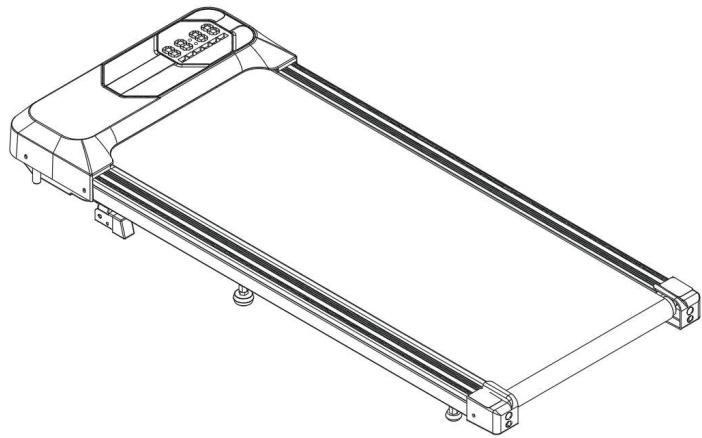


X GEEMAX INCLINE UNDER DESK TREADMILL

Product Instruction



Please read this User Manual carefully before using this product

If any problems, please contact our After-sales Email
saicopiy@163.com

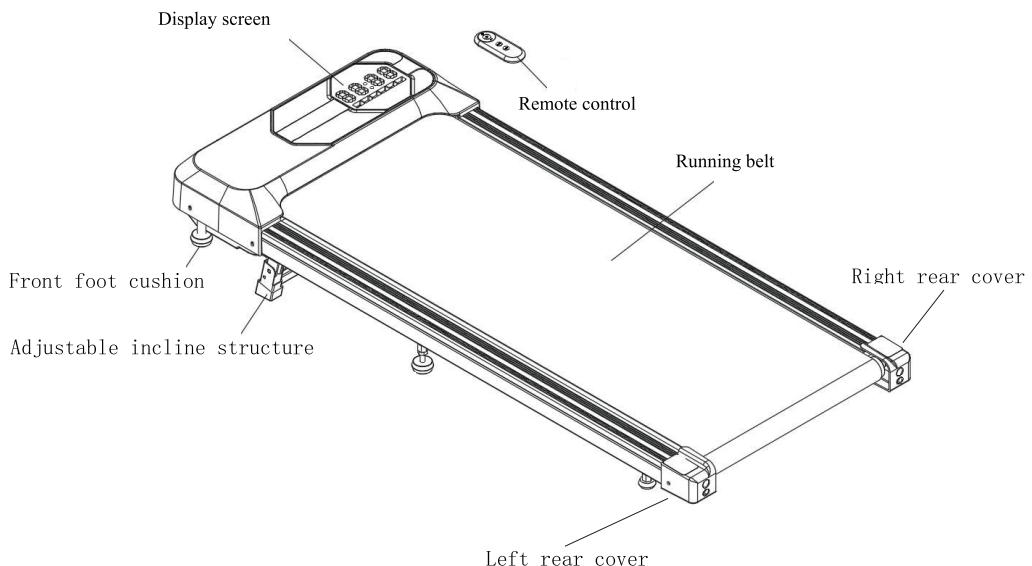
THANK YOU SO MUCH FOR YOUR PURCHASE!

If any problem, please be free to contact us at
our customer service e-mail address:
Saicopiy@163.com

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Product brief



Product introduction

Packing List

No.	Name	Quantity	Remarks
1	Complete machine (running platform)	1	
2	Kits	1	As attached
3	manual, certificate	1 each	

Attached list

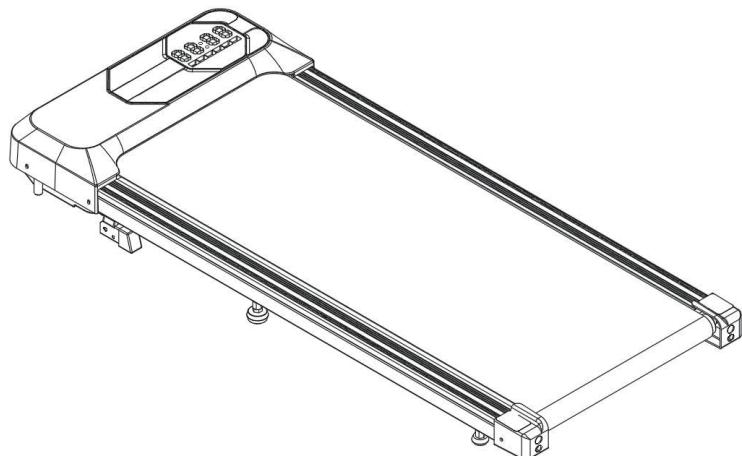
No.	Name	Quantity	Remarks
1	remote control	1	
2	dual purpose screwdriver	1	
3	silicone oil	1	30ml
4	Power cord	1	
5	Front foot cushion	2	

Technical parameters

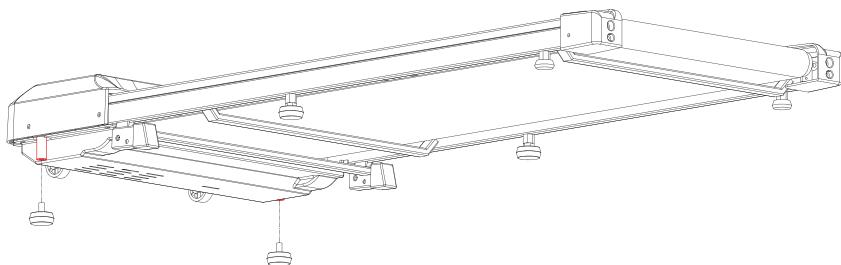
Item number	YT09POR
Operating Voltage	110V/60Hz
maximum load	300lbs
Dimensions	1220*504*135 (mm)
Effective running area	1000*400 (mm)
Total Weight	43.3lbs
Motor power	2.5HP
speed	0.6—3.8MPH
Function	Walking

Installation instruction

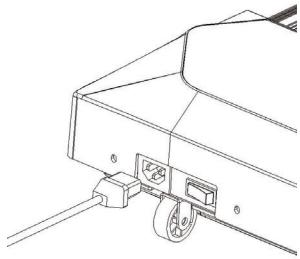
1. Open the package, pick the accessories from box and lay the under desk treadmill on the ground



2. Screw the front foot cushions clockwise into the screw holes as below



3.
 - 1> Turn on the power cord.
 - 2>Turn on the power switch.
 - 3>Operate the remote control to operate the machine.



4. Incline adjustment: machine vertical, with a foot in the direction of the arrow in Figure 1 to kick open the adjustable incline structure, and then make the middle foot cushion down to fit to the ground, as shown in Figure 2, so that you can realize the machine with a slope. If you don't need the slope, the operation is just the opposite. **Note: When adjusting the slope, be sure to disconnect the power.**

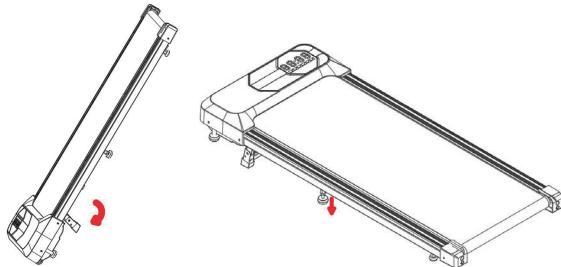


Figure 1

Figure 2

Product features

1. With the function of walking.
2. Equipped with F industrial grade motor, which is low noise and high power, providing powerful support for speed up to 3.8mph.
3. Use high-strength and tensile running belt.
4. Featured with high-strength, high-density, high-elastic double-layer running board and rubber shock-absorbing cushion.
5. The front and rear rollers adopt essential oil tubes with a wall thickness of 3.0. There is 3.0-degree tapers at both ends, so that the running belt can automatically reset to center.
6. Clear LED display.
7. Fully assembled. For the flat-panel ultra-thin walking machine, the entire set of circuits has been connected before leaving the factory. It can be used after unpacking and powering on, so as to avoid possible wrong installation and cause adverse effects on the machine.

Operation instruction



I. Brief introduction

1. Features of this digital display:
 - White display function
 - Remote control function
2. Noun conventions used in the manual:
 - Treadmill parameters: "Speed" value
 - Exercise parameters: "distance" value, "calorie" value, "time" value.
3. Sport Mode: Manual, Mode
 - Full manual exercise mode: A exercise mode without setting the amount of exercise.
 - Countdown exercise mode: A exercise mode with a specific amount of exercise.

II. Parameter description

Sports parameters in various sports modes:

- Minimum display speed 0.6MPH
- Maximum display speed 3.8MPH
- Maximum exercise time in time mode: 99 minutes
- Minimum exercise time in time mode: 8 minutes
- Maximum distance in distance mode: 99 miles
- Maximum calorie consumption in calorie mode: 990 calories
- Minimum calorie consumption in calorie mode: 20 calories

ZWIFT

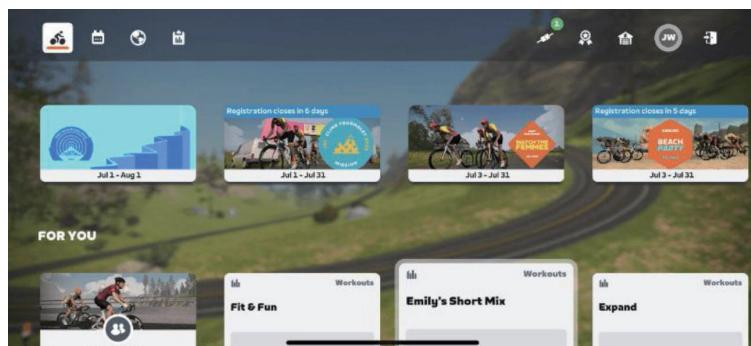
STEP1: Download ZWIFT App and create an account



STEP2: Select "RUN" mode, click on the "RUN SPEED" button (Please ensure that your phone's Bluetooth is turned on), then, select the treadmill you want to pair

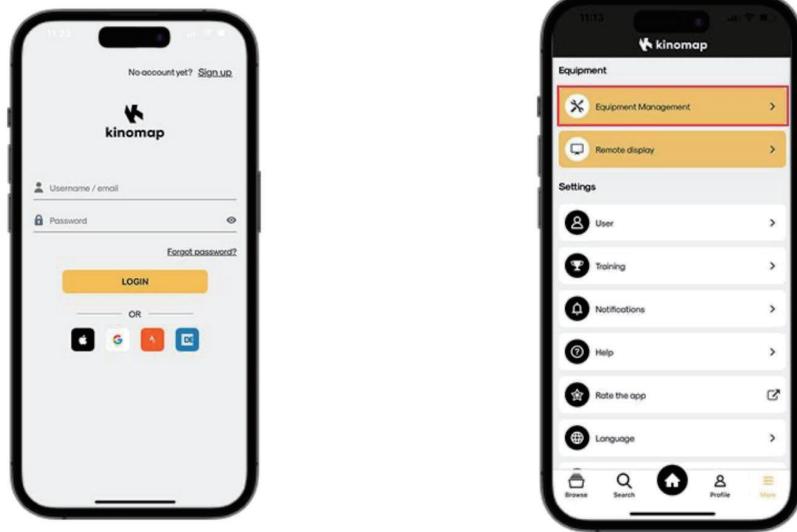


STEP3: Find related map to start your favorite workout



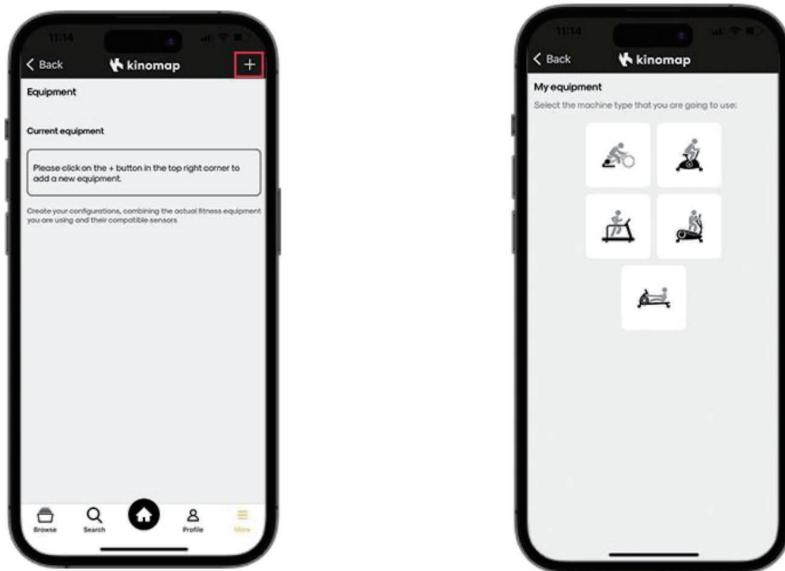
Kinomap

STEP1: Download Kinomap app and create an account



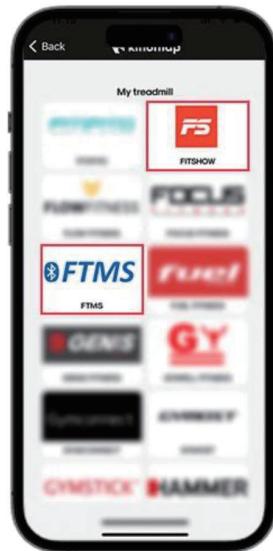
STEP2: Go to the "More" page and click on the "Equipment Management" button

STEP3: Click on the "+" button in the top right corner to add a new equipment



STEP4: Select the machine type that you are going to use

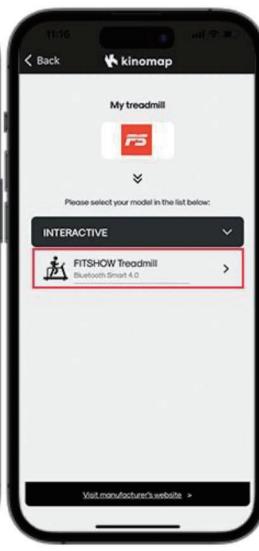
STEP5: Select the brand of FitShow or FTMS



STEP6: Select your model in the list below



STEP7: Enter the brand and model of your equipment

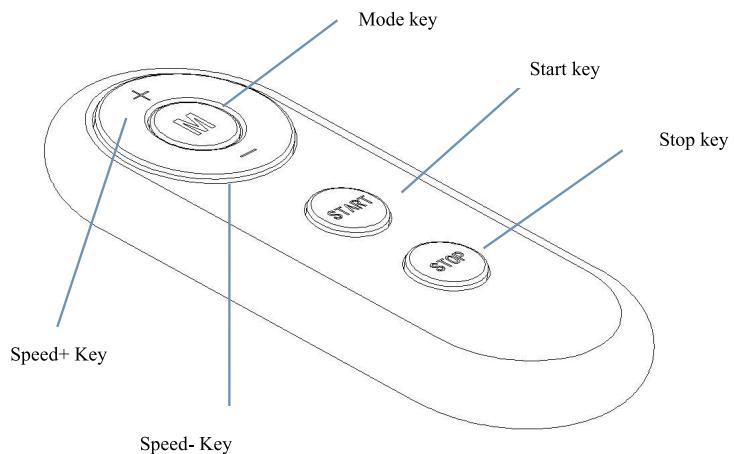


STEP8: Equipment add success



III. Button function description

Remote control function keys:



IV. Button function and operation instructions



Start key

1. Function description: start the motor running
2. Operation instructions: When the digital display screen is in full manual operation mode, press this button to start the motor



Stop key

1. Function description: stop the motor running
2. Instructions: When the e treadmill is running, press this button to stop the motor



Mode key

1. Function description: selection of countdown mode
2. Operation instructions:
 - When the digital display screen is in the full manual mode, press this button to enter the countdown mode setting
 - Operation process in standby mode: time countdown-distance countdown-calorie countdown



Speed +key

1. Function description: speed value adjustment during operation, parameter value adjustment during parameter setting
- Operation instructions: When the treadmill is running, press this button to speed up the running speed of the treadmill by 0.1 mph at a time.



Speed - key

1. Function description: speed value adjustment during operation, parameter value adjustment during parameter setting
2. Operation instructions: When the treadmill is running, press this button to slow down the running speed of the treadmill by 0.1 mph at a time.

V. Description of sports mode

1. Manual mode function

- Enter the manual mode: After the digital display screen is powered on and fully displayed, it enters the full manual operation mode. At this time, press the start button to enter the operation of the manual operation mode.
- Running instructions: The initial running speed is 0.6mph, the time, distance, and calorie windows are counted positively from zero. At this time, press the speed adjust key to adjust the running speed value. If the machine works more than 100mins, the system will automatically shut down.

2. Countdown mode function

- Enter the time countdown mode: In the full manual operation mode, press the mode button to select the time countdown mode. At this time, the time window displays

30:00 minutes and flashes. The required running time can be set by the speed +/- key , the setting range is 8:00~99:00 minutes, press the start button to enter the time countdown mode.

Operation instructions: The initial running speed is 0.6MPH, the time window starts counting down according to the set running time, and the distance and calorie windows count up from zero. Press the speed adjustment key to adjust the value of the running speed. When the set time counts down to zero, the treadmill slowly stops running.

- Enter the distance countdown mode

In the full manual operation mode, press the mode button to select the distance countdown mode. At this time, the distance window displays 1.0 miles and flashes. You can set the required running distance through the speed +/- key. The setting range is 1.0~99.0 miles, press the start button to enter the distance countdown mode.

Operating instructions: The initial operating speed is 0.6MPH, the distance window starts to count down according to the set distance, the time and calorie windows start counting from zero, press the speed adjustment key to adjust the size of the operating speed value, When the set distance counts down to zero, the treadmill slowly stops running.

- Enter the calorie countdown mode: In the full manual operation mode, press the mode button to select the calorie countdown mode. At this time, the calorie window displays 50 and flashes. You can set the required running calories by the speed +/- key, set The range is 20~990, press the start button to enter the calorie countdown mode.

Running instructions: The initial running speed is 0.6MPH. The calorie window starts to count down according to the set calories. The time and distance windows start counting up from zero. Press the speed adjustment key to adjust the value of the running speed. When the set calorie counts down to zero, the treadmill slowly stops running.

VI. Sleep function description

When the walking machine stops running, if there is no operation for more than 10 minutes, it will enter the sleep state, and the digital display screen will automatically turn off. Press any key to wake up the treadmill, and then enter the initial standby state again after the digital display screen is fully displayed.

VII. Error message prompt description

E01 : Indicates that the communication between the electronic watch and the electronic control is abnormal.

E01 Solutions to common problems	The communication line of the electronic watch is not connected properly, broken, poor contact	Please reconnect the communication cable
	Electronic watch has no signal output	Replace the electronic watch, pending repair
	Down control no signal output	Replace the lower control, pending maintenance

E02: Indicates that there is an abnormal phenomenon in the measurement between the lower controller and the motor.

E02 Solutions to common problems	The motor cable is not connected properly	Check if the motor wire is connected correctly
	Down control has no voltage output or abnormal voltage output	Replace the lower control, pending maintenance
	bad motor	replace the motor

E03: Indicates that the lower control detection speed abnormal phenomenon prompts

E03 Solutions to common problems	The PWM drive circuit of the lower control board fails	Replace the lower control, pending maintenance

E04: Indicates the information prompt of the overvoltage protection of the lower control motor

E04 Solutions to common problems	The load on the treadmill exceeds the rated working voltage of the motor,	It is recommended to use within the rated operating voltage range of the motor
	Abnormal treadmill motor	replace the motor
	Lower control board motor overvoltage detection circuit failure	Replace the lower control, pending maintenance

E05: Indicates the information prompt of the over-current protection of the down-control motor

E05 Solutions to common problems	The load of the walking machine exceeds the rated operating current of the motor,	It is recommended to be within the rated operating current range of the motor
	There is a problem with the assembly structure of the walking machine and the motor, resulting in motor resistance or blockage	Check whether the structure of the walking machine is normal
	Lower control current limiting system failure	Replace the lower control, pending maintenance

E06: Indicates that the voltage of the drive power supply for the down-control test is too low and the abnormal phenomenon prompts

E06 Solutions to common problems	The supply voltage is too low	Please check whether the power supply line is normal
	The test circuit of the lower control board fails	Replace the lower control, pending maintenance

Safety Instructions

Thank you for purchasing our products. Correct use of the walking machine is your guarantee of safety and convenience. Please read the following carefully before using the walking machine:

1. After confirming that the walking machine is installed in accordance with the installation instructions, the power can be turned on. Be careful not to block the plug on the wall when placing it, and reserve a space of 0.8 meters in front for easy insertion.
2. Reserve a safe space of 0.8 meters on both sides of the walking machine, and reserve a

safe space of 2 meters (length) * 1 meter (width) behind the walking machine.

3. Plug the power cord into a power outlet with a safety ground. The power supply of the electric walking machine is dedicated. If the power cord is damaged, please buy it from the dealer and have it replaced by a professional, or contact our company directly and send a professional to replace it.

4. The walking machine is an indoor device, please do not use it outdoors. The place is clean and flat, pay attention to moisture-proof, and be careful not to place the walking machine on items such as thick carpets, so as not to affect the air circulation in the lower part of the walking machine. The electric walking machine is a special equipment, please do not modify it for other purposes.

5. Do not wear clothes that are too large or too loose when exercising, in order to prevent safety accidents caused by hanging on the electric walking machine. Rubber-soled running or gym shoes are recommended.

6. Do not take off the protective cover casually. If it needs to be opened for maintenance, please pull out the power cord first.

7. When the electric walking machine is in use, do not let children approach it to prevent danger.

8. If you are using the walking machine for the first time, please remember to hold the handrail with your hands, and you can not release the handrail until you feel comfortable.

9. If the electric walking machine suddenly accelerates or the speed of the walking machine increases automatically due to a problem with the electronic watch system, please unplug the safety lock on the electronic watch immediately, and the electric walking machine will stop immediately.

10. If the electronic system fails to stop, please jump out of the walking area quickly, turn off the power in time, and notify the after-sales personnel.

11. When the electric walking machine is not in use, the power cord should be unplugged and put away.

12. Minors must be accompanied by an adult when using the electric walking machine.

If you are using an electric walking machine for the first time, it is necessary for you to read the following: