



智能手表

# Smart Watch SW/40

CONNECTED

USER MANUAL / MANUAL DE USUARIO / 使用说明书 / 使用說明書  
MANUEL DE L'UTILISATEUR / MANUALE DELL'UTENTE /  
BENUTZERHANDBUCH / PANDUAN PENGGUNA - **SW/40**



Health Data



Notifications



Distances



Steps



Music Control



Sleep Monitoring



Calories



Direct call from the watch





Thank you for using our smart watch.

**Important!** The data provided by the smart watch, such as heart rate, blood oxygen and blood pressure, are merely indicative, it is not an exact medical measuring device.

Even if you are well, go to all the appointments scheduled by your doctor.

### **Recommendations for people with sensitive skin during use of electronic wrist devices, Smartwatch and Smartband.**

The materials used for our Smartwatches and Smartbands are selected following a rigorous control of hypoallergenic measures, as well as guaranteeing that all materials comply with current regulations for materials in contact with the skin.

A small number of people, however, may experience some type of skin reaction.

If you suspect, or know, that you are allergic or have an above average sensitive skin type, you should monitor the use of these devices for any type of reaction due to said allergies, environmental factors or prolonged exposure to irritants, like soap, sweat, or other causes.

Smartwatches and Smartbands may contain materials such as nickel and acrylates which, even though they are within the permitted amounts in the manufacturing process, may cause skin to react if you are sensitive to them.

If you use these devices for a prolonged period of time, you may be more susceptible to developing skin sensitivities. To avoid possible skin irritations we recommend you do not expose the device to chemicals or use it if your skin has, or has been recently applied with, any of the products listed below:

- Insect repellents
- Moisturizing creams and lotions
- Oils
- Perfumes
- Antiseptic gels
- Soaps
- Sun protection creams

It is recommended that the devices are used when the skin is completely dry and free of any of the aforementioned products to avoid having charging contacts and measurement sensors in contact with wet skin. They are not submersible or waterproof.

Clean the device thoroughly to remove sweat after training and allow it to dry. Prolonged exposure to moisture can cause skin irritation.

It is also advisable not to wear these devices too tight or too loose.

If the strap is too tight, it may cause skin irritation. If the strap is too loose, chafing may occur.

The watch strap should be left so that it can move slightly back and forth on the wrist.

If you wear the device for prolonged periods of time, remove it to give your skin a rest. To avoid irritation, swap the device to your other wrist.

If you notice redness, swelling, itching or any other irritation, remove the Smartwatch immediately and consult your physician before using the device again.

**Special attention must be paid to the use of these devices in places with relatively low humidity conditions.**

When using the Smartwatch/Smartband in places with low relative humidity (dry/poorly ventilated places, low humidity atmospheric conditions, dry indoors, if heating or air conditioning is always on, etc.), as with any other electronic device, it may be affected by charges of static electricity on rare but certain occasions. This may cause damage to the device and also to the person wearing it at that time. Static electricity is everywhere.

It surrounds us without us perceiving it.

An effective trick to avoid a high percentage of static electricity at home:

- Use a humidifier. Humidity is a good conductor of electricity, therefore, by maintaining an acceptable percentage of it, we will avoid static in areas of the home where metal objects may be found. Small containers of water on top of radiators is another alternative solution. The use of the devices in bed, whilst sleeping, is especially discouraged for children and the elderly due to the fact that repeated movements during the night may cause, through friction with sheets, blankets, etc. a charge of static electricity. This may result in a sudden discharge of the watch's battery and/or heating of same as the human body is a conductive element and can cause a reaction to people with sensitive skin, redness, irritation, etc.

If you notice redness, swelling, itching, or any other form of irritation, remove the Smartwatch immediately and consult your physician before using the device again in case you are suffering from any type of reaction, allergic or otherwise.

**Welcome to use our high-performance wrist smart watch which creates thoughtful and health experience for you**

**Device maintenance**

Please remember the following tips when you maintain your smart watch:

- Clean the smart watch regularly, especially its inner side, and keep it dry.
- Adjust the smart watch tightness to ensure air circulation.
- Excessive skincare product should not be used for the wrist wearing the smart watch.
- Please cease wearing the smart watch in case of skin allergy or any discomfort.

### Product description and charge

Before using the Smart Watch for the first time, perform a full charge, using the charging cable provided in this pack.

Connect the magnetic part of the charging cable to the back of the Smart Watch and the USB end of the charging cable, to a USB adapter (not provided in this pack) or to the USB port of the computer.

### Downloading and binding of smart watch APP

**Note:** your mobile phone must support Android 4.4, iOS 8.0 or above, and Bluetooth 5.1

1. Download from Apple Store or Google play and install APP or scan QR code with mobile phone to download APP.



iOS



Android



APP/APK:  
FILA S-WATCH

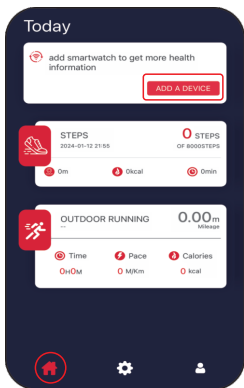
2. Pairing smart watch with APP: Please do not pair the watch directly to your phone's Bluetooth.

If you have already performed this operation, please remove it from the list of paired devices as it will prevent the connection to the APP.

- 2.1. Open the APP

- 2.2. Update your personal details (gender, birth year, etc.) and press the check mark.

Once done, grant all permissions requested by the APP.



2.3. To link the watch to your phone press "To Add".

2.4. The phone will search, and display, SW-40

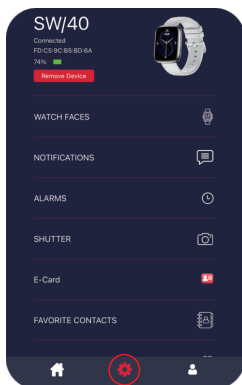
Select it to pair the watch to your phone.

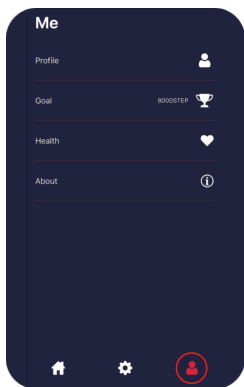
Once synchronization is complete your watch will display local date and time.

2.5. When you press the watch icon (bottom middle) you will see the following screen:

Here you can set up notifications, alarms and the background image (can be personalized).

In "Others" you can establish time format (12/24 hours), reminders, etc.





2.6. The last icon, on the lower right, will show “My” screen. Here you can complete the details of your profile and establish your objectives.

### Notes:

- Only connect the device via APP and not via the Bluetooth setting of the smartphone.
- The personal data is used to calculate the calorie consumption and distance correctly.
- You can only connect one watch via APP. The use of multiple watches with one smartphone at the same time is not supported.
- After successful connection, the data, time and weather data are transferred from the smartphone to the watch.
- Time / date cannot be set manually.

### Mobile phone connection (For calls)

If the app doesn't ask if you want to link the watch audio to the phone via Bluetooth, do the following:

- Connect the watch audio option: swipe down the main watch screen, access the control center and tap on the phone symbol to activate the Smart Watch audio for calls
- Enter the Bluetooth option of the Phone, search and connect the audio option for the device (SW-40 Audio)

## **Introduction to call function**

When the watch is connected to the SmartPhone, you can use the Smart Watch to make calls, answer calls, and talk from the Smart Watch itself.

**Note:** When you use the call function, you must make sure that the watch is linked to the SmartPhone and with a stable connection.

## **Functions**

### **Voice assistant**

Click the icon to activate the phone's smart assistant, and you can control the phone's assistant through the microphone of the Smart Watch.

### **Heart rate**

The Smart Watch can measure and record your heart rate all day. You can also enter the "Heart Rate" interface to start measuring your heart rate.

### **Sports**

The Smart Watch automatically tracks the steps taken on the screen.

**Note:** Your movement stats reset to zero at midnight.

### **Sleep monitor**

If you continue to wear the Smart Watch while you sleep, you can record the quality of your sleep (deep, light, or awake) You can see more data and statistics, through the APP.

### **Exercise**

Enter the "Exercise" screen to select the desired sport and start recording the data of the exercise performed.

### **Weather information**

To see the weather, enter the interface of this function once you have linked the Smart Watch to the SmartPhone, this information will only be displayed when they are linked.

### **Blood oxygen**

Enter the interface of "Blood Oxygen" to start measuring the current blood oxygen.

The data records and the more detailed analysis of these data can be seen from the APP.

### **Camera control**

After connecting the Smart Watch, you can remotely control the camera of your phone.

### **Notifications**

If the Smart Watch is correctly synchronized with the Smart Phone, it will alert you by vibrating when messages are received from Twitter, Facebook, Whatsapp, Instagram, etc.



**Note:** You can enable/disable incoming notifications from the APP

### **Other functions**

Other functions include stopwatch, alarm, screen brightness, theater mode, factory reset, among others.

### **Music control**

After connecting the Smart Watch, you can remotely control the music on your phone.

### **Alarm**

Set the alarms from the APP, when the scheduled time arrives, the Smart Watch will vibrate to alert you.

### **Theater mode**

When you have this function activated, the Smart Watch will turn off the vibration and lower the brightness of the screen.

**Note:** You can activate/deactivate theater mode from the APP

### **Sedentary reminder**

The device will vibrate to remind you to move after an hour without movement.

**Note:** You can activate/deactivate this function from the APP

### **Features**

BT 5.2 / Call BT / Battery Lithium 210 mAh / Step / Calories / Distance / Exercise mode / Blood pressure / Heart rate / Blood oxygen / Sedentary reminder / Sleep monitoring / Notifications / Alarms / Stopwatch / Weather / Music control / Use time up to 5 days / BT frequency band: 2.4 GHz / Maximum emitted RF power < 100 mW / IP67


### **Precaution**

- Do not expose the watch at extreme temperatures, the batteries could explode.

### **Declaration of conformity**

Hereby declares that the Smart Watch SW/40 complies with the essential requirements and any other applicable or enforceable provisions of Directives CE 2014/30/EU, 2014/53/EU and RoHS 2011/65/EU Annex II (EU) 2015/863.

## Guarantee

<b>GUARANTEE</b>	
<b>DEVICE</b>	
ITEM:	_____
Serial number:	_____
<b>ESTABLISHMENT</b>	
Purchase date:	_____
<div style="border: 1px solid black; width: 150px; height: 100px; margin: 0 auto;"></div>	
Establishment signature	



**NOTE:** The Smart Watch SW/40 has a 1-year warranty from the date of purchase. Special importance in the durability of the products have the elements that compose it and that suffer from degradation and loss of capacities due to their use, being understood as normal wear that they lose capacity, especially in the case of rechargeable batteries, depending largely on infinity of external factors (hours of use, charge and discharge cycles, use of inappropriate chargers, temperatures of use, not respecting the recommended charging times, etc...)

For the guarantee of wear and tear parts, it must be taken into account that the loss of autonomy of the battery as a result of its aging does not imply a manufacturing defect, so it is considered normal that after 6 months have a loss of 10%, at 15 months 20% - 30% at 24 months 45%, all corresponding to proper use of the battery and the charge and discharge cycles carried out. Any battery that presents symptoms other than those listed in this manual, will be inspected by the technical service and assessed for its affection to guarantee.

## Safety warnings

**Important Safety Information:** Handle the Smart Watch with care.

They contain sensitive electronic components, including batteries, and may malfunction, affect performance, or cause damage if dropped, burned, punctured, crushed, disassembled, or exposed to excessive heat, liquid, or high-pressure environments, concentrations of industrial chemicals, including nearly evaporated liquefied gases such as helium.

Do not use the Smart Band if it is damaged.

**Batteries:** Do not try to replace the battery of the Smart Watch by yourself, as you could damage the Smart Watch and cause overheating and injury.

**Charge:** Charge the Smart Watch with the charging cable and a power adapter or a computer, charge the device only with an adapter that meets relevant national, international and regional safety standards. Other adapters may not meet applicable safety standards and their use to charge the Smart Watch may present the risk of injury or death. Using damaged cables or chargers, or charging the device if they are wet, may cause fire, electric shock, injury, or damage to the case or other belongings.

**Prolonged exposure to heat:** Avoid prolonged skin contact with the device, power adapter, charging cable and its connector, or the wireless charger when connected to a power source, as this may cause discomfort or injury.

**Choking hazard:** The Smart Watch and the small parts included may present a choking hazard to small children or cause other injuries.

Always keep them out of the reach of children.

**Interference with medical devices:** The Smart Watch and charger contain components and radios that emit electromagnetic fields.

These electromagnetic fields and magnets that the device may contain may interfere with the operation of pacemakers, defibrillators, or other medical devices.

Keep a safe distance between the medical device and the Smart Watch.

Request specific information about the medical device from the manufacturer and your doctor. Stop using the Smart Watch if you suspect it is interfering with your pacemaker, defibrillator, or other medical device.

FCC Warning:

This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

Caution: Any changes or modifications to this device not explicitly approved by manufacturer could void your authority to operate this equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

(1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with minimum distance 0cm between the radiator and your body.