

USER MANUAL

PAUSE M4

CGMEMCG-2301

Thank you for purchasing the CERAGEM Massage Chair.
Please read this manual carefully before using.
Retain this manual for your reference.

This user manual contains the product warranty information.
This product is intended for a household use only. It is not intended for commercial or industrial purposes. Do not use as such.
The design and/or specifications of this product are subject to change without notice.

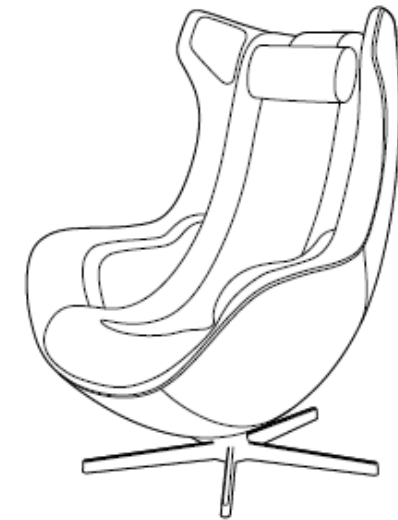
This product is exclusively for 110V.
Please make sure to plug the power plug into a dedicated 110V outlet.
Do not use a 220V transceiver to 110V as it may result in safety hazards.

CERAGEM
LIFESTYLE
MASSAGE CHAIR
USER MANUAL
PAUSE M4 USER MANUAL

MASSAGE CHAIR
CGMEMCG-2301

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MASSAGE CHAIR
CGMEMCG-2301

Safety Precautions

The following safety precautions are intended to prevent unexpected danger or damage by ensuring safe and accurate use of the product.

When installing

Remodeling, disassembly, or repairs should not be performed by anyone other than service personnel.

- Can cause fire or electric shock

Use the product on a flat surface

- Can cause product failure or an accident

Regarding Power

If the product does not work or ceases to function, immediately disconnect the power plug from the outlet and contact the customer center for inspection and repair.

- There is a risk of fire or electrocution due to electric shock or short circuit.

If the cover of the product is torn or peeled off, it may cause a serious accident as clothes or hair can be caught inside. Ensure that there are no issues with the appearance of the product. It may cause electric shock or injury.

Instruct children not to touch the power plug

- There is a risk of electric shock or injury.

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- There is a risk of electric shock or injury.

Do not bend the power cord too hard and do not place heavy objects on it

- There is a risk of fire and electric shock

When using power strip, do not connect multiple devices at the same time.

- There is a risk of fire due to overheating of the outlet.

When unplugging the plug, pull it out of the outlet by grasping the plug.

- If the power cord is damaged, there is a risk of fire and electric shock

Do not touch the power plug with wet hands, and when you clean or repair the product, disconnect the power plug from the outlet.

- There is a risk of electric shock.

This product is exclusively for 110V.

Check the rated voltage of the product and use a grounded outlet

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Check the rated voltage of the product and use a grounded outlet

- There is a risk of fire due to overheating of the outlet

When using a power strip, use a grounded outlet

- Using a non-grounded outlet may cause electric shock or injury

When there is a power outage, immediately turn off the power switch and unplug the power plug from the outlet.

- There is a risk of electric shock or fire

While operating the product, avoid power cord or remote control line getting in between the center connection support or the five-foot support

- A short circuit may occur if the sheath is damaged, so care should be taken during operation

When using the product

Due to the risk of safety accidents, refrain from using massage chairs for those who fall under one of the following conditions :

The following persons should not use this product :

- Those who have been deemed by a medical professional as unable to use the product, e.g. those having thrombosis, embolism, severe varicose veins, and/or acute varicose veins
- People with suspected acute cervical sprain (whiplash)
- People with symptoms of a sprain or sudden muscle contraction
- Women in early pregnancy or immediately after childbirth
- Those who have an abnormality in their spine due to an accident or disease in the past, or those with bent spine (scoliosis)
- Those who have an acute disease of the intestines or severe heart disorder
- Those who use an implantable electronic medical device such as implantable pacemakers
- Those who have a severe seizure symptom or psychogenic disorder (perceptual disorder)

- Those whose temperature sensation is lost due to severe peripheral circulation disorders such as diabetes, etc.
- Those who have a risk of osteomyelitis or rickets
 - * Rickets: Symptoms of shrinking muscles throughout the body and an inability to stretch arms and legs
- Those who are unable to move their body freely
- Those with or undergoing treatment for symptoms of disc disorders
- Those receiving treatment at a medical institution for any disorder in their body

The following persons must consult a doctor before use:

- Those who have a risk of side effects due to the use of the product, e.g. pregnant women
- Those whose body temperature is higher than normal due to acute inflammation, chills, etc.
- Those with symptoms of acute skin disease, malignant tumor, or other skin disease
- Those who are receiving medical treatment
- Those who feel any bodily abnormalities
- Those who have been instructed by doctor not to undergo massage
- Those whose muscles have weakened or become lean due to old age
- Those who suffer from back pain

Do not use or store the product in a humid place such as a bathroom

- It may cause electric shock, fire, failure, or mold.

Do not allow your child to play or climb on the massage chair.

- There is a risk of failure or injury

Do not wear something hard on your head such as hair accessories during use

- It may cause injury

Use time should be within 30 minutes per day, within 15 minutes per session, and use in the same area should be within 5 minutes

- Long-term use can strain muscles or nerves.

When cleaning or servicing the product, disconnect the power plug from the outlet

- It may cause an electric shock or injury

Stop using the product if you experience any of the following side effects in use:

- Abrasions, strains, bruises, stinging/burning, or cuts caused by the product
- Damage to muscles, tendons, nerves, spine, etc. due to excessive use and pressure from the product
- Skin diseases and burns such as fractures, dislocations sprains, etc.
- Respiratory and digestive disorders including asphyxiation, etc.

When massaging your hips and thighs, first remove any objects in your trouser pockets

- There is a risk of an accident or injury

Check if the power and remote control wires are in their proper place before usage

- It may cause an accident or injury or product failure

Do not disconnect the power plug from the wall outlet or turn the power switch to [OFF] during the massage operation

- There is a risk of injury.

Do not use near open flames such as stoves or while smoking

Also, do not use it in combination with a heating apparatus such as an electric pad

- It may cause fire.

Do not use after drinking alcohol.

- There is a risk of an accident or injury

Do not use it or use the product with two or more people at the same time.

- It may cause failure or injury

Do not use it on your bare skin

- Direct massage on bare skin may cause skin damage.

Be careful not to get your legs caught in the remote control cable

- There is a risk of an injury.

Care and storage

Do not sit while reclining.

- It may break down, or the device may fall and hurt itself.

Before the start of the massage, or through reclining, make sure there are no human (especially children) or pets around when laying down or pulling up the massage chair

- There is a risk of accident or injury.

When using the massage chair lying down, be careful of accidents such as abalone when a person around you presses it.

- It causes an accident, injury, or product failure.

Do not use it continuously because there may be a risk of low-temperature burns on the skin if used for a long time.

- Depending on the user's condition, you can select 35 °C/40 °C/45 °C from the 3 stages of thermal intensity.

Don't let the bare skin touch the area where the heat is activated

- There is a risk of burns.
- Children with weak skin, the elderly, and patients need the protection of their guardians, and please use them more carefully.

When using an abdominal massager

When using abdominal pottery, follow the instructions and follow the usage period and method. There is a risk of burns due to incorrect usage, so please observe the following when using it.

- Use the temperature at an appropriate temperature as there may be a risk of burns if set to high temperature
- For children, those who cannot set the temperature themselves, or those with a weak sense of skin, please be careful when using it for a long time as there is a risk of low-temperature burns despite the low temperature setting. (Make sure to wear clothes.)
- Do not use more than 2 to 3 minutes on one part of the body when setting more than 45 °C. (Please Use it for 2-3 minutes and move it to another part.)
- The surface of the product is hot, so be careful when using the product if you are sensitive to heat
- When using a product, make sure to use a cover to prevent the product from directly touching the skin (There's a risk of burns)

Care and Storage

When cleaning or maintaining the massaging chair, be sure to disconnect the power plug from the outlet.

Do not touch the product with wet hands.

- There is a risk of electric shock or injury

Do not wipe with benzene thinner (diluent), alcohol or spray pesticides.

- It may cause discoloration, deterioration or fire.

Do not clean the product with water. Please wipe gently with a leather cleaner specialized for natural leather products.

Never iron the leather finish.

The leather can discolor fabric. So please be cautious when wearing clothes that can easily be discolored.

Continuous exposure to sunlight or UV rays may cause color change, so avoid installation near windows or in places with strong sunlight.

Information on natural leather

CERAGEM uses natural cowhide leather.

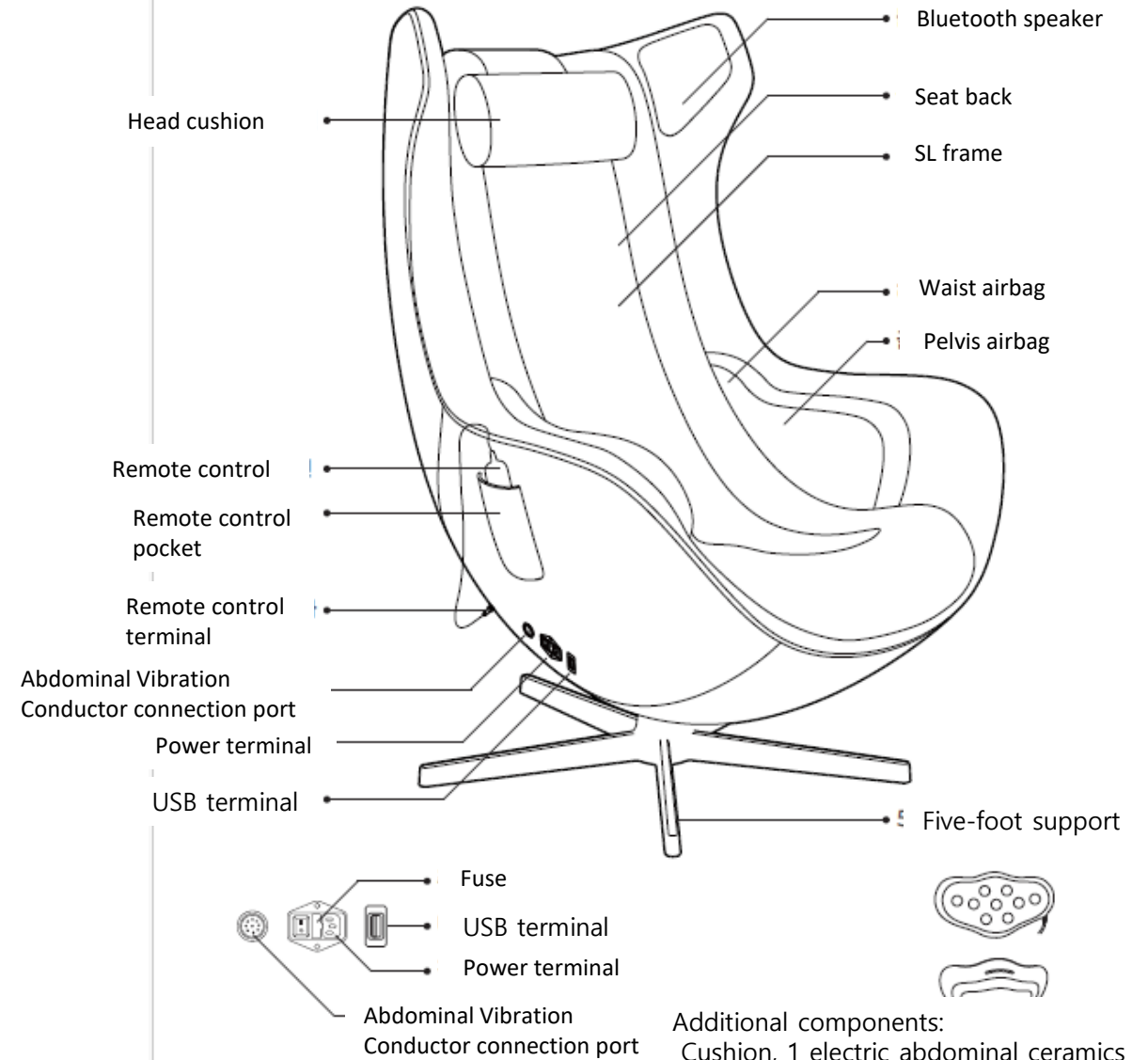
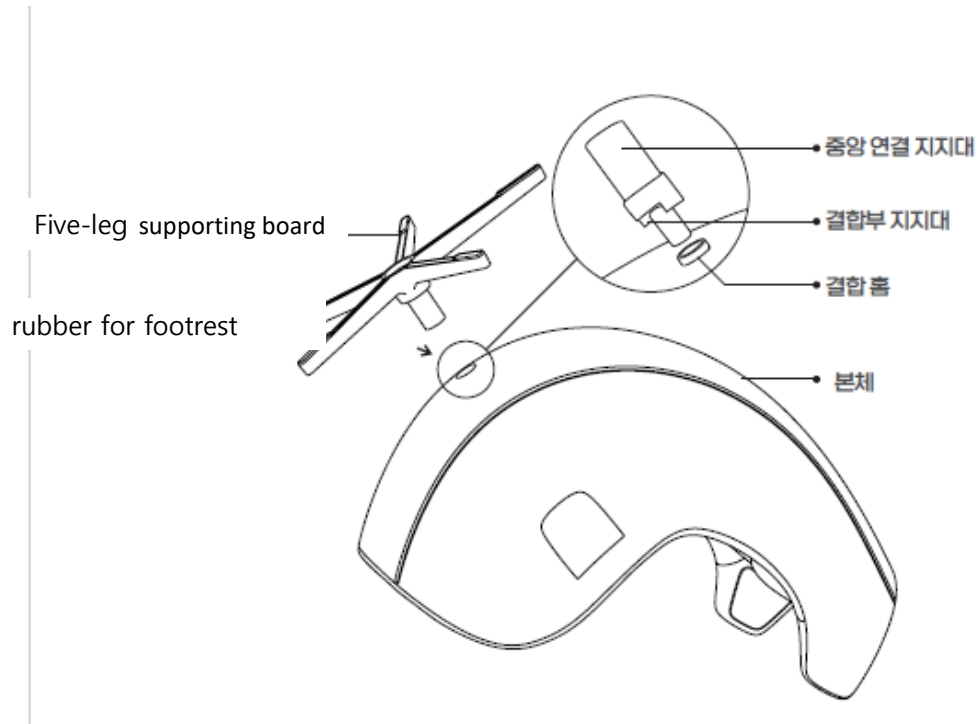
Due to the features of natural cowhide leather, each leather differs in texture and color and users may find marks such as scars and wrinkles.

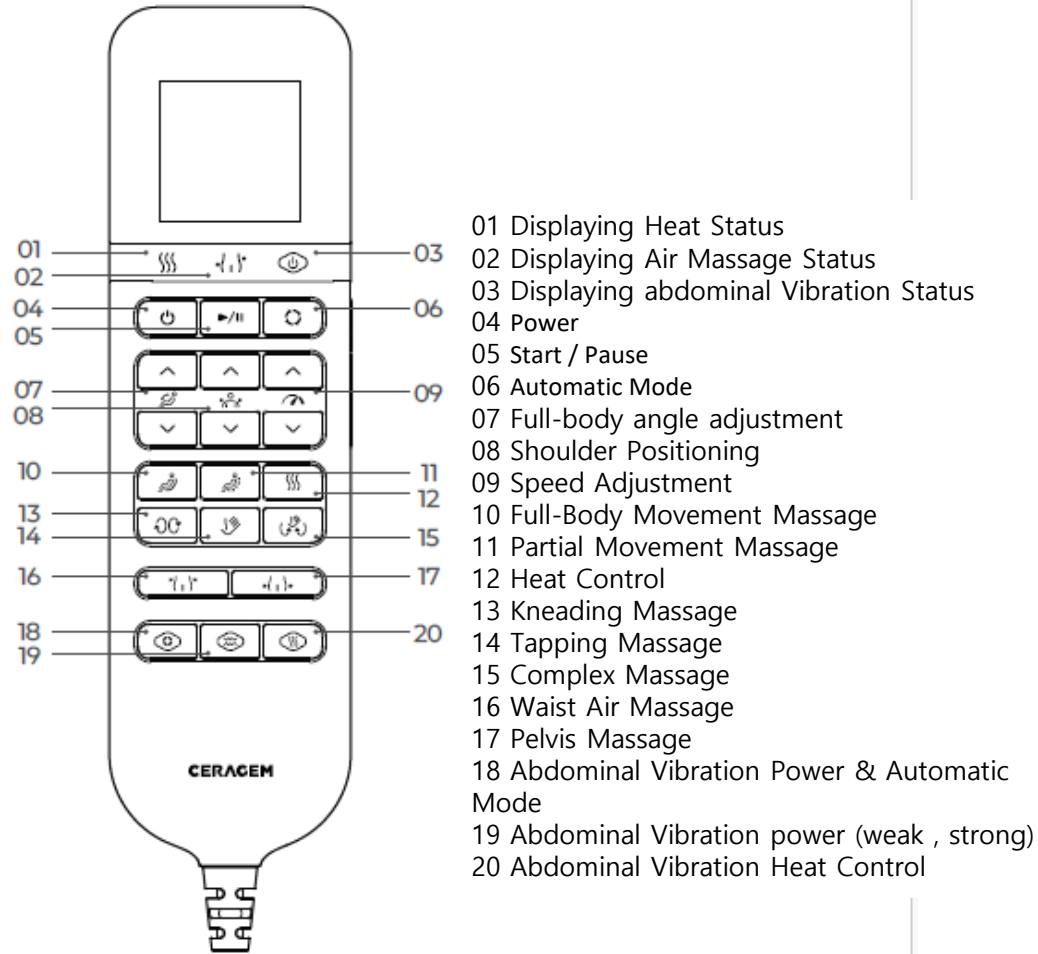
Due to the features of the natural cowhide, the density of wrinkles and the texture of the skin may vary, so the surface pattern is not uniform, having slight variations.

- Leather is subject to dyeing in different degree depending on its surface condition.

Assembly Instructions

1. Securely remove all enclosed parts in the box.
(Please make sure no parts are left.)
2. Place on a flat floor to avoid scratches.
3. Lie the product forward and insert the central connection support into the engagement groove at the bottom of the product.
4. Slide the "Five-leg supporting board" all the way into the coupling groove





Power

Power on and off the massage chair.
 If you press the 'power' button while in use,
 All massage movements stop,
 You can restore the original state by pressing
 the 'Start/Stop' button.

Start/Stop

A button that allows you to 'start' or 'pause'
 the massage chair motion.

Automatic Mode

The buttons automatically implement the
 kneading/tapping/ Complexing massage
 in 8 modes.
 If you want to change to another mode
 while in use, you can set it up quickly by
 pressing 'Automatic Mode'.

Full-body angle adjustment A button

Button to adjust full body angle up/down.

Shoulder Positioning

The button to adjust the shoulder
 position in three stages: Up/Basic/Down.

Speed Adjustment

The button to adjust the massage
 speed to three levels: fast/normal/slow.

Full-Body Movement Massage

A button on which the massage ball
 moves the whole body along the frame
 or is held in place.

Partial Movement Massage

A button on which the massage ball is
 reciprocated a certain range or holds in
 place.

Heat Control

A button that allows you to apply heat to the
 back and hips in three stages,
 weakly/medium/strongly, or turn off.

Kneading Massage

It's a massage in which the massage balls
 gather to the side and then move away and rub
 them.

The button can select forward/reverse/off by
 pressing sequentially.

Tapping Massage

It is a massage button in which the upper and
 lower massage balls move back and forth.
 The button can select On/Off by pressing
 sequentially.

Complex Massage

It is a massage button that repeats the complex
 massage method rhythmically.
 The button can select On/Off by pressing
 sequentially.

Waist Air Massage

It's a button that allows you to get an air massage on
 your back. Can select weak/strong/off by pressing
 sequentially.

Pelvis Massage

It's a button that allows you to get an air
 massage on your Pelvis. Can select
 weak/strong/off by pressing sequentially.

Abdominal massager power & mode

This button that allows the automatic mode of the
 abdominal massager to be applied in mode 1 or
 mode 2.
 Can select mode1/mode2/off by pressing sequentially.

Abdominal massager vibration intensity control

This button applies the vibration intensity of the
 abdominal massager in two stages: strong/weak.

Abdominal massager temperature control

The button to select the thermal strength of the
 abdominal massager as weak/medium/strong.
 You can select weak/medium/strong/off by pressing
 sequentially.

Automatic mode

Power-Automatic Mode-Select the desired mode-Start

Automatic mode Start

1. Press Auto Mode to select the mode (eight).
2. Press the Start/Stop button to start reclining.
3. Once the reclining is complete, start the massage.









Automatic mode completion

1. At the end of the massage, the current reclining angle is maintained.
2. When the reclining notice appears, press the Play/Stop button to move to the original angle and exit.

Power off during auto mode massage

1. Press the power button during the massage to display a reclining notification.
2. Press the Start/Stop button to return to the original angle and off the power.

Automatic Mode Function Description

Full body concentration		Full-Body massage from neck to butt	neck and shoulders concentration		Intensive massage from waist to pelvis
waist pelvic		Intensive massage from waist to pelvis	Back, waist		Intensive massage from waist to pelvis
Upper body concentration		A massage that focuses from neck to waist	Deep massage		Intensive massage from waist to pelvis
Spine line		A combined massage that runs smoothly along the spine	relax		Intensive massage from waist to pelvis

※ If you select [Heat/Air Massage/Abdominal Massage] after the automatic mode massage starts, the function is added to the massage, and when the automatic mode ends, all are automatically shut down.

Manual mode

Power - Choose from [full body/Partial Movement/heat/Kneading/tap/Complex/air massage/abdominal massage] - Start

Massage Location

Manual mode: Full body/ Fix range

1. Press the Manual - Full body button
2. Press again at the desired position to fix the massage ball range

Manual mode: Partial movement/ Fix range

1. Press the Partial movement/fix range button and select the Partial movement mode.
2. Timer remains when switching between other modes of operation (Kneading / tap / Complex) within manual mode operation
3. Press one more time at the desired position to fix the massage ball.

Power off during manual massage

1. Press and hold the power button during the massage to get a reclining notice.
2. Press the Start/Stop button to return to the original angle and off the power.

Complete Manual Mode

1. At the end of the massage, the current reclining angle is maintained.
2. When the reclining notice appears, press the Play/Stop button to move to the original angle and exit.

Manual mode: Restart to another mode after completion

1. At the end of the massage, the current reclining angle is maintained.
2. Press the Automatic mode or Manual mode button to select the desired mode.
3. Press the Start/Stop button to start the massage.
4. If nothing is done at 1, it enters sleep mode.
5. Press any button to activate, then press the Auto or Manual mode button to select the desired mode.
6. Press the Start/Stop button to start the massage.

※ If you select [Heat/Air Massage/Abdominal Massage] after the manual mode massage starts, the function is added to the massage, and when the manual mode ends, all are automatically shut down.

Heat Massage

1. Press button to adjust the temperature of the heat. [35°C/40°C/45°C]
- ※ When the heat function is turned on, the icon displaying the top status lights up.

Kneading Massage

1. Press the kneading massage button to operate by selecting forward/reverse direction.
2. Press OFF to stop during the kneading massage.

Tapping Massage

1. Press the tapping massage button to operate it.
2. Press OFF to stop during the tapping massage.

Complexing Massage

1. Press the complexing massage button to operate it.
2. Press OFF to stop during the complexing massage.

Speed Adjustment

1. You can adjust the speed of the massage and the speed of movement up and down.
2. Press the speed control button to adjust the speed (slow/normal/fast).

Air Massage: Waist

1. Press the button on the waist air massage to select strength (strong/weak).
2. Press OFF to stop during the Waist air massage.

Air Massage: Pelvis

1. Press the button on the Pelvis air massage to select strength (strong/weak).
2. Press OFF to stop during the Pelvis air massage.

※ When the air massage is turned on, the icon displaying the top status lights up.

Abdominal massager

Power & Mode

1. Press the power & mode button of the abdominal potterry to operate by selecting the mode (1/2).
2. Press OFF to stop during the abdominal massage.

Abdominal massager

1. Press the button on the abdominal massage strength control button to select strength (strong/weak).

Heat Strength

1. Press the button on the abdominal heat strength control button to select strength (strong/normal/weak).
2. Press OFF to stop during the abdominal massage.

※ When the abdominal massage function is turned on, the icon displaying the top status lights up.

※ If select multiple or consecutive other functions after the selected function starts, the function is added, and when the first selected function is terminated, all are automatically terminated.

Bluetooth ON/OFF

1. Bluetooth ON: With OFF, press and hold the top button on the right side to turn on Bluetooth
2. Bluetooth OFF: With ON, press and hold the top button on the right side to turn off Bluetooth

※ How to connect to Bluetooth: Turn on Bluetooth in your phone settings and locate and connect the device in the list.

※ Initial setting value.

I D: CGMEMCG-2301

PW: 1234

Volume control

1. Adjust the volume by pressing the + or - button located on the right side.
2. Press and hold the - button on the right side to mute.

If a problem occurs while using the product, please refer to the following solutions. If the problem persists, turn off the power, disconnect the power plug from the outlet, and contact customer service.

Users must never disassemble or repair the product on their own.

If the product is damaged due to arbitrary disassembly or repair, the product warranty will not be covered, and Ceragem is not responsible for any consequences related thereto.

Symptom	Resolution
The product doesn't work. Check that the main power and power switch are turned on.	Please check. Check the power plug connection. Make sure the voltage used is correct.
I hear a friction sound from the massage machine. I can clearly hear the motor. Noise increases when using the tapping or kneading functions.	This noise occurs due to the structure of the machine and is not a malfunction. There may be noise even during normal operation.
While in use, the remote control works, but the massage chair does not work.	When using the product for a long period of time, the massage chair automatically switches to anti-overheating mode due to increased temperature. In this case, turn off the power and wait 30 to 50 minutes for the heat to cool down.
Neither the remote control nor the massage chair works.	If automatic time is set, the set time has expired. Please press the button again. Please turn the product off and then turn it on.

*If the above method does not work, please refer to the product warranty and contact customer service.

Q1. Can I get a massage on my back only?

Select either the kneading, tapping or complex massage, then press the Full-body massage button and press once again when the massage balls reach the targeted area. the massage balls will be fixed in area.

Q2. How far does the chair lean back?

Tilts from the default angle of 115 degrees to 145 degrees. The electric reclining function applied to the Pause M4 is adjustable. (It moves only when the user is pressing the angle adjustment button, and stops when the user is not pressing it.)

Q3. I can't connect to Bluetooth Speaker.

Please turn the massage chair off and on, then turn the Bluetooth button on the right side of the remote control off and on again to reconnect.

Q4. Will it cause a lot of noise on the floor?

Unlike other massage chairs, it barely causes noise on the floor because the main body is not attached to the floor. In addition, you can place a rug under the massage chair to further reduce the noise.

Q5. Can I replace the leather?

The head cushion, back seat, and air back seat can be replaced. The cost of replacement varies for each part.

Q6. The operating sound seems louder than what I heard when trying it at the store.

At the store, you may not be able to hear the operating sound of the massage chair due to the ambient noise. In a relatively quiet residential space, you may hear the machine sound when operating the massage chair, but this is a normal and do not have to worry about it

Q7. Is there a moving service for the chair when I move?

Moving service is not provided and you must move the product by yourself.

CERAGEM massage chairs are warranted for a period of ONE year against

1. Missing materials from the Product at the time of delivery.
2. Defects in the manufacturing of materials used for the Product at the time of delivery
3. Failure of the Product to correspond with the description in the applicable contract of sale at the time of delivery, and
4. Major defects in the functional department, such as:

- Skeletal steel frame failure
- Airbag failure
- Power failure
- Remote control failure
- Massage ball failure
- Recline tension mechanism failure

Subject to the following:

Any replacement parts shall be sent to the address of the original purchaser, replaced parts may be required to be shipped back to CERAGEM at its discretion: to benefit under this warranty, CERAGEM must be notified of any defect within 14days of the occurrence of such defect via an image or video of the relevant defect sent electronically to support@nouhaus.com, and after inspection and acceptance by NO CERAGEM: to the extent permitted under the applicable Federal and State law of the United States of America, all parts replaced or repaired under this warranty shall be warranted for the remainder of the designated Warranty Period.

What our Warranty Does Not Cover

All warranties listed on this page exclude the following where permitted under the applicable Federal and state law of the United States of America:

1. Normal wear and tear of surfaces that are not attributable to manufacturing, including but not limited to (a) degradation of upholstery (PU leather / fabric / genuine leather / mesh), top portion of armrests, pillows casters exterior or mesh stitching, (b) damage to plastic coverings, (c) variance of tightness of mechanisms, and (d) excludes damage from accidents, natural disasters, physical damage from pets, fire and flood, and non-manufacturing incidents covered under insurance policies (regardless of whether you are in possession of the relevant insurance), (e) excludes any variations in dimensions and color,
2. Any claim for indirect, consequential, or incidental loss,
3. Damage to a product that has been modified or altered without the written permission of CERAGEM:
4. Damage caused to all CERAGEM products during self-assembly due to failure to adhere to the relevant self-assembly manual instructions provided:
5. Minor misalignments, variations arising out of hand-made workman-ship. To ensure you product enjoyment and safety, and protection under the "Warranty Period", please ensure you have CERAGEM, assembly and care guidelines for this product and follow them for the correct assembly and care for your item. Contact our Customer Service Team to obtain these guidelines if you do not have them.

09

Specifications

Product Name	PAUSE M4 (CERAGEM MASSAGE CHAIR)
Model name	CGM EMCG-2301
Size of the chair	29.5 x 44.1 x 39.4 in
Size of the ottoman	20.1 x 16.1 x 18.5 in
Net weight	83.1 lbs(massage chair),11 lbs (ottoman)
Gross weight (including box)	120.6 lbs(massage chair), 14.3 lbs (ottoman)
Working voltage	110-120V ~ 50-60Hz
Power consumption	164W
Rated Input Current	1A
FCC ID Number	
ETL Control Number	

FCC Caution:

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions:

1. This device may not cause harmful interference.
2. This device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

FCC 20cm Statement

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment. This equipment should be installed and operated with a minimum distance of 20cm between the radiator & your body. This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.