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# Wellable Bluetooth Sleep Mask USER MANUAL



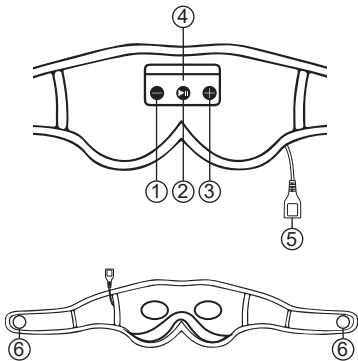
## What's in the box?

- 1. White noise eye mask\*1
- 2. Type-C cable\*1

**MADE IN CHINA**  
**FCC ID: 2BCGV0027**  
**IC: 31955-00012** **HFVN: 012**

## Overview

- 1. Previous track / Vol -/Mode
- 2. Power ON/OFF/Play/Pause/Answer/End call/Redial
- 3. Next track/ Vol+/ Timer button
- 4. LED Indicator
- 5. Type-C port
- 6. Headphone



## Specifications:

- 1. Item: 7142-72BK
- 2. Input: DC 5V/150mA
- 3. Speaker output power: 0.025W
- 4. Battery capacity: 3.7V/200mAh, 0.74Wh

## Operation Instructions

- 1. **Power On:** Long press the power button to turn on the Mask, you will hear a tone, the mask will enter white noise mode automatically.
- 2. **Pairing:** Once Mask is turned on, then double press the mode button to enter Bluetooth mode, open your mobile device, search the wireless devices, and select wireless ID 'Wellable Sleep Mask, It will pair automatically.
- 3. **Play/Pause/ Answer/End/Redial call:** Short press the button to play or pause the music. When phone call is incoming, short press the button to answer the call, short press again to end call, double press the button to redial the number you last called.
- 4. **Next track/Vol+:** Short press to next track, long press to increase volume
- 5. **Previous track/Vol -:** Short press to last track, long press to decrease volume
- 6. **Switch Bluetooth and White noise mode:** Double press the mode button.

- 7. **Charging:** Use the Type-C cable included to connect the mask to a computer or adaptor, the LED indicator will illuminate a solid red. When the Mask is fully charged, the red LED will be turned off.
- 8. **White noise mode:** Short press the next/ previous button to switch different sounds.
- 9. **Shutdown timer:** Shutdown timer: Double press timer button cyclically to set 2 hours, and continuously play time and 1 hour, the product will automatically shut down when the time is reached. Note the default of shutdown time is 1 hours in white noise mode.
- 10. **Power Off:** Long press the power button to turn off the mask.

## Caution:

- 1. Please enjoy music with an appropriate volume, which will avoid to damage your hearing and sound system.
- 2. Please avoid exposure, rain, water droplets, avoid prolonged exposure to high temperature, high humidity environment.
- 3. During use, please make it away from heat, high pressure, and prevent children from playing with this product.

## FCC STATEMENT

This device complies with Part 15 of the FCC Rules. Operation is subject to the following

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two conditions:

- (1) This device may not cause harmful interference, and
- (2) This device must accept any interference received, including interference that may cause undesired operation.

**Warning:** Any changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

**NOTE:** This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.

- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/ TV technician for help.

## RF Statement

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.

## IC Caution:

ICES-003 CLASS B NOTICE-AVIS NMB-003, CLASSE B  
This Class B digital apparatus complies with Canadian ICES-003  
Cet appareil numérique de la classe B est conforme à la norme NMB-003 du Canada.

- English:

This device contains licence-exempt transmitter (s)/receiver(s) that comply with Innovation, Science and Economic Development Canada's licence-exempt RSS(s). Operation is subject to the following two conditions:  
1. This device may not cause interference.  
2. This device must accept any interference, including interference that may cause undesired operation of the device.

- French:

L'émetteur/récepteur exempt de licence contenu dans le présent appareil est conforme aux CNR d'Innovation, Sciences et Développement économique Canada applicables aux appareils radio exempts de licence. L'exploitation est autorisée aux deux conditions suivantes :

- 1. L'appareil ne doit pas produire de brouillage;
- 2. L'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

The device has been evaluated to meet general RF exposure requirement.  
The device can be used in portable exposure condition without restriction. (Portable)  
L'appareil a été évalué pour répondre aux exigences générales en matière d'exposition aux RF.  
L'appareil peut être utilisé dans des conditions d'exposition portables sans restriction.