



1. Follow the prompts on the App to find and add the device (smartwatch).



2. Allow the watch to connect to the App on your smartwatch.

Note: Please don't pair the watch directly via your mobile phone's Bluetooth on Settings.

Watch Gestures



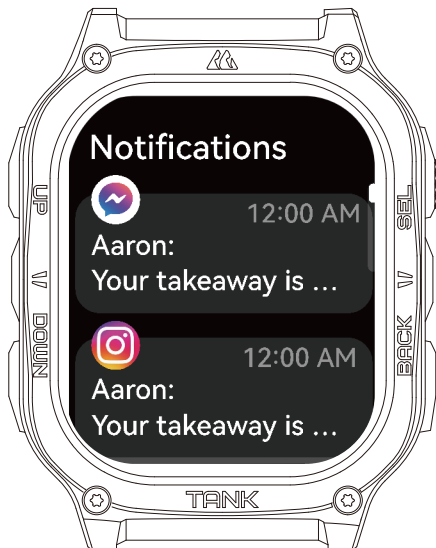
Shortcut Menu

Swipe down from the watch face to enter Shortcut Menu that can be customized by tapping Edit.



Notification Center

Swipe up from the watch face to enter Notification Center that can be customized by swiping to the bottom.



Unread Notifications

Swipe right on the watch face to view unread notifications.



App List

Swipe left on the watch face to enter the App list.



Watch You Want

Use of Physical Buttons

SEL button

- Short press on the watch face to enter the App list.
- Short press during a workout to pause, resume or end the workout.
- Short press on a confirmation page (e.g. with Confirm and Cancel) to confirm.
- Short press on Stopwatch or Timer to pause or resume the stopwatch or timer.
- Short press on the control center to enter Settings.
- Long press for 3s to power off, restart, or activate Emergency SOS.
- Long press for 12s to force a restart.





BACK button

- Short press on the watch face to open the workout list. Short press again to return to the watch face, which can be customized.
- Short press on other pages to return to the previous page.
- Short press on a confirmation page (e.g. with Confirm and Cancel) to cancel.
- Short press on Stopwatch to end the stopwatch, and return to the stopwatch list.
- Short press on Timer to reset the timer.
- Long press for 3s during a workout to end the workout and save workout details.
- Long press for 3s on the watch face to activate Voice Assistant.

UP button

- Short press on the watch face to open the control center.
- Short press on other list pages to scroll up.
- Short press on long pages to scroll up.
- Short press on the sound setting page to turn up the volume.
- Short press on the brightness adjustment page to increase screen brightness.





DOWN button

- Short press on the watch face to open the notification center.
- Short press on other list pages to scroll down.
- Short press on long pages to scroll down.
- Short press on the sound setting page to turn down the volume.
- Short press on the brightness adjustment page to decrease screen brightness.

Change Watch Faces

- Long press the watch face, then swipe left or right to replace the current watch face.
- Go to the App to download more watch faces, including those for always-on display.



Sports Recognition

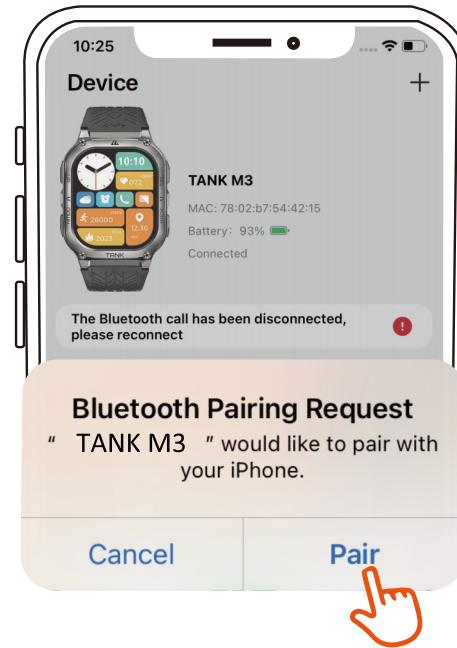
Once enabled, the watch will remind you whether to enter the corresponding sports mode when you begin one of these sports – walking, running, cycling, elliptical trainer, or rowing machine.



Bluetooth Calling Setup

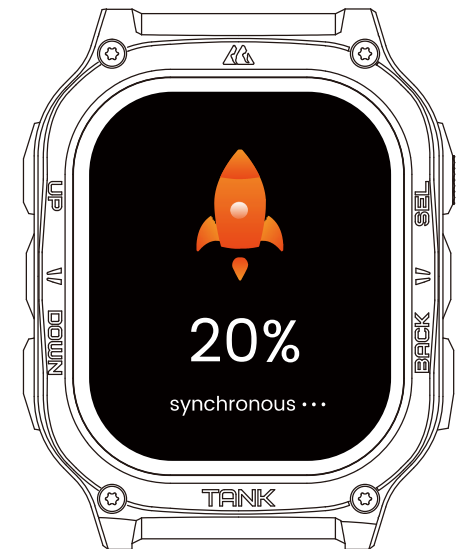
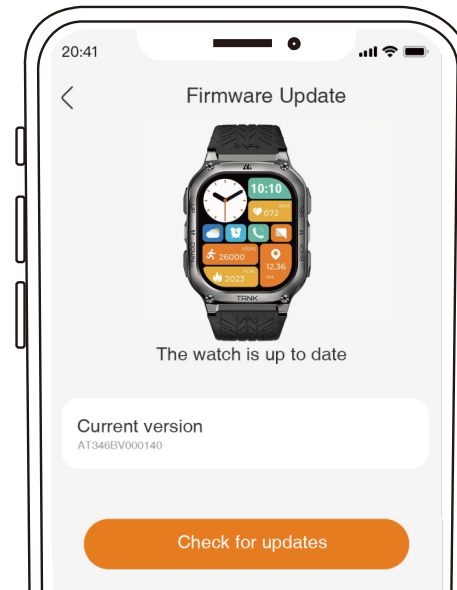
For both iPhones and Android phones:

Once the App is connected to the watch, tap Pair on the App to enable Bluetooth calling.



OTA Update

Enter the Firmware Update page on the App for the latest firmware version.



Warranty Policy

KOSPET provides a two-year warranty on the Products purchased through our official online store (<http://www.kospet.com>).

For more information, please go to: <https://kospet.com/pages/kospet-worry-free>
For further questions, welcome to email us: after-sales@kospet.com, or call +1(507)668-8466, from Monday to Friday, from 08:00 a.m. EST to 05:00 p.m. EST.

Security Tips

- Since high-temperature environments may cause battery explosions and other safety accidents, do not expose the watch to such conditions like under the scorching sun rays, or around heaters, microwave ovens, or other devices that produce extremely high temperatures.
- The watch includes an irremovable lithium-polymer battery. Non-professionals are prohibited from disassembling it to avoid accidents.
- The watch has passed several waterproof tests before launch. Its internal parts, however, may experience wear and tear due to different using habits, which affects its sealing effectiveness. Please wear and use the watch carefully during swimming, diving, etc. But avoid wearing it in a sauna, or for a hot shower.
- The watch is not designed or intended to monitor or diagnose diseases or other conditions. The heart rate, blood pressure, and other health data collected is for reference only.

FCC Caution:

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

IMPORTANT NOTE:

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC Radiation Exposure Statement:

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

This user manual is published by KOSPET that reserves the right of final interpretation. We may make adjustments to this manual anytime if necessary. Feature descriptions on the foregoing pages are provided for reference only.

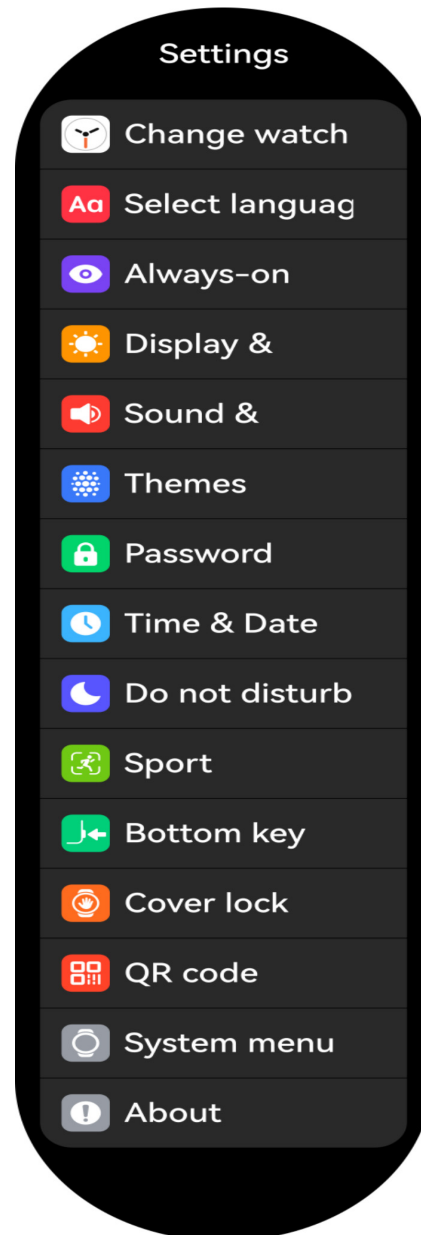
The E-label information

To access the e-label information, in the device,

1. Go to the main interface as follows



2. Enter the setting interface, as follows



3. Select About, as shown in the following interface

