

# 智能手表

## 使用说明书



# IWO 9

感谢您选择本公司智能手表，您可以通过阅读本手册，全面地了解设备使用，领略其实用功能和简洁的操作方法。  
本公司保留在不作任何预先通知的情况下对本手册内容进行修改的权利，恕不另行通知。  
产品配置：包装盒一个，说明书一本，主机一台，充电器一个。  
本产品支持日常生活防水佩戴，特别注意热水淋浴或者桑拿不能佩戴，防止水蒸气；泡脚头等类似需手动擦干。如因不正确使用导致进水，本公司不作免费保修，泡水后喇叭孔会积水，请将水用出来，声音才能恢复正常。

### 充电说明：

首次使用手表如果电量耗尽，请拿出充电器，手表放充电器自动吸磁，将 USB 插入适配器进行充电，要求适配器输入电压为 5V1A/2A。



磁吸线充

### 操作说明：



表盘玩法：连接 APP 后，可在表盘推送市场，点击已安装表盘，自由删除本机的表盘，自由组合安装本地表盘。

### 手表与手机的连接：

支持安卓版本 4.4 及以上版本 支持 IOS 8.4 及以上版本  
首先手机要下载 APP "SZOS" 到手机上并安装。有安卓和 IOS 两种方式。  
(1) IOS/苹果手机用户：通过手机扫一扫下面二维码，在浏览器上打开，当打开界面后，选择对应的方式下载，也可以在“应用宝”或者“Google”“APP Store”搜索 SZOS 下载安装。



### 连接方式：

- 扫码连接：打开 SZOS，进入后点击右上角“扫一扫”，手机开机后手表表盘右划进入分屏，点击二维码功能，扫一扫同意即配即可连接；IOS 需完成上述步骤后，需要在手机设置-蓝牙中找到对应的型号和 MAC 点击连接音频蓝牙即可（型号和 MAC 均可在手表设置-关于中查看）。
- 手动连接：手机开机蓝牙后，打开 SZOS 进入后点击右上角“添加设备”，点击对应选项，即可搜索出附近蓝牙设备，点击对应的型号和 MAC 地址即可进行配对；IOS 需完成上述步骤后，需要在手机设置-蓝牙中找到对应的型号和 MAC 点击连接音频蓝牙即可（型号和 MAC 均可在手表设置-关于中查看）。

- 已经连接好的设备，可在手机设置-蓝牙查看，在里面可设置通话音频是否同步手表，音乐外放是否同步手表等等。
- 蓝牙自动重连：
    - 超出蓝牙连接范围手环无提醒，当手环到达蓝牙连接范围时，打开 APP 蓝牙会自动重连。
    - 关闭应用后台或重启手机或点击手机自带的一键清理，再次进入分动手环，蓝牙连接有效范围内，蓝牙会自动重连。
    - APP 在手机后台运行容易被手机关闭，安卓手机可在权限设置把 APP 的自启动权限打开，解决因为 APP 后台运行被强制关闭造成的断联问题。

### 本地音乐功能介绍：

- 首先连接 SZOS APP
- 添加音乐：进入 APP 音乐界面，点击“添加音乐”，选择“本地音乐”（手机中储存的歌曲）“云音乐（目前仅安卓端支持）”中的音乐，点击右上角添加，即可将音乐下载到手表中。

下载到手表中，下载完成后，您可以在设备的音乐功能界面中“手表音乐”中 DOWNLOAD 中查看。  
3. 也可以根据空间对增加和删除音乐，设备音乐功能的设置界面中，手表音乐为播放设备本地储存歌曲，手机音乐为播放连接 APP 的手机的蓝牙音乐；蓝牙耳机为播放本地储存歌曲由匹配的蓝牙耳机或者蓝牙耳机播放。

### 主要功能介绍：

- 电话拨号：连接手机拨出，可以在手表端实现通话。
- 常用联系人：可同步手机端联系人。
- 通话记录：可同步手机端通话记录。
- AI 语音：连接 APP 后，通过手表的 AI 语音功能唤醒手机语音助手。
- 信息：此功能需要连接手机端 APP "SZOS" 应用程序，查看设定消息通知的第三方程序消息。
- 睡眠监测：每晚 9 点到第二天早上 9 点会记录您的睡眠时长和质量，帮助您更好的调整您的作息时间，提高睡眠质量。在睡眠功能界面，上划进入选项，查看关于睡眠功能的选项。
- 心率监测：佩戴手表，最佳佩戴位置在腕骨至手臂上方，可监测实时的心率值，一般人正常值为 60-90 次/分，在心率界面点击开始，大概 20-30 秒后会测出数值，下划可进入选项界面。
- 血压：检测时，请把手平放着一分钟内会出来数值。
- 血氧：进入血氧功能，按开始进入测试，正常血氧饱和度约 94-99%。
- 锻炼：可以更精确的监测您的运动数据，同时会打开心率监测，点击运动模式界面，会跳出选项或者更新的选项。
- 活动记录：可查看当天行走步数，卡路里消耗和行走距离，每晚 12 点会将当天数据保存，并重新计算，上划进入选项，自行设置选择。
- 遥控拍照：连接 APP，在 APP 界面，手表进入蓝牙拍照，手机进入拍照界面。

手表拍照，照片保存手机端。

- 音乐：可控制播放手机/手表中的音乐。
  - 找手机：点击找手机，手机会发出警报，也可以进手表 APP 查看设备功能，手表会发出警报。
  - 计算器：可以进行简单计算。
  - 秒表：打开此功能可进行单次，多次计时。
  - 设置：进行本机各种本机设置，包括亮度设置，息屏时间，勿扰模式，声音设置，语言切换，连接手机，手表关于，关机，重启，恢复出厂设置等等。
  - 闹钟：可自定义闹钟，长按进入可删除闹钟。
  - 录音：提供录音功能，录音文件可在手表音乐功能中，查看 DOWNLOAD 中 REC 的文件进行播放，可在 APP 录音文件中分享录音到第三方 APP 中。
  - 天气：连接 APP 后，可实时同步当天的天气信息。
  - 计时器：支持选择分钟以及自定义时间的倒计时。
- 健康提醒功能在 APP 可自行设置。
- ### 如何设置消息通知：
- 手机进入设置-应用管理，找到“SZOS”-权限管理，全部打开，再进入通知管理-找到“SZOS”所有权限打开。  
打开运行权限，进入，选择无限制，返回，会提示将自启动打开，进入打开，返回，选择自己所需要的 APP 消息通知，点击打开。  
IOS 端可在手机设置-蓝牙-连接好的蓝牙设备中，打开共享系统通知；
- 注意：如果选择的 APP 电脑版在线，手机接收不到信息通知，手表也不会提醒。
- ### 常见故障排除：

- 手表无法开机：按开机键时间长过，要 3 秒以上；电池电量过低，请使用充电器充电；
- 手表无法正常充电：充电器是否是正常与手表接触，充电器是否是正常；当电量过低时，需要充电一会才会显示充电界面；
- 软件问题可通过恢复出厂功能；

### 保修说明：

- 本产品在日常使用时，如果出现因制造、材料、设计等原因引起的产品质量问题，自购买之日起，主板一年内免费保修，电池、充电器保修半年。
- 因使用者个人原因造成的故障，不提供免费保修，如下：
  - ①擅自拆解，改装手表等造成的伤害；
  - ②在使用过程中不慎跌落而造成的伤害；
  - ③“第三人”为损坏或第三者过失，误用（如：主机进水，外力震裂，外围部件的损坏等），不在保修范围。
- 在要求提供免费保修时，请务必提供填写有购买日期和购买地印章的保修卡。
- 产品的所有功能都以实物为主。

购买日期：	客户签名：
MAC 码：	店员签名：
购买商店：	商店盖章：

# smart watch

## user's manual



# IWO 9

Thank you for choosing our company products. You can read this manual to get a comprehensive understanding of the function and operation of the device. The company reserves the right to modify the contents of this manual without prior notice without prior notice.

Product configuration: one package, one manual, one smart watch, one charger.  
This product supports waterproof wear in daily life. Pay special attention to hot showers or saunas that cannot be worn to prevent water vapor; soak in sea water, etc., to wipe clean and dry in time. If water enters due to failure to follow the instructions, our company will not provide free warranty. Water will accumulate in the speaker hole after soaking in water. Please shake the water out to return to normal sound.

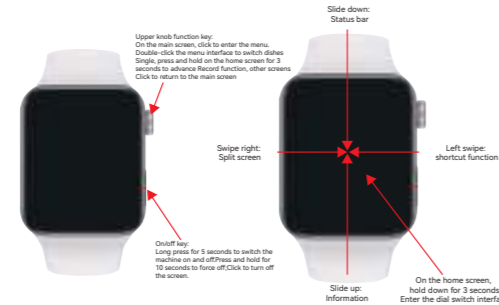
### Charging instructions:

If you use the watch for the first time if the battery is exhausted, please take out the charging cradle, the watch will automatically absorb the charging cradle, and plug the USB into the adapter for charging. The adapter input voltage is required to be 5V1A/2A.



The magnetic cable is charged

### Operation instructions:



How to play the dial: Click on the dice dial to have a sound effect and shake the dice, resulting in random results; click on the twelve constellation dial to switch the background

of the twelve constellations, and switch to the constellation background that suits you;

### The connection between the watch and the mobile phone:

Support Android version 4.4 and above Support IOS 8.4 and above First, the mobile phone needs to download the APP "SZOS" to the mobile phone and install it. There are two ways: Android and IOS.

(1) IOS/Android mobile phone users: Scan the QR code below on your mobile phone and open it on the browser. After opening the interface, choose the corresponding method to download; you can also search in "App Store" or "Google" "APP Store" SZOS download and install.



### Connection method:

- Scan code connection: open SZOS, click "Scan" in the upper right corner after entering, swipe the main dial to the right to enter the split screen after the watch is turned on, click the QR code function, scan to agree to match and then connect; IOS and completes the above after the steps, you need to find the corresponding model and MAC in the phone settings-Bluetooth and click to connect to the audio Bluetooth (the model and MAC can be viewed in the watch settings-about). 2. Manual connection: After the Bluetooth is turned on the mobile phone, open SZOS, click "Add Device" in the upper right corner after entering, click the corresponding option, you can search for nearby Bluetooth devices, click the corresponding model and MAC address to pair; IOS terminal After completing the above steps, you need to find the corresponding model and MAC in the phone settings-Bluetooth and click to connect to the audio Bluetooth (the model and MAC can be viewed in the watch settings-about). The connected device can be checked in the phone settings-Bluetooth, in which you can set whether the call audio is synchronized with the watch, whether the music is synchronized with the watch, and so on.

- Bluetooth automatic reconnection:

  - There is no reminder when the bracelet is out of the Bluetooth connection range. When the bracelet reaches the Bluetooth connection range, open the APP and the Bluetooth will automatically reconnect

- Close the application background or restart the phone or click the one-key cleanup that comes with the phone, and enter the split bracelet again. If the Bluetooth connection is within the effective range, the Bluetooth will automatically reconnect.

3. The APP running in the background of the mobile phone is easy to be closed by the mobile phone. The Android mobile phone can open the self-starting permission of the APP in the permission setting to solve the disconnection problem caused by the forced closing of the APP background operation.

### Local music function introduction:

- First connect to SZOS APP
- Add music: Enter the APP music interface, click "Add music", select "Local music (songs stored in the phone)" "Cloud Music (currently only supported by Android)", click the check mark in the upper right corner, that is You can download music to the watch. After the download is complete, you can view it in DOWNLOAD in "Watch Music" on the music function interface of the device.
- You can also add and delete music according to the space. In the setting interface of the device's music function: watch music is to play the device locally stored songs; mobile music is to play the Bluetooth music of the mobile phone connected to the APP; Bluetooth headset is to play the locally stored songs To the paired Bluetooth headset or Bluetooth speaker device.

### Main function introduction:

- Dial：Bluetooth call via cellphone, talk at the watch end.
- Phone book：Sync all the contacts in the cellphone.
- Call logs：Sync all the calls history in the cellphone.
- AI voice：After connecting to the APP, wake up the mobile voice assistant through the AI voice function of the watch.
- Notification：It will remind all the notifications from cellphone, such as facebook, Email, WhatsApp, SMS etc. It has to connect "SZOS" first.
- Sleep monitor：The smart watch will turn on it automatically from 9 p.m to 9 a.m. It records your sleep duration and quality, help you adjust a better rest time, improve sleep quality. Slide up enter options; Status, on and off; History, check out deep sleep and light sleep; Instruction.
- Heart rate：Wear the watch tightly with your wrist, best position would be upper of the hand - wrist, around 20 seconds it will shows the real time heart rate data, slide down menu into history, mode includes single measure and continuous measure; and instruction. Generally speaking normal value is 60-90 times/min.

- Blood pressure：In the measuring time, please lay the hand flat, about 60 seconds later will show the data.
- Spo2：Enter the blood oxygen function, press start to enter the test, the normal blood oxygen saturation is about 94-99%.
- Workout：Accurate monitoring the movement data, in the meantime will start heart rate monitor. Slide to sport mode, click the button sport mode, will popup start and pause.
- Activity record：Check the steps you walked during the day, calories burn and walk distance. Everyday 0 o'clock all the data will be saved automatically and reset to 0. Slide up enter option.
- Remote camera：Connect to the APP, in the APP interface, the watch enters the Bluetooth camera, the mobile phone enters the camera interface, tap the watch to take a photo, and the photo is saved on the mobile terminal.
- Music：Can control to play music in mobile phone/watch.
- Search phone：Click "find phone", connected phone will be ringing warning, after find phone, tap "End" of the phone to stop the alarm, it works both watch and App sides.
- Calculator：Simple calculations can be made.
- Stopwatch：Single timing, tap the left icon to start timing, and tap to pause, tap again for cumulative time.
- Set up：Perform various local settings of this machine, including brightness setting, screen rest time, do not disturb mode, sound setting, language switching, phone connection, watch about, shutdown, restart, factory reset and so on.
- Clock：You can customize the alarm clock, long press to enter to delete the alarm clock.

- Recording：Provide recording function, Recording files can be played by viewing REC files in DOWNLOAD in the watch music function, and recording files can be shared to third-party APPs in APP recording files.
  - Weather：After connecting to the APP, the weather information of the day can be synchronized in real time.
  - Timer：Support select minutes and countdown of custom time. The health reminder function can be set in the APP.
- ### How to set the notification:
- Go to phone settings - application management, in "SZOS" - permission management, turn all on. Notification management - turn "SZOS" all permissions on. Open "SZOS" App - More - App Notification Push - Turn on background run permissions.  
On the IOS side, you can open the shared system notification in the mobile phone settings-Bluetooth-connected "Bluetooth" settings;
- Note-Make sure that all the third - party Apps which you want receive notifications in the device make sure your phone is enable to receive the notifier in the phone notification bar.

### Common troubleshooting:

- The watch cannot be turned on: the time to press the power button is too short, it takes more than 3 seconds; the battery power is too low, please use the charging stand to charge;
- The watch cannot be charged normally: whether the charging contacts are in normal contact with the watch and whether the charger is normal; when the battery is too low, it will take a while to charge the charging interface;
- Software problems can be restored through factory function;

### Warranty:

- If it appears quality problems caused by manufacturing materials, design within one year (since the day of purchase), we will offer free warranty for main part. We will offer free warranty for battery and adapter within 6 months. Premise is using normally and correctly.
- About the fault caused by the users' personal reasons, we don't offer free warranty, as follows:
  - (1)Disassemble or reft the product;
  - (2)Caused by immodesty drop;
  - (3)All artificial damage or misuse (such as:make water into the host, the external force shatter, scratch damage of peripheral components,etc.), all these are beyond the scope of the warranty.

- When ask for free warranty, you must provide a warranty card with the seal of purchase place and purchase date.
- Please make the final products as the standard.

Date of purchase:	Customer signature:
MAC code:	Clerk signature:
Buy store:	Shop stamp:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**Note:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

RF warning for Portable device: The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.