

1. RF Exposure Requirements

1.1 General Information

Client Information

Applicant: OMA FITNESS EQUIPMENT CO., LTD.
Address of applicant: No.93 Tai An Road South, Yang'e village, Lunjiao Town, Shunde, Foshan City, Guangdong, China

Manufacturer: OMA FITNESS EQUIPMENT CO., LTD.
Address of manufacturer: No.93 Tai An Road South, Yang'e village, Lunjiao Town, Shunde, Foshan City, Guangdong, China

General Description of EUT:

Product Name: Treadmill
Trade Name: /
Model No.: 7745TA
Adding Model(s): 7745EA, 7746EA, 7746TA, 7749EA, 7749TA
Rated Voltage: 110-120V
Battery Capacity: /
Power Adapter: /
FCC ID: 2BDTT-7745TA
Equipment Type: Fixed device

Technical Characteristics of EUT:

Bluetooth (BLE mode)

Bluetooth Version: V5.0 (BLE mode)
Frequency Range: 2402-2480MHz
RF Output Power: 1Mbps: 3.40dBm (Conducted)
2Mbps: 3.58dBm (Conducted)
Data Rate: 1Mbps, 2Mbps
Modulation: GFSK
Quantity of Channels: 40
Channel Separation: 2MHz
Type of Antenna: External Antenna
Antenna Gain: 1.42dBi

Bluetooth (BR/EDR mode)

Bluetooth Version: V5.0(BR/EDR mode)
Frequency Range: 2402-2480MHz
RF Output Power: 6.91dBm (Conducted)
Data Rate: 1Mbps, 2Mbps, 3Mbps
Modulation: GFSK, π/4 DQPSK, 8DPSK
Quantity of Channels: 79
Channel Separation: 1MHz

Type of Antenna:	External Antenna
Antenna Gain:	1.42dBi
Wi-Fi 2.4G	
Support Standards:	802.11b, 802.11g, 802.11n, 802.11ax
Frequency Range:	2412-2462MHz for 802.11b/g/n/ax(HT/HE20) 2422-2452MHz for 802.11n/ax(HT/HE40)
RF Output Power:	17.10dBm (Conducted)
Type of Modulation:	CCK, OFDM, QPSK, BPSK, 16QAM, 64QAM
Quantity of Channels:	11 for 802.11b/g/n/ax(HT/HE20); 7 for 802.11n/ax(HT/HE40)
Channel Separation:	5MHz
Type of Antenna:	External Antenna
Antenna Gain:	2.17dBi
Wi-Fi 5G	
Support Standards:	802.11a, 802.11n(HT20), 802.11n-HT40, 802.11ac-VHT20/40, 802.11ax-HE20/40,
Frequency Range:	5180-5240MHz, 5745-5825MHz
Max. RF Output Power:	14.42dBm (Conducted)
Type of Modulation:	QPSK, 16QAM, 64QAM
Type of Antenna:	External Antenna
Antenna Gain:	2.17dBi

1.2 RF Exposure Exemption

According to §1.1307(b)(3) and KDB 447498 D04 Interim General RF Exposure Guidance v01, system operating under the provisions of this section shall be operating in a manner that the public is not exposed to radio frequency energy level in excess limit for maximum permissible exposure.

Option A: FCC Rule Part 1.1307 (b)(3)(i)(A): The available maximum time-averaged power is no more than 1mW, regardless of separation distance.

Option B: FCC Rule Part 1.1307 (b)(3)(i)(B): The available maximum time-averaged power or effective radiated power (ERP), whichever is greater, is less than or equal to the threshold P_{th} (mW) described in the following formula. P_{th} is given by:

$$P_{th} (\text{mW}) = \begin{cases} ERP_{20\text{ cm}}(d/20\text{ cm})^x & d \leq 20\text{ cm} \\ ERP_{20\text{ cm}} & 20\text{ cm} < d \leq 40\text{ cm} \end{cases}$$

Where

$$x = -\log_{10} \left(\frac{60}{ERP_{20\text{ cm}}\sqrt{f}} \right) \text{ and } f \text{ is in GHz;}$$

and

$$ERP_{20\text{ cm}} (\text{mW}) = \begin{cases} 2040f & 0.3 \text{ GHz} \leq f < 1.5 \text{ GHz} \\ 3060 & 1.5 \text{ GHz} \leq f \leq 6 \text{ GHz} \end{cases}$$

d = the separation distance (cm);

Option C: FCC Rule Part 1.1307 (b)(3)(i)(C): The minimum separation distance (R in meters) from the body of a nearby person for the frequency (f in MHz) at which the source operates, the ERP (watts) is no more than the calculated value prescribed for that frequency. R must be at least $\lambda/2\pi$, where λ is the free-space operating wavelength in meters.

Single RF Sources Subject to Routine Environmental Evaluation	
RF Source frequency (MHz)	Threshold ERP (watts)
0.3-1.34	$1,920 R^2$
1.34-30	$3,450 R^2/f^2$
30-300	$3.83 R^2$
300-1,500	$0.0128 R^2 f$
1,500-100,000	$19.2R^2$

For Multiple RF sources: FCC Rule Part 1.1307(b)(3)(ii):

- (A) The available maximum time-averaged power of each source is no more than 1 mW and there is a separation distance of two centimeters between any portion of a radiating structure operating and the nearest portion of any other radiating structure in the same device, except if the sum of multiple sources is less than 1 mW during the time-averaging period, in which case they may be treated as a single source (separation is not required).
- (B) In the case of fixed RF sources operating in the same time-averaging period, or of multiple mobile or portable RF sources within a device operating in the same time averaging period, if the sum of the fractional contributions to the applicable thresholds is less than or equal to 1 as indicated in the following equation.

$$\sum_{i=1}^a \frac{P_i}{P_{th,i}} + \sum_{j=1}^b \frac{ERP_j}{ERP_{th,j}} + \sum_{k=1}^c \frac{Evaluated_k}{Exposure\ Limit_k} \leq 1$$

1.3 Calculated Result

Radio Access Technology	Prediction Frequency	Output Power	Antenna Gain	Duty Cycle	Tune-Up Time-Averaged Power	ERP
	(MHz)	(dBm)	(dBi)	(%)	(dBm)	(dBm)
Bluetooth	2402	6.91	1.42	100	7.00	6.27
Wi-Fi 2.4G	2412	17.10	2.17	100	18.00	18.02
Wi-Fi 5G	5180	14.42	2.17	100	15.00	15.02
Wi-Fi 5G	5745	13.17	2.17	100	14.00	14.02

Frequency (MHz)	Option	Min. Distance	Max. Power		Exposure Limit	Ratio	Result
		(cm)	(dBm)	(mW)	(mW)		Pass/Fail
2402	C	20.00	6.27	4.24	768.00	0.01	Pass
2412	C	20.00	18.02	63.39	768.00	0.08	Pass
5180	C	20.00	15.02	31.77	768.00	0.04	Pass
5745	C	20.00	14.02	25.23	768.00	0.03	Pass

Note: 1. Time-Averaged Power=Output Power * Duty Cycle; ERP= Time-Averaged Power+ Antenna gain-2.15dB

2. Option A, B and C refers as clause 1.2.

3. For option B, Max (time-averaged power, effective radiated power (ERP)) converts to Max. Power. For option C, ERP converts to Max. Power;

4. For option B, P_{th} (mW) converts to Exposure Limit (mW); For option C, ERP (W) converts to Exposure Limit (mW).

5. Ratio= Tune-Up ERP (mW)/ Exposure Limit (mW)

Mode for Simultaneous Multi-band Transmission:

Radio Access Technology	Ratio 1	Ratio 2	Simultaneous Ratio	Limit	Result
					Pass/Fail
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Note: BT and Wi-Fi can't transmit at the same time.

Result: Pass