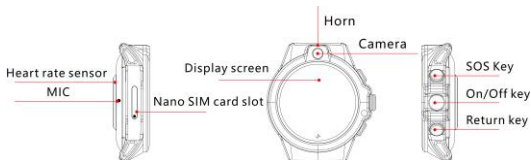


# Smartwatch instruction manual

Please read it in detail before you use it

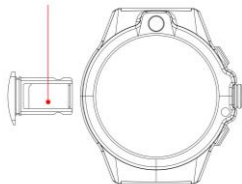
## Product overview



## SIM card put in

- Please confirm that the watch is off, use the matching thimble top, put the SIM in the direction, and then push the tray into the holder

## Nano SIM card insertion direction



## Watch charging

• For the first time, please charge the watch; Charge the watch in the base type, place the watch on the base in the specified direction, and then connect the power supply. It is recommended to choose a charger above 5V 1A specifications to charge the watch. When charging completes, turn off the power supply or remove the base.



Charging connection direction

## The first boot

- After holding down the boot button 2S, the watch appears the boot screen, the smart device needs to detect various applications for the first time, the time will be long, please wait patiently, set the language (select the language according to your needs), enter the connection world APP interface, click? Enter the download APP interface, after the download, open the mobile phone and watch Bluetooth, scan the code to match, and enter the system operation interface.

- If you need to change the language after startup, you can enter the setting-language and input method-click the first item and change the default language of the system.

## Power-on key function and return key Boot button

- Long press boot
- Clock and the main menu interface, short press to achieve the screen function
- Secondary menu and the following menu interface, short press to return to the main menu page
- Press for two seconds to enter the round screen / shutdown / restart / super power saving / recent task selection interface.
- If the operation is improper, resulting in the watch crash, long press the boot button for 10 seconds, can be forced to restart the watch.

## return key

- Short press once to return to the previous menu interface.

## Sliding operation

- The clock interface slides up to show the number of steps, distances, calories; steps, distances, average steps, and total steps, kilometers and calories of the week.
- Slide down the clock interface to display basic information (power, time, SIM card information, Bluetooth connection); continue to slide left into the secondary status bar (don't disturb mode, screen brightness display, flight mode, mobile data switch, GPS, Bluetooth, Wifi), users can choose to open or close according to their needs; continue to swipe left into Alipay
- The clock interface slides to the right to display the pushed notification information;
- The clock interface slides left to enter the main menu.

## index dial

1. Watch main screen can display gorgeous dial, we have preset a number of dial for you;
2. Users can long press the screen for 2 seconds in the dial interface, enter the selection dial mode, slide left and right to choose multiple dial.
3. In addition to the built-in dial of the watch, you can slide left to the bottom and click "+" in the dial selection mode, to add the server dial through the network.

## primary menu

Main menu contains the basic applications: telephone, contacts, information, Settings, desktop settings, browser, camera, gallery, calendar, alarm clock, music, recording, file management, weather, system optimization, dial market,

application market, exercise, heart rate, blood oxygen, sleep, breathing training, mobile phone assistant, pay treasure

## Function introduction of the main menu

### 1、address list

- Add, synchronize, delete all contacts, and select the correct connected device to synchronize the data until the data is loaded
- Phone / call record / contact list
- Enter the number and dial it out by pressing the dial icon;
- The dial-up interface slides to the left to enter the latest call record, and you can find the latest call record;
- Swipe to the left to enter the contact list to find the contact.

### 2、Message

Receive, read, reply, and delete the information.

### 3、browser

Users can quickly access the Internet through WiFi or 4G mobile data.

### 4、calendar

View the date, the week.

### 5、alarm clock

- Swipe to the right to enter the alarm screen.

### 6、map depot

Click to enter the gallery, browse photos / videos, click photos-click on details, share, delete.

### 7、music

Users can choose to play, pause, last, next; click the volume icon to adjust the volume; select random / repeat songs

The watch supports playback through a Bluetooth headset;

Add music, the user uses the USB cable to copy the favorite songs into the watch storage disk under the Music folder

## **8、recorder**

The user clicks the recording icon to start recording, click complete, pop up save, give up the option, click save to save the recording;

- Enter the list of recording files, select to play the current recording, long press the selected recording file, and click to delete.

## **9、file management**

- After using the seat to connect the watch and the computer, click my computer, to display the storage disk of the watch, at this time for file transmission, storage;

- Click the file management to view the current usable memory, click again to enter the file management, can browse, create and edit the folder;

## **10、Multi-movement mode**

- Watch sports mode includes outdoor running, outdoor walking, indoor running, cycling, playing basketball, playing football, playing table tennis, playing badminton, skipping rope, etc.; enter can set target time, target mileage, target heat and other sports data; click to start exercise;

- The GPS can be opened, and the movement track can be recorded after inserting the card for positioning

- Slide left to view historical data and delete data functions.

## **11、weather**

To obtain the weather data, the watch needs to connect to the wireless network or open the SIM card mobile data to update the current regional weather.

## **12、camera**

- Click to enter the camera, you can take pictures and video.

### **13、Heart rate monitoring**

• Open the heart rate monitoring, first confirm the watch correct wear to the wrist (best position wrist above a finger width), heart rate detection requirements wear tight lest light leakage cannot effectively detect, and then click into the heart rate detection during the detection, wrist static state, ten seconds after heart rate dynamic value, slide down heart rate chart shows automatic measurement quantity and manual measurement of this and the last measurement value

### **14、Mobile assistant**

- Connect the phone / remote camera / music control / find the phone
- Users can scan the QR code to download the APK / installation / connection, and can use remote control to shoot, music control and find the mobile phone function.

### **15、set up**

- Provide network and Internet, connected devices, applications and notifications, battery, display, sound, storage, location information, system language and time, and related Settings about the watch;

#### **15.1The Internet and the Internet**

- Click the connection icon for Bluetooth, WLAN, WLAN hotspot, USB, flight mode, GPS, mobile network, background data and other settings.

#### **15.2Connected device**

Displays the new device pairing and previously connected devices and connection preferences.

#### **15.3 Application and notification**

- You can display the APP list arranged by the watch and the notification application permission

- Media, alarm clock, ringing volume and other options.

## **15.4display**

- Can debug the screen brightness, sleep time and raise the hand bright screen, notice bright screen function.

## **15.5sound**

Volume size adjustment, mute, ringing and prompt tone setting

## **15.6System language and time**

- The language of the watch and the input method can be set, click to enter the language, add the required language, long press the language bar to drag up to the first place, change the default language, can achieve a variety of language switch;

- Click to enter the virtual keyboard, management keyboard selection to add input method, support Android keyboard, Google pinyin input method and Google voice input method, three input methods can not be used at the same time, users choose.

- When using the network or GPS, the system automatically determines the date and time by default

- Manually adjust the date and time, first click the close option under the automatic confirmation date and time bar, automatically determine the time zone to the close position, then set the date and time, and update the clock interface synchronously after completion.

- Reset the device, according to the user needs, can be restored to the factory setting.

## **15.8About the watch**



- Enter about the watch, there are wireless upgrade, developer options, status information, model, IMEI number, Android version, software version and other related information.

- Wireless upgrade: before upgrade to ensure that more than 50% of the power, the user by connecting WIFI state wireless upgrade, upgrade process to avoid operation watch, so as not to upgrade failure, upgrade will restart, the need to test all systems and applications, the boot screen long screen, process takes about ten minutes, please wait.

## **16、Desktop Settings**

- Dface selection, menu style, switch style

## **17、respiratory training**

According to the prompts with the corresponding breath, to achieve the purpose of relieving tension

blood oxygen

**18、**Test for the oxygen concentration in the blood

**19、**Sleep

The start and end time of sleep was recorded, deep sleep and light sleep was long, and sleep quality was calculated

version of users, please upgrade first);

## **iPhone and Android user APK acquisition method 1:**

Mobile assistant- -connect the phone- -click the question mark icon at the top of the screen, scan the QR code to download, download and click to install on the phone.

## **kindly reminder:**

※ Watch charging for the base charger, charging first confirm normal

charger, good contact, magnetic contact position without foreign matter and dirty, this product battery can not be removed, due to the product loss, in idle after more than a month may lead to battery product boot, please charge regularly every week, to ensure that the equipment can work normally.

※After the smart watch is placed for a long time, if the computer USB charging, it takes more than 10 minutes to display the charging icon. Please wait patiently and it is recommended to use 5V 1A charger for charging.

※ Improper operation may cause the product to crash, you can press the boot button for 10 seconds to restart the watch.

※ Such as the use of mobile network, telephone, Internet, video and other high energy consumption programs, watch power consumption will be relatively large, at the same time may appear the machine has a slight fever or hot phenomenon, is a normal phenomenon. If the machine prompts a high temperature alarm, reduce the use of such high power applications.

## FCC Statement:

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which

the receiver is connected.

-Consult the dealer or an experienced radio/TV technician for help.

Specific Absorption Rate (SAR) information

FCC RF Radiation Exposure and SAR Statements

The S4 smart watch has been tested for limbs worn Specific Absorption Rate (SAR) compliance. The FCC has established detailed SAR requirements and has established that these requirements. RF Exposure Information The radio module has been evaluated under FCC Bulletin C95.1 and IEEE 1528 and found to be compliant to RF Exposure from radio frequency devices. This model meets the applicable government requirements for exposure to radio frequency waves. The highest reported SAR level for usage near the limbs worn. SAR level for usage near the Near to Mouth (10mm Gap) is 0.555W/kg and simultaneous transmission is 0.689 W/kg, SAR level for usage near the Limb-worn (0mm Gap) is 1.16W/kg and simultaneous transmission is 1.498W/kg