物料名	吕称:	E31手表快速指南 (Letsfit App)	成品	尺寸:	70 x 105mm	V2	
时	间:	2024-01-23	材	质:	128g哑粉纸,风琴折	V3	
设	计:		I	艺:	四色 双面印刷	V3	
料	号:	202-02-SH-E31-V1	备	注:		V4	

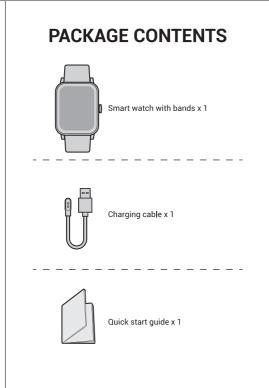


This quick start guide will support you getting started using

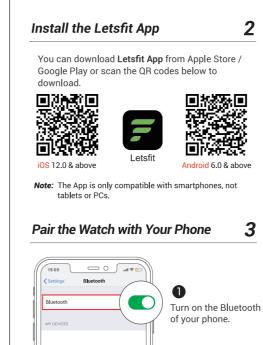
All pictures in this quide are for illustration purposes only. Actual product

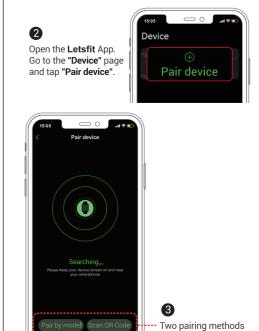
may vary due to product firmware and app upgrades

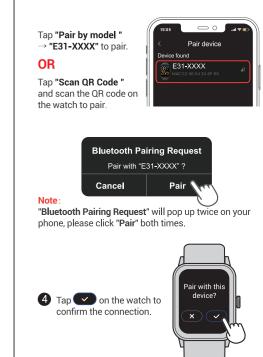
vour smart watch.



USING YOUR WATCH Charging Please fully charge your watch before initial use. 1 Insert the USB plug of the charging cable into a USB charger. 2 Attach the other end to the charging contacts on the back of the watch.









正面



Tips:



Find My Phone:

Your phone and watch are connected via Bluetooth, you can use the watch to locate your phone by making your phone vibrate

Note: This feature is not available on Android phones if the Letsfit app is not running on your phone.

Do Not Disturb (DND) mode:

- When the DND mode is enabled, the watch won't ring or vibrate when it receives incoming call alerts, SMS, app notifications. And Raise to Wake function will be disabled.
- DND mode does not affect Alarms.

How to Connect the Bluetooth Call function

- 1. DND mode must be disabled before using Bluetooth Calling.
- 2. On your phone, go to "Settings" → "Bluetooth", tap "E31-XXXX(Connected for calls)" to connect.

- To use the Bluetooth Calling feature on the watch, please keep
- When the DND mode is enabled on the watch (Quick settings bar→), the watch will not receive incoming call reminders, but you can use the watch to make calls.
- \bullet Ringing or vibration switching can be modified in "Setting" \to
- This feature will reduce the watch's battery life.

the watch connected to your phone via Bluetooth.

Important Safety Instructions

- The device contains electrical equipment that may cause injury if not used properly. For example, prolonged contact may contribute to skin allergies for some users. To reduce irritation, please read the safety guidelines on the following pages to ensure proper use and care.

 Do not expose your device to liquid, moisture, humidity or rain while charging; do not charge your device when it is wet, as this may result in electrical shock and injury.
- and injury.

 Consult your doctor before use if you have any preexisting conditions that might be affected by using this device.
- Inight be affected by using units device.

 Do not expose your watch to extremely high or low temperatures.

 Do not leave your watch near open flames such as cooking stoves, candles, or
- eplaces. his product is NOT a toy never allow children or pets to play with this oduct, Always store the product out of the reach of children, The devic emselves or the many small parts they contain may cause choking if

- If any parts of your product require replacement for any reason, including normal wear and tear or breakage, please contact us.

 Do not use your device in a sauna or steam room.

 Dispose of this device, the device's battery and its package in accordance v local regulations.
- local regulations.

 Do not check any notifications, GPS, or any information on your device's display while driving or in other situations where distractions could cause injury or hazard. Always be aware of your surroundings while exercising.

Battery Warnings

- Althium-ion battery is used in this device. If these guidelines are not followed, batteries may experience a shortened life span or may cause fire, chemical burn, electrolyte leakage, and/or injury.

 Do NOT disassemble, modify, remanufacture, puncture or damage the device

Health Warnings

- Heuin Warnings

 If you have a pacemaker or other internal electronic device, consult your
 physician before using a heart rate monitor.

 The optical wrist heart rate monitor emits green light and flashes occasionally,
 Consult your physician if you have epilepsy or are sensitive to flashing lights.

 Always consult your physician before beginning or modifying any exercise
 program.
- program.

 The device, accessories, heart rate monitor, blood oxygen level measurement and related data are intended to be used only for recreational purposes and not for medical purposes and are not intended to diagnose, monitor, treat, cure, or prevent any disease or condition.

- While the optical wrist heart rate monitor technology typically provides the best estimate of a user's heart rate, there are inherent limitations with the technology that may cause some of the heart rate readings to be inaccurate under certain circumstances, including the user's physical characteristics, fit of the device, and type and intensity of activity.
- The smart watch relies on sensors that track your movements and other metrics. The data and information provided by these devices are intended to be a close estimation of your activity and metrics tracked, but may not be completely accurate, including step, sleep, distance, heart rate, blood oxygen, stress and calorie data.

FCC ID: 2BAS2-E31

- NOTE: This equipment has been tested and found to comply with the limits for Class B digital devices, in accordance with section 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

 Berrient or relocate the receiving antenna.
- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver. • Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help
- Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the
- This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
- (1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Important Safety Guide

Some people with allergic skin may react when their skin is exposed to materials used in watches for a long time. This may be caused by allergies, environmental factors, prolonged exposure to irritants such as sweat and soap, or other factors. If you have known skin allergies, please pay special attention when wearing the watch.



Please do not wear your watch too tight.



If your watch gets wet (for example after sweating or showering), clean and dry it thoroughly before putting it back on your wrist.



Make sure your skin is dry before you put your watch back

Prolonged rubbing and pressure may irritate the skin, so give your wrist a break by removing the watch regularly.

